

EDWIN A. NOYES, M.D., M.P.H.

SPIRITUALISTIC
DECEPTIONS

IN
HEALTH
AND
HEALING



HAVE YOU EVER WONDERED

about these healing alternatives?

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—Allan R. Handysides, M.B., ChB.

Director of Health Ministries, General Conference of SDA

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—Ariel A. Roth PhD., Retired Director, Geoscience Research Institute and editor of *ORIGINS* journal

(Endorsements continued inside on page 272)

Dr. Noyes, a graduate of Loma Linda University (1959), retired (2000) after forty years of general practice in Forest Grove, Oregon. He served in the U.S. Army (1967-1969), and is a Vietnam veteran. He and wife Emma served short term hospital mission service (1971), Phuket, Thailand. He received a Master's of Public Health degree from Loma Linda University (1979).

Dr. Noyes' special interest for thirty-five years has been preventive medicine and nutrition. He has been active in medical evangelism, and conducting educational seminars for ministers, health educators and health professionals in Eastern Europe and other countries.

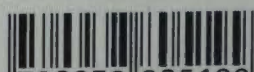


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*Homeward
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ISBN 978-0-938805-19-3



9 780938 805199

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IN HEALTH AND HEALING

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ISBN 0-938805-19-3

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Unless otherwise noted, all Bible texts are from the King James Version.

Published and distributed by
Homeward Publishing
P.O. Box 116
Monrovia, CA 91017

24 hr. Toll Free Order Line: 1-800-823-0481
E-mail: r.shorter@earthlink.net

Cover and Graphic Design by Ron J. Pride / square1studio
Illustration Art by Sharon Zeisner

Photos of Battle Creek Sanitarium and Western Health Reform Institute courtesy of Willard Library.

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TABLE OF CONTENTS

Foreword	4
Preface	6
1 Winds of Change	9
2 Two Great Spiritualistic Deceptions	14
3 The Story of the Seventh-day Adventist Health Message	24
4 Babylonian Spiritualistic Mysteries in Health and Healing	44
5 Babylonian Spiritualistic Mysteries in the Christian Civilization	62
6 Universal Energy	73
7 Yoga—Meditation—Ayurveda The Ancient Healing Tradition of India	79
8 Acupuncture and Chinese Traditional Medicine	110
9 Reflexology and Other and Energy-Balancing Therapies	130
10 Homeopathy	151
11 Divination as a Diagnostic Tool	165
12 Hypnosis	183
13 Biofeedback	190
14 Those Who Practice Magic Arts	202
15 Babylonian Spiritualistic Mysteries—Compatible with the Atonement?	214
Appendix A. Divining for Water	220
Appendix B. Bible Texts Relating to Spiritualism	224
Appendix C. A Critique of: Vibrational Medicine	226
Glossary	234
Recommended Reading	253
Index	254

FOREWORD

There has been a proliferation of healing modalities both promoted and practiced today. The efficacy of many of these therapies has not been proven, nor the side effect described. The potential side effects have often been unnoted, and there is need for more rigorous examination of the claims made for much of what is called “alternative therapy.”

In reality, should a proposed therapy be shown by substantive evidence to be effective, it moves into the category of an “evidence based” treatment.

Since the mid-twentieth century, there has come an interesting shift in the behavior of the general population. We live in an age where the benefits of hard science are evidenced in numerous ways, where telecommunications, computers, and medical science has led to dramatic advances. While the advances are based in hard science, these scientific bases are not comprehended by the masses. Scientific enquiry has, in the mind of many, given way to subjectivity. The focus of many now revolves around feelings. Much attention is given to the mystical. Belief in the undetectable and non-measurable has grown enormously, while—interestingly—many profess an unbelief in religion or God.

It is in such a climate that many methodologies—such as iridology, reflexology, and other noetic practices—flourish. This book, by reason of its rational approach to many modern practices, fills a much-needed niche. It is a call to logic and rational thought about many of these practices.

I hope you the reader, will read with an open mind, and will appreciate the work of the author in drawing attention to the pitfalls awaiting the unwary. Integrity calls for the application of stringent controls to all claims made for any therapeutic intervention. This is extremely

FOREWORD

important in situations where an evidenced-based therapy may be avoided in the pursuit of the hypothetical or anecdotally supported intervention. Such substitute therapies may not cause problems when applied in the situation of self-limiting conditions, but could be lethal in some more serious situations.

—Allen R. Handysides, M.B., Ch.B.
Director of Health Ministries Department
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PREFACE

In the mid-seventies, I began to notice new subjects and terms appearing in brochures announcing medical educational seminars, such as energy medicine, paranormal, holistic medicine, electromagnetic medicine, and strange and unconventional methods of treatment. I well remember the confusion I experienced on reading these brochures. It did not seem appropriate for me to participate in those seminars, yet I was very curious. I heard different opinions from physicians as to whether these new methods were just fads or possibly based in spiritism. No one that I met really understood, but there were many opinions.

Thus, I began a long study in order to understand the origin, history and science that might explain these methods of healing. For a period of more than twenty years, my curiosity and study about complementary and alternative medical treatment disciplines continued. Early on, as a result of this study, I chose not to include these methods in my medical care.

I found books written by Christian authors exposing these treatment disciplines as spiritistic, and I developed a much greater understanding of the world views of those using and promoting this approach to medical care. I realized that the use of these healing methods was simply an extension of the *world view* and *theology* of the practioners of alternative and complementary or “energy medicine” as it was commonly called.

Around 1993 or 1994, I decided to stop all of my research and study concerning these methods of healing as I was satisfied in my own mind as to their origin and the power involved. I felt no burden to go public with my conclusions and continued my medical practice as usual. However, I wrote several short essays about these therapies for a church letter that was circulated to the members of the Forest Grove, Oregon, Seventh-day Adventist church.

In April of 1998, I received a telephone call from Walter Thompson MD, Chairman of the Board of 3-ABN television, inviting me to the 3-ABN studios in Frankfurt, Illinois, to participate in a panel discussion of complementary and alternative medical therapies which was to be aired over

PREFACE

the 3-ABN television network. I did not know Dr. Thompson and was puzzled as to how he was aware that I had any knowledge of this subject. The invitation was accepted. I later learned that Dr. Thompson's invitation resulted from the articles I wrote for the church letter.

The panel for the 3-ABN television program consisted of Dr. Thompson, Dr Manuel Vasques [Vice Pres. of North American Division of Seventh-day Adventists] and myself. Dr. Vasques received his doctoral degree from Andrews University. His doctrinal thesis was written on the New Age Movement and its theosophy. The panel had a three-hour discussion of the subject of alternative therapies, which was subsequently aired on television. Later that year, I was invited by the Health Department of the Euro-Asian Division of Seventh-day Adventists [Old Soviet Union area] to visit Russia and conduct a seminar on "Mystical Medicine" for the health educators of their Division. I invited Dr. Thompson and Dr. Vasques to join me in this seminar in the summer of 1999. 3-ABN Television Network of Russia aired this panel's seminar on their nation-wide TV program.

For the next six years, I returned to Russia and Ukraine conducting seminars for health educators within the church. Dr. Vasques joined me in September 2003, in Kiev, Ukraine for a three-day seminar conducted for the Ukraine Adventist Medical Association. In October of 2003, Dr. Vasques came to Forest Grove, Oregon, my home town, to conduct a seminar for the Spanish Church, in which I participated. At that time, he asked me to co-author a new book on the subject of spiritualism in medicine or "mystical medicine." I agreed to join him in the endeavor. Dr. Vasques had previously authored two books on the New Age Movement and alternative medicine. I did not hear from him again. I later learned that shortly after the seminar in Oregon, he became severely ill due to metastatic cancer, and after a difficult illness, died in January 2005.

As more requests came to me to return to Russia and Ukraine for additional seminars, I began to tire a bit of the travel and looked for another way to share the message of the deceptions of spiritualism in medical care. The Health Director of the Western Russian Union, Andrew Prokopev, joined with me in preparing Russian CD and narrative DVD discs, presenting the seminar on mystical medicine, which are now available in that country.

The response I received from the seminars on mystical medicine in Russia and Ukraine were a lecturer's dream. Such attention I had never before received in thirty years of health educational teaching. These seminars were attended by lay people and medical professionals. If a participant in the seminar was present throughout and heard the presentation from beginning to end, I received no argument concerning the information presented. I learned that during the days of communism in Russia, the Bible and Spirit of Prophecy books were secretly typed and copies given to those without these texts. So, too, might copies be made of instructions in certain alternative medical therapies.

Gwen Shorter of Homeward Publishing of Monrovia, CA, reviewed the English text of the seminar of mystical medicine and suggested it be made into a book. I consented. I did not get to discuss with Dr. Vasques his ideas for a new book that we had planned to produce together, but I do know that he appreciated the material I had prepared revealing the basic origin and history of New Age healing practices. It is this material that I have placed in this book. May it be a fitting memorial to him.

I present to you *my understanding* of the origin and basis of the present-day alternative and complementary holistic medicine philosophy and therapy. The conclusions presented in this book are the result of thousands of hours of reading and studying. If you find that you cannot agree with me, I am not offended. However, I do challenge you to likewise study in search of truth.

—Edwin A. Noyes, M.D. MPH

CHAPTER 1

WINDS OF CHANGE

April 6, 1971, "*The Ping Heard Round the World*" occurred. The American ping pong team, while competing in the World Table Tennis Championship held in Japan, received a surprise invitation from The Republic of China for an all-expense paid visit to their country. When the team stepped across a bridge from Hong Kong to China on April 10, the era of "Ping Pong diplomacy" was initiated.

On April 14, Premier Chou En-lai, at a banquet in the Great Hall, invited American journalists to visit China. China had been closed to foreign visitors since 1949. Ping Pong diplomacy signaled change. July 15 of the same year, the American government announced that President Nixon would be going to China for an official State visit the following year. The winds of change were blowing.

Reporters from America did visit China and their stories were read with great interest. Stories of a different kind of anesthetic for surgery caught the attention of Americans more than most other aspects of the China reporting. The story of a man undergoing an appendectomy and another person chest surgery while awake seemed like science fiction. It was the first time most Americans had heard the word *acupuncture*. Glowing stories of what it could do initiated a great desire for further investigation. How surprising it was to hear that it had been around for millennia, and yet the art was not generally known in America.

Other changes had been occurring in America for several years. Students on college campuses looked different. Instead of nicely dressed young people, the trend was to wear "Farmer Brown" overalls. Cultural values changed. Drug use increased. Smoking marijuana became popular, as did Eastern religions. The famous festival held in Woodstock in 1969 was an open expression of changing cultural values and practices. Across the country we saw missionaries of the Eastern religions such as Hare

Krishna, and followers of gurus such as Hindu Rajneesh Bhawan Shree, Maharishi Mahesh Yogi and Paramahansa Yogananda.

Early in this changing climate of society, transcendental meditation was introduced and quickly became popular. Then followed yoga and natural childbirth classes. We soon began to hear of many other methods of health and healing, such as aromatherapy, essential oils, applied kinesiology, iridology, and magnet therapy, etc.

Another change was the declining number of people believing in a six-day creation of the world. Evolution, as the answer for origins, had been around for a long time, but it was not universal among average Americans. The answer that the pagan gave for his origin began to be a contender in answering the question, "where did we come from?" Pagan theology also crept in through a movement that suddenly appeared in the mid 1970s—the New Age Movement. Its theology was that of theosophy—teachings derived from Vedanta Hinduism, Buddhism and western occultism, including belief in re-incarnation.

Beginning in the mid to late 1970's, new medical therapies started to emerge along with the New Age Movement. Advertisements of seminars and conferences promoting and teaching such methods as yoga, transcendental meditation, acupuncture, therapeutic touch and many other treatment modalities, were sent to doctors' offices. These methods of treatment became very popular with non-professionals, and teaching seminars were conducted for the public. Many people with no real training in medical science obtained certificates of expertise and became practitioners in these various treatment approaches. As time progressed, there was an ever increasing awareness of these alternative methods. Also, there was rapid growth in the variety of healing disciplines offered to the public, often by chiropractors, naturopaths, and sometimes nurses and non-medically trained people.

In the 1980's, medical doctors became aware of a variety of different treatment methods that were becoming increasingly popular, and patients told their doctors of trying these methods. Medical offices received invitations announcing seminars and teaching sessions for the various new non-traditional medical treatments. One such invitation came to my office from a Catholic Hospital in Tucson, Arizona, announcing a three-

day seminar where the instructors for the meetings were *traditional medicine men* [shamans] from the Navajo Indian Reservation. I still have that invitation.

Few doctors accepted these methods at first. Newer graduates were more likely to accept them because of the world view many of them held as to man's origin. These methods were, to a great extent, the result of the New Age Movement and the theosophy (pagan theology) taught.

The winds of change continue to blow and now we see a much greater interest in the new [yet ancient] practice methods of medical treatments. They can now be found to some degree in many hospitals, even in prominent medical schools that have adopted and are experimenting with various healing disciplines. Medical clinics are forming across the nation that are integrating the conventional with the non-conventional style of medical treatments.

Certain medical insurance companies such as Blue Shield of California have included alternative care coverage in their Lifepath program. Lifepath was first offered in 1998 to all Blue Shield health plan members. It gave access to thousands of alternative service practitioners in the Lifepath network. This select group included acupuncturists, chiropractors, massage and somatic therapists throughout California—as well as fitness centers, athletic clubs, health spas and other wellness practitioners.

I read books written by Christian authors exposing these new medical therapies as being spiritistic. I developed a much greater understanding of the world views of those using and promoting this approach to medical care. I realized that the belief in, and use of these healing methods was a result of their world view and pagan theology.

Satan attempts to thwart any blessing God gives to man. Early in the history of the world, he designed a system of health and healing to counterfeit God's methods. That same counterfeit system exists today just as it has through ages past. "There is a way that seemeth right unto a man, but the end thereof are the ways of death." (Proverbs 14:12).

The purpose of this book is to unveil the counterfeit system of health and healing. ["Lest Satan should get an advantage of us: For we are not ignorant of his devices." 2 Corinthians: 2:11]. The spiritualistic invasion of

present-day medical care must be recognized for what it is—not a marvelous new approach to health and healing, but ancient methods repainted in silver and gold.

A “*world view*” refers to our understanding and belief as to our origin, purpose, and future, as well as to the power that gave us life. In the Christian’s world view, man was created and is sustained by a Creator God who is a personal Being. Life, health and happiness come from being in harmony with His laws of the physical world as well as the spiritual realm. Man disobeyed God’s law and lost the gift of eternal life in paradise. Man can regain eternal life in paradise by believing in and following after the *Divine Son of God, Jesus Christ*.

Modern evolutionary theory was introduced approximately 160 years ago. According to this world view, we are here as a result of a long, natural process of random selection and chance; and there is no future after death. The evolutionist has no answer as to how, or from where, the *spark of life came*.

What was the world view of the non-Christian regarding his origin, prior to the theory of evolution? We will look to the explanation of creation in pagan religions to find this answer. Treatment methods in the pagan concept for healing are *not* dependent upon the physical laws recognized in science. There is a looking to a “vital force” or special “energy” supposedly permeating the universe from which all substance is said to have originated. Life is believed to repeat itself in different bodies and creatures. The goal in life is to escape from this cycle of re-incarnation, and enter into the spirit life of Nirvana.

How is it that ancient healing practices find their way into modern scientific medicine? Did this change come after random selection, controlled, double-blind, scientific tests conducted to evaluate these procedures before accepting them? Was there solid evidence of value as shown by statistical evaluation? No! None whatsoever!

Why then have these new methodologies been accepted? They are not explained or understood under the recognized laws of science. They have not been shown to make a difference in disorders such as tuberculosis, cancer, diabetes, heart disease, gallstones, fractures, endocrine malfunctions, or other such organic disorders. Those parts of the world that used

these practices for health care for thousands of years have a dismal record of health. These methods appear to have their influence mainly on disorders where there are great subjective symptoms such as pain, nausea, stress, and various musculoskeletal discomforts.

The best explanation for the questions I have asked above is that an acceptance of, and changing belief in, one's world view has allowed the acceptance of unproven and non-scientific methods. A world view is formed by answering the questions: Where did I come from? Why am I here? Where am I going?

The Christian's world view is:

- Man was formed from the dust of the ground and the Creator God breathed into him the breath of life and man became a living soul. (living being NKJ, Gen: 2:7).
- We were created for God's glory, (Isaiah 43:7), and placed in paradise.
- Then man, by believing the serpent in the tree instead of God, lost paradise and eternal life. (Genesis: Ch. 2, 3).
- We are invited to believe in the Divine Son of God, repent, receive eternal life and live in paradise. (John 14:1-3).

The above outline of our creation, redemption, and restoration is to be contrasted with the story of the origin of the universe, earth and man from the pagan and nature worshiper's world view. First, before we examine the pagan's story of creation, let us explore a little more the story of man's loss of his place in paradise, and the effort of the Great Adversary to distract us from accepting the invitation from Jesus to regain our lost inheritance.

CHAPTER 2

TWO GREAT SPIRITUALISTIC DECEPTIONS

The subject of the great spiritualistic deception at the beginning of earth's history in the Garden of Eden, and the great world-wide spiritualistic deception that is to occur at the end of time is the theme of this chapter.

In the story of creation, Genesis chapter 1, we are told that God created the light and He "saw that it was *good*." He created the land and the seas "and God saw that it was *good*." He created the plants on the third day "and God saw that it was good." He made the two lights "and God saw that it was *good*." On the fifth day, life in the sea was created "and God saw that it was *good*." On the sixth day He created animals "and God saw that it was *good*." Then God created man [Adam] and woman [Eve]. He looked over everything that He had made and, "behold, it as was *very good*."¹

The word *good* was used seven times in the story of creation. What did God mean by this expression, "*good*?" Webster's Collegiate Dictionary lists one of the definitions as "*to be in harmony with the moral order of the universe*."² God was saying that he had created planet earth and all its inhabitants and they were in perfect harmony with His laws for the universe. All of God's creations are under His fixed laws. His created intelligent beings are also under His moral law.

"In the light from Calvary it will be seen that the law of self-renouncing love is the law of life for earth and heaven; that the love which 'seeketh not her own' has its source in the heart of God; and that in the meek and lowly One is manifested the character of Him who dwelleth in

¹ Genesis 1:31, KJV.

² Webster's Collegiate Dictionary

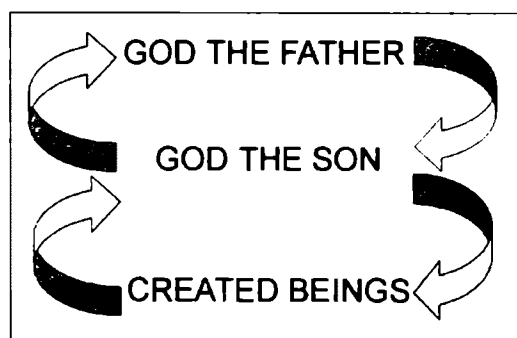
TWO GREAT SPIRITUALISTIC DECEPTIONS

the light which no man can approach unto.”³ Every part of creation is in balance and ministers to some other aspect of the creation. “There is nothing, save the selfish heart of man, that lives unto itself.”⁴

“Looking unto Jesus, we see that it is the glory of our God to give. ‘I do nothing of Myself,’ said Christ: ‘the living Father hath sent Me, and I live by the Father.’ ‘I seek not Mine own glory, but the glory of Him that sent Me.’”⁵

“In these words is set forth the great principle which is the law of life for the universe. All things Christ received from God, but He took to give, so in the heavenly courts, in His ministry for all created beings: through the beloved Son, the Father’s life flows out to all; through His Son it returns, in praise and joyous service, a tide of love, to the great Source of all. And thus through Christ the circuit of beneficence is complete, representing the character of the great Giver, the law of life.”⁶

LAW OF LOVE



LAW OF THE UNIVERSE

Man is placed in a universe that is under the law of God. Government cannot exist without law. “Immortality was promised them [Adam and Eve] on condition of obedience; by transgression they would forfeit eternal

³ White, E. G., *The Desire of Ages*, Pacific Press Pub. Assn., Mountain View, CA, 1898 (presently in Nampa, ID), p. 20.

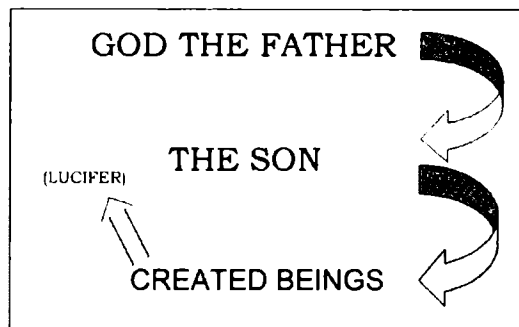
⁴ *Ibid.*

⁵ *Ibid.*, p., 21; John 8:28, 6:57; 8:50; 7:18.

⁶ *Ibid.*

life.”⁷ God’s law was first broken in heaven by Lucifer. Envious to be *first* was the driving force behind Lucifer’s rebellion. He desired that heavenly beings give him the homage due only to God and His Son. He desired to control heaven, and he accused the Divine Son of God of having this desire for self-supremacy. “With his own evil characteristics he sought to invest the loving Creator. Thus he deceived angels. Thus he deceived men. He led them to doubt the word of God, and to distrust His goodness.”⁸ The circle of love (law of universe) is broken when we give Satan the honor due God, his deceptions are designed to entice us to do so.

LAW OF LOVE



To deceive newly created man, Satan appeared to Eve in disguise. He chose the serpent as his *medium*. When Eve wandered from the side of Adam she felt some apprehension, but felt she had sufficient wisdom and strength to discern evil and to withstand it. When she approached the tree of “*knowledge of good and evil*” the serpent spoke to her. Fascinated, she stayed to listen. She had no idea that the serpent was being used by Satan, about whom the angels had warned them. Satan, through the serpent, said that if she were to eat of the fruit of the tree, she would gain wisdom and know good and evil. She would become wise as God Himself.

Eve did not design to rebel against God. However, in believing Satan’s

⁷ White, E. G., *Patriarchs and Prophets*, Pacific Press Pub. Assn., Mountain View, CA, p. 60.

⁸ White, E. G., *The Desire of Ages*, p. 22.

lie, she distrusted God and so came under the penalty of the law, which is death. We, in the judgment, will be held responsible for believing the truth and using opportunities to learn what is truth.

Satan's *great lie* is that disobedience to God does not result in death, but rather will lead to a higher level of existence, and a broader field of knowledge. Had he [the serpent] not received this higher level of existence? Did he not now have the power of speech from eating the fruit?⁹ He promised them that they would become wise like God. "Satan tempts men to disobedience by leading them to believe they are entering a wonderful field of knowledge. But this is all a deception."¹⁰ So, the first use of a medium, to gain man's attention and then to draw him into rejecting God's instructions, plunged the human race into sin and under the penalty of death.

Satan has used the same pattern of deception since the fall of man. We are warned that the deception of the devil will be world-wide and greatly increased in power at the end of this world's history. Christ foretold this in Mark 13:22. "For false Christs and false prophets shall rise, and shall show signs and wonders, to seduce, if it were possible, even the elect."

Paul, too, warned of the great deception to come: "Beware lest any man spoil you through philosophy and vain deceit, after the tradition of men, after the rudiments of the world and not after Christ." (Colossians 2:8). E.G. White, in the book *Spiritual Gifts*, Vol. 4, p. 87, refers to this verse as especially referring to the great spiritual deception that is to occur at the end of time. "Even him, whose coming is after the working of Satan with all power and signs and lying wonders." (2 Thessalonians 2:9). "And no marvel: for Satan himself is transformed into an angel of light. Therefore it is no great thing if his ministers also be transformed as the ministers of righteousness; whose end shall be according to their works." (2 Corinthians 11:14, 15).

Paul also warned Timothy: "Now the Spirit speaketh expressly, that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of devils." (1 Timothy 4:1).

⁹ White, E. G., *Patriarchs and Prophets*, p. 54.

¹⁰ *Ibid.*, p. 55.

John, three times in the book of Revelation, wrote about this deception to come: "And he doeth great wonders, so that he maketh fire come down from heaven on the earth in the sight of men, And deceiveth them that dwell on the earth by the means of those miracles which he had power to do in the sight of the beast; saying to them that dwell on the earth, that they should make an image to the beast, which had the wound by a sword, and did live." (Revelation 13:13, 14).

"And I saw three unclean spirits like frogs come out of the mouth of the dragon, and out of the mouth of the beast, and out of the mouth of the false prophet. For they are the spirits of devils, working miracles, which go forth unto the kings of the earth and of the whole world, to gather them to the battle of that great day of God Almighty." (Revelation 16:13,14).

"And the beast was taken, and with him the false prophet that wrought miracles before him, with which he deceived them that had received the mark of the beast, and them that worshipped his image. These both were cast alive into a lake of fire burning with brimstone." (Revelation 19:20).

Mrs. White adds this warning concerning events of the last days: "The last great delusion is soon to open before us. Antichrist is to perform his marvelous works in our sight. So closely will the counterfeit resemble the true that it will be impossible to distinguish between them except by the Holy Scriptures. By their testimony every statement and every miracle must be tested."¹¹

There will be a false revival. Paul, in his second letter to the Thessalonians, points to the special working of Satan in spiritualism as an event to take place immediately before the second advent of Christ. Speaking of Christ's second coming, he declares that it is ". . . after the working of Satan with all power and signs and lying wonders."¹²

Present-day religions teach the imminent coming of a Messiah. Satan has done his best to have the world looking for someone other than the Son of God, a different Messiah.

In the book of Revelation, chapter 11, we learn about the rise of mil-

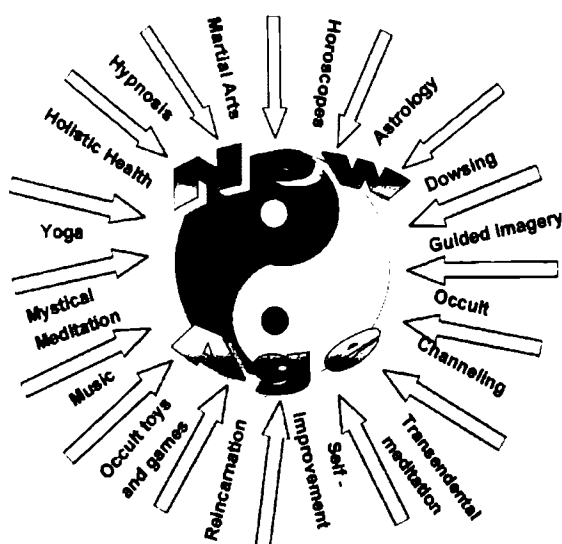
¹¹ White, E. G., *The Great Controversy*, p. 593.

¹² 2 Thessalonians 2:9, KJV.

TWO GREAT SPIRITUALISTIC DECEPTIONS

itant atheism, "the beast from the bottomless pit," in the latter part of the 19th century and its dominance in the French revolution. This power did not continue in the position as "head of government" but it did stay alive. It has been an influence in the world ever since and has been growing rapidly. In the last twenty-five years it has actually mushroomed to a place of prominence in the thinking of men. Satan has laid his trap carefully and is preparing to join with the forces of religion in our time.¹³ He has been quietly at work to condition people's thinking until total control of their minds and the rejection of God and His law is accomplished. We have seen in recent years the amalgamation of Eastern religions and their spiritualism with Western occultism. This neo-occultism and neo-paganism has been planting its seeds of thought through the press, radio, schools and television. For years the West has been seeing changes in that which is taught in schools, even to an open attack on the Creator God. In the entertainment industry, we see efforts to change the views of people by devaluing Christian concepts and elevating atheistic and paganistic ideas. This same shift is seen in comic books, environmental movements, and in the special focus of this book, that of *health and healing*.

**"...TENS OF THOUSANDS OF ENTRY POINTS
TO THIS CONSPIRACY." --Marilyn Ferguson**



¹³ White, op. cit., pp. 588, 589.

Satan has developed his plan to deceive man until almost all external influences in our civilization are used as entry points to bring man's acceptance of his world view. In his world view, creation was not a six-day event and did not involve a sovereign God. God is nature and nature is god. We are gods and we only need to learn how to bring this god in us to its full potential. One of the avenues that Satan uses to deceive man into paying homage to him is in the field of health and healing. He works to get the human race to accept his version of the *origin* of man and in turn his false premise of the cause of disease. By accepting Satan's false concepts concerning the causes of disease and resorting to unsound methods of treatment, man gives reverence to Satan.

In 2 Kings 1, it is written that Ahaziah, king of Israel, fell and sustained serious injury. He sent messengers to inquire of Baalzebub, god of Ekron, as to whether he would recover from his injuries. God sent Elijah the prophet to intercept the messengers of the king as they traveled toward Ekron. Elijah sent them back to the king with the question: "Is it not because there is not a God in Israel that you go to inquire of Baalzebub, the god of Ekron?" (2 Kings 1:2, 3).

A captain and fifty soldiers were sent to arrest Elijah and to bring him to the king. When they attempted to arrest Elijah, fire from heaven consumed them. The king sent another fifty who suffered the same fate. The captain of a third group pleaded with Elijah not to allow fire to consume them and God told Elijah to go with the captain to see the king.

As Elijah faced the king he repeated the question, "Is it because there is no god in Israel that you go off to consult Baalzebub the god of Ekron?" (2 Kings 1:3, NIV). Elijah told him that because of this inquiry of Baalzebub he would not recover from his injuries but would die. We must be very careful not to be found "inquiring of the god of Ekron" regarding our physical status. Many sincere Christians are deceived by Satan and are inquiring of the god of Ekron. "In the same manner do men and women dishonor God when they turn from the Source of strength and wisdom to ask help or counsel from the powers of darkness. If God's wrath was kindled by Ahaziah's act, how does God regard those who, having still greater light, choose to follow a similar course?"¹⁴

¹⁴ White, E. G., *The Review and Herald*, Jan. 15, 1914.

TWO GREAT SPIRITUALISTIC DECEPTIONS



“Satan has long been preparing for his final effort to deceive the world. The foundation of his work was laid by the assurance given to Eve in Eden: ‘Ye shall not surely die.’ ‘... in the day ye eat thereof, then your eyes will be opened, and ye shall be as gods, knowing good and evil.’ ” (Genesis: 3:4, 5). Little by little he has prepared the way for his masterpiece of deception in the development of spiritualism. [Spiritualism leads, by word and practice, to the belief in immortality (a spirit life after death) and it often involves communication with the Spirit world.] Satan has not yet reached the full accomplishment of his designs. It will reach full success in the last remnant of time. Says the prophet John: ‘I saw three unclean spirits like frogs . . . they are the spirits of devils, working miracles, which go forth unto the kings of the earth and of the whole world, to gather them to the battle of that great day of God Almighty.’ (Revelation. 16:13, 14). “Except those who are kept by the power of God, through faith in His word, the whole world will be swept into the ranks of this delusion. The people are fast being lulled to a fatal security, to be awakened only by the outpouring of the wrath of God.”¹⁵

As we turn our attention to the advancement of spiritualism into the field of health and healing, let us look again to God’s messenger, Ellen White, for guidance in appraising various treatment methods.

¹⁵ White, E. G., *The Great Controversy*, pp. 561, 562.

Those who have been persuaded by apparent achievement of the false sciences will praise them and point out the apparent good they have accomplished, yet without understanding the power that is behind these sciences and the extent of deception. “. . . but it is a power which will yet work with all signs and lying wonders—with all deceivableness of unrighteousness. *Mark the influence of these sciences*, dear reader, for the conflict between Christ and Satan is not yet ended.”¹⁶

Phrenology emerged in the 1800's and taught that by feeling the shape of the skull a person could determine the character and personality of an individual. Phrenology was closely associated with the belief in astrology.

In the 1800's and early 1900's, the term, psychology, had a somewhat different meaning than it does today. It referred to the judgments of men, without any true scientific basis, and tended to fit the philosophy of the individual making the judgment. It commonly referred to speculations in astrology. If one was a believer in astrology, then his thoughts would be directed by this concept. Today, psychology is a science that is mostly a true understanding of the way the mind works and how it can be influenced. It has much room for the same dangers as the past. However, very valuable understanding has come from research in this field.

Mesmerism referred to a therapeutic approach to health that was patterned after the teachings of a Dr. Mesmer who lived in the late 1700's and early 1800's. He was a graduate of the Medical School of Vienna. He was also an astrologer and believed in the association and sympathy of the cosmos, earth and man. He started his medical practice, after graduation from medical school, by using magnets in an attempt to treat disease. This was an ancient practice that repeatedly, over many centuries, came and left the field of medicine. Eventually he found that with just placing his hands over a body, he could get the same response that he did with magnets. This practice evolved into what is now known as hypnotism. In the encyclopedias, Mesmer is called the father of hypnotism. Mrs. White gave strong warnings against the use of hypnotism.

“This entering in of Satan through the sciences is well devised.

¹⁶ /White, E. G., *Mind, Character Personality*, Vol. 2, Souther Pub. Assn., Nashville, TN, p. 712.

TWO GREAT SPIRITUALISTIC DECEPTIONS

Through the channel of phrenology, psychology, and mesmerism, he comes more directly to the people of this generation and *works with that power which is to characterize his efforts near the close of probation.* The minds of thousands have thus been poisoned and led into infidelity.”¹⁷

“We have reached the perils of the last days, when some, yes, many, shall depart from the faith, giving heed to seducing spirits and doctrines of devils. Be cautious in regard to what you read and how you hear. Take not a particle of interest in spiritualistic theories. Satan is waiting to steal a march upon everyone who allows himself to be deceived by his hypnotism. He begins to exert his power over them just as soon as they begin to investigate his theories.”¹⁸

¹⁷ *Ibid.*, p. 711.

¹⁸ *Ibid.*, p. 718.

CHAPTER 3

THE STORY OF THE SEVENTH-DAY ADVENTIST HEALTH MESSAGE

The book, *"The Story of Our Health Message,"* by D. E. Robinson, is the source of much information used in this chapter concerning the early history of the Seventh-day Adventist (SDA) church. Robinson was the personal secretary of E. G. White for the last fifteen years of her life. I was a student in a class he taught presenting the history that I am presenting to you. Additional information came from the book, *Historical Perspectives in Health*, by Ruben Hubbard, who was an instructor at the School of Health at Loma Linda, California. Both of these books were based on careful research. Much of the material in the last section of this chapter comes from my own knowledge accumulated through my years in medical work and in the Seventh-day Adventist Church.

In the fifty years that I have been in medical work, I have seen a complete change in the way the scientific community views the principles involved in the Seventh-day Adventist health teachings. This same change has occurred in the general public. The attitude has moved from disbelief and ridicule to esteem. We have not changed our teachings. Scientific studies have shown the value of these teachings and practices. This presentation will mention several of the SDA scientists whose research has been most responsible for this change.

BRIEF MEDICAL HISTORY OF PAST AGES

Medical historians have given to the world great insight into the beliefs, practices, and quality of medical knowledge over the past three thousand years. A large body of knowledge of past medical concepts and

practices was recorded in Egypt, India, China, and the Mesopotamian valley area. These writings have been found, translated and studied, revealing patterns and changes that occurred over time.

Early in medical history, there was a rational approach to the health of man. By the time of the exodus of the Israelites from Egypt, medical writings reveal that concepts and practices in medicine had become irrational and mystical in the Egyptian and Sumerian civilizations.¹ There seemed to have been a parallel trend in religious beliefs and practices.

The history of Medieval Europe, often referred to as the "dark ages," shows this same change from the rational to irrational regarding health habits and medical concepts.² There was advancement in the practice of medicine and the knowledge of physiology within the early Christian church. Many of the early church bishops were physicians, and their writings are available.³ When the Christian church began to blend with pagan religions, a change took place in European medical practice. The change was from rational to irrational, and on to mystical.

Medieval Europe experienced the "midnight of the world" in the practice of health and medicine, while the knowledge of medicine was preserved by Christian and Jewish physicians within the Arabian Empire.⁴ The Christian church at Rome banned the practice of medicine and surgery in the 12th century. Sickness was explained as being the result of possession by evil spirits. The practice of "casting out the spirits" became the method of treatment for disease. This ignorance existed for one thousand years.⁵ During the renaissance of the 16th century, this curtain of darkness began to slowly lift from the land. As knowledge of God revived, a change began in the knowledge of health practices. This change was very slow, however, and not until the middle of the 19th century did we see the beginning of what is now termed "scientific medicine." The actual practice of medicine throughout America and Europe was the same. In

¹ Hubbard, Rubin, *Historical Perspectives of Health*, printed by the Dept. of Health Education, School of Health, Loma Linda University, 1975, pp. 9, 20.

² *Ibid.*, p. 126; Ackernecht, Erwin H., *A Short History of Medicine*, John Hopkins University Press, Baltimore, MD, 1955, p. 82.

³ Hubbard, op. cit., pp. 121, 123, 136.

⁴ Garrison, Fielding H., *History of Medicine*, W. B. Saunders and Co., Philadelphia and London, 1929, pp. 126-139.

⁵ Hubbard, op. cit., pp. 130, 131.

some of the medical centers knowledge gradually increased, but it was a long time before this impacted the average physician's practice.

During the mid 19th century, physicians had no knowledge of physics, chemistry, or physiology. A common treatment was to take one half to one liter of blood from the patient (bleeding), and sometimes more than once per day. If someone had a fever they were put in a hot, dark place without fresh air, fluids or water. The physician used a variety of toxic substances such as mercury, arsenic, antimony, nicotine, strychnine, opium, digitalis and others.⁶ He also used many herbs. He had no knowledge about how any of these substances acted on the system, as there existed no guide as to safe dosage. It seemed that any truly helpful treatment had been discarded.

The most common cause of death was from infectious disease.⁷ There was no understanding about micro-organisms, or the relationship between dirt and filth and disease. Personal cleanliness was frequently lacking. The nutritional status often was poor, and the ability of the immune system to respond to disease was depressed.

Medical treatment during this era was at best worthless. Most of the time it was harmful, and frequently the cause of death.⁸ This paved the way for the emergence of a variety of therapeutic approaches to health and healing. These methods appeared to be helpful because they did not use the harmful methods employed by the regular medical profession. Doing nothing was much safer than receiving standard medical care. This situation made it easy for alternative methods, (which had no true value), to be accepted as being more effective.

The science of nutrition gradually was acknowledged by physicians to have a role in preventing disease by maintaining a strong immune system. Adequate calories, minerals, vitamins, and trace elements are all needed to allow proper functioning of the immune system. It was not known that some methods of food preservation were themselves the cause of various

⁶ Robinson, E. E., *The Story of Our Health Message*, 1965, Southern Pub. Assn., Nashville, TN, 1943, 1955, 1965, p. 22.

⁷ Hubbard, op. cit., p. 154; Haagenon, C. D., Wyndham, E. L., *A Hundred Years of Medicine*, Sheridan House, NY, p. 42.

⁸ Hubbard, op. cit., pp. 153-158.

diseases, such as cancer of the stomach and esophagus, or that some minerals and vitamins are lost during certain types of food preparation. Only in the past 40-50 years have we realized the problems caused by the use of too much salt, and the danger of eating pickled and smoked foods. The large amount of salt used in preserving meats and some vegetables produce "nitrosamines," which are carcinogenic (cancer initiators).

Unhealthful personal habits also contributed to the incidence of illness and early death. Tobacco use started in America and spread throughout the world. Coffee and tea consumption were also wide-spread and alcohol use well nigh universal. Working twelve or more hours per day, seven days a week was not uncommon. The heavy use of some condiments, vinegar, meats and cheeses laid the foundation for disease.

Occasionally, some reforms were seen in the way people lived and how they dealt with illnesses. However, even if the methods used produced good results and caused no harm, they did not easily gain acceptance. Change for the better was slow. Satan, it seemed, did all in his power to hinder improvement.

EARLY REFORMS IN MEDICAL CARE

In 1777, many sailors on a long voyage became ill with typhus. It was customary to put sick sailors in the bottom of the ship and deprive them of water or other fluids. They were given drugs that were not helpful and often worsened the disease. The sick sailors were denied fresh air and body cooling measures were avoided. So many became ill that there was no room for them in the bottom of the ship. Therefore, those who were not expected to live were placed on deck. These sick men were so miserable they asked the crew to pour water over them. Since they were not expected to live, the ship's doctor granted their requests. Surprisingly, they recovered. This experience was passed on to other ships' physicians and, when duplicated, the same good result was seen. Due to the prejudice and disbelief of physicians this enlightenment did not prevail and the old methods continued.⁹

In 1812, once again the benefits of the use of water in treating the sick

⁹ Robinson, op. cit., pp. 28, 29.

was accidentally discovered by Vincent Priessnitz, a lad of 13, living in Austria. He found that using cold water on a sprained wrist lessened the pain. Some time later, he was accidentally run over by a wagon and sustained bruises and broken ribs. He was seen by a physician who told him that he would die from his injuries. He again used cold water to treat his injuries. This uneducated lad subsequently began to apply his water treatment to others with good results. He established a "hydrotherapy" clinic in Grafenburg, Austria, and in a short time, his fame grew and people from all over Europe sought treatment. Eventually, doctors who went to his clinic to observe his methods of healing, took these treatments back to their countries. As a result, water treatment centers were opened in many countries of the world.¹⁰

Most physicians opposed this method of treatment. They tried to close Priessnitz's institution by appealing to the courts of law, but failed. Remember that in that day the results were outstanding when compared to conventional medical care. Modern medicine does not employ the methods of the past, nevertheless, hydrotherapy is still being used around the world today.

By the mid 1850's, there was public request for teaching physiology and hygiene in the schools. Cleanliness was promoted. Sylvester Graham an American, introduced the use of whole grains and a vegetarian diet. He produced "graham flour," [whole wheat flour] for bread making, and today, in American, "graham crackers" are still made. Also during this time, temperance societies were established to oppose the sale and consumption of alcohol.

This revived interest in a wholesome diet, good lifestyle. Hydrotherapy peaked in the 1830's and 1840's, then began to fade. The vast majority of physicians, however, continued with the old ways of practicing medicine. At that same time there also arose a religious revival world-wide, proclaiming the imminent second coming of Jesus. When Jesus did not appear as expected, this church revival faded also.

It was out of this revival that the Seventh-day Adventist Church had its beginnings. For eleven years after the Great Disappointment, a small

¹⁰ *Ibid.*, pp. 21-33.

group of people continued diligently to search their Bibles in an effort to understand why Jesus did not appear on the expected date. As they prayerfully studied the prophecies, they gained a fuller understanding of not only what the prophecies foretold, but also the requirements of God's laws and commandments. This new knowledge, ultimately led to their observance of the Biblical seventh-day Sabbath.

EARLY REFORMS IN SEVENTH-DAY ADVENTISTS' HEALTH

Ellen G. White was part of the small group of Seventh-day Adventists. Around the age of seventeen Ellen started receiving visions from God. In many of her visions she received instructions on how to live in a healthful manner. In 1848, a special message was given to her concerning tobacco, coffee and tea. It was pointed out that use of these substances was harmful to health, had a deleterious influence on the mind, and were to be done away with.¹¹

In response to a letter she replied "I have seen in vision that tobacco was a filthy weed, and that it must be laid aside or given up. Said my accompanying angel, 'If it is an idol it is high time it was given up, and unless it is given up the frown of God will be upon the one that uses it, and he cannot be sealed with the seal of the living God.'... I saw that Christ will have a church without spot or wrinkle or any such thing to present to His Father."¹² Tobacco use was common among the people. Getting them to give it up was a slow process which took fifteen years to accomplish.

During this time, through continuing Bible study, the prohibition against the use of swine's flesh was discovered, and there was a movement to abstain from its use. However, in vision, Ellen White was instructed that it was not then the time to promote such change. God would bring about this change at the proper time.¹³

In 1854, a second message on health was given through Ellen White. This message emphasized three points: 1) Cleanliness of both home and body; 2) Control of appetite, and 3) Use of whole grains in preference to

¹¹ *Ibid.*, p. 65.

¹² White, E. G., *Manuscript Releases*, Vol. 8, No. 592, The Open Door.

¹³ Robinson, *op. cit.*, pp. 62, 63.

refined flour, as well food free from animal fat.¹⁴

Ellen White commented, after the above message was received: "I saw that God was purifying unto Himself a peculiar people; He will have a clean and holy people, a people in whom He can delight. I saw that God would not acknowledge an untidy, unclean person as a Christian. His frown is upon such. Our souls, bodies and spirits are to be presented blameless by Jesus to His Father; and unless we are clean in person, and pure we cannot be presented blameless to God. I saw that the houses of the saints should be kept tidy and neat, free from dirt and filth and all uncleanness."¹⁵

The Seventh-day Adventist Church was first organized at a General Conference meeting in May 1863. In June 1863, God sent another message covering many aspects of health. The central theme was the relationship between health and spirituality, and that care for our health is a religious duty. The first instructions were to herself and her husband concerning the need to change their habits. The responsibility for leading out in this work of promoting health reform was placed upon Ellen and her husband James White. The message was relevant to eating, working, drinking and the use of poisonous drugs in medical care. God directed them to use water both inside and outside of the body for the prevention and treatment of disease, and for the promotion of health and cleanliness.

It was made clear to James White that his gloomy and depressed mood was affecting his health. He was to exercise faith in God, and thereby rise above his depressed thoughts. He was to be cheerful, hopeful and in a peaceful frame of mind because his health depended upon this. *He was to seek improvement in his health by following proper habits of life, rather than by seeking some magic cure, while continuing on with health destroying habits.*¹⁶

The health information Ellen White received in visions was given one hundred and 50 years ahead of its time, and medical science has substantiated almost everything about which God gave directions.

¹⁴ *Ibid.*, p. 71.

¹⁵ White, E. G., *Manuscript Releases* Vol. 6, 1854, pp. 221-223, E. G. White Estate.

¹⁶ Robinson, op. cit., p. 78.

Ellen White was also instructed in vision to counsel the people to give up the use of flesh foods, as its use would promote disease and have an unfavorable influence upon the mind and the willingness to follow God's leading.

Many of the principles of reform given to E. G. White had been promoted by a few people in the years preceding her vision. However, those teachings and most of their good influence had disappeared. I believe God was the source of this prior reform, which had been advocated and supported by one person here, and one there. Now, however, He entrusted it to an organization of believers who were to take it to the world.

The 1863 message emphasized the connection between health reform and giving the message of salvation by faith in Jesus. Habits and diet affect our character and eternal destiny.¹⁷ Even the apparel of the Christian is to glorify God by modesty and appropriateness.

Mrs. White wrote: "I was again shown that the health reform is one branch of the great work which is to fit a people for the coming of the Lord. It is as closely connected with the third angel's message as the hand is with the body."¹⁸

God's message to the church in 1863 was that disease prevention and treatment of illness were to be accomplished by following proper health habits, use of water internally and externally, and following a vegetarian diet, with limited use of eggs and milk. God directed that they were to start an institution for the treatment of the sick. They needed a place where their own members could go for care and be taught proper health habits.¹⁹ There were only thirty-five hundred members in the church at that time. They were to move out in faith as God would lead them. Little did they dream of where He would lead.

"He [God] designs that the great subject of health reform shall be agitated, and the public mind deeply stirred to investigate: for it is impossible for men and women with all their sinful health-destroying, brain enervating habits, to discern sacred truth, through which they are to be

¹⁷ *Ibid.*, p. 79.

¹⁸ White, E. G., *Testimonies for the Church*, Vol. e, Pacific Press Pub. Assn., Mountain View, CA, 1948, p. 161.

¹⁹ Robinson, op. cit., p. 142.

sanctified, refined, elevated, and made fit for the society of heavenly angels in the kingdom of glory."²⁰

WESTERN HEALTH REFORM INSTITUTE



In 1866, the church began to publish a journal on health which soon gained wide circulation. Also, a building was purchased in Battle Creek, Michigan, to be used as a treatment center. The treatments were to be physical exercise, hydrotherapy, and a diet free of all meats. This institution was called the Western Health Reform Institute.²¹ The use of alcohol, tobacco, coffee and tea were not permitted.

Basic instructions for a healthy lifestyle was taught at the Reform Institute. A diet of plant foods, with minimal refined grains, abundance of fruit, vegetables of all types, nuts and legumes was served. A small amount of eggs and milk was also a part of the menu. Regularity in hours of sleeping, working, eating, and resting were followed. Eating between meals was discouraged. Patients were directed to avoid the use of lard and tallow (grease) in their food. The heavy use of salt and foods preserved in salt or vinegar were to be avoided.

This pattern of lifestyle became the blueprint for many Seventh-day Adventists for the next 140 years. Pure air, sunlight, temperance, rest, exercise, proper diet, the use of water, and trust in divine power are the true

²⁰ White, *op. cit.*, p. 142.

²¹ Robison, *op. cit.*, p. 149.

remedies for health. Trust in God will result in obedience to his physical and spiritual laws. Today, Seventh-day Adventists are recognized as among the longest lived people on earth.

Success of the institution came by following God's directions. "...This institution is designed of God to be one of the greatest aids in preparing a people to be perfect before God. . . ." ²² . . . "Angels will attend patients, helpers, and physicians, to assist in the work of restoration, so that in the end the glory will be given to God, and not to feeble, short sighted man." ²³

The physicians at the institution were to be highly trained in the sciences, thereby able to command the respect of the patients and the doctors of that day. There were to be no "novices" acting as physicians. They were to be able to explain the treatment methods and to show that they were done on a *rational, scientific basis*; yet, they were to follow the plan God had directed in treatment, not the methods of the world.

The health institution grew rapidly, and subsequently it developed into a medical and surgical hospital as well as being a sanitarium. The medical staff consisted of well-trained physicians, and the institution gained fame through the success of its medical care, and the spiritual atmosphere. Gradually, respect from the medical profession developed, ²⁴ as the institution became so well known that the wealthy and powerful came for care from America, and also from Europe.

Early in the development of the health institute, a young physician, John Harvey Kellogg, was chosen to be its director. First, he was sent to Bellevue Hospital Medical College, in New York city for a three year course in medicine to receive the best training possible. This training brought him up to the top level of understanding of the science of medicine that was known in his day. He learned surgery as well. The treatment approach of the hospital remained as God had directed in spite of Dr. Kellogg's exposure to the large hospitals of the day. God directed Dr. Kellogg in his efforts and blessed him in skills and understanding. In his book, *Rational Therapy* [1902], Dr. Kellogg mentions that he had a three percent death rate in surgery and the last one hundred and sixty-five

²² White, op. cit., *Testimonies*, Vol. 3, p. 166.

²³ White, op. cit., *Testimonies*, Vol. 1, p. 562.

²⁴ Robinson, op. cit., p. 215.

cases without a death. Most hospitals had a death rate of 20 to 30 percent.

In a letter to Dr. Kellogg, E. G. White wrote: "My dear brother, as I have before written to you, I know that the Lord had placed you in a very responsible position, standing as you do as the greatest physician in our world, a man to whom the Lord has given understanding and knowledge, that you may do justice and judgment, and reveal the true missionary spirit in the institution which is to represent truth in contrast with error."²⁵

"Who has been by your side as you have performed these critical operations? Who has kept you calm and self-possessed in the crisis, giving you quick, sharp discernment, clear eyesight, steady nerves, and skillful precision? The Lord Jesus has sent His angel to your side to tell you what to do. A hand has been laid upon your hand. Jesus, and not you, has guided the movements of your instrument. At times you have realized this, and a wonderful calmness has come over you. You dared not hurry, and yet you worked rapidly, knowing that there was not a moment to lose.

"The Lord has greatly blessed you. You have been under divine guidance"²⁶ As you looked to God in your critical operations, angels of God were standing by your side, and their hands were seen as your hand performing the work with an accuracy that made the beholder surprised."²⁷

HEALTHFUL FOODS PRODUCED

Dr. Kellogg recognized that many people had poor diets and he desired to make available to them more whole grain cereals. Through experimentation he developed breakfast cereals and other wholesome foods. Thus began the great breakfast cereal industry and the beginning of the health food industry. Dr. Kellogg also put a great deal of effort into developing tasty meat substitutes consisting of grains, legumes and nuts in small proportions.

Ellen White wrote the following to the members of the church: "I must now give to my brethren the instruction that the Lord has given me

²⁵ White, E. G., *Manuscript Releases*, No. 333, Our Health Message.

²⁶ White, op. cit., *Testimonies*, Vol. 8, pp. 187, 188.

²⁷ White, E. G., *Selected Messages*, Book 2, Review and Herald Pub. Assn., Washington, D.C., 1958, p. 285.

in regard to the health food question. By many people the health foods are looked upon as of man's devising, but they are of God's origination, as a blessing to His people. The health food work is the property of God, and is not to be made a financial speculation for personal gain. The light that God has given and will continue to give on the food question is to be to His people today what the manna was to the children of Israel. The manna fell from heaven, and the people were told to gather it, and prepare it to be eaten. So in the different countries of the world, light will be given to the Lord's people, and health foods suited to these countries will be prepared."²⁸

"Health foods are Gods productions, and He will teach His people in missionary fields to so combine the productions of the earth that simple, inexpensive, wholesome foods will be provided. If they will seek wisdom from God, He will teach them how to plan and devise to utilize these productions. I am instructed to say, forbid them not."²⁹

In 1895, Dr. Kellogg patented a machine for grinding nuts and making peanut butter. One of his employees, Joseph Lambert, in 1895, patented a home grinder for making peanut butter. Peanut butter had been made as far back as the days of the Incas but was not generally used. "As Battle Creek Sanitarium Health Food Company in the mid 1890s forged ahead in making wheat flakes, a coffee substitute, 'caramel cereal', and in developing of vegetable protein meat substitutes—beginning with peanut butter and soon more sophisticated products as "nut-tose" and "nut cheese"—a serious interest along these lines began to emerge in Australia."³⁰ By 1914, there were many companies in the United States making peanut butter.

Many people, not members of the SDA church, also developed special health foods and now these health foods and stores are around the globe. However, not every product found in a health food store is really health food.

Adventists also formed companies that produce healthful foods. The SDA Church's breakfast cereal industry in Australia was started in 1898.

²⁸ White, E. G., *Counsels on Diet and Foods*, Review and Herald Pub. Assn., Washington, D.C., 1938, p. 269.

²⁹ *Ibid.*, p. 272.

³⁰ White, Arthur, *Biographical Books/4 BIO*, Review and Herald Pub. Assn., Washington, D.C., Hagerstown, MD, Vol. 4, Chapter 30, 1983.

Today, that company is a major producer of breakfast cereals and soy milk for Australia and New Zealand. The Sanitarium Health Food Co. listed on their web site, has sales of three hundred million dollars a year. It exports to more than thirty countries. The first Health Food store in Australia may well have been the Sanitarium's café and food shop on Pitt Street in Sydney, opening in 1902; and another opened in 1907 on Auckland's Victoria Street, New Zealand. Another large SDA food company "Granix" is in Argentina and exports wholesome foods to 15 nations.

Around the year 1900, Dr. Harry Miller, an Adventist doctor and prior student of Dr. Kellogg's, went to China as a mission doctor. He saw babies dying from starvation because their mother's milk dried up. He improved on the soymilk which Dr. Kellogg had produced, and started its commercial production in China. He was thus able to provide milk for babies whose mothers were unable to feed them. He also established a health food industry in America and later gave it to the church. The Company was known as Loma Linda Foods. When Dr. Miller died at age 95, he was still experimenting in food products.

This work by Dr. Kellogg and Dr. Miller in creating soy products has gained the attention of the medical world and food industries, and soy products are now made and used around the world.

MEDICAL EDUCATION INITIATED AT HEALTH REFORM INSTITUTE

The Western Health Reform Institute, later called the Battle Creek Sanitarium and Hospital, started a School of Health in 1878 to train young people in physiology, hygiene and nutrition. These students returned to their churches to teach others a healthful lifestyle. This training produced many health educators. In 1883, the hospital was in desperate need of Adventist nurses, so the Sanitarium started a nursing school. The hospital continued to grow in size and fame. There was a need for more physicians who would practice in harmony with the principles of the hospital, and a medical school was therefore opened at the hospital in 1895. This was the American Medical College.³¹

³¹ Robinson, *op. cit.*, p. 249

Some of the graduates of this medical school spread across America, and others went abroad, often starting similar sanitariums. Many of these institutions also developed nursing schools.

SUBTLE TEACHINGS

We have been learning of the rapid growth and expansion of the health work. However, around 1898, a problem slowly and insidiously developed. It was a subtle belief and teaching of pantheism promoted by Dr. Kellogg, which spread to some workers and ministers. Dr. Kellogg had been influenced by a relative who was a Baptist minister. The idea was that the righteousness of God was in the air we breathe and the water we drink, and when we take of these substances we obtain the righteousness of God.³²

While Ellen White was in Australia, she was shown in vision this problem of *pantheism*, and wrote a letter to the General Conference at its 1899 meeting, warning of this hidden subtle teaching. She advised them strongly to deal with it. She wrote to Dr. Kellogg many times concerning his belief, warning him of his danger, but to no avail. The teachings continued to spread causing the fall of some leading ministers.³³



³² *Ibid.*, p. 314.

³³ *Ibid.*, pp. 312-317.

The Sanitarium was totally destroyed by fire in 1902. Dr. Kellogg immediately made plans to rebuild on a grand scale. Ellen White was directed in vision to counsel him that they should build small. However, Dr. Kellogg went ahead with plans for a one thousand bed institution.

To raise money to pay for a new sanitarium he wrote a home medical book called the "*Living Temple*." Pantheism was subtly woven into the content of the book. The church's publishing house refused to publish it, so Dr. Kellogg had it published by another company. The refusal to publish this book was a further step in the separation of Dr. Kellogg and the Sanitarium, from the Seventh-day Adventist Church.

God had not yet withdrawn all of His blessings from the medical institution and after the Sanitarium was rebuilt, it continued for some years to be a center of influence and medical missionary activities.

The spread of pantheistic teachings continued to cause increasing division between the church leadership and Dr. Kellogg and the hospital. In 1906 it was recognized that there would be no turning back, and the church and the Sanitarium separated. The title of the hospital was not in the name of the church, and the property was lost by the church. The Sanitarium continued to function, but by 1910, no more medical students applied for admission and the school was closed. The hospital continued operating without association with the church but also eventually closed.³⁴

"Be not deceived: many will depart from the faith, giving heed to seducing spirits and doctrines of devils. We have before us now the *alpha* of this danger. The *omega* will be of a *most startling nature*."³⁵ Dr. Kellogg was teaching the theology of pantheism. Today, the practical aspect of pantheism is in the therapeutic modalities of health and healing taught by Eastern religions and the New Age movement. Pantheistic heresy caused the loss of the Battle Creek Sanitarium and nearly split the church. Today, this same spiritistic influence could again deceive us.

E. G. White wrote speaking of the subtle teachings of Dr. Kellogg: "I am instructed to speak plainly. 'Meet it,' is the word spoken to me. 'Meet it

³⁴ *Ibid.*, chap. 26.

³⁵ White, E. G., *Selected Messages*, Book 1, Review and Herald Pub. Assn., Washington, D.C., 1958, p. 197.

firmly and without delay' . . . 'In the book *The Living Temple* there is presented the alpha of deadly heresies. The omega will follow, and will be received by those who are not willing to heed the warning God has given.' " ³⁶

SANITARIUMS STARTED IN CALIFORNIA

While these changes between the church and the sanitarium were occurring, God was leading in movements occurring in southern California near the city of Los Angeles. The Conference in this area consisted of 1100 people.³⁷ In 1901, God had shown E. G. White that medical institutions were to be started in this area. In 1904, the Southern California Conference bought two properties, each with buildings and land so as to be able to start a sanitarium—one was called Paradise Valley Sanitarium, and the other Glendale Sanitarium. This Conference was young and poor. These institutions had been bought with a small down payment with the principal to be paid on time. Though this purchase caused the Conference to be heavily indebted, they moved out in faith.

In another vision in 1901, Mrs. White was shown a special property in southern California that was to develop a medical institution which would become a great educational center. Mrs. White visited the two sites that the Southern California Conference had purchased and said that neither of these institutions was the one that was to be a special educational center. In 1905, another property 60 miles east of Los Angeles which consisted of land, orchards, and buildings which were perfect for a sanitarium, was for sale at a very reduced price. A Pastor Burden who lived near the property carefully inspected it and realized its value, but there was no money available even for a down payment. The Conference officers were burdened with the two medical facilities they already had. Mrs. White told Pastor Burden that he was to borrow the money himself for the down payment. By the time he secured money the price had dropped even further. The purchase was in May 1905, and in June 1905, Mrs. White visited the grounds; she looked about and recognized it as the property shown her in vision.³⁸

³⁶ White, E. G. *Selected Messages*, Book 1, Review and Herald Pub. Assn., Washington, D.C., 1948, p. 200.

³⁷ *Ibid.*, chap. 28.

³⁸ *Ibid.*, p. 350.

D. E. Robinson, in his book *The Story of Our Health Message*, chapters 28-31, tells the exciting, marvelous story of God's providence in securing the property and providing money for completing the payment.

The location was called Loma Linda, a Spanish term meaning "pretty hill." It was located in a rich agricultural valley with a deep well producing pure water in abundance. There was a single small hill rising up out of the valley with the future sanitarium building on top giving a wide view of the valley and nearby mountains. A train track running directly to Los Angeles went through the property.

In November 1905, the first class of nursing students started, and in September 1910, the first class of medical students began their study. The school took the name "College of Medical Evangelists." Mrs. White was shown that the Medical School at Loma Linda ". . . is to be of the highest order, because those who are in that school have the privilege of maintaining a living connection with the wisest of all physicians, from whom there is communicated knowledge of a superior order."³⁹

Soon the school was graduating physicians and nurses who spread out across the United States and to many countries around the world. As the graduates of the American Medical College in Battle Creek had done, so now these Loma Linda graduates followed in starting sanitariums and hospitals in America and in other nations. Over time, the medical school added schools for medical technologies, dietetics, and developed teaching programs to train physicians in specialties.

In 1953, a dental school was initiated, and in 1967 a School of Public Health. The name "College of Medical Evangelists" was changed to Loma Linda University when the school joined with nearby La Sierra College. About this same time, the church established a medical school in Montemorelos, Mexico, and in recent years a dental school was added in the Philippines as well. A third medical school is to be found in River Platte, Argentina, and the Church has established an "affiliation" with the Christian Medical College in India making it possible for Seventh-day Adventist students to attend. Loma Linda School of Public Health has and is offering postgraduate courses leading to a degree in public health in several countries.

³⁹ White, E. G. *Counsels to Parents, Teachers, and Students*, Pacific Press Pub. Assn., Mountain View, CA, 1913, p. 480.

WORLD INFLUENCE OF LOMA LINDA AND THE HEALTH MESSAGE

Let us look at what has occurred since 1848, when the first vision on health was given to E. G. White for the people that were preaching the soon return of Christ and the importance of keeping the commandments of God. A few hundred people have grown to more than 15 million. The lifestyle initiated by God's directions in the early history of the church has brought blessings of improved health. Life span has increased and Seventh-day Adventists are recognized as a group of people among the longest lived in the world. The health food industry started by Dr. Kellogg has spread around the globe. Great companies are producing foods for breakfast from cereal grains. Most of these companies are not associated with the church; still great blessings have come from the health food industry. Meat substitutes in many countries are being produced. Soymilk and soy products are presently the object of great study worldwide by nutritional scientists. Vegetarianism has been shown to be a safe way of life.

World influence from the SDA Church and its lifestyle and medical work is also seen through the work of the business professionals who operate our hospitals and medical institutions. This work has developed into a highly specialized occupation. A few years ago, Chinese governmental officials asked the Seventh-day Adventist Hospital Administration to come to China and teach up-to-date methods of hospital administration.⁴⁰

Battle Creek Sanitarium had been a world leader in teaching a healthful lifestyle. Its reputation in medical care had drawn the rich and famous from America and other countries. It was the pattern for many other institutions here in America as well in foreign countries. The loss of Battle Creek Sanitarium and its schools was a tremendous blow to the church but God again directed in establishing His health work through Loma Linda University, a medical institution that has, as well as several of its graduates, earned international respect.

Loma Linda Medical School heart surgery team, under the leadership of Drs. Ellsworth Wareham and Joan Coggin, initiated travels to foreign countries to teach physicians and surgeons of those countries the skills

⁴⁰ Personal conversation with Ralph Watts, prior president of South East Division of SDA, July, 2003.

and techniques needed for performing heart surgery. Many children with heart defects were operated on during those visits. Some governments requested the visits of the surgical team so as to bring an elevated standard of medical care and to share knowledge with their own surgeons. With Dr. Leanord Bailey's leadership, Loma Linda has become a center for heart replacement in children. Loma Linda is the place to go for proton treatment of various cancers by Dr. Slater and his team.

Mervin Hardinge, M.D., Dr. P.H., Ph.D. Professor Emeritus, School of Public Health, Loma Linda University, in the prologue to the book *Vegetarian Nutrition*, edited by Joan Sabate M.D., shares with us some extremely interesting information relative to the early studies of vegetarians. He enrolled in Harvard University in 1948 to pursue a doctoral degree in nutrition. He chose for his thesis a comparison of vegetarians versus non-vegetarians. Nutritional scientists did not believe one could get adequate nutrition without the use of animal flesh. His study showed that nutritionally, vegetarians are equal to non-vegetarians.

Nutrition studies up to that time focused primarily on protein and little to no attention was given to fats or carbohydrates. Due to the study's comparison of vegetarian to a non-vegetarian diet, Dr. Hardinge studied fats as well as protein, and he separated animal fat from plant fat. Blood analysis of the participants of the study included a blood cholesterol test (at that time in medicine almost all blood cholesterol tests were performed only to be compared with a basal metabolism test for thyroid function).

The study showed a direct relationship between the amount of animal fat and cholesterol consumed to the blood level of cholesterol. Little attention was given by the scientific community to the adequacy of the vegetarian diet as was reported, but there was great interest in the reports on the association of fat and cholesterol levels. It was the start of the world's scientific investigators' fascination with fats—animal fats, saturated fats, polyunsaturated fats—and cholesterol in relationship to the great epidemic of vascular disease in much of the world.

In the mid-50s, Drs. Frank Lemon and Richard Walden of Loma Linda initiated a scientific study of Seventh-day Adventists, which has led to additional studies and, in turn, brought the Adventist lifestyle to the atten-

tion of the medical community in America as well as public recognition of the Seventh-day Adventist Church and Loma Linda University. It resulted from continued scientific studies now being led by Dr. Gary Frazer of the School of Health of Loma Linda University. The studies are relative to reduction of cancer, heart disease, diabetes, and other diseases, and an increased life span among Seventh-day Adventists, as compared to the average Californian.

Additional world recognition has been as a result of the Five Day Stop Smoking program initiated by Dr. J. Wayne McFarland and Pastor Robert Spangler. These programs have been presented around the world, helping many thousands to stop smoking, and at the same time have introduced the participants to a better lifestyle. The founding principle of the program is that the power of God can and will change habits and lives.

U. D. Register Ph.D., Professor of Nutrition at Loma Linda, by his scientific work, was able to change the attitude of the governing bodies in the American Dietitians Association and so brought Loma Linda's School of Dietetics into full accreditation. Due to the vegetarian interest of the school they had not received full recognition prior to this.

Dr. McFarland, Dr. Hardinge, and Dr. Register spent much of their lives teaching not only at the medical school, but also in camp meetings and special conferences around the United States and in many other places world-wide. They were loved and respected by the medical students for their humility and love of God. This I know personally as they were my teachers.

A special supplement of the *American Journal of Clinical Nutrition* Sept. 1999, (a most prestigious journal in nutrition) was dedicated to Dr. Hardinge and Dr. Register. This special issue of the Journal contained the reports given at the Third World Congress of Vegetarianism held at Loma Linda University. To God be the glory.

CHAPTER 4

BABYLONIAN

SPIRITUALISTIC MYSTERIES— IN HEALTH AND HEALING

FROM EDEN TO BABYLON

In the previous chapter we saw how Satan created a counterfeit system of health and healing, which had its beginnings in the Garden of Eden, based on the lies that the serpent told Eve at the Tree of the Knowledge of Good and Evil: “And the serpent said unto the woman, you shall not surely die: For God doth know that in the day ye eat thereof, then your eyes shall be opened and ye shall be as gods, knowing good and evil.” (Genesis 3:4, 5)

In Colossians Paul wrote: “See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the basic principles of this world rather than on Christ.” (Colossians 2:8, NIV). Ellen White tells us this verse points to the danger in man’s philosophy and of blindly following the traditions of men. It especially points to the deceptions to come in earth’s final events before the second coming of Jesus.¹

In the book *The Great Controversy*, Ellen White wrote: “The last great delusion is soon to open before us. Antichrist is to perform his marvelous works in our sight. So closely will the counterfeit resemble the true that it will be impossible to distinguish between them except by the Holy Scriptures. By their testimony every statement and every miracle must be tested.”²

¹ White, E. G., *Testimonies*, Vol. 1, Pacific Press Pub. Assn., Mountain View, CA, 1948 [Now in Nampa, ID], pp. 290-302.

² White, E. G., *The Great Controversy*, Pacific Press Pub. Assn., Mountain View, CA, 1888, p. 593.

To be able to identify a counterfeit, we must know the true. The foundation of the true system of health and healing is presented in the book *Ministry of Healing* by E. G. White. Eight types of influence affecting our spiritual and physical health are presented as true remedies and are often referred to as the “Eight Doctors of the Bible.” These are: “pure air, sunlight, abstemiousness [no use of harmful substances and temperate use of wholesome products], rest, exercise, proper diet, the use of water, trust in divine power,”³ To trust in God means we not only acknowledge Him, but we also follow all of his laws, both physical and spiritual. When we seek for our well being through God’s system, we will realize that God works through His laws to impart health and healing.

When man is out of harmony with God’s laws changes occur that allow sickness and disease to manifest in our bodies. In Eden, with Eve’s disobedience, a change began, which over time produced a condition that we call “disease.” “Disease is an effort of nature to free the system from conditions that result from a violation of the laws of health.”⁴

God has blessed us with knowledge that when applied, results in restoration of health. As we choose to be in harmony with His ways, He imparts His healing power to us. God has given great knowledge of His laws through the sciences of chemistry and physics, and we are to use that part of science that is in harmony with His laws. Present-day medical science endeavors to learn more of the physical laws that govern us but it is not perfect and does not recognize the Great Author of life.

However, there has been a movement among some clinical practitioners to accept types of treatment modalities, that I believe, are not in harmony with the laws of God. The objective of this book is to present information that will enable the reader to differentiate between God’s system and the system of the great deceiver. Satan’s methods of treating disease, often referred to as alternative or complementary, has not been shown to be dependent upon these laws. The term “mystical medicine” is also used in reference to these treatment methods.

Those who believe in God are warned that at the end of time God’s peo-

³ White, E. G., *Ministry of Healing*, Pacific Press Pub. Assn., Mountain View, CA., 1905 [Now in Nampa, ID], p. 127.

⁴ *Ibid.*

ple will face deception by such “miracles.” Revelation 13:14 and 16:14, identify the power behind these miracles as “spirits of devils working miracles.”

The devil, too, advocates the use of air, pure water, sunlight, exercise, rest, proper diet, and temperance, but instead of total trust in the Creator, he teaches that the power of healing is to be found within self. We are led to believe that by using certain varied treatment modalities, we can activate this power that is inherent in self to bring about not only restoration of health, but the elevation of one’s consciousness to the level of godhood.

CREATION–TEMPTATION–FALL–DELUGE

When God called his creation “very good,” He was saying it was not only perfect in design and beauty, but also in total harmony with the laws of the universe.

Adam and Eve, as long as they remained in obedience to God’s laws, were to enjoy immortality. To break from this harmony, they were told, would result in death. Eve’s sin was that she did not believe God and accepted the lie told by the serpent that she would not die.⁵

Lucifer had accused God of having an imperfect system. He said that man, the created being, could not keep God’s commandments.⁶ He, Satan, had an antidote for the problem. He would introduce a “pinch of self” into God’s “selfless” society. By the change he proposed, he promised to bring balance to the system that God had called “good.” He, the devil, saw that in the creation, there was harmony by the presence of opposites such as light and dark, day and night, land and water, sun and moon, warm and cool, and in pro-creation, male and female. He charged God with withholding from man the knowledge that would make him wise like God. He said that God had withheld the knowledge of “evil” because it would balance with “good” and bring enlightenment and even godhood for themselves. There would be no death, as God had used the threat of death to scare them and keep them from this knowledge.⁷ He promised a new sys-

⁵ White, E. G., *Patriarchs and Prophets*, Pacific Press Pub. Assn., Mountain View, Ca., [now in Nampa, ID], pp. 53, 55.

⁶ *Ibid.*, chapter 1.

⁷ *Ibid.*, chapter 3.

tem which would bring harmony, equality, transformation, oneness, completeness, enlightenment, immortality and finally *godhood* for man.

This promised utopia was already the experience of man except he was created and never could become God. Lucifer wanted to be God and was jealous of the Son of God.⁸ Eve was deceived into disbelieving God and believing Satan's lie to obtain what was already hers.

LUCIFER'S PROPOSAL FOR A SUPERIOR SYSTEM

GOD + LUCIFER = SUPERIOR



GOOD + EVIL = SUPERIOR

Ernest Stead; *Two Be One*, p. 39

The degree of influence this “pinch” of evil had become after more than 1,500 years is revealed in the following verse: “. . . every imagination of the thoughts of his [man's] heart was only evil continually.” (Genesis 6:5). God repented of making man and He covered the earth with a flood.

POST DELUGE-BABYLON-DISPERSION

Archeologists have discovered records and writings of past civilizations, which have been translated and studied. From these records, we get some knowledge of the concepts and beliefs of ancient times. Cush was the son of Ham and Ham the son of Noah. Of Cush it is said that he

⁸ *Ibid.*, chapter 1.

developed numerics, astrology, geometry, games of chance and hazard, and devised alchemy.⁹ From the Bible we learn that following the flood, Nimrod, a son of Cush, established the Mesopotamian civilization, and that Babylon was one of its cities.¹⁰

The people of Babylon rejected God and attempted to build a tower that would reach to heaven, which they felt would protect them from another flood. God confounded the language of the people, so they could not understand each other. From Babylon the people spread out over the face of the earth, carrying with them the religion that had developed in Babylon, that is, paganism.¹¹

ASTROLOGY—DUALISM—PAGANISM

The city of Babylon, “cradle of oriental civilization,”¹² located in the Mesopotamian Valley, was the origin of pagan religion. The Babylonians believed that a great power maintained the universe. However, they did not credit this power to God but rather to a power called “universal energy,” “universal intelligence,” “the creative principle,” etc. The universal energy was divided into *two parts* of supposedly opposing forces. These opposing “energies”, termed *dualism*, were given various designations such as good and evil, male and female, positive and negative, dominant and recessive, dark and light, yang and yin, etc. Every entity was determined to be either one or the other. This concept was applied to minerals, plants, and animals.

“From the Mesopotamian Valley the post diluvians spread out east, west, south, and north, carrying with them the same basic idea for the unification of opposites—the one great philosophy to achieve life’s secrets—obtain all wisdom, and ultimate oneness. The ideas of Cush were carried into areas that are now Europe, China, and Asia. Except for those who worshiped the Creator God, their gods, few or

⁹ Hislop, Alexander, *Two Babylons*, A. C. Black, Ltd., England, 1916, p. 95; Steed, Ernest, *Two Be One*, Logos International, Plainfield, N.J. 07060, in Canada: G. R. Welch, Toronto, Ont., pp. 12, 13.

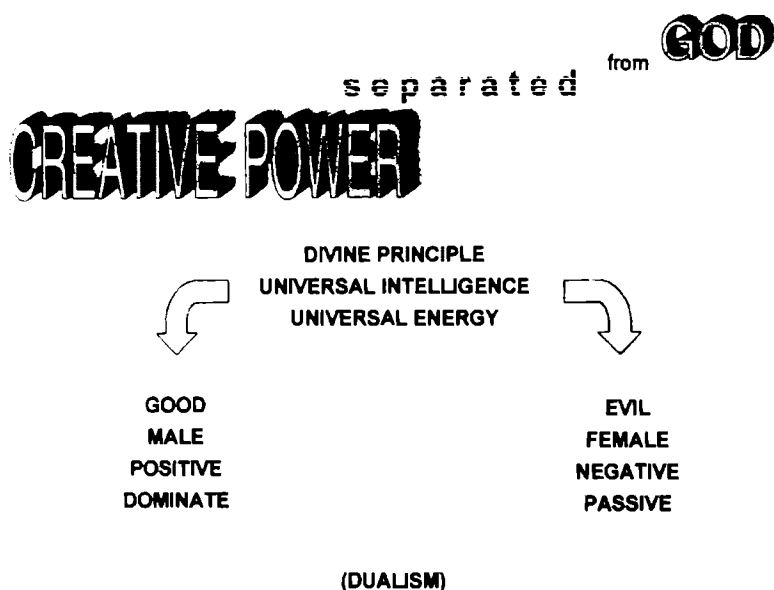
¹⁰ Genesis 10:8-12; Hislop, op. cit., pp. 19-25.

¹¹ Hislop, op. cit., p. 20; Garrison, Fielding H., *History of Medicine*, W. B. Saunders and Co., Philadelphia, Penn., p. 61.

¹² *Ibid.*

many, were all allied to nature's opposites—the two most prominent being the *sun* and the *moon*. With the necessity for fire, and fire allied to heat and heat to the sun, sun worship predominated. Sympathy, they believed, existed between all forces; consequently, identification of similarities resulted. Therefore, the sun symbolized the male and moon, the female.

“Looking back, we detect how astrology of the past, with its relationship by mankind to sun, moon, and stars, became paramount, built on the basis of correspondences and sympathy; thus, occultism soon guided the major activities of life.”¹³



In the Garden of Eden, Satan proposed to Adam and Eve the blending of good and evil to improve God's government. Ernest Steed, in the book *Two Be One*, p. 38, shares his perception of this principle used by Satan in his method of deception in the Garden of Eden, a pattern he has followed since. His mode of operation was not just introducing evil to counterbalance good. He blended good with evil so skillfully that evil was almost impossible to detect. It could be presented as follows:

¹³ Steed, Earnest, *Two Be One*, Logos International, Plainfield, N.J. 07060, in Canada, G. R. Welch, Toronto, Ont., pp. 12, 13.

"GOOD versus GOOD AND EVIL

THE TREE OF LIFE versus THE TREE OF KNOWLEDGE
OF GOOD AND EVIL"

It is this formula that has given Satan such power and success in his efforts. "Satan himself was educated in the heavenly courts, and he has knowledge of good as well as of evil. He mingles the precious with the vile, and this is what gives him power to deceive."¹⁴

After the flood, man's great goal was to achieve a proper balance among the cosmos, earth, and man, as it was believed that a perfect balance would result in utopia. Thus the "knowledge of good and evil" involved not only a blending of good with evil, but the idea that harmony would only exist if this blending had universal application. This was, and is the foundation of all non-biblical belief systems.¹⁵

In the opening page of the book "*Two Be One*", the following comment appears. "In his studies, Steed has uncovered a startling discrepancy: the teachings of Christ as recorded in the Scriptures comprise the only philosophy that does not fit into the world's basic pattern for unity. For throughout the ages, mankind has seen oneness, the conjunction of all opposites, as being the culmination of all their dreams and imaginations, the way to eternal happiness. Christianity looks for *separation* to provide the sought-after peace." It is not by finding the proper blend with sin.

Having applied the concept of dualism to "universal energy," the great object then was to blend the divided energy back into *one*, covering every aspect of life. It became a supreme goal to blend opposites into proper balance to achieve life's secrets, obtain all wisdom, and ultimate *oneness*.¹⁶

The creation of the universe, (macrocosm), and man (microcosm), was thus explained as being derived from this blending of opposites. "We have created our own body, within the framework of certain universal and immanent laws," says the Buddhist.¹⁷ He refers to dualism. Actually, the

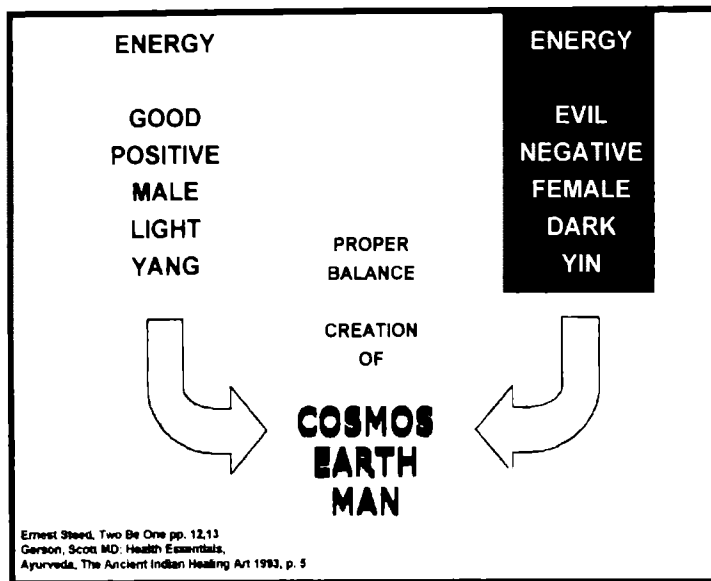
¹⁴ White, E. G., *Testimonies*, Vol. 8, Pacific Press Pub. Assn., Mountain View, CA., 1948, p. 306.

¹⁵ Steed, op. cit., pp. vii-ix.

¹⁶ Steed, op. cit., pp. 12, 13.

¹⁷ Govinda, Lama Anagarika, *Foundations of Tibetan Mysticism*, Samuel Weiser, [now Red Wheel Weiser, Newberry Park, MA], p. 159.

doctrine of evolution is only a variant of dualism wherein the strong rises above the weak in the process of selection.



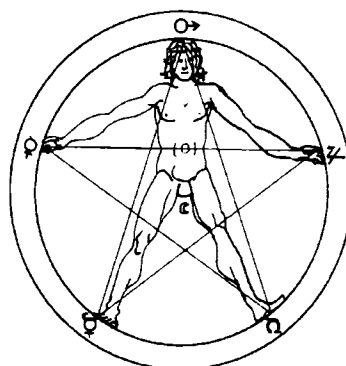
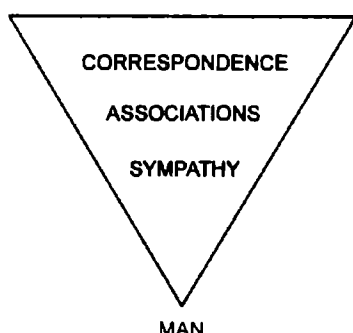
CORRESPONDENCE—ASSOCIATION—SYMPATHY

In this explanation for the origin of the cosmos, earth, and man, the belief was that there is close correspondence, association, and sympathy between the cosmos, earth and man. In Maurice Bessy's book, *Magic and the Supernatural*, a figure of two circles is shown, one outer circle, and another inner circle, a man with outstretched arms and legs is within the second circle. Surrounding the inner circle are the signs of the zodiac. Below this figure is the following explanation. "A mirror of the world— 'microcosm of the macrocosm.' Man, as conceived in astrology, reflects the rhythms and structure of the universe in the same way as the universe mirrors the rhythms and the structure of Man himself, Everything is part of everything. . ."¹⁸ It was believed that changes in man or the cosmos influenced the other. The planting of seed, the choice of food, all acts of life, in short, every action, it was believed, should be guided by the position of the planets.

¹⁸ Bessy, Maurice, *Magic and the Supernatural*, Spring Books, NY 1970, pp. 73, 74.

COSMOS

EARTH



UNIVERSAL MAN

This symbol of the circle around man is known as a mandala, which in Sanskrit, means circle. Though mandalas are of different designs they all represent the same idea—revealing the relationship of the cosmos to man. The outer circle represents the cosmos, the inner circle represents the earth, and with the figure of a man in the inner circle, representing the “at-one-ment” of the universe, earth and man. This is a counterfeit of the “at-one-ment” with God that Jesus obtained for us on the cross. This symbol is often seen in New Age health literature. The lines drawn from the arms to leg, hand and head form a five-pointed star (pentagram) which also represents the same belief.

J. E. Cirlot, in his book *Dictionary of Symbols* under the title of “macrocosm-microcosm,” makes the following comment: “This relationship is symbolic of the situation in the universe of man as the ‘measure of all things.’ The basis of this relationship—which has occupied the minds of thinkers and mystics of all kinds in all ages—is the symbolism of man himself, particularly as the ‘universal man’ together with his ‘correspondences’ with the zodiac, the planets and the elements. As Origen observed: ‘Understand that you are another world in miniature and that you are the sun, the moon and also the stars’ ”¹⁹ This implication is to be found in all symbolic traditions. Under the title “Man” the following statement is made, “Hence the pentagram (five-point star) is a sign of the

¹⁹ Cirlot, J. E., *A Dictionary of Symbols*, Philosophical Library, Inc., New York, NY, 1962, p. 196.

microcosmos,"²⁰ and is a sacred symbol in neopaganism.

The ancient Chaldeans promoted the idea of unity of all things and applied it to every aspect of life. This practice, called "zodiac," spread to the world.²¹ In time, the zodiac system was consulted when making most of life's decisions.

". . . for astrology itself was based on an understanding and interpretation of these symbols in terms of the complexities of life and its origin and meaning. The zodiac was likened to a wheel with the changing times and seasons, but more so to the wheel of life. The Hindu sees it as the wheel of transmigration, the Buddhist as the wheel of completeness, and the Taoist of China, through the yang and yin and the circle of harmony; all visualize the correspondence or sympathy between opposites."²²

The pagan religions originating in Babylon had their foundation in astrology and the zodiac, which is based on the belief of the existence of sympathy between the planets, earth and man. The sun was the preeminent planet in the zodiac. To participate in a belief system that has the zodiac as a part of its beliefs is paying homage to Satan.

PAGAN'S STORY OF CREATION

"At first there was Chaos. From it pure light collected to itself and moved to create the sky. The darkness remaining moved and from itself formed the earth. From within this activity there arose two principles of yang and yin, light and dark, sky and earth. From this movement of like to like a balancing of forces occurred and growth and increase brought forth the beginning and the ten thousand creations, all of which take the sky and earth [yang and yin] as their mode. The yang [positive] is transformed by contact with the negative [yin] and so water, fire, wood, metal, and earth are produced. These five elements diffuse harmoniously and evolve into four seasons which proceed on their course. The two forces of maleness and femaleness reacting with and influencing each other bring

²⁰ *Ibid.*, p. 197

²¹ Bessy, *op. cit.*, pp. 67-74; Steed, *op. cit.*, p. 15.

²² Steed, *op. cit.*, pp. 15, 16.

myriad things into being. Generation follows generation, and there is no end to changes and transformations."

Insight Northwest "The Healing Transformation,
Some Lesser God, Keep"²³

The Hindu Creation Story: "From this self, verily, space arose, from space, air, from air, fire, from fire, water, from water, earth, from earth, herbs, from herbs, food, from food, man."

Taittiriya Upanishad 2:1 Reported in Ayurveda, Scott Gerson

The Buddhist says: "We have created our own bodies."

Foundations of Tibetan Mysticism, Govinda p. 156

These names of the basic elements, (water, fire, air, earth, metal and or space) are not to be understood literally. They are words used in an attempt to describe phases of change in the process of creation. There are no words to adequately describe it.

Since the belief is that creation of all substance, animate and inanimate resulted from the balancing and proper mingling of the two aspects (good and evil, positive and negative, male and female, etc.) of so-called universal energy, it was felt that disease and illness were a result of an imbalance of these energies.²⁴ This energy, considered "god," is pantheism "all is one and one is all," thus the belief that disease is a spiritual imbalance manifesting as physical disease.

It followed then, that if an imbalance of energy caused health disorders, balancing would restore health. This led to a multitude of acts and practices designed to prevent and treat illness. As already noted, to treat an imbalance of energy, a myriad of methods were developed, which depended upon everything being categorized as good or evil, positive or negative, and yang or yin, etc. This approach to disease does not focus on following God's laws of health, and recognizing disease as the body's response to violation of those laws.

²³ Keep, Joan, *Some Lesser God*, *Insight Northwest*, "The Healing Transformation," Dec-Jan 85/vol. 3 Number 6, p. 20.

²⁴ Steed, op. cit., p. 100; Garrison, op. cit., pp. 74, 88.

Examples of substances used to restore balance are: herbs, minerals, climate and temperature, spells, dances, animal matter of all types, stones, liquids, relics, spoken words, written words, colors, flowers, zodiac influences, charms of all types, psychotherapy, magnetism, acupuncture, moxibustion, meditation, divination, numerology, music, sound, spirits, pictures, aromas, talismans, crystals, alchemy, foods, etc. All were labeled as being either positive or negative in their influence. Historian Garrison tells us that medicine did not progress as long as it was founded in the supernatural.²⁵

The Scriptures teach that *separation* from evil, *not blending* with evil is God's way.

WORLDWIDE BELIEF IN ENERGY BALANCING

In the United States, many of the Native American Indians believe in dualism, and it is a principle they may apply in health and healing. Their practices involve balancing animal spirits and/or energies. Navajo sand paintings are used in attempting to balance the energies of those who are ill.²⁶

The sand paintings are made on the ground, and may take an entire day. A variety of plants, seeds, and other natural substances are used in forming the painting. There are hundreds of varieties of sand paintings and they are said to be kept in the head of the shaman. A sick person sits on the painting for several hours. Then the painting is scooped up, taken out and buried as it is believed to have absorbed the excess spirit or energy of either the good or evil influence.²⁷ The sand paintings are made with colors and patterns and represent dualism by containing contrasting objects, colors or positions.

The shaman, or medicine man, may also use dances, "sings" (groups of people singing about the sick person), or a bag containing various objects, as well as certain sounds to influence the spirits and powers that cause sickness. These methods are used as sympathetic remedies.

²⁵ Garrison, op. cit., p. 24.

²⁶ Bahti, Tom, *Southwestern Indian Ceremonials*, K. C. Publications, P.O. Box 14883, Las Vegas, NV, 1987, p. 10.

²⁷ *Ibid.*

In the past, Europeans associated particular organs of the body to the specific houses of the zodiac. The symbols of animals taken from the zodiac were assigned to the organs. Aries the ram pertained to the head, while Pisces the fish was for the feet. When doctors determined an organ had an energy imbalance they chose a treatment that supposedly would influence the correspondence between that organ and its zodiac house.²⁸

Remember that the zodiac is based on the planets with the sun as chief, and sun worship is Luciferic (Satanic) worship. "His [Satan's] arts and devices are received as from heaven and faith in the Bible is destroyed in the minds of thousands. Satan here receives the worship which suits his satanic majesty . . . Satan uses these very things to destroy virtue and lay the foundation of spiritualism."²⁹

THREE WORLD CENTERS OF MEDICAL INFLUENCE

In the old world, there were three great centers of learning that influenced the concepts in medicine over the past 3,500 years. The *first* was on the Island of Kos where Hippocrates lived and practiced.³⁰ The *second* was the Indus River valley in India from where came Ayurveda. It is also where the Hindu religion had its roots.³¹ The *third* was in China, the place of origin of Traditional Chinese Medicine.³²

The ancient Vedas, written in the Sanskrit language, contain the story of the origin of Hinduism and its health and healing concepts. These writings are 3,500 years old and were written by "Sages" [holy men] who retired into the foot-hills of the mountains and there "produced India's original systems of meditation, yoga, and astrology."³³ The Ayurvedic approach to health is not separate from Hinduism; *it is* Hinduism.

The *foundation* of all treatment for health and healing in Ayurveda (ancient Indian healing tradition) medicine is the *practice of medita-*

²⁸ Bessy, op. cit. pp. 73, 74; Garrison, op. cit., p. 37.

²⁹ White, E. G., *Testimonies*, Vol 1, Pacific Press Publ. Assn., Mountain View, CA. [now Nampa, ID], p. 296.

³⁰ Lyons, Albert S., M.D., Petrucelli, R. Joseph, M.D., *Medicine an Illustrated History*, Harry N. Abrams, Inc., Publishers, New York, NY 1978, p. 207.

³¹ Gerson, Scott, *Ayurveda the Ancient Indian Healing Tradition*, Shaftesbury, Dorset [Element Books]. Rockport, MA., 1993, p. 3; Lyons, op. cit., p. 105.

³² Lyons, op. cit., p. 121.

³³ Gerson, op. cit., p. 3.

tion. In fact, there is little help to be gained in other health and healing methods in Ayurveda without the use of meditation and yoga.³⁴ The practice of Meditation is said to bring the inner self, the universal energy, the prana [air, breath], the *god* within us, to such a level that it would allow us to interact with the spirit entities, and eventually enter that same spirit state.³⁵

The whole religious conquest of the Hindu is to escape this life and move into the spirit world. There is no separation between spiritual and physical in health and healing in Hinduism. It is said by an ex-Guru who is now a Christian, that you cannot take Hinduism out of yoga and meditation, and you cannot have yoga and meditation without Hinduism.³⁶

Turning our discussion now to Chinese traditional healing, a common symbol represents the summation of their Tao beliefs. The *Pa Kua*, or circle of harmony, also showing eight syndromes of disease, (see chapter 8, Acupuncture and Chinese Traditional Medicine) represents constant transformation in order to achieve harmony and balance. It is a symbol of how another system of universal energy, called *ch'i* by the Chinese, relates to our bodies.³⁷

There seems to be no contention between the different groups—European, Indian, or Chinese—over the different explanations of the supposed manner of distribution of “universal energy” within the body.

Satan may use certain healing methods that may have some physiological basis, but it is wrapped up in his dogma. Those who believe in these concepts do not look to God as the restorer of health. Ellen White wrote: “Angels of God will preserve His people while they walk in the path of duty; but there is no assurance of such protection for those who deliberately venture upon Satan’s ground. An agent of the great deceiver will say and do anything to gain his object. It matters little whether he calls himself a spiritualist, an ‘electric physician,’ or a ‘magnetic healer.’”³⁸

³⁴ *Ibid.*, p. 78.

³⁵ Willis, Richard J. B., *Holistic Health Holistic Hoax*, Stanborough Press Ltd., Alma Park, Grantham, Lincolnshire, NG31 9SL, England, 1997, chapter 13.

³⁶ Video by Jeremiah Films Inc., Hemet, CA, 1988.

³⁷ Lyons, *op. cit.*, p. 125; Steed, *op. cit.*, p. 46.

³⁸ White, E. G., *Evangelism*, Pacific Press Pub. Assn., Mountain View, CA., p. 607.

“Satanic agents claim to cure disease. They contribute their power to electricity, magnetism or the so-called ‘sympathetic remedies,’ while in truth they are but channels for Satan’s electric currents. By these means he casts his spell over the bodies and souls of men.”³⁹

ENERGY BALANCING METHODS OF HEALING

The American Medical Association Committee for investigating alternative therapies has listed more than 100 different methods of healing used and promoted today. *The Alternative Health Dictionary* lists more than four thousand names of various therapies of energy balancing. I list here some of the commonly used techniques.

PSYCHIC THERAPY

ACUPUNCTURE

ACUPRESSURE

MOXIBUSTION

HOMEOPATHY

REFLEXOLOGY

MARTIAL ARTS

ROLFING

MAGNETIC HEALERS

SOMA BODY WORK

RADIONICS

MEDITATION

YOGA

TONING

BIOFEEDBACK

TOUCH FOR HEALTH

THERAPEUTIC TOUCH

PENDULUM USE

FLOWER ESSENCES

CRYSTALS

SOUND THERAPY

AROMATHERAPY

ESSENTIAL OILS

SONOPUNCTURE

LASERPUNCTURE

IRIDOLOGY

POLARITY

MARMA POINT MASSAGE

CHAKRA BALANCING

REIKI

COLOR THERAPY

MERIDIAN THERAPY

GUIDED IMAGERY

VISUALIZATION

ENERGY HEALING

VIBRATIONAL MEDICINE

ABSENT HEALING

MAGNETS

PAST LIFE REGRESSION

CHANNELING

ORTHOMOLECULAR MEDICINE

³⁹ *Ibid.*, p. 609.

TRANSCENDENTAL MEDITATION

In the following chapters of this book, we will look carefully at several of these different healing methods. They all have the same basic foundation, that of being involved with moving and balancing a non-measurable, non-demonstrable vital force, energy, prana, ch'i, etc.

Why so many therapeutic approaches to balancing energy? Possibly because none of them are based on true physics and science, but on the paranormal or psychic. It really matters little as to the physical method of therapy. It has a lot more to do with the mental attitude and acceptance of the theory of *universal energy* or *intelligence*. It also strongly depends on the person administering the therapy and his connection to this unseen power. This energy has been given at least ninety different names yet they all refer to the same thing. Of the men who gave so many names to this energy, it was found that the first fifty of them reviewed were channelers and psychics, and it may be that nearly all were.⁴⁰

The rise and renewal of these ancient healing practices has been rapid, with no evidence of slowing. In the United States and other countries of the world, many of the medical teaching institutions have incorporated some of these practices in their curriculum. Physicians from around the world travel to China to take courses in Traditional Chinese Medicine. I have visited with medical students from Europe who were in China for a three-month rotation training in Chinese medical schools with the primary interest in learning traditional Chinese medicine. Approximately twenty-five percent of hospitals in the United States have made available some types of *alternative therapies* because it is popular and the hospitals are competing for business.

The interest in alternative therapies is strong among the people of the Western nations, partly because it is marketed as *natural* therapy [without the use of drugs]. People do not know the history of these treatment methods and many believe that new knowledge has led to their use. Others believe that old beneficial healing methods have been lost and are now being resurrected to our benefit.

A careful review of medical history will reveal that much of the phi-

⁴⁰ Wilson & Weldon, *Occult Shock and Psychic Forces*, Master Books Division of CLP, San Diego, CA., 92115, 1980, p. 247.

losophy behind alternative therapies comes from the ancient Indian healing methods called Ayurveda, from early European concepts of healing, and also from traditional Chinese medicine therapies. Ernest Steed, in his book, *Two Be One*, chapter 4, traces the influence of astrology via the zodiac upon the above-mentioned ancient systems.

Historically, there is no evidence that the nations that depended on these therapies benefited from them. Following are quotes from some medical history books:

“It follows that, under different aspects of space and time, the essential traits of folk medicine and ancient medicine have been alike in tendency, differing only in unimportant details. In the light of anthropology, this proposition may be taken as proved. Cuneiform, hieroglyphic, runic, birch-bark, and palm-leaf inscriptions all indicate that the folk-ways of early medicine, whether Accadian or Scandinavian, Slavic or Celtic, Roman or Polynesian, have been the same—in each case an affair of charms and spells, plant-lore and psychotherapy, to stave off the effects of supernatural agencies. Where this frame of mind persists, there is no possibility of advancement for medicine.”⁴¹

“Until recently Chinese medicine has been what our own medicine might be had we been guided by medieval ideas down to the present time, that is, absolutely stationary.”⁴²

Where these therapies were used as the main method of medical treatment there was no improvement either in the incidence of disease or in longevity. China had an average life span in 1949 of 35 years. The approach in China toward the cause of disease changed and a scientific approach was instituted, with the establishment of hygienic and basic disease prevention methods based on present-day science. The average life span increased to 70 by the year 2000. [World Health Organization]. This is considered one of the great medical events of the past century.

We are warned in the Scriptures of the devil’s attempt to deceive God’s people and that at the close of earth’s history he will deceive all the nations.⁴³ In health and healing, his power will be especially strong and

⁴¹ Garrison, op. cit., p. 18.

⁴² *Ibid.*, p. 73.

⁴³ Revelation 16:13, 14.

those who are not diligent Bible students will find it very difficult to tell the real from the counterfeit. The true power of healing will come from God, the author and sustainer of our lives.

The counterfeit teaches that the origin and power that sustains us is from within. Accessing this power from within is said to effect health and healing. The majority of alternative therapies today are ways of attempting to access power from within, to balance good and evil characteristics and bring about change and healing. *Accepting these methods of treatment effectively means separation from God.*⁴⁴

This is the issue? Will we choose to follow God and have *eternal life*, or follow the devil and have *eternal death*?

In the next chapter we will see how this false belief in our origin and the approach to health and healing has been carried on within Christian communities for centuries in a very disguised form.

⁴⁴ White, E. G., *Ministry of Healing*, Pacific Press Pub. Assn., Mountain View CA, 1909, pp. 428, 429

CHAPTER 5

BABYLONIAN

SPIRITUALISTIC MYSTERIES—

IN THE CHRISTIAN CIVILIZATION

AN employee of a Christian publishing establishment in Russia missed work intermittently because of abdominal pain. Physicians could not discover the cause and eventually, this person was unable to work. He then sought the services of an alternative medicine practitioner. By feeling the ear of this employee, the practitioner diagnosed an infestation of round worms in the stomach and intestines. Medicine was prescribed, which caused the worms to be eliminated. The pain ceased and the employee returned to work.

A few months later, another employee developed abdominal pain. This individual heard an announcement on television about a certain healing technique and decided to try it. This person sent to the *TV healer* a month's wages in rubles. Then he taped one of his own coins to the monitor of his television and a healing current was supposed to be transferred to the coin and in turn the coin was then taped to his abdomen. The coin was to transfer *healing energy* to cure his abdominal pain, even though no diagnosis had been established.

The above two incidents initiated my receiving an invitation in 1999, to organize a seminar on *Mystical Medicine*. The seminar was to be presented to Health Educators of the Conferences of the Euro-Asian Division of Seventh-day Adventists. This division encompasses all of the countries of the former Soviet Union. Many of the health educators were nurses, dentists, and physicians.

The use of pagan healing methods in this part of the world was so endemic that it was considered regular medical practice; so much so, that

these methods were incorporated into the practice of some physicians who had recently joined the church as well as a few who had been in the church for years.

It was a sobering task for us, as foreign doctors who did not use pagan healing techniques, to attempt to convince the Eastern European doctors that these pagan methods were wrong, especially since they used, believed in, and derived some income from use of these methods. We needed to demonstrate the intimate connection between the healing techniques and the doctrine of paganism. The previous chapter, combined with this chapter, is the result of that study. This information has proved to be a powerful influence in convincing individuals of the source of power in most non-conventional healing techniques.

To understand the rise and growth, as well as the coming out into the open, of *mystical medicine* in our day, we have to understand its past, and have a true understanding of its origins and author.

The pagan civilization continued the philosophy of the zodiac with its mystical concepts, and the doctrine of "dualism," since the dispersion from Babylon. Satan, the great counterfeiter, was able to influence the people of Israel through the Canaanites, who were idol worshipers and practiced the mysteries of Babylon. For over 900 years Israel was harassed and intermittently succumbed to the influence of its pagan neighbors. Israel's captivity in Babylon in 606 B.C. effectively ended their idol worship.

Books covering medical history chronicle, from the earliest civilizations, the advancement [or lack of it] during each succeeding civilization. It is interesting to note that information concerning the Jewish civilization is very brief, and no mention is made of any outstanding advancement in treatment methods, except for one distinct difference. It was the only nation that practiced prevention and hygiene in dealing with disease. Careful study of the Bible will show that the health information God gave to Israel during the exodus focused on proper health habits and hygiene. No other civilization presented prevention as an approach to its health problems.

When the Jews returned from the Babylonian exile Satan devised another plan of attack whereby he could usurp their loyalty to God. This he

accomplished by the infiltration of the Babylonian mysteries into their religion by way of a secret society.

SECRET SOCIETIES

Some time following the return of the Jews to their homeland after seventy years of captivity in Babylon, a secret society began in Israel. No one knows for sure when this occurred, but it is believed by researchers that some of the Jewish priests, while in Babylon, probably began mixing their religion with Babylonian mysteries (the hidden knowledge based on astrology) and Zoroasterianism [religion of Persia]. They carried back home with them this mixture in a society called the “Cabala” [“Cabala” or “Kabalah” and “Kabbalah”], which is based on dualism. “Here, as in every phase of earthly life, there is the ‘revers de la medaille’ white and black, light and darkness, the Heaven and Hell of the human mind.”¹

Over time, the doctrine of the Cabala infiltrated and blended with Judaism, to such an extent that one author described it as “the heart and life of Judaism.”²

“The modern Jewish Cabala presents a dual aspect, theoretical and practical; the former concerned with theosophical speculations, the latter with magical practices.”³

The Cabala uses a mystical approach to illness and its treatment. One method uses numbers and letters on “talismans” applied near the bed of the sick.

In the hill country of Israel, north of Galilee, is a small Palestinian town with a Jewish section, located at the peak of a small mountain. The Sea of Galilee can be seen in the distance. This is Sephat, considered one of the “holy” cities in Israel today. As you enter the town, a sign will tell you that this is the location of the school of the Cabala.

¹ Webster, Nesta, *Secret Societies and Subversive Movements*, [Christian Book Club of America, Hawthorne, CA], 1924, p. 3 [Available through Emissary Publications, 0205 SE Clackamas Rd., #1776, Clackamas, OR 97015, (503-842-2050)]

² Franke, Adolph, *La Kabbalah*, p. 288 [reported in *Secret Societies*, by Nesta Webster, p. 9], Stehelin, J.P., *The Traditions of the Jews*, p. 145 [printed for G. Smith in London 1742-1743] [Above reference reported in Webster, op. cit., p. 9].

³ Webster, op. cit., pp. 12, 13.

From the Cabala came the Gnostics, that sect which greatly opposed the Christian movement in the days of Paul and the Apostles. "The Freemason, Ragon, gives the clue in these words: 'The Cabala, is the key of the occult sciences, The Gnostics were born of the Cabalists.'"⁴

Simon Magus, whom Peter rebuked because he tried to buy the power of the Holy Ghost for the laying on of hands (Acts 8), is known in secular writings as the founder of Gnosticism. He was also a magician and was involved with mystical medicine. Legend has it that he became sorcerer to Nero, who had a statue made in his [Simon Magus'] likeness and placed in Rome.⁵ The heart of the doctrine of these secret societies was *pantheism*, God in everything and everything God. The deification of humanity became a supreme doctrine of the secret societies. Nature worship too was an end result.

A major reference book of the Masonic order, *Morals and Dogma of the Ancient and Accepted Scottish Rite of Freemasonry* by Albert Pike, has a 40-page discussion of Gnosticism and its connection to Freemasonry. Of Gnosticism, Pike wrote: "The Gnostics derived their leading doctrines and ideas from Plato and Philo, the Zend-avesta and the Kabalah, and the Sacred books of India and Egypt; and thus introduced into the bosom of Christianity the cosmological and theosophical speculations, which had formed the larger portion of the ancient religions of the Orient, joined with those of the Egyptian, Greek, and Jewish doctrines, which the New-Platonists had equally adopted in the Occident."⁶

Pike, a past Sovereign Pontiff of Universal Freemasonry, traces the chronological growth and spread of the Mysteries over the face of the earth from ancient Babylon to the present-day Masonic Order. In reference to the esoteric doctrines of the Mysteries, he states. "The communication of this knowledge and other secrets, some of which are perhaps lost, constituted, under other names, what we now call Masonry, or Free or Frank- Masonry. . . .The present name of the Order, and its titles, and

⁴ Ragon, *Maçonnerie Occulte*, Emile Nourry, Paris, 1853, p. 78; Reported in *Secret Societies* by Nesta Webster, p. 28.

⁵ Griffen, Des, *Fourth Reich of the Rich*, Emissary Publications, Clackamas, OR, 1989, (503-824-2050), p. 33.

⁶ Pike, Albert, *Morals and Dogma of the Ancient and Accepted Scottish Rite of Freemasonry*, Kessinger Pub. Co., Kila, MT, 1925, p. 248 [original publication 1871 in Charleston, South Carolina].

the names of the Degrees now in use, were not then known . . . But, by whatever name it was known in this or any other country, Masonry existed as it now exists, the same in spirit and at heart, . . . before even the first colonies emigrated into southern India, Persia, and Egypt, from the cradle of the human race [Ancient Babylon].”⁷

These doctrines were preserved among the Christian civilization over the ages within the societies of the Kabalah, Gnosticism, Manichaeism, various secret orders of the Islamic countries, Sufis, Knights Templars, Rosicrucians, and Freemasonry.

Notice the following conclusion by an author and researcher in this subject. “Luciferian Occultism controls Freemasonry—Luciferian Occultism—is therefore not a novelty, but it bore a different name in the early days of Christianity. It was called Gnosticism and its founder was Simon the Magician.”⁸

Satan’s goal is to pervert Christianity with these concepts, and *counterfeit healing* is the *right arm* of his message. So it continues to this day. From the time of the early church through the ages to our day, these spiritual and healing mysticisms have been kept alive in the Christian community via secret societies with the aim of promoting, in disguise, the worship of Lucifer. Healing modalities are used to attract people, progressing on to the philosophical and spiritual teachings of their theosophy [pagan theology, see glossary].

The Babylonian mysteries were the basis of paganism and nature worship of the people who dispersed from Babylon and which today we recognize as the old religions of Egypt, Persia, Greece, India, Oriental countries, Americas, etc. The common core philosophy is *pantheism*. Their cosmological beliefs and teachings through time are reflected in their approach to medical care.

From French Freemasonry (Grand Orient lodges), greatly influenced by Illuminism at the end of the 18th century, arose various American and European secret political societies, the international banking elite, Marxism, and eventually the World Council of Churches. Nesta Webster in

⁷ *Ibid.*, pp. 207, 208.

⁸ Miller, Edith Starr, *Occult Theocracy* [Originally Published in 1933, reprinted in 1980], Hawthorne, CA by the Christian Book Club of America, p. 32.

her book *Secret Societies*, reveals that the Freemasons of France gave support to the establishment in 1875 of the Theosophical Society in New York.⁹

NEW AGE MOVEMENT

In the 1970s the influence of all of the above-mentioned and other pantheistic societies came together to bring about what is now known as the *New Age Movement*. The expression East–West refers to the joining of Western occultism with Eastern mysticism.

With reference to the teachings of these societies, Albert Pike made the following statement July 14, 1889, to the twenty-three Supreme Councils of the World (His answer was recorded by A. C. De La FIVE in *La Femme et L'Enfant dans la Franc-Maçonnerie Universelle* p. 588): "If Lucifer were not God, would Adonay [the God of the Christians] whose deeds prove his cruelty, perfidy, and hatred of man, barbarism and repulsion for science, would Adonay and his priests, calumniate him? Yes Lucifer is God, and unfortunately Adonay is also God. For the eternal law is that there is no light without shade, no beauty without ugliness, no white without black, for the absolute can only exist as two Gods: darkness being necessary to light to serve as its foil as the pedestal is necessary to the statue, and brake to the locomotive. . . . Thus, the doctrine of Satanism is a heresy: and the true and pure philosophic religion is the belief in Lucifer, the equal of Adonay; but Lucifer, God of Light and Good, is struggling for humanity against Adonay, the God of Darkness and Evil."¹⁰

In Revelation 11, we find a prophecy about a *Beast* that comes out of the bottomless pit. Adventists have understood this to refer to the spiritualistic power that was behind the French revolution in 1789-1799, and which brought in the Reign of Terror in 1793, and which controlled the country for three and one half years. Nesta Webster, in her book *Secret Societies and Submersive Movements*, credits the secret societies, more specifically the Masonic lodge of Paris called *Grand Orient*, controlled by

⁹ Webster, op. cit., pp. 297-310.

¹⁰ Miller, op. cit., p. 48; Reported in Kah, Gary, *En Route to Global Occupation*, Huntington House Pub., Lafayette, LA, 1992, p. 124.

the Illuminists, as the primary force behind the rise of anarchy, philosophy, encyclopedists, atheism and the French revolution.¹¹

Napoleon's rise to power in France lessened control of the government by this spiritualistic power but its influence continued "underground" and has grown worldwide in such movements as humanism, socialism, communism, etc. From the atheistic and spiritualistic movement of the French revolution sprang different organizations. Not all of them were atheistic; some were Deists, others were guided by ancient pagan doctrines somewhat similar to those taught by the modern Theosophy Society, which was started in New York in 1875. This society had great influence and ultimately helped usher in the *New Age Movement*, with all its mystical medical practices.

E. G. White frequently places the word spiritualism in conjunction with the word *theosophy* as she discussed this term. She wrote to a man entrapped in such: "There is danger in having the least connection with Theosophy, or Spiritualism. It is Spiritualism in essence, and will always lead in the same path as Spiritualism. These are the doctrines that seduce the people whom Christ has purchased with His own blood. You cannot break this spell. You have not yet broken it."¹²

In the book *Education*, [by E. G. White], it is stated that the fundamental doctrinal teachings of "spiritualism asserts that men are unfallen demigods; that 'each mind will judge itself;' that 'true knowledge places all men above the law;' that 'all sins committed are innocent;' for 'whatever is, is right,' and 'God doth not condemn.' " We are admonished that the same spirit that prevailed leading into the French revolution of 1789 will return: ". . . the world wide dissemination of the teachings that led to the French revolution—all are tending to involve the whole world in a struggle similar to that which convulsed France."¹³

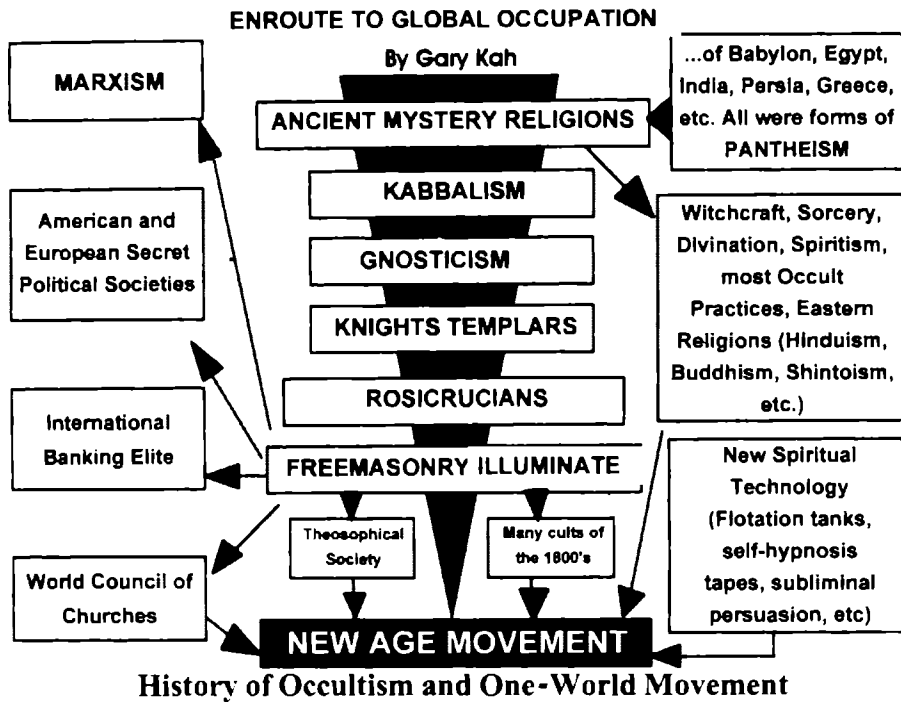
The Theosophical Society was founded in 1875 by Helen Blavatsky and Henry Olcott. Mrs. Blavatsky stated that she came from Tibet where she said she had been initiated into esoteric doctrines. Annie Besant, an English lady, was Blavatsky's successor in leadership of the

¹¹ Webster, op. cit., p. 150,

¹² White, E. G., *Manuscript Release*, Vol. 13 (nos. 1000-1080), 1990, No. 1000.

¹³ White, E. G., *Education*, Pacific Press Pub. Assn., 1903, pp. 227, 228.

Theosophy Society. She, [Annie Besant], became Vice-President of Co-Masonry. (In France women had been allowed to enter the Masonic Order in this branch called "Co-Masonry.") Mrs. Besant led the movement for three decades.¹⁴



Cardinal Caro Y. Rodriguez, Archbishop of Santiago, Chile, in exposing the Masonic Order, wrote: "Madame Blavatsky, the promoter or founder of Theosophy in Europe, was also a member of the Masonic Lodge; her successor, Annie Besant, President of the Theosophical Society in 1911 was Vice President and Great Teacher of the Supreme Council of the International Order of Co-Masonry—and among us, in our city the brother masons are the ones that contribute mostly to spread of the Theosophical Society." He summarized his comments on Co-Masonry as follows: "It is understood: The theosophical doctrines on the nature of God and the soul, are the same doctrines as taught in masonry, it is enough to read the books dealing with the history of Theosophy to see that each theosophical center is founded, almost without a doubt by members

¹⁴ Kah, op. cit., pp. 89, 90.

of the Lodge.”¹⁵ Nesta Webster, in *Secret Societies and Subversive Movements*, pp. 297-310, discusses the association of theosophy with the Grand Orient lodges of France.

The third leader in this movement was Alice Bailey who lived in the U.S. *Under the guidance of a spirit guide* (Djwhal Khul, also known as The Tibetan Master), she wrote twenty-four books which have been the foundation and guide for the New Age movement. This movement is the major promoter of “mystical medicine” in the United States and around the world. It also has been very effective in drawing millions of people to the belief of theosophy.¹⁶

Alice Bailey was closely connected to the Masonic Order. The following excerpt from her book *The Externalization of the Hierarchy*, states: “The Masonic Movement—It is the custodian of the law; it is the home of the mysteries and the seat of initiation. It holds in its symbolism the ritual of deity, and the way of salvation is pictorially preserved in its work.”¹⁷

Constance Cumbey in her book *The Hidden Dangers of the Rainbow*, on p. 46, states that from her research she learned that the Theosophical Society, in 1875, received orders from “spirit messengers” that the organization was to remain secret for one hundred years. They worked quietly but were still able to spread their dogma to the world. In 1975 they went public with their presence and programs.¹⁸

EAST—WEST

In 1989, I began receiving at my medical office a journal called *New Age*. It contained only holistic-type medical articles. All of its advertisements were for products relevant to holistic health practices [techniques based on pantheistic concepts]. I had no idea who sent it to me [it was an expensive magazine]. In 1992, I read in a book written by Gary Kah, *Enroute to Global Occupation*, that someone had been able to make con-

¹⁵ Rodriguez, Cardinal Carl Y., *The Mystery of Free Masonry Unveiled*, [Hawthorne, Calif., Christian Book Club of America, 1971], pp. 238, 336.

¹⁶ Cumbey, Constance, *The Hidden Dangers of the Rainbow*, [Huntington House, Inc., 1200 Market Street, Suite G, Shreveport, LA 71107], pp. 49, 50.

¹⁷ Bailey, Alice, *Externalization of the Hierarchy*, Lucis Pub. Co., New York, NY, 1983, p. 511.

¹⁸ Cumbey, op. cit., p. 46.

tact with the publishers of this journal (New Age) and inquired about advertising. They received a letter in return and on the letterhead these words identified the source of this journal, "Ancient and Accepted Scottish Rite of Free Masonry." Finally, I had the answer as to who was sending the journal to my office. The magazine soon thereafter changed its name to *East-West*.

Ellen White gave warnings about theosophical teachings. "There are many who shrink with horror from the thought of consulting spirit mediums, but who are attracted by more pleasing forms of spiritism, such as the Emmanuel movement. Still others are led astray by the teachings of Christian Science, and by the mysticism of Theosophy and other Oriental Religions."¹⁹

In 1904 Mrs. White wrote: "A power from beneath is working to bring about the last great scenes in the drama—Satan coming as Christ, and working with all deceivableness of unrighteousness in those who are binding themselves together in *secret societies*."²⁰

"Today, the mysteries of heathen worship are replaced by the *secret associations* and séances, the obscurities and wonders of spiritualistic mediums. The disclosures of these mediums are eagerly received by thousands who refuse to accept light from God's Word or through his Spirit. Believers in spiritualism may speak with scorn of the magicians of old but the great deceiver laughs in triumph as they yield to his arts presented in a different form."²¹

Michael Howard [who is not a critic but a sympathizer of this pantheistic theology], writes the following: "A very important work of the secret societies has always been the *ultimate unification of the world religions*. This aim was based on the restoration of the pre-Christian Mystery Tradition, which had been persecuted by the early Church and forced to go underground in medieval Europe, and the recognition that all religions had originated in a universal spirituality referred to as the *Ancient Wisdom*.

"... It forms the basis for the ancient Egyptian Mysteries, Gnosticism,

¹⁹ White, E. G., *Evangelism*, Pacific Press Pub., Assn., Mountain View, CA [now in Nampa, ID], p. 606.

²⁰ White, E. G., *Testimonies for the Church*, Vol. 8, Pacific Press Pub. Assn., Mountain View, CA, 1948, p. 28.

²¹ White, E. G. *The Review and Herald*, Jan. 15, 1914, Review and Herald Pub. Assn., Silver Spring, MD.

esoteric Christianity, the Cabala, the Hermetic Tradition, Alchemy and societies such as the Templars, Freemasons and Rosicrucians, the occult doctrines of Geomancy, Alchemy, Astrology and sexual magic taught by these secret societies were used as symbolic metaphors illustrating the progression of the individual from material darkness to the spiritual light of understanding."²²

It is these organizations that are the powers behind the New Age Movement and its pagan system of health and healing which has been the right arm of their missionary endeavors.

In the following chapter we will take a close look at the central concept of the great universal energy that is believed to permeate the universe from which the cosmos, earth and man is said to have been formed.

²² Howard, Michael, *The Occult Conspiracy, Secret Societies—Their Influence and Power in World History*, Destiny Books, One Park St., Rochester, VT 05767, p.170

CHAPTER 6

UNIVERSAL ENERGY

“False science is one of the agencies that Satan used in the heavenly courts, and it is used by him today. The false assertions that he made to the angels, his subtle scientific theories, seduced many of them from their loyalty to God.”¹ Satan presented the same temptations on earth that he had used in heaven. “The field into which Satan led our first parents is the same to which he is leading men today. He is flooding the world with pleasing fables.”² “We are living in an age of great light; but much that is called ‘light’ is opening the way for the wisdom and arts of Satan. Many things will be presented that appear to be true, and yet they need to be carefully considered with much prayer; for they may be specious devices of the enemy. *The path of error often appears to lie close to the path of truth. It is hardly distinguishable from the path that leads to holiness and heaven.* But the mind enlightened by the Holy Spirit may discern that it is diverging from the right way. After a while the two are seen to be widely separated.”³

Satan desired the worship of man, and to obtain such, he subverted the Biblical story of creation. He deceived man into worshiping the power and works of God but not God. Before the flood, man worshiped nature.⁴ Shortly following the flood, Nature worship again appeared as the dominant form of worship. God is proclaimed as an *essence*, an *actuating energy*, pervading all nature. “If God is an essence pervading all nature, then He dwells in all men; and in order to attain holiness, man has only to develop the power that is within him. . . . These theories, followed to their logical conclusion, sweep away the whole Christian economy. They do away with the necessity for the atonement and make man his own savior.

¹ White, E. G., *Testimonies*, Vol. 8 [1904], Pacific Press Pub. Assn., Mountain View, CA [now in Nampa, ID], p. 290.

² *Ibid.*

³ *Ibid.*, pp. 290, 291.

⁴ *Ibid.*, pp. 293, 294.

These theories regarding God make His word of no effect.”⁵

The *essence*, the *actuating energy* from which the universe, earth and man are made, according to pantheistic theories, is called by many names. Different languages, cultures, religions, and leaders in pantheistic doctrine have created a large variety of terms which refer to the same theoretical power. Nearly one hundred of these different names have appeared in print. Listed below are some of the more commonly used terms

<i>TITLE</i>	<i>ORIGIN</i>
PRANA	HINDUISM
CH'I [KI, QI]	TAOISM [TCM]
*LOGOS	GREEK
MANA	POLYNESIAN
ORENDA	AMERICAN INDIAN
ANIMAL MAGNETISM	FRANZ MESMER
THE INNATE	CHIROPRACTIC
ORGONE ENERGY	WILHELM REICH
VITAL ENERGY	HOMEOPATHY
ODIC FORCE	OUIJA BOARD (Baron von Reichenbach)
BIOPLASMA	RUSSIAN PARAPSYCHOLOGY
THE FORCE	STAR WARS (George Lucas)

Many English synonyms are used to refer to this supposed power. “Universal Intelligence” is a name commonly used, as is the term “energy.” I suspect each language likewise has many synonyms for this power. Listed below are several English synonyms:

- ONE, GOD
- SELF, HIGHER SELF, SUPREME SELF, DIVINE SELF
- PURER CONSCIOUSNESS
- CREATIVE PRINCIPLE
- ESSENCE
- VITAL FORCE, VITALISM, LIFE FORCE
- VIBRATIONAL FORCE

⁵ *Ibid.*, p. 291.

* *Webster's New World Dictionary*, Third College Edition; <http://en.wikipedia.org/wiki/logos>.

- MONISM
- ULTIMATE UNIFIED ENERGY FIELD
- UNIVERSAL INTELLIGENCE, ENERGY
- SUPREME ULTIMATE

In the world of pantheism there are varying descriptions as to how the *energy* [of which they say man is made] exists within man. The system of Ayurveda [ancient Indian healing art] describes the energy as localized in seven centers within man. These are called chakras. Man is said to have an “aura,” produced by the chakras, which is *Life Force, Universal Energy* (electromagnetic force to some New Age scientists) and extends *outside* the body. It is to this perceived energy force that many alternative healing modalities direct their focus.⁶

“Two key words, macrocosm and microcosm, are used to portray the primary opposites, heaven and earth, thought to be in correspondence or sympathy.”⁷ Macrocosm stands for the sun, moon and stars, while microcosm stands for the earth and man. In pantheism, these two opposites, macrocosm and microcosm must harmonize. The use of the “zodiac” was established in Chaldea to guide in achieving this harmony.⁸

UNIVERSAL ENERGY'S SEVEN DIVISIONS

In the Oriental view of universal energy there are *seven divisions* or levels of energy. This concept is accepted by neo-paganism [New Age Movement] of today in the West. Understanding a little of this belief of divisions or levels of universal energy, will be of value in comprehending the explanations of presumed action of various techniques applied in health and healing. At the same time, we will get a glimpse of some of the theology of the Eastern religions, making it increasingly clear that involvement in their techniques in health and healing might unsuspectingly lead to acceptance of their religious precepts.

⁶ Hill, Ann, *A Visual Encyclopedia of Unconventional Medicine*, Crown Pub., Inc., New York, NY, 1978, p. 46.

⁷ Bessy, Maurice, *Magic and the Supernatural*, Spring Books, New York, NY, 1970, p. 74.

⁸ Bessy, op. cit., p. 67.

Universal energy/life force energy is said to be of seven levels or planes in distribution and function. Of late, an occasional New Age scientist will call this perceived energy, *electromagnetic energy* which he believes to have specific vibrational frequencies at various levels. At the bottom level, energy has *materialized* and formed the cosmos, earth and man. Dr. Gerber, a medical doctor, who is a very prominent New Age author, tells us that the other levels of universal energy have different and increasing frequencies above the speed of light.⁹ The different levels of energy have specific functions and the lower levels are spoken of as *bodies* or *energy planes*. Levels one through three contain the physical body and the following additional mystical bodies. The second body is the *etheric body* or energy plane with the function of being an “electromagnetic” template of our physical bodies and is believed to be the controlling influence in the function of our physiology. When imbalance is present in the etheric body, then eventually the physical body will present with malfunction or disease. Many of the healing techniques are aimed at correcting or balancing the status of the etheric body.

The third is the *astral body*, which functions in the “out of body,” “light in tunnel” and “astral travel apart from body” experiences. The next is called *mental body*, and is said to deal with higher thought processes; we then come to the *causal body*, which functions in re-incarnation beliefs. It is said to store life experiences from “past and future lives.” The levels 4–7 of universal energy have to do with super consciousness and at the top, symbolized by the *lotus flower* and the *Jewel*, immortality and eternal life also known as *Divine Self*. These top levels are said to interconnect with the energies of all the universe and so the expression “*all is one and one is all*.” It is this level that is also called “god.”¹⁰

A point of interest is the belief that plants contain these same higher levels of energy and by consuming plants for our diet; we can obtain from them higher levels of consciousness. This is one of the reasons vegetarianism is common within neopaganism.

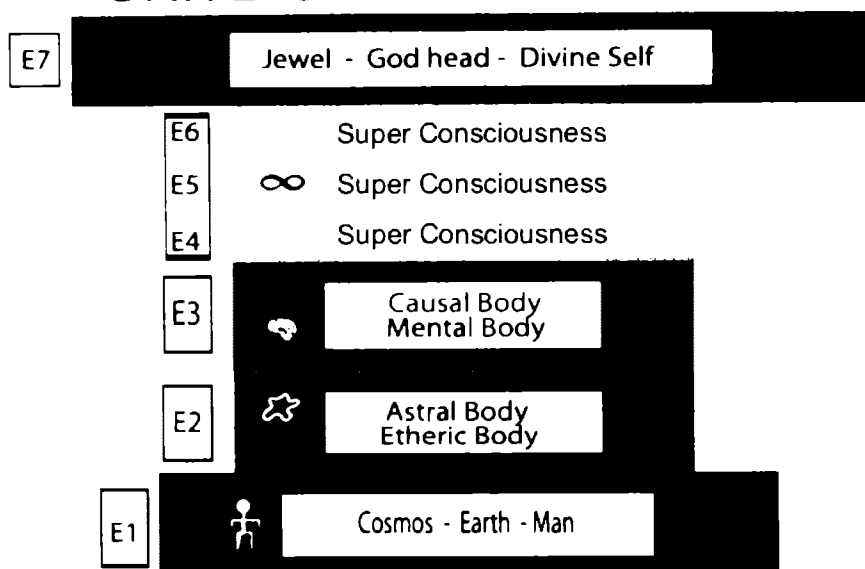
The goal of neopaganism of the West and the religions of the East is

⁹ Gerber, Richard, M.D., *Exploring Vibrational Medicine*, Sounds True, Boulder, CO, CD discs 1, 2.

¹⁰ Green, Elmer and Alyce, *Beyond Biofeedback*, Knoll Pub. Co., Inc., Ft. Wayne, IN, pp. 299-315.

to attain the energy level of the lotus and the jewel. All religious activities are directed to this concept. *Universal energy* is the *core belief* in not only health and healing, but also the path to eternal life. To accept the healing techniques of this system of belief, is to accept the theology of paganism.^{11, 12}

UNIVERSAL ENERGY PLANES



PANTHEIST'S EXPLANATION FOR CAUSE OF DISEASE

Illness and disease are explained in the pantheistic viewpoint as resulting from imbalance or blockage of the presence of, and flow through the body, of universal energy. Therapies are designed to balance, unblock, restore, infuse, or otherwise manipulate invisible energies which allegedly exist or circulate within the human body.¹³

On the other hand, Divine energy does not circulate within the body through psychic pathways whose imbalance causes disease. We cannot manipulate the power of God by putting needles in our skin, by massaging

¹¹ Gerber, op. cit., discs 1, 2.

¹² Prophet, Elizabeth Clare, *Djwal Kul Intermediate Studies of the Human Aura*, Dictated by Djwal Kul an ascended master also known as the Tibetan Master, Summit University Press, Colorado Springs, CO, pp. 27-31.

¹³ Ankerberg, John, Weldon, John, *Can You Trust Your Doctor?*, Wolgemuth & Hyatt, Brentwood, TN, p. 67.

pressure points, sitting in the yoga position or by breathing exercises.

E. G. White wrote the following concerning *universal energy*. "The mighty power that works through all nature and sustains all things is not, as some men of science claim, merely an all-pervading principle, an *actuating energy*. God is a spirit; yet He is a personal being, for man was made in His image. As a personal being, God has revealed Himself in His Son. Jesus, the outshining of the Father's glory, 'and the express image of His person' (Hebrews 1:3), was on earth found in fashion as a man. As a personal Savior He came to the world. As a personal Savior He ascended on high. As a personal Savior He intercedes in the heavenly courts. Before the throne of God in our behalf ministers 'One like the Son of man.' Daniel 7:13."¹⁴

Mrs. White often used the term *vital force* or similar expressions in her health writings. She was *in no way* expressing the same concept as that of *universal energy*. She referred to the normal metabolism and functioning of our body that depends upon being in harmony with the laws of health, and the proper association of our systems to pure air, sunshine, water, exercise, rest, proper diet, avoiding injurious substances, using with moderation beneficial foods and placing our trust in God by keeping His physical and spiritual laws. Then, our system will function at its best.

We have learned in chapter 4 of the foundational teaching of pantheism's explanation of our origin, that of blending two opposing parts of an imaginary universal energy. In this chapter we have looked at the many different names given to this energy. The concept is that illness and disease result from the imbalance of the two parts [yin-yang] of energy in our system. Treatment of disease in Satan's system is an act of attempting to rebalance the energy. In following chapters we will look at various methods devised to affect balance and/or correct the vibration of universal energy in order to bring about health and healing.

That which takes our allegiance away from a Creator God and directs our allegiance to His counterfeit, will make void the *grace* of Christ toward us. It makes His word of no effect.¹⁵

¹⁴ White, E. G., *Education*, Pacific Press Pub. Assn., Mountain View, CA, 1903, pp. 131, 132.

¹⁵ White, E. G., *The Ministry of Healing*, Pacific Press Pub. Assn., Mountain View, CA, 1905, pp. 428, 429.

CHAPTER 7

YOGA—MEDITATION—AYURVEDA

THE ANCIENT HEALING TRADITION OF INDIA

THE GREAT WISDOM OF THE EAST?

While attending a mini seminar on alternative medicine, I was impressed by the enthusiasm of those putting on this demonstration. When asked how these treatments work, the answer was “*we do not know but it works.*” There was comment about the “*great wisdom from the East.*” It was insinuated that great knowledge of healing from the past had been abandoned, but it was being resurrected and we were recipients of it.

Contemplating upon my understanding of the healing methods of the past, from the West and East, I could not recall any knowledge in the history of medicine that we were neglecting. In fact, I could only give thanks that we had left most of the old knowledge to the past. This was especially true of the basic concepts of anatomy, physiology, and disease. The old world view explaining man’s existence, his purpose in life, and his future, is definitely not in harmony with the Biblical world view.

Therefore, I determined to prepare a presentation about the ancient healing methods of the East. The West has its own history in occult healing modalities and today we see a blending of the two, hence the expression “East–West.”

Outside of God’s original plan for health and healing, the oldest continuous system of medicine is called *Ayurveda*. It had its beginning in the Indus River valley in northern India sometime before 1700 B.C. “The medical system was established by the same ancient sages [holy men] who produced India’s original system of meditation, yoga and astrology. *Ayurveda* has both a spiritual and practical basis, . . .”¹

¹ Gerson, Scott, M.D., *Ayurveda, The Ancient Indian Healing Art*, Element, Inc., Rockport, MA, 1993, p. 3.

The word "Ayurveda" is derived from two words of the Sanskrit language. "Ayus" and "vid," meaning life and knowledge respectively. Ayus, or life, represents a combination of the body, the sense organs, the mind, and the soul.

Tradition tells of "holy" men meeting in the foothills of the Himalaya Mountains to form India's original system of meditation, yoga and astrology. The Ayurveda healing tradition is an integral part of the Hindu religion. Vedas are ancient Hindu books of knowledge said to have been "divinely revealed" to ancient sages [holy men]. The *Vedas*, written in Sanskrit, were started about 3,500 years ago.²

The Vedas are believed to embody the rhythm, knowledge, and arrangement of the universe, the secrets to sickness, health and healing. As the living sage of astrology in India, Dr. B. V. Raman has written, "The influences of planets on human diseases appear with such persistence that it is impossible to ignore their effect. The sun and the moon provide the strongest influence on human healing, and their movements indicate changes not only in the seasons but also in human health and behavior."³

"According to Ayurveda, everything in the material creation is composed of combinations of the five elements: space, air, fire, water and earth. These five elements derive from, and are the manifestations of, an unmanifest and undifferentiated *Creative Principle*, which is *One*." (universal energy).⁴ The Creative Principle is believed to manifest throughout the universe as *two great antagonistic forces* which continually create, sustain and destroy all that exists in the universe. These forces [in Sanskrit] are called *rajas* and *tamas*, to the Chinese, yin and yang, [dualism]. In Ayurveda, there is a belief that three psychic forces govern the mental and spiritual health. This system is derived from astrology. "*The basis of all treatments in the Ayurvedic system is the balancing of the life energies within us.*" "Meditation is a primary and fundamental tool in this balancing therapy which uses diets, herbs, mineral substances and aromas as well."⁶

² Lyons, Albert S., M.D., Petrucelli, II, R. Joseph, M.D., *Medicine, An Illustrated History*, Harry N. Abrams, Inc., Publishers, New York, 1978, p. 105.

³ Warriar, Gopi, Deepika Gunawan, M.D., *The Complete Illustrated Guide to Ayurveda*, Barnes and Noble Books, 1997, p. 170; Lyons, op. cit., p. 105.

⁴ Gerson, op. cit., p. 3.

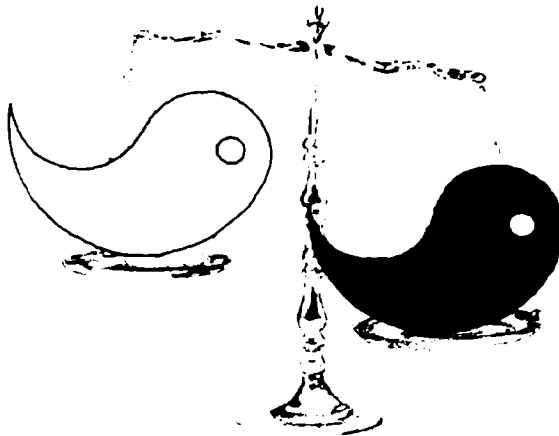
⁵ Gerson, op. cit., p. 5.

⁶ *Ibid.*

Ayurveda teaches that the “mind-body” has the intelligence and ability to heal itself. This intelligence is believed to operate in the *macrocosm* [cosmos]—which also directs the yearly migration of birds, seasons and their changes, the movement of tides, the positioning and movement of the planets and stars in the universe, and also the human physiology referred to as the *microcosm*. “It is the sole function of Ayurveda to promote the flow of this great intelligence [universal energy] through each and every human being.”⁷

SATANIC CONCEPT

HEALTH AND HEALING INVOLVES BALANCING ENERGY



ILLNESS IS THE RESULT OF AN IMBALANCE OF ENERGY

In the Hindu thought and in Ayurveda healing tradition, the “Creative Principle,” as an indescribable force, might be referred to as the *unified energy field* which underlies all of creation. Ayurvedic physicians see man simultaneously as energy and matter and view diseases in the same way.

The previous paragraphs have given very briefly the basic astrological and cosmological foundation from which Ayurvedic medicine is derived. We will now look at how it is applied.

The dominant healing practice of India was Ayurveda. It is interesting that there was also conventional medical care. India was known for its advanced surgical skills during the dark ages, while Europe lost its skills

⁷ Gerson, op. cit., p. 6.

and knowledge. So we had alongside each other, without conflict, astrological-based practice of healing, and medical practice that was not based on the Hindu religion and cosmology. The basic therapeutics developed in Ayurvedic medicine gradually spread to the world; first to Tibet, then on to China, Japan and to the rest of the East. It also spread to Persia and the Arabian Empire in the 11th century. In the middle ages it showed up in Europe⁸ and it is evident that in the United States its influence was present in methods of treatment in the 1700's and early 1800's.

In Ayurvedic medicine, two forces make up these supposed division of energy, together called *life force*. A third division of energy is added and is made up of parts of the other two. Man is said to have had his *origin* from the mingling of these forces in a proper balance. In Ayurvedic teachings, health depends upon the perfect balance between the three forces.

When imbalance is present in these energy divisions, called *doshas* dysfunction or disease supposedly occurs. It is believed that balancing the doshas will restore health. Ayurvedic medicine has as its goal the balancing of doshas or the divisions of energy. "The doshas are identified with the three supposed universal forces: sun, moon, and wind."⁹

YOGA—MEDITATION

Ayurveda uses transcendental meditation as a primary and fundamental tool. It also promotes the use of diets, herbs, mineral substances and aromas for maintenance or restoration of balance. Ayurveda teaches the following: "Yoga is a science as well as a method of achieving spiritual harmony through the control of mind and body. The asanas [yogic postures] and pranayama [breath control] are practices that not only help us to acquire perfect health, but also develop the inner force that enables a believer to withstand stressful situations with a calm and serene mind."¹⁰

Yoga is an intrinsic part of Hinduism. *The Complete Illustrated Book of Yoga* by Swami Vishnudevanada, presents the purpose and function of yoga. "It is the duty of each developed man to train his body to the high-

⁸ Lyons, op. cit., p. 105.

⁹ Raso, M.D., R.D., *Mystical Diets*, Prometheus Books, Buffalo, NY, 1993, p. 87.

¹⁰ Warrior, op. cit., p. 166.

est degree of perfection so that it may be used to pursue spiritual purposes . . . the aim of all yoga practice is to achieve truth wherein the individual soul identifies itself with the supreme soul of God.” B.K.S. Iyengar, the founder of Hatha Yoga used in the U.S., makes the following statement regarding the goal of yoga, “. . . the means by which the human soul may be completely united with the Supreme Spirit pervading the universe and thus attain liberation . . .” *Yoga Journal*, May/June 1993, p. 69

Ayurveda declares the *essence* of the human being to be the One, the Creative Principle, the Eternal. The Hindu would say that a modern physicist would describe this essence as the *ultimate unified energy field*, which Ayurveda says underlies all of creation. Humans are seen as energy converted to matter and disease as deranged energy. This life energy, also called Ojas, is believed to be enhanced through transcendental meditation, deep breathing, herbs and foods. Life energy (prana) is increased with deep breathing of air through the nose.

“Of all the many forms of treatment described in the Ayurvedic texts, there is one which holds a pre-eminent position—the *practice of meditation*. This is the fertile soil upon which all other forms of therapy take root. Strictly speaking, without meditation the true healing potential of Ayurvedic medicine cannot be realized.”¹¹

Meditation and yoga are *fundamental tools* of Hinduism for progressing to a higher spiritual plane, with the goal of leaving this life on earth and moving into the spirit world. In Ayurvedic medicine, meditation is fundamental to accessing the powers of the cosmos in order to bring increase and balance of the energies within the person. It is also a process, physically and mentally, of trying to elevate the believed divine attributes within one's self and connect with the god of the cosmos, [Brahman,] the ultimate Deity of Hinduism. Meditation, whether for health or spiritual reasons, is a way of connecting with the spirit world. It is through meditation that blending of the sun and moon energies occur. When a perfect blend is achieved, immortality is said to be the result. Immortality is believed to bring perfect harmony with Brahmam, the Hindu Deity.

“Nationally, Yoga is a 22.5 billion dollar industry. Advertisements for

¹¹ Gerson, op. cit., pp. 78, 79.

yoga books, videos, clothes, wellness retreats and even yoga business training classes can be found in the back of magazines such as Yoga Journal, and the phenomenon is now reaching into the mainstream. . . . 35 million Americans will try yoga for the first time this year. Once confined to New Agers with an interest in Eastern spirituality, yoga is catching on among young men, fitness fanatics, aging baby boomers and other unlikely enthusiasts who claim the mind body practice does everything from healing illness to tighten abs." [http://www.registerguard.com/news/2004/10/31/ol.yoga.1031.html] archived.

Medical newspapers and journals frequently print articles reporting yet another medical condition that improves with the use of yoga and/or meditation. A government survey of thirty-one thousand adults revealed that eight percent of Americans use yoga as an alternative medical therapy. As of 2004, Wal-Mart web site listed nine hundred ninety, and Target's, four thousand two hundred and thirty-five yoga products for sale. [http://www.letusreason.org/NAM1.htm](to access, enter on Internet "Let Us Reason Ministries, Yoga")

How an individual becomes interested in, or starts practicing yoga and/or meditation has much to do with whether they continue. When a doctor recommends the practice to deal with certain medical problems the tendency to stay with it greatly increases. Frequent articles appear in medial literature proclaiming the medical benefits of yoga and meditation, so we see an ever increasing acceptance by the medical profession.

Herbert Benson M.D., a Harvard University professor and president of the Mind/Body/ Medical Institute in Chestnut Hill, Mass., told the *L.A. Times* that "in his clinical experience, about 60-70% of those who begin a meditation-type practice primarily for medical reasons (often at the recommendation of their doctor) adopt the teachings." (Buddhism). [*L.A. Times*, Quiet the Mind, Heal the Body, 1/12/03].

Yoga is sweeping the West. Multiple millions practice yoga not intending to embrace Hinduism, yet they use the fundamental tools of Hinduism and place their minds under its influence. They do not contemplate on God while in yoga meditation. Instead, they try to empty their minds of all thought, or concentrate on a single thought so as to achieve mental rest. The end result, however, is allowing Satan to control the mind. We are to

contemplate on God through the scriptures of the Bible and invite the Holy Spirit to direct our thoughts.

Contrast yoga meditation with Christian meditation which really is, best called, *study* or *contemplation*. The Christian attitude is that of allowing God to direct his thoughts and life. He does not look inward in an attempt to attain godhood, but outward and upward to the Creator God. This is directly opposite to Ayurvedic principles. Can one take a fundamental act and practice, physical or mental, from a pagan religion and make it Christian?

CHAKRAS—AURA

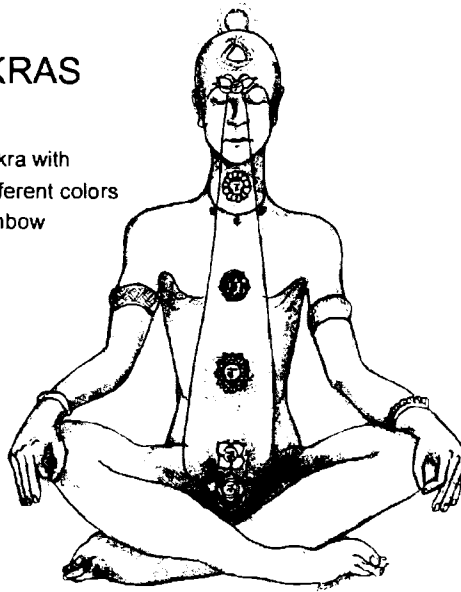
Ayurveda teaches that there are seven centers of concentrated, focused, universal energy in the body, which form an *aura*. They start at the coccyx area and then are said to be located in the sacral, mid abdomen, heart, throat, behind the eyes and on the top of the head. A center is called a "*Chakra*," and is said to regulate the spread of universal energy to the organs of the body, each center focusing on distributing energy to certain organs. Careful inspection of the different movements in yoga exercises gives the impression that they are designed to move universal energy from the chakras to the specific organs. One may assume that yoga positions are just stretching positions when in fact they are worshipful poses to Hindu gods. [www.letusreason.org/NAM1.htm](to access, enter on Internet "Let Us Reason Ministries, Yoga")

The adherents of Ayurveda believe in the universal energy theory and postulate that all living objects have an energy field outside of and surrounding the body, which is said to influence other energy fields. Seven rays of colored light constitute this energy field, supposedly representing seven endocrine glands. The harmony and energy balance of the individual is ascertained by observing this aura. Ayurveda teaches that: "Every animate and inanimate substance, provided its function is not impaired, has an aura, which exists because of the life forces inherent in the natural constituents of its form. This life force, whether from mineral, vegetable, animal or human sources, creates a common auric realm or plane, which is a storehouse of pure, untapped energy. On this plane the mineral

and vegetable kingdoms are constantly engaged, through their own channels of communication, in transferring their particular life force to the more subtle natures of animals and humans. Thus the aura depicts the sum total of all these qualities and presents a complete and whole picture of the subject."¹²

CHAKRAS

Each chakra with
one of different colors
of the rainbow

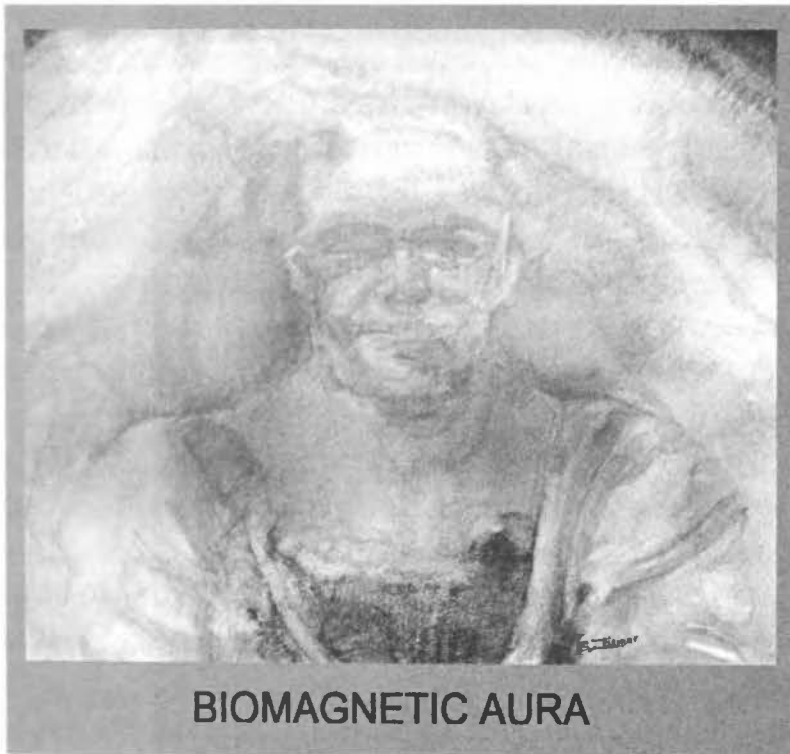


Ann Hill, in her book *A Visual Encyclopedia of Unconventional Medicine*, describes the aura as seven rays of the *presumed* human unified energy field, forming seven colors. Each individual is said to have different frequencies of these rays. She tells us that the aura can be drawn by a trained *sensitive*, by viewing of the aura, or by observing some object an individual has handled. A *sensitive* of special skills is said to be able to determine a person's mental and spiritual state as well as to diagnose illness, if present, by inspection of the aura. The nature of the color, bright or dull, reveals and determines the physical condition and/or health. "This *aura* or *magnetic energy field* cannot be demonstrated by science. It can be perceived only by persons who are *sensitives* or *mediumistic*."¹³

¹² Hill, Ann, *A Visual Encyclopedia of Unconventional Medicine*, Crown Pub., Inc., New York, NY, 1978, p. 46.

¹³ *The New Age Movement and Seventh-day Adventists*, 1987 Biblical Research Institute of General Conference of Seventh-day Adventists, Hagerstown, MD, p. 9.

The chakras are said to be in the colors of the rainbow, with each chakra having a specific color. Each aura has a frequency of resonance or vibration and emits a fine electrical current and in turn can receive vital energies from external influences. This is the source of belief in “vibrational medicine.” The human body is said to be a symphony of color, including the skeleton. The various colors we apply to the body with “(a) clothing, walls, illumination, or (b) by mental image-making, counseling and guided meditation, (c) through projection, on the spiritual level, to any person anywhere, is believed to build the forces and strength of the chakras and the aura to effect healing.”¹⁴ When an eighth color is added,



“magenta,” an octave is produced and then music is also able to influence the chakras. Gems are known to refract light, dividing light into different colors. Sunlight consists of seven colors of the rainbow, so it is believed these refracted sun rays from gems can increase the energy [vibrations]

¹⁴ Hill, op. cit., pp. 218, 219.

of the chakra specific to each hue of sunlight.

The seven natural colors, with the added eighth [magenta] are used in therapy when there is an energy imbalance. The colors are red, orange yellow, green, turquoise, blue, violet and the added eighth color, magenta. It is believed that these colors correspond with three musical octaves and with twenty-four vertebrae of the spinal column. Two additional octaves have been added so that infra-red can be applied to the sacrum and ultra violet to the skull. "The colour therapist uses the spinal chart [which is also employed by the music therapist and astrologer] *to dows* (use the pendulum) out the problem areas of a patient and thus determine which colour is to be used in treatment. The 24 signs of the zodiac also are assigned, one to each vertebrae."¹⁵

Color therapy can be performed by placing water in a colored glass vessel and letting the sun shine through it. The water is then ingested thereby applying color therapy to correct imbalances in the aura. This type of treatment is still practiced. It is not necessary to visualize color, a therapy can be administered even to blind people with equal benefit it is believed, by having them drink the sunlight-exposed water.

Nutrition and dietetics figure importantly in many of these healing systems. For example, in the yoga-oriented *Spiritual Nutrition and the Rainbow Diet* [1986], Gabriel Cousens, M.D., states: "By putting foods of various colors over each chakra [spiritual center of the human body], I was able to determine which colors were most enhancing for each chakra."¹⁶

The aura [composite energy], of a person is believed to be also influenced by sound and/or music. Music therapy is another method of restoring an imbalanced aura.

It is also believed that each animate and inanimate object has a specific energy frequency or vibration. (Not all believers in the aura accept that inanimate objects have an aura.) These vibrations are altered when disorder is present in the body. It is claimed that detection of altered vibrational forces can be done by the hands, Kirlian photography, or by

¹⁵ Hill, op. cit., p. 218.

¹⁶ Raso, op. cit., p. 13.

electronic radionic instruments. *Energy therapies* and *vibrational therapies*, of which there are many varieties, seek to understand this continuous energetic aura, and to interact with it in order to facilitate health and healing.

The above-described beliefs and teachings of Ayurvedic medicine form the foundation of many ideas that are widespread in the field of alternative therapies today. I wish to make it clear to the reader that the above-described beliefs are not accepted in the sciences of medicine, physics and physiology. The detection of the *basic energy*, which is the center belief of alternative therapy, cannot be found or measured by even the most sensitive instruments, a discrepancy that cannot be explained by its adherents.

I recommend an article found on the Internet, "*Human Auras And Energy Fields*" by Don Lindsay, [http://www.don-lindsay-archive.org/skeptical_auras.html], which discusses the subject of auras and whether or not science can demonstrate such. The following is his summary:

"Humans do not have auras. There is no kind of 'energy field' consistently found around humans. I say this for a bunch of reasons: It is the consensus of the scientific and medical communities. Proponents have had a lot of years to produce positive evidence.

Negative evidence from equipment.

Negative evidence from photography.

Negative evidence from those who see auras.

Negative evidence from those who feel auras."

For those readers who might wish to further investigate the argument that there is proof of auras, I suggest the following specific article that claims there is scientific proof.

"Spring Wolf's Spiritual Education Network

The Pagan's Path

Metaphysics 101

The Aura

The Colors of Life"

[<http://www.paganspath.com/meta/aura.htm>] or, (key in: "Spring Wolf's

Spiritual Education Network" on an Internet browser and when web site opens click on the moon)

It is important not to confuse the claimed energy of the chakra and aura of Ayurveda, with the bio-electrical activity of living matter. There is certainly electrical activity within our bodies as is demonstrated by electrocardiographs, electroencephalographs, electromyography, etc. To do any of these tests it is necessary to either place needle probes into and under the skin, or to prepare the skin by sanding the outer layer of cells free to make good electrical contact on the skin. With the proper contact, electrical activity then is demonstrated in muscles and nerves. No electrical machines have shown electrical activity of a chakra, or of an aura inside or outside of the body. There is instrumentation that is one million times more sensitive than the living tissue of our bodies. However, these electrical measuring instruments do not show evidence of chakras—inside or auras—outside the body.

Not all practioners of Eastern mysticism accept the explanation that universal energy can be explained by conventional physics and object to the term *electromagnetic* in describing such. They believe that universal energy is a spiritual entity and that it cannot be described by common science terminology. Many modern scientists who are believers of Eastern mysticism do, however, attempt to explain their beliefs by scientific terms.

Some psychics claim to be able to see the *aura*, in color, around individuals. When put to the test on these claims, they failed. If light from the believed aura did surround our bodies we might see rainbows about us when we are in the rain and the sun shines through the clouds. It would be very easy to demonstrate the colors of the rainbow by an optical prism held near the body if light was flowing from us, but this does not happen. The colors of the rainbow are light wave frequencies that are detected by the eyes of all of us, not just psychics or sensitives.

Dr. Elmer Green, who has his doctorate in physics and is a lifetime believer in Eastern mysticism, explains this concept: This universal energy, which is in question with science, exists in seven levels or degrees. The first level is the materialization of the energy and that is the material world around us. The other six levels are not measurable by instruments

because those levels are beyond instrumentation detection. Only the human body is capable of detecting such [see chapter twelve on biofeedback]. It is taught that these different levels of energy can exist simultaneously within the human body.

YOGA EXERCISES

The exercises of hatha yoga are simple posture practices and a variety of positions of the body and limbs. The purpose is not only to stimulate muscle action and body fluid flow, but to facilitate the movement of the so-called universal energy in order to maintain health. Yoga is not so much a treatment for illness but is considered more for preventative measures. The Hindu believes that yoga decreases congestion and blockage of energy flow which causes illness. Sitting straight during meditation or even without meditation, it is believed, will allow for release of the congestion and blockage of the universal energy making it flow smoothly through various organs. These exercises are supposedly to stimulate the different “chakras” which in turn allow the energy to flow freely and maintain health.

Let Us Reason Ministries placed an article about yoga on the Internet entitled “YOGA: Today’s Lifestyle for Health.” The author of the article, once a practitioner of yoga, tells of becoming involved in yoga meditation as a result of practicing the yoga exercise positions. He cautions us that the physical yoga is not separate from the whole of Eastern Metaphysics. In his article he refers to a comment by Richard Hittlelman, an early pioneer of Hatha Yoga, he “*stated that as yoga students practiced the physical positions, they would eventually be ready to investigate the spiritual component which is ‘the entire essence of the subject’*” (Yoga Journal, May/June 1993, p. 68 quote from [http://cana.userworld.com/cana_yoga.html], reported in p.2 [<http://www.letusreason.org/NAM1.htm>]).

How popular are yoga exercises? Let Us Reason Ministries’ article on this gives just a glimpse of the interest. “Hatha yoga exercises are taught as part of YMCA physical education programs, in health spas and given as physical exercise on TV programs. Eighty percent of clubs now offer yoga

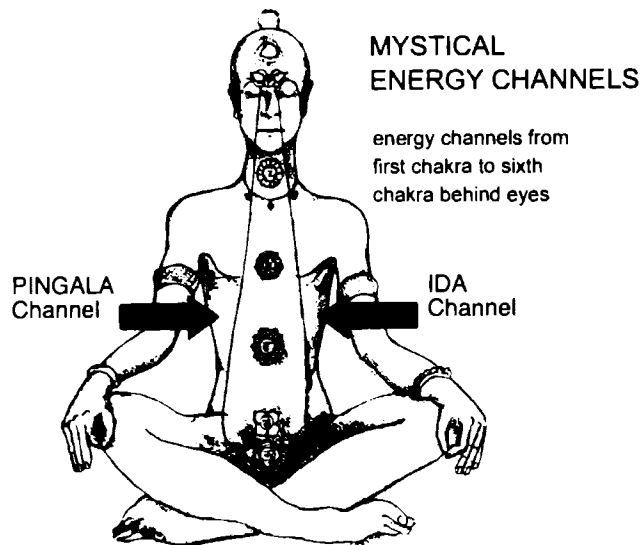
classes. Yoga is also incorporated into institutional and liberal churches on the assumption that these techniques are nothing more than benign physical exercises which condition the mind and body. It has come in under the guise of stress reduction. Touted as scientifically proven is more an assumption, that is really at worst, a presumption." p.1 [<http://www.letusreason.org/NAM1.htm>].

The response that so often comes from participants of yoga exercise is that they are only doing "stretching exercises." What could be wrong or dangerous with that? The answer is given by the author of the article submitted by Let Us Reason Ministries: "The poses that they so diligently practice in their stretching are named after Hindu Gods, and what one is actually doing, is calling on them. In that worshipful pose, they are bowing and for all intents and purposes worshipping that god. Our God says 'You shall not bow down to them or worship them; for I, the Lord your God, am a jealous God.' " p. 6 [<http://www.letusreason.org/NAM1.htm>].

Combined with yoga exercise, emphasis is placed on breathing. In Eastern medicine this is paramount. Air [*prana*] is believed to carry the universal energy, (life force), into an individual, and breathing in a certain manner increases the amount of this universal energy, intelligence, consciousness, or Creative Principle in a person. *The Complete Illustrated Encyclopedia of Alternative Healing Therapies*, page fifty-two tells us, "The exercises of yoga are all designed to direct the flow of 'prana' and to release the body's internal energy to create spiritual awareness."

Taking air in through the right nostril is said to be breathing in the sun energy. Breathing through the left nostril is said to be breathing in the moon energy. In the nostrils are believed to be two channels for carrying universal energy. These channels are called *ida* [left] and *pingala* [right] and are believed to start at the nostrils and go down to the lower end of the spinal column. They are said to be related to the activities of the lunar and solar forces in the body. The mystic moon of the body [microcosm] is said to be located in the head, pouring with its milky rays the elixir [amrita] which serves the channel *ida* on the left side of the body, etc. The antagonistic principle of devouring solar heat is supposed to be situated at the lower pelvis area of the body.¹⁷

¹⁷ Jaggi, O.P., M.D., Ph.D., *Yogic and Tantric Medicine*, Atma Ram & Sons, Dehli, India, 1973, p. 62.



Hatha Yoga, by definition, means *union of sun[ha] and moon[tha]*. At a little higher level of yoga called “pranayama” the two channels in the nostrils become stimulated and union of the two breaths takes place at the “agya,” the important chakra between the two eyes. One set of yoga exercises called *Surya Namatura*, [Salutation to the Sun] is a set of easy movements and postures not held as long as most exercise postures. These exercises present a “spiritual salutation to the rising Sun the source of all energy for life, and are found in many religious and pagan societies.” *A Complete Illustrated Guide to Alternative Healing Therapies*, p. 55 An artist’s depiction of this set of exercises is illustrated.

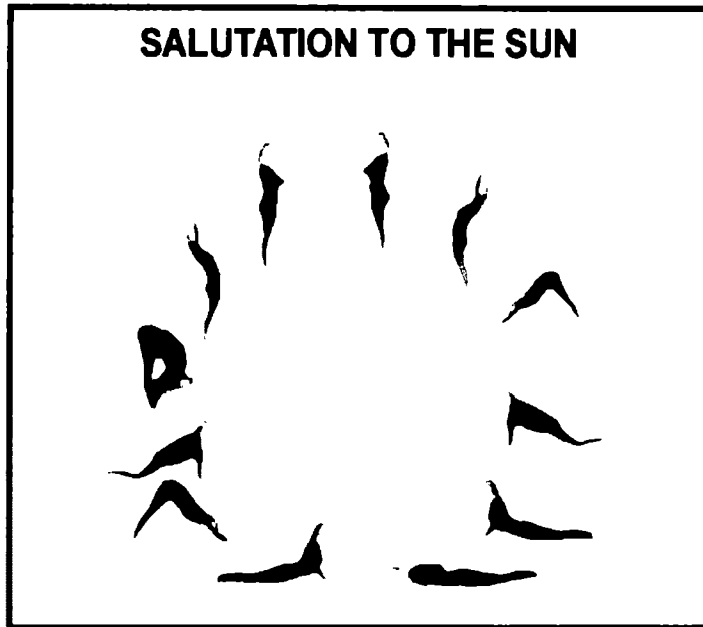
When the universal energy delivered to the body by breathing has traveled to the lower chakra, it will begin to ascend in an undulating manner, going through the chakras until it reaches the seventh crown chakra at the top of the head whereupon one receives *immortality*. This may take many lifetimes to accomplish.¹⁸

The Sanskrit word “yoga” is a cognate of the English word “yoke.” The goal of yoga is to “yoke” the practitioner with Brahman, the ultimate Deity of Hinduism. Yoga is a counterfeit of being yoked to Christ. (Matthew. 11:23).

Spreading across the world like a forest fire is the popular activity of

¹⁸ Jaggi, op. cit., p. 123.

yoga exercise and the breathing exercises that go with them. There may or may not be meditation involved, but most formal yoga sessions end with the practice of transcendental-type meditation. This can easily lead to spiritualism experiences. Because the spiritual philosophy that is a part of Hinduism is not presented in a verbal manner with the exercises or meditation, people totally disassociate the Hindu religion and its "world view"



of man's origin from yoga practice. An ex-Hindu Guru, now a Christian, has stated a very clear truth about the influences of participating in yoga. He said "There cannot be Hinduism without yoga and there can be no yoga without Hinduism."¹⁹ To participate in these practices is to accept the foundation pillars of Hinduism. It is like dancing around the tree of knowledge of good and evil, and since it seems safe, eventually the urge to reach out and touch and eat of its fruit is too strong a temptation to resist.

MASSAGE

Ayurveda teaches that the body has special channels which not only

¹⁹ *Gods of the New Age*: Video Tape 1988 Jeremiah Films, Inc., Hemet CA.

carry nutrients throughout the body, but additionally conduct subtle energies which link mankind with the cosmos. Disease in Ayurveda medicine is said to be determined by knowing which of these channels is affected. Massage and yoga exercises are used to open these channels when they are blocked or are not flowing freely. The congestion of these channels is considered a source of disease.

In Ayurveda it is taught that there are one hundred and seven points on the body called trigger points [or *marma points*], and that by massaging these points we are able to facilitate the flow of energy that may be stagnant, blocked or in some way congested. By massaging particular *marma points* [locations on the body, said to be where congestion of flow

107 MARMA POINTS



of universal energy occurs] with *essential oils*, then there is free flow of energy [prana]. Different types of essential oils are used for different types of illnesses, and, in turn, these oils will be chosen for application to particular trigger points. The various trigger points are said to be associated with particular areas or organs of the body. None of the above comments is substantiated by science.

It is very important to understand that the “trigger points” in Ayurvedic medicine should not be confused with the expression “trigger point” as is used in today’s conventional practice of medicine. A very fre-

quent complaint encountered in family practice is in localized point of pain on a specific muscle. Examination will reveal a firm, tender nodule in the muscle. A "twitch" of the muscle group will occur when the tender nodule is touched or pressed on. The cause of the nodule is most likely a section of muscle fibers in constant contraction. It can be very painful and can last days, weeks or even months. There are various methods of treatment. Firm pressure held on the tender nodule for ten minutes may alleviate it. Injecting the nodule with a local anesthetic may also bring relief, and use of ultrasound over the nodule works well. I have personally treated hundreds of these tender nodules. They have no relationship to the above "marma points" of Ayurvedic medicine.

Through memory of past emotional experiences, the Hindu believes we sometimes adopt postures and physical behaviors which create congestion of prana. Massage, above all else, involves the movement of energies, relieving congestion, thereby supposedly rejuvenating the mind-body.

Essential oils are taken from plants, which may have been exposed to the sun with water on them, which is supposed to pick up universal energy and make them more potent. Different marma points may require specific oils applied to them when massaged.

In Ayurveda, food also imparts universal energy [prana] to the body. The diet philosophy is complex. There is a strong bent toward vegetarianism. Another Eastern religion diet, the Zen Buddhist macrobiotic diet, consists of seven steps, with progressive restriction of diet choices. It is believed that food brings a type of energy [universal energy] apart from the energy obtained from the metabolism of food. It is also believed that foods of animal origin are stronger in raja-tama, yin-yang, and fruits and vegetables are more neutral in yin-yang and do not upset the energy balance, thus the choice of vegetarianism.

One may hear of "*live enzymes*," which can refer to the enzymes of plants unaltered by heat, or to the universal energy believed to be carried by the enzymes and not a biochemical condition of the enzymes. Our bodies produce all of the appropriate enzymes we need and it is not necessary to assimilate "*live enzymes*" from plants for proper metabolism. The enzymes in plants are for facilitating the biochemical actions in the plant

and do not function in our biochemical reactions. Previously stated in chapter 6 was the belief that eating plant food facilitated receiving energy from higher levels, or planes, which were then transferred to an individual's higher planes of energy.

HERBS & MINERALS

The use of herbs has been a fundamental practice in all ancient health and healing systems. Herbs are considered helpful in "bridging" the cosmic energies which are said to be internal and external to the body. In Ayurvedic practice, herbs are always to be used in conjunction with meditation, diet and other Ayurvedic approaches to health. Benefit from herbal therapy will depend upon it being added to other therapies. Little to no benefit is to be expected when it is used alone.

The herbal remedies of the past were not chosen for medicinal use because of their biochemical properties, but for their supposed properties to bring about positive or negative effects on universal energy, or due to their relationship to the zodiac, so as to bring balance to an unbalanced individual. Out of this use, however, it was recognized that certain plants had a variety of effects upon people, and over time, many plants began to be used as a result of their biochemical effects. Many present-day medicines are derived from herbs. More will be found by ongoing research. The use of some herbs in small amounts (such as tumeric) is of value as they contain many powerful chemicals that are healthful.

Ayurveda also used minerals in its treatment methods for thousands of years. Substances such as arsenic, antimony, and mercury were in common use until this past century. Mercury was the most popular mineral used and was given almost as a universal antidote for illness. Mercury, in the Hindu's understanding, is "semen from Shiva" one of their prominent gods.

The ancient apothecary, or pharmacy, had minerals and a variety of plant substances. Some of these pharmacies grew their own plants and prepared minerals for administration. Of particular note in Alchemy is mercury, a white element derived from the red cinnabar ore and is a deadly poison. The use of mercury continued down through the centuries, and in the early 1800s mercury, in the form of *mercurous chloride*

[calomel], was given for almost all ailments. When I began the study of medicine in 1955, there were several forms of mercury still being used in medical care. It was quite effective as an ointment to treat fungus infections of the skin. Injections of *mercuhydrin* were used as a diuretic. Gradually, physicians began to understand its long-term toxicity and its use faded.

Aromatherapy and the use of “essential oils” are very popular as a method of influencing universal energy within a person. The aroma is obtained by using concentrates of flowers and plant substances. It can be applied as oils or placed in vaporizers and diffused through the air. Many times plants are placed in water, and then placed in the sunshine for several hours. Sunlight is supposed to increase the “essence” of the plants. They are then processed by concentration into oils which are usually rubbed into the skin. This is one more way in which it is believed that the universal energy [prana] is absorbed by the body.

PANCHAKARMA : CLEANSING—PURIFICATION

One very interesting part of the Ayurvedic healing system beliefs is panchakarma, or purification treatment. It is believed that cells in the body contain residual impurities deposited in them as a result of improper digestion. The goal of purification is to rid the body of *ama* or impurities.

Ayurveda teaches that there is a “fire” in the body [called *agni*]—which is called “metabolism,”—that drives all of the vital chemical processes. It directs and supports digestion. If digestion is impaired by too little *agni*, or for any other reason, then impurities [*ama*] are produced. The *ama* is supposedly a *white sticky substance* [not recognized by scientific medicine] that is absorbed by channels—non-demonstrable by the anatomist—and spreads to areas of the body, and if not cleaned out, often develops disease by causing imbalances of the dosha energies. The diseases might be called gallstones, cancer, heart disease, etc. Ayurveda recognizes two types of disease—outside disease and inside disease. *Ama* is said to be the root of all inside diseases.²⁰ The purification procedures are

²⁰ Raso, op. cit., p. 89.

both used as preventative and restorative therapy.

The five cleansing therapies of Ayurveda are:

- (1) Nasal administration of substances that are believed to clear out the imbalanced doshas, or energies, from the head and neck area.
- (2) Emetics to induce vomiting, which clears the energies from the lungs and abdominal area.
- (3) Laxatives and strong purgatives to cleanse the blood, liver, spleen, small intestine and sweat glands.
- (4) Medicated enemas to cleanse the colon, rectum, lumbar-sacral region and bones of excess energies. "Ayurveda regards medicated enemas (Ayurveda lists over 100 different ones) as the most important purification method of all, because of the importance of the large intestine in health and disease."²⁰ The loosened doshas [yin–yang, roja–tama] are believed to be washed out through the intestinal tract.
- (5) Bloodletting had long been a practice in Ayurveda until a change [140–150 years ago] where using herbs was substituted for taking blood. The concept behind drawing blood was that it eliminated toxins and excess energies from the blood, lymph, and deep tissues. The purpose for bloodletting was to treat skin disorders, enlarged liver and spleen, gout, fevers, abdominal tumors, jaundice, etc. There are other cleansing practices such as the topical application of plasters and herbal pastes, etc.

Ayurveda medicine is strongly connected to astrology, teaching that: . . . "the sun and moon have the strongest influence on health and healing and their movements indicate changes not only in the seasons but in human health and behavior."²¹ For this reason, the zodiac was used to choose which area of the patient's body should be bled.

Another believed-in [supposed] cleanser is urine, applied topically, by drinking, by enema, and even by injection into the body. "In traditional Ayurveda, alcoholism, poor appetite, nausea, indigestion, ascites [free

²¹ Warrior, op. cit., pp. 170, 172.

fluid in abdominal cavity], and edema are treated with goat feces washed with urine; constipation is treated with a mixture of milk and urine; impotence is treated with 216 kinds of enemas [some including the testicles of peacocks, swans, and turtles]; and epilepsy and insanity are treated with ass urine."²² These remedial substances were administered in enemas.

Urine is the body's process of elimination of a multitude of waste chemicals. To drink or use urine waste in any way is simply putting back into the system a concentration of impurities.

I have systematically presented the fundamental principles in Ayurvedic medicine because even today these practices are commonly promoted. It is common to hear of coffee or medicated enemas, or an electrical machine to remove toxins caught in body tissues. Various cleansing practices of Ayurveda are accepted and used by many who have no idea of their origin.

In the practice of panchakarma [purification] in Ayurveda, the organs selected for stimulation to supposedly facilitate the removal of toxins from the system, are not all organs science recognizes as designed to eliminate impurities and toxic substances from the body. Ayurveda sometimes may apply irritating and/or toxic substances to the sinuses, stomach, lungs and intestines, which in turn causes them to secrete mucus and fluids, to vomit, or have bowel movements. This is not a process of riding the system of impurities; it is a method of adding impurities, which in turn causes the body to react.

The sciences of anatomy and physiology recognize the function of the lungs, kidneys, liver and skin as the prime organs for processing and eliminating toxins from the body. The intestinal tract is not a prime detoxifying organ. However, it does carry out the detoxified impurities discharged from the liver. Our bodies also need fresh air, water, and exercise to facilitate the elimination of toxins.

The following comment by E. G. White, [*The Ministry of Healing*, p. 237.] states: "In health and in sickness, pure water is one of heaven's choicest blessings. Its proper use promotes health. It is the beverage which God provided to quench the thirst of animals and man. Drunk

²² Raso, op. cit., p. 89.

freely, it helps to supply the necessities of the system and assists nature to resist disease. The external application of water is one of the easiest and most satisfactory ways of regulating the circulation of the blood. A cold or cool bath is an excellent tonic. Warm baths open the pores and thus aid in the elimination of impurities. Both warm and neutral baths soothe the nerves and equalize the circulation."

SEVENTH-DAY ADVENTIST DIETARY REGIMIN

A simple approach to cleansing follows: Eat a non-refined plant food diet; drink at least five to six glasses of water per day; breathe clean fresh air; exercise an hour per day, and bathe daily. Abstain from coffee, tea, alcohol and tobacco. In addition, it is prudent to be regular in habits of sleep, rest, and eating. Allow for five or more hours between meals, with nothing at all except water between meals. The fiber in a non-refined diet of plant foods will absorb many chemical by-products from the bowel and will promote elimination. There are several thousand types of phytochemicals in plants and some counteract various types of toxins. With this approach, the skin, lungs, kidneys, bowels and liver are able to function at their best so as to eliminate impurities.

I will share with you a clinical "gem" that I shared with patients in my medical practice. When first arising in the morning, drink two or three large glasses of quite warm to near hot water. It must be drunk as a bolus and not in sips. Do not eat any food for at least fifteen minutes. This is most effective with a high fiber diet. Do this daily for the rest of your life. I have had patients tell me that this solved their life-long problem of constipation.

CONVENTIONAL SCIENCE VS.VIBRATIONAL MEDICINE

For the past three centuries the *discipline of science* was developed by experimenting, measuring, analyzing and reproducibility. Conflict in beliefs occurred between the proponents of universal energy, vitalism, life force, etc. and modern science. The characteristics of the universal energy could not be measured, demonstrated or explained by the known laws of physics. When electricity was discovered, and its laws of action understood, the pro-

ponents of universal energy felt that now life force energy would be demonstrated and explained to the non-believing skeptic scientists. It did not work out that way and there is still a gap in belief between the two.

In recent years, instruments for testing electricity and electro-magnetic energy fields have been greatly expanded and have become more sophisticated. Still, scientists cannot find common ground with those believing in, and teaching the universal energy hypothesis.

The scientist who believes in Eastern mysticism and energy hypothesis presents his work as proof. As I understand it, the main points of "proof" proclaimed by universal energy adherents, are:

A. Auras:

"All living things (people, plants, animals, etc.) are made up of a complex combination of atoms, molecules and energy cells. As these ingredients coexist, they generate a large magnetic energy field that can be sensed, felt and even seen around the physical body. This energy field is often called an Aura." [<http://www.paganspath.com/meta/aura.htm>].

Are there energy fields around the human body? Yes, sort of; but there are energy fields almost everywhere. The body's energy fields are commonly measured by medical devices such as electrocardiograph, electroencephalograph, or electromyography. To obtain a measurement with these devices, it is necessary to either insert needles into the skin to make electrical contact, or sandpaper the skin to prepare it for the application of an electrode that can pick up an impulse that reveals the electrical field. If either of these methods is not used, the machines will not be able to detect an electromagnetic field.

"Physics has some very advanced equipment. We can, for instance, measure one quantum of electromagnetic flux. That's more than a million times more sensitive than living tissue is. After all, life as we know it is always warm and wet. Devices don't have that constraint. We can make devices out of poisonous metals. We can cool them to hundreds of degrees below zero, to make them superconductive. Even if the human nervous system turns out to be a thousand times better than I think, devices would still be hugely better at measuring energy fields." [<http://www.don-lindsay-archive.org/skeptic/auras.html>].

The human body has been measured with powerful machines that would detect an aura if such existed. Machines such as MRI and PET scans do not detect auras.

B. Kirlian Photography:

In 1939, in Russia, Semyon Kirlian discovered by accident that if an object placed on a photographic plate was subjected to a high-voltage electric field, an image would be created on the plate. The image, though somewhat non-discreet and fuzzy, was accepted by believers in auras as proof of an *aura*.

This phenomenon has been shown to be the result of moisture, or gasses around the test object, reacting with the generated electrical field and therefore reacting on the photographic plate. When Kirlian photography is done in a vacuum where no moisture or gases can exist, the “aura” vanishes from the photographic plate. (Hines 2003). In spite of the scientific explanation, Kirlian photography is still referred to as proof that auras surround living and non-living objects.

C. Radiating energy fields are said to be projected from the hands:

James L. Oschman, in his book *Energy Medicine the Scientific Basis*, makes the comment that energy fields can be detected around the hands of “suitable trained therapists.” Another author states that these same phenomena can be measured on “sensitives” but not on non-sensitives. (As an illustration of energy radiating from hands, Oschman uses the story of Mesmer and his power of healing as done by magnets and then as he changed to using only his hands for healing. See chapter 12.)

D. Claims that energy fields or auras can be felt:

Therapeutic Touch healing method is based upon this claim. “The spring issue of *Scientific Review of Alternative Medicine* reports a rare test of Therapeutic Touch designed by James Randi. The practitioner [of TT] was unable to detect the presence or absence of a human arm in a ‘sleeve.’ The test involved a patient flipping a coin. After each flip, they either did or didn’t insert their arm into a sleeve. For the first twenty flips, the patient was in plain view, and the TT Practitioner was 100% successful (20 out of

20) in determining if the arm was or wasn't in the sleeve . . . The patient was then screened from the TT practitioner's view, and another twenty flips were done. The practitioners did no better than random at telling if the arm was in the sleeve. They were asked if they would like to go on, and they refused." [<http://www.don-lindsay-archive.org/skeptic/auras.html>].

Emily Rosa, a nine year old girl, did a test of a similar style with the same results for a science project in school. Her project was written and appeared in three medical journals—*Lancet*, *The British Medical Journal*, and *The Journal of the American Medical Association*. Her experiment was also reported on nation-wide television.

E. Psychics and sensitives can see auras:

Ten thousand dollars was offered to any psychic who could accurately identify auras. A test was set up with twenty partitions on a large stage. The psychic, Berkeley Psychic Institute's best, was to identify which partitions had a person behind it. This was a live test on the Bill Bixby television show. The psychic agreed that the test was fair. Prior to placing the people behind the partitions, the psychic was asked if she could see the auras of the people. She said yes and that they were from one to two feet above their heads. Six people were placed behind partitions, but fourteen did not go behind partitions and stayed out of sight. The psychic saw auras behind all twenty partitions. There is now a one million dollar offer for the psychic that can pass this same test. [<http://skepdic.com/auras.html>]

F. Magnetic therapy is used in conventional medicine:

Pulsating electromagnetic waves are used to facilitate bone healing, and there is ongoing research exploring its use in soft tissue injury. It is now recognized that with an injury to tissue there is an electromagnetic field *inside* the body surrounding the wound, none on the outside. Pulsating electromagnetic forces can effect this energy field stimulating healing by attracting repair cells. Powerful magnetic pulses can be used in severe cases of depression; however, there may be significant memory loss. There is no evidence from double-blind studies that any benefit occurs from using stagnant magnets.

It may be asked, why use terms such as electromagnetic frequencies, radio frequencies, etc. throughout this book relating to supposedly emanating energies from our bodies. The reason is that there are no proper terms to use for an energy that really does not exist. I have used the terms that appear in writings of those supporting, believing in, and teaching the universal energy hypothesis. For example, from the book *The Way of Energy* by Lam Kan Chuen, we find, “*You are a miniature field of the electromagnetic energy of the universe.*” I must use the terms appearing in the literature so readers can relate the information in this text to that which they may read. A more accurate term might be *Satan's electric currents*.

There are many highly trained scientists who are believers in Eastern mysticism. Several are superb authors. They are able to convincingly present the subject of the aura and hypothetical electromagnetic energy as radiating from our bodies and hands, which is said to be able to influence and correct the energy fields of others. I present two paragraphs from a book review which appeared in the *British Homoeopathic Journal Vol. 87*, July 1998, about one such author.

“Dr. Richard Gerber is a physician in Livonia, Michigan, USA described as ‘the definitive authority for energetic medicine.’ In his book he draws together a variety of complementary therapies, including acupuncture, homeopathy, flower essences, magnet therapy, hands on therapies and radionics, seeking to link their healing mechanisms together. He uses the term ‘vibrational medicine’ to cover these forms of energy medicine, a term that may not be instantly recognizable to all. In the introductory chapter, there is an excellent section on the preconceptions of modern medicine, and how they evolved as a result of Newton's mechanical theory of physics. Energy medicine is more in tune with the quantum physics. It was delightful to read a comprehensible explanation of such complex ideas, which would be clearly understood by those without a scientific background. Gerber shows his skill as a teacher in his ability to convey difficult concepts in an accurate yet simple manner.

“Gerber describes non-chemical information exchange between cells, which ultimately forms the basis of his theories on how these therapies may work. He creates a working hypothesis that embraces the ideas of chakras, meridians and energetic force fields. He ex-

pands on traditional Eastern philosophies of ch'i and prana, blending them together with fascinating results; there is a blending of scientific fact and esoteric philosophy that captures the imagination." [<http://www.minimum.com/reviews/vibrational-medicine.htm>].

Dr. Gerber presents in his book *Vibrational Medicine* [and on DVD discs], that universal energy frequencies above the first level or plane are faster than light frequencies. He refers to a William Tiller, a previous Physicist of Stanford Univ. for his authority on this subject. *This hypothesis is not entertained in conventional physics.*

I have listened to Dr. Gerber's explanation of vibrational energy medicine. He is highly trained in conventional science and medicine. He is so smooth and convincing that I began to wonder about my own beliefs. I have repeatedly experienced this same *self-questioning* after reading other well-trained scientists and skilled authors who are oriented in Eastern religion and metaphysics. I found that I had to back away from the immediate discourse and evaluate the overall picture that each of these doctors present. Where are they heading with this concept and their explanations of the physical workings of the universe?

As I continued to listen to Dr. Gerber, the subjects of astral travel, astrology, numerology, reincarnation, clairvoyance, channeling, psychic abilities, spiritual evolution and divine-self were presented as wholesome objectives and realities. He teaches that we have a divine nature and are divine lights. There is the idea of chakras being the processors of energy which move us onward in the spiritual climb toward the supreme self or godhood. Attaining perfection is a process of self works which is obtained by the development of a higher energy level. Dr. Gerber is not the only scientist holding such beliefs.

I asked myself how it is possible that highly trained scientists, such as Drs. Gerber, Green, and Oschman arrive at conclusions so far from the accepted laws of conventional physics and chemistry? They at times speak of *intuition* as the source of their information. What is *intuition*? As I understand it, they are speaking of receiving intelligence from the universe that they are able to tap into. This is analogous to receiving *divine revelation*. The information received or arrived at by intuition, then is accepted as superseding conventional science.

Elizabeth Clare Prophet claims to have received seven dictated messages from Djwal Kul, an “Ascended Master,” [demonic spirit] which she placed in the book, *Intermediate Studies of the Human Aura*. These messages are a “discussion of the chakras within the body as transmitters of light energy which is essential to the understanding of spiritual evolution,” p. 6. He, Djwal Kul, [Djwhal Khul in some other writings] presents numerous meditations and techniques for “clearing the chakras” for their expansion and projection into the “macrocosmic-microcosmic interchange.” These messages by Djwal Kul are a guide for the Pagan’s pilgrimage and pathway to immortality and godhood.

We are told in Kul’s messages that the aura is an extension of god “him-self” in us and that the size of the aura is directly related to the mastery of god’s energies within our chakras. The “god” spoken of in this book is not the God you and I serve. In reality, it is Satan. However, the description given in this esoteric book is that it is the highest plane [plane 7] of universal energy. It is believed to be the level of energy which imparts *immortality* and *Your Divine-Self*.

Why write about such blasphemy? What does it have to do with spiritualistic deceptions in health and healing? The alternative and complementary methods of treatment are about balancing body energy. They are not based on being in harmony with God’s laws of health. If we choose to use these “energy” methods, we are accepting that they indeed may work in providing health and healing. At the same time we have accepted [perhaps not consciously] the energy hypothesis, which is the foundation and core of Hinduism and pagan religion.

DEEPAK CHOPRA M.D.

Deepak Chopra M.D. is a name you may have heard as a lecturer or in interviews on a TV show. He has authored 19 books promoting Ayurvedic medicine, produced many CDs teaching his style of Ayurveda, and established The American Association of Ayurvedic Medicine in 1991. In 1995 he opened *The Chopra Center for Well Being* in La Jolla, California, where he is Educational Director. His books are in 12 languages and sold around the world. The books have sold more than 10 million English

copies. He has produced TV and radio programs promoting his Ayurvedic teachings.

Chopra is a graduate of All India Institute of Medical Sciences; he took several years training in the U.S. at Lehey Clinic and University of Virginia Hospital becoming certified in internal medicine and endocrinology. He taught at Tufts and Boston University Schools of Medicine, and was elected Chief of Staff at New England Memorial Hospital. He also established a private practice. Then his interests changed to Ayurvedic medicine. He no longer practices medicine but applies his skills to the teaching and promotion of Ayurveda.

What does Chopra teach that catches so many people's interest? Central to his philosophy is that the human mind has latent potential and self-knowledge. To bring this potential to fruition he supports meditation, nutrition, yoga and exercise, herbal medicine, massage, sound, movement, and aromatherapy. He teaches detoxification and purification by fasting and enemas. His influence in this country and other nations has been vast. There are other medical doctors who also have taken up Ayurveda teachings and have great influence in this country—Drs. Weil and Coussens. They promote the association of Western scientific medicine with Eastern mysticisms which is called *integrative medicine*. See chapter 14.

SUMMARY

Presented in this chapter are the basic principles of the Ayurveda system of health and healing. It is based on belief in astrology and the idea that man originated from the cosmic energy called the Creative Principle or Universal Energy. This is the “wisdom from the East” that so many consider superior to the knowledge gained through present-day science. It can be seen that many of the old practices of the West in past centuries were primarily the practice of Ayurveda without the spiritual names. There is a carry-over of many of the old practices that have been slow to disappear.

In the Bible (1 Kings 4:29–34, NIV) we are told that God gave Solomon “*wisdom*” that was greater than the “wisdom of all the men of

the East, and greater than all the wisdom of Egypt.” And “Men of all nations, sent from all of the kings of the earth who had heard of his wisdom, came to hear the wisdom of Solomon.” God had blessed His people Israel, through the prophet Moses, with instructions for healthful living. Remember, Israel is the only nation in the history of the world to have a primary system of disease prevention. Today, we can give praise to God for the instructions in health and healing as given through the Bible and Ellen White, which give us the most advanced knowledge in the world for healthful living. The end results have shown this to be true. Why would we even consider looking back to the wisdom of the East and of Egypt [paganism] and reject God’s directions for health and healing?

At this time of great advances in science, when this knowledge has been applied with great benefit, we see widespread belief in, and the following after, of these ancient methods that have no history of being effective for improving the health of man. There is no evidence that shows these practices have extended the life of man by even one day. The medical history of the areas of the world that practiced these methods has shown that health was dismal and never improved until the science that follows the physical laws of God, chemistry, physics, and hygiene were followed. How can we accept and use these pagan methods if we believe in a God who spoke and created by His power? We are sustained by His power and not by some power in us that can be turned off and on or stimulated by the practices presented in this book.

Why put so much effort into exposing the Ayurvedic system of health and healing? Because this system has had great influence on health and healing as practiced over the world for millennia. This system is being used as the right arm of the religious message of Hinduism and spiritualism. Ayurveda cannot be separated from Hinduism and Hinduism cannot be separated from Ayurveda. Ayurveda has its basis in astrology. The sun is the all-powerful tenet of astrology; and to give homage to the sun is equivalent to Luciferic worship. To participate in these so called healing methods is to partake of the *Tree of the Knowledge of Good and Evil*.

CHAPTER 8

ACUPUNCTURE

AND CHINESE TRADITIONAL MEDICINE

Chinese traditional medicine practices were little heard of in the West until the early 1970s. I became involved in medical education in 1954 and not until the 1970s did I hear of acupuncture or other traditional Chinese healing methods. The march toward scientific medicine in the first fifty years of the twentieth century had been almost complete. The medical disciplines of eclectic, homeopathy, osteopathy and naturopathy had either converted to scientific medicine or had slowly faded or ceased to exist. Medical students were told about some past medical treatments such as the use of heavy metals, emetics, blistering compounds, purgatives and bloodletting but no mention had been made of Ayurvedic or traditional Chinese medicine such as acupuncture or moxibustion.

Since the early 1980s, there has been widespread acceptance of the oriental healing methods. Most of the older physicians have rejected them, but a large number of younger doctors have not. For some, it has been mainly a financial interest; but for others, it has been a belief in these alternative methods. Now, we see in some medical training institutions research being done on some alternative treatment methods; acupuncture being the most common.

Segments of the Ayurvedic system have been used more widely than has Chinese traditional medicine. However, the Chinese methods are often used along with Ayurveda. Let us examine the roots of the traditional Chinese system of healing.

You are probably very familiar with the symbol of two fish swimming in a circle with eight trigrams of all possible combinations of the two, which in Chinese is called *pa kua* and referred to in English as *circle of harmony*. Emperor Fu Hsi, in 2900 B.C., is credited with its origination. It is a

symbol representing all the conditions of yin–yang. This Emperor's works are the most ancient upon which traditional Chinese medicine is based.¹



Another Emperor, Shen Nung, in 2800 B.C., compiled a text "*pen-tsao*" which was the first medical text for the use of herbs. It contained three hundred and sixty-five drugs, which he had tested on himself.²

The most celebrated ancient medical text in China is called the "*Nei Ching*." It was written in 2600 B.C. by the Yellow Emperor, Hwang Ti. From this text is garnered information that gives us insight into the early approach to Chinese medicine and its orientation.³

Traditional Chinese medicine was based on Taoism ["The Way"]. Three basic beliefs of Taoism are: 1. Man [microcosm] is the image of the cosmos [macrocosm]; 2. The Creative Principle (or universal energy) is called *ch'i* and is composed of two parts—*yin* and *yang* [dualism]; 3. Five basic elements are involved in transformation in creation: metal, air, *earth*, *fire*, *water*. With the proper balance of yin and yang, [which are di-

¹ Lyons, Albert S., Petrucelli, R. Joseph, II, *Medicine An Illustrated History*, Harry N. Abrams, Inc., Publishers, New York, NY, 1978, p. 121.

² *Ibid.*, p. 124.

³ *Ibid.*

visions of ch'i] transformation brought the cosmos, earth and man into existence. Fundamental to traditional Chinese medicine is the astrological concept of the planets being closely associated with earth and man, with the sun and moon having the strongest influence. Shelia McNamara, in her book, *Traditional Chinese Medicine*, p. 26, makes the following statement: "To the Chinese, the human body is the cosmos in miniature. The universe is an organism and man is a microcosm of the universe . . . Yang is masculine: sun. . . Yin is feminine: moon, . . ."

All disease is perceived as being a result of disharmony in the balance of yin and yang. This imbalance can occur for many reasons, such as lifestyle. It is believed that some physical disorders are caused by "winds." Foods are considered yin or yang and the balance of such will influence to maintain health, or imbalance to allow illness. The beliefs of what causes imbalance in the yin and yang of the body are complex. I will not go into the causes of imbalance, but rather will direct our attention to the practices that are said to be capable of restoring balance.

Diseases are classified according to four different states of disharmony and make up eight syndromes, which include all varieties of disease. These conditions are: imbalance of yin/yang; interior/exterior; hot/cold; and deficiencies/excesses.

The customary way to diagnose an imbalance of energy in traditional Chinese medicine was to observe the tongue and feel the pulse. The tongue was felt to demonstrate changes in energy [ch'i] distribution throughout the body. Taking the pulse was done not to check the rate and rhythm of the heart, but to find where an imbalance of ch'i existed. One ancient author of Chinese traditional medicine wrote ten large volumes on pulse diagnosis. From the pulse and observation of the tongue, they determined the imbalance of ch'i (qi), where it was, and then prescribed to balance it.

DISEASE TREATMENT METHODS

In this chapter is presented those methods of treatment most commonly known and accepted by Western society. These include the use of herbs, martial arts and acupuncture. The Chinese practice disease pre-

vention, with special emphasis on exercise and diet. Disease prevention is directed toward maintaining a balance of body energies.

In traditional Chinese medicine, herbs and foods are considered to have a “signature” and “like cures like.” For instance, walnuts resemble the brain therefore walnuts are especially nourishing to the brain. For a child to eat the pig’s tail, is to assure a straight, strong spine as he or she grows. If an herb looks like an organ of the body, then it is considered to have special healing powers for that part of the body.⁴

Ginseng root can resemble the body and its limbs and is therefore considered good for all bodily ailments. The horn of an animal represents a phallic symbol and so is used as an aphrodisiac. Consumption of animal parts, such as a tiger’s heart, will give courage. This type of belief has resulted in a large number of herbs being used because of their appearance rather than from their biochemical properties. Many animal parts are likewise used in this way. I visited a very large Chinese pharmacy in Vancouver, British Columbia, Canada, and was amazed to see dried parts of animals, fish and many other products I could not identify. The store had a thousand or more different substances, some in bottles and some in open boxes. None looked tempting.

The idea of “like cures like” is an *association-sympathy* concept and not at all due to the chemical action of our systems. The Chinese found many herbs and substances that really do have significant biochemical action which are used world-wide. Herbal books will often label herbs as either hot-cold and/or yin-yang. The herbs may then be chosen for medicinal use accordingly so as to influence a sick persons balance of yin-yang and /or hot and cold.

MARTIAL ARTS—QI GONG

“Qi gong is the forerunner of traditional Chinese medicine, since *qi* (ch’i), the subtle breath, or life energy, is at the heart of everything.”⁵ Qi gong means manipulation of vital energy, and is also the precursor of martial arts that have been practiced in China for thousands of years. Qi is

⁴ McNamara, Shelia, *Traditional Chinese Medicine*, Basic Books, [Perseus Books] New York, NY, 1996, p. 117.

⁵ *Ibid.*, p. 130.

comprised of yin and yang, each contributing to health when in proper balance. Gong refers to achieving the ultimate balance of the two parts. Qi gong is a variety of physical exercises and actions practiced to facilitate the harmony of yin and yang. If one is able to superbly balance these parts of qi, he will be able to accomplish extraordinary feats with his powers and will be a *master* of qi gong.

Qi gong is a system of body/mind discipline of traditional Chinese medicine and is the foundation of martial arts, which are practiced under various names, such as ninjutsu, tai chi chuan, ikido, tae kwon do, judo, kempo, karate, etc. "*Qi gong is a method of meditation and exercise aimed at the cultivation of physical and spiritual perfection.*"⁶ Meditational forms involve stillness, standing, sitting, or lying motionless. More physically active forms will involve breathing exercises in order to inhale the "*vital essence of life.*" Physical activity is frequently a slow, smooth, and rounded movement. These activities are "*always with a spiritual element.*"⁷

QI GONG



MOTIONLESS
MEDITATION



MOVING
MEDITATION

The exercises can be performed alone, or by a qi gong Master for another person, which involves exercising around the other person's body,

⁶ *Ibid.*, pp. 127, 128.

⁷ *Ibid.*, p. 128.

without making any physical contact. This is supposed to activate the qi within another's body so that the person can be brought into the qi gong state. Balancing the qi is the objective, for too little qi is equivalent to illness. When people do their own exercises, or when masters do the exercises for them, qi, it is said, can be directed towards different areas within the body.

"One of its main precepts concerns finding the center of the body, to attain perfect balance as a prerequisite to health. Students will be taught to visualize the soles of their feet reaching hundreds of yards deep down into the earth, or a rod passing down their spine via the center of their head and penetrating deep into the ground. Once they achieve perfect balance, no one will be able to knock them off-balance. It proves that the qi is perfectly centered, neither too weak in one part of the body nor too strong in another."⁸

I once presented this information to an assembly and a gentleman came to me afterward. He spoke of taking karate, one of the disciplines of qi gong, and how he and two other students tried to push their instructor off-balance and were unable to do so. The question then is, what power held him to the ground?

A delegation of Chinese physicians traveled to the United States to present to American doctors this particular aspect of traditional Chinese medicine. They desired to convince the American doctors of the scientific basis of this therapy for which they made great claims. They described studies showing that the power associated with this life force showed up as making changes in electrical brain wave potential; in the molecular rotation of liquid crystal molecules; and in cancer cells, bacteria, and viruses.

The following was reported in *The Medical Tribune*. "After the Chinese Qi Gong scientists described their research, Dr. Li Xiao Ming, a Qi Gong master at the Qi Gong Research Institute at the Beijing College of Traditional Chinese Medicine, demonstrated his art on Dr. Alfonso Di Mino. As Dr. Li did his exercise around Dr. Di Mino, Dr. Di Mino shouted for Dr. Li to lower his hands as he said that he felt as if he 'were ready to

⁸ *Ibid.*, p. 128.

fly.' Later he said that it felt as if he had an 'electric magnetic power inside his body' 'My mind was not aware of my body.'

"Dr. Di Mino, a biophysicist, described this 'life force' as 'the medicine of the future.' Robert Leeds, the vice chairman of the Sino-U.S. Qi Gong Center, then told the audience that Dr. Li was able to 'manipulate energies we allegedly are not sensitive to or do not understand.' He added that for four thousand years, 'the Chinese have been able to map out this energy field and manipulate it to such an extent that it can heal.'"⁹

All across China in the early morning, people can be seen outside practicing various exercises of qi gong. All qi gong methods are supposed to produce equal flow of energy through the body and thereby promote health. Remember, there is a *spiritual aspect* connected to qi gong exercises.¹⁰

Tai ch'i is one of the popular styles of qi gong. It is felt to be totally free of any spiritual association by most people practicing it. Shelia McNamara in her book, *Traditional Chinese Medicine*, says of the different qi gong exercises, "... but they all spring from the same ancient root, and all are based on the meridians which interconnect the internal organs and viscera with the exterior of the body, through which the qi flows."¹¹



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⁹ *Medical Tribune*, Feb. 5, 1986 by Elizabeth Mechcatie [medical newspaper].

¹⁰ McNamara, op. cit., p. 128.

¹¹ *Ibid.*

In *U.S. News and World Report*, Feb. 22, 1999, there was an article by Bay Fang, entitled *An Opiate of the Masses?* This article referred to an advanced type of qi gong exercise. Grand Master Li Hongzhi leads sixty million Chinese in the practice of Falun Gong "Rotating the Law Wheel." Tape recordings of the voice of the Master are played as thousands gather to do exercises. With eyes closed the people raise their arms together and in perfect unison their hands sweep slowly in a circle and come to rest in a prayer position. "Adherents in China say the Falun Gong Master can cure cancer, heal the blind, and make white hair turn black. . . . Throughout history, Qi Gong masters have captivated the public with their miracle cures, soothsaying and other tricks ranging from levitating objects to communicating with aliens and changing the odor of cigarettes."¹²

We have seen how energy manipulation has progressed from the use of hands and needles, to exercises, and finally to energy manipulation without touching, just by using the mind to bring about "miraculous" changes. This type of progression, in whatever art being practiced, proves that the method used is not the real power, but is instead the *mental connection* with hidden powers of the occult.

ACUPUNCTURE AND CHINESE PHYSIOLOGY

Chinese physiology has astrology as its foundation. All qi gong exercises are based on the Chinese concept of physiology which teaches that there are fourteen meridians. Qi is believed to circulate through these meridians—the invisible lines of energy channels which are said to travel through the system—six on each side, one in the middle of the front, and one in the middle of the back. They run perpendicular on the body and have multiple small channels which connect to various organs of the body. Acupuncture is performed by needling these meridians at specific points in order to balance the distribution of energy (qi) to organs. Those who are proficient in qi gong can bring about this same balance simply by mind power and without needles.

The Chinese describe the distribution of *ch'i* [life energy] in a man-

¹² *U.S. News and World Report*, Opiate of the Masses, by Bay Fang, Feb. 22, 1999, p. 45.

ner different from the Ayurvedic system. It is believed that the energy comes close to the skin in various places and can be influenced in those areas to alter its flow.

Stephen Bassar M.D. did a very extensive review of studies evaluating acupuncture. His report "*Acupuncture: A History*," appeared in the Spring/Summer issue of *The Scientific Review of Alternative Medicine*, 1999. He learned from his research that in the early 1970s, manuscripts dating from 168 B.C., describing medicine as it existed in the third and second century B.C., were discovered in China at the Ma-wang-tui graves. From these manuscripts, descriptions of all procedures used in Chinese medicine during that period of time were obtained. Acupuncture was not mentioned. It first showed up in the Shi-chi text in 90 B.C.; however, there are descriptions of use of sharp stones to drain blood from veins prior this date.¹³

"The Ma-wang-tui texts describe eleven 'mo', or vessels, that were believed to contain in addition to blood a life force known as ch'i or pneuma."¹⁴ It was not appreciated at that time that blood circulates in a closed system.

The most important text of the end of the first century B.C. was the Huang-ti nei-ching. It describes twelve vessels (mo) instead of eleven, and gives different courses for the vessels from those given in the earlier descriptions. The vessels are called "conduits" (ching) or "conduit vessels" (ching-mo), and by this time it was understood that blood flows through a system where the vessels interconnect. The text also tells of a large number of holes which are located over the body of these vessels. At the time of this text, there was no distinction made between vessels on the basis of content, and no explanation as to how the blood and ch'i circulated in the vessels. The texts reveal that later on the belief developed that ch'i flowed through a separate system of vessels (today called *meridians*) that did not contain blood.¹⁵

Early in the history of Chinese medicine disease was attributed to imbalances of ch'i, and was caused by demons (hsieh-kuei); and that

¹³ Bassar, Stephen, M.D., *Acupuncture: A History*, Acupuncture Watch, Feb. 22, 2005; <http://www.acuwatch.org/hx/bassar.shtml>.

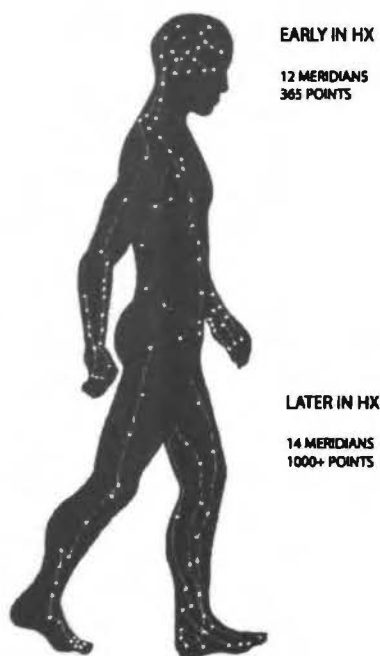
¹⁴ Epler, Jr., D.C., *Bloodletting in Early Chinese Medicine and Its Relation to the Origin of Acupuncture*, Bull Hist. Med., 1980, 54:357-367.

¹⁵ Bassar, op. cit., p. 2.

demons were carried by winds, and that winds dwelt in caves or tunnels. The demons (evil spirits) were believed to lodge within the vessels carrying ch'i and disturbing the flow. To dislodge the demon which was clogging the flow of ch'i, needles were inserted in the holes (tunnels) over the vessels allowing escape of ch'i and relieving the congestion.¹⁶ "The vessels, and not the openings, were the central feature of 'ancient' acupuncture, whereas in modern practice the points appear to be of prime importance. The vessels have, over time, lost their association with the vascular system and in the West are now viewed primarily as functional pathways lining the openings. The term 'meridian' rather than 'vessels' merely serves to aid in clouding the issue."¹⁷

Pulse diagnosis was developed during the time that ch'i was believed to flow through blood. It was believed that the location of blockage of ch'i could be determined by feeling the pulse.

ACUPUNCTURE



"Over time the connection between needling and ch'i, which formed

¹⁶ Unschuld PU. *Medicine in China: A History of Ideas*, Berkeley, CA: University of California Press, 1985, Reported in Acupuncture Watch, Bassar, op. cit., p. 2

¹⁷ Unschuld PU, *Nan-ching: The Classic of Difficult Issues*, Berkeley, CA: University of California Press, 1986, p. 5, Reported in Bassar, op. cit., p. 2, *Acupuncture: A History*, Acupuncture Watch.

the basis of acupuncture, was described in the context of an emerging cosmological view of the world, not evident in the earlier descriptions of medical bleeding. Organic medicine was subsumed under this emerging system of *cosmological correspondences*.¹⁸

Early in the history of acupuncture, there were 12 meridians and 365 points, one point for each day of the year. This has changed and now many more points and 14 meridians are said to exist. The body is supposed to have twelve organs. The Chinese day is considered to be 12 hours which covers the 24 hours we have in a day. One hour of Chinese physiology time equals two hours of our time. The ch'i is claimed to flow around through the 12 organs, on schedule, where one organ will have the dominance of ch'i for one Chinese hour [two hours], then another organ, so covering all organs in twelve divisions of the day. This is analogous to the zodiac and the planets and reflects the belief that man is a small cosmos.

Acupuncture at specific points is believed to cause a change of the energy [ch'i] flow running through that specific point to bring a desired balance of the yin and yang. This method is used for all types of illnesses, even for overcoming habits such as smoking. Some people claim to have experienced great relief from pain. Others have stopped smoking. What are the believed causes of the presumed imbalance of energy which results in disease? Lifestyle, different foods, and many other things are believed to influence the balance of energy. Winds are also believed to be a source of over one hundred different diseases.

Treatment entails balancing the energy (ch'i), or using *Like Cures Like* therapy. Prevention involves meditation, meditation in exercise (no motion, stillness of position), exercise, and balancing foods. It is also important to have balance in the home, such as the proper placement of furniture.

As mentioned previously, energy balancing techniques of Chinese traditional medicine are as follows: meditation, meditation in exercise, breathing exercises, qi gong, tai ch'i and martial arts of all types, diet, drugs, minerals, herbs, moxibustion, acupressure, and acupuncture. Acupuncture and martial arts are by far the most popular of traditional Chinese methods in the West.

¹⁸ Bassar, op. cit., p. 2.

Today the proponents of acupuncture commonly use the term “energy” in referring to ch’i, however this is misleading as “the core concept of ch’i bears no resemblance to the western concept of energy (regardless of whether the latter is borrowed from the physical sciences or from colloquial use.)”¹⁹ This is true in Ayurveda (prana) as well as traditional Chinese medicine.

The Christian believes in a God of Creation who, by the power of His spoken word created the heavens and the earth. The universe and man are sustained by His power, as is healing, and salvation of man is obtained through the belief in the life, death, and resurrection of Jesus Christ

The pagan denies the living God (Trinity), yet he recognizes there is a power that created and sustains the universe. We learned in chapter 4 of his explanation for creation, of the vital force believed to sustain us, and the balancing of the supposed divisions of the force to heal. This power was considered a spiritual force and a system was devised whereby man could manipulate and influence this power to sustain well-being, to heal, as well as to obtain eternal life.

The creative power of God is not measurable or demonstrable by mechanical measuring instruments, and is not under the control of man. The power, which paganism separated from God, had many names, such as vital force, prana, ch’i, qi, and more recently universal energy. The term “energy medicine” is commonly used to refer to the various techniques used in holistic health therapies. Scientists who are believers in these theories desire to show that this power (ch’i) is truly in the field of modern science and attempt to measure and demonstrate such. It is most likely that the common use of the term “energy” in reference to the “vital force” power has come from this desire. To the established believer in Hinduism or Taoism, this term “energy” may be an insult to his beliefs. The words prana, ch’i or qi, mana, etc. are not true synonyms of the word “energy.”

DOES ACUPUNCTURE WORK?

Acupuncture seems to do something for some people but nothing for

¹⁹ *Ibid.*, p. 2.

others. Could it be a placebo effect? Why have we not had studies that really determine if it works by the placebo effect or not? Part of the confusion and lack of solid “yes” or “no” answers rises out of the difficulty of doing quality scientific studies on this procedure. It is difficult to do a “mock” acupressure or acupuncture procedure. However, hundreds of studies have been done to test the effectiveness of the procedure over the past thirty years.

In 1981, the Academy of Sciences of the German Democratic Republic produced a statement regarding the effectiveness of acupuncture. Their summary, written by Rudolph Baumann, and published in *Zeitschrift für Experimentelle Chirurgie* 14:66-67, 1981, concluded the following:

1. Points of acupuncture are unknown to science and are not demonstrable, and different schools of acupuncture have charts that do not match for specific points.
2. All procedures attempting to prove their presence have failed.
3. Equal effects are obtainable in acupuncture when no attention is paid to specific points on the body.
4. There is no benefit to be expected to organic disease.
5. Infectious diseases have no response to acupuncture.
6. Acupuncture does not give better results than hypnosis, suggestion, or autosuggestion.
7. There was not enough evidence of effect to recommend research or to teach the subject to medical students or physicians.

Dr. Bassor reported in 1999, that “Carefully designed and conducted scientific studies have so far failed to demonstrate that the Chinese acupuncture is associated with more effective pain relief than either placebo or counterirritant stimulation such as TENS (transcutaneous electrical nerve stimulation).”²⁰ TENS has been used for many years for mild to moderate chronic musculoskeletal pain. He has concluded that from a scientific viewpoint it can now be said with confidence:

1. “The concept of ch’i has no basis in human physiology.
2. “The vessels, or meridians, along which the needling points are sup-

²⁰ *Ibid.*, p. 5.

posedly located, have not been shown to exist and do not relate to our current knowledge of human anatomy.

3. "Specific acupuncture points have not been shown to exist—as noted earlier, different acupuncture charts give different numbers and locations of points."²¹

After 25 years, science is still not able to detect any true value from the use of acupuncture. Many proponents of this technique will rise up in alarm by this statement, but these are the facts.

In November 1997, The National Institute of Drug Abuse held a Consensus Conference on acupuncture. The meeting was arranged by a Dr. Trachtenber, who is reported to be a strong advocate of acupuncture. Wallace Sampson MD, FACP presents a critique of the conference, in "*Acupuncture Watch*." [<http://www.acuwatch.org/general/nihcritique.shtml>] He mentions that the first question that arose was as to why investigators who had previously made studies on acupuncture, which showed no measurable effect from acupuncture, were not a part of the presenting scientists. There seemed to be only proponents of acupuncture. Prior analyses of research of acupuncture [1986, 1988, 1990] had revealed that the best quality of research showed negative effects, and the low quality studies were mostly positive.

Dr. Sampson makes the following comment: "The lack of critical, scientific thinking was apparent in the panel's report, which was sixteen pages long. It obviously was composed before the conference and changed somewhat after the presentations. Despite the uneven literature and the lack of firm evidence to support the conclusions, the consensus statement panel recommended acupuncture for musculoskeletal pain, some headaches, and nausea. It recommended use for nausea due to chemotherapy based on only three papers."²²

Dr. Sampson continues: "That the consensus Conference was engaged in pseudoscientific reasoning is further illustrated by the rejection of the most obvious and probable reason for perceived effects. Those are natu-

²¹ *Ibid.*, p. 8.

²² Sampson, Wallace I., M.D., *Acupuncture Watch, Critique of the NIH Consensus Conference on Acupuncture*, March 2005, <http://www.acuwatch.org/general/nihcritique.shtml>.

ral history of the disease, regression to the mean, suggestion, counter-irritation, distraction, expectation, consensus, the Stockholm effect (identifying with and aiding the desires of a dominant figure), fatigue habituation, ritual, reinforcement, and other well-known psychological mechanisms. With such an array of obvious alternative explanations and such fertile areas for productive research, strong bias would be needed to agree to the conference conclusions."²³

Why would physicians make a consensus statement labeling acupuncture as being scientific if there is really no hard data confirming it? There could be several reasons, among which is the desire to place it in an acceptable light with patients and the scientific community. Those physicians who believe in Eastern mysticism and practice its techniques, do not enjoy being considered as on the fringe of scientific medicine; so when an organization such as the National Institute of Drug Abuse puts out a consensus opinion that acupuncture is science-based this elevates the status. Also, if there is a consensus from an influential medical body that a particular procedure is science-based, it is easier to persuade insurance companies to pay for its use. Acupuncture is cheap to perform the risks are low, it is popular, and the financial returns are very good. Never underestimate the financial interest.

In 1893 and 1958, the British Medical Society and the American Medical Society, respectively, made a consensus statement on hypnosis as being based in science even though there were no explanations as to how it worked. That it worked no one disputed, yet the Christian may recognize the source of its power as of the occult. [see chapter 12]. I have observed reports on acupuncture for more than thirty years, waiting for the definitive evidence that this technique works in the hands of anyone (not just sensitives); that it works consistently on all people; and that it convincingly produces lasting benefits. I am still waiting. I recognize that there has been an occasional person who had severe pain of the back or in some other location and experienced dramatic relief, or someone stopped smoking easily, etc. Such testimonies can be persuasive, but in no way add up to conclusive evidence.

²³ *Ibid.*, pp. 1-3.

When we choose to receive medical treatment from an acupuncturist, a serious concern is that of placing oneself in the hands of a person who has poor or no understanding as to proper diagnosis and treatment, and thus allowing serious disease to continue without identification and proper care. Many diseases are difficult to recognize even by highly trained and experienced physicians.

Steven Barrett, M.D., illustrates the above comment with this story: A study published in 2001 illustrates the absurdity of TCM (traditional Chinese medicine) practices. A 40 year old woman with chronic back pain who visited 7 acupuncturists during a two week period was diagnosed with 'Qi stagnation' by 6 of them, 'blood stagnation' by 5, 'kidney Qi deficiency' by 2, 'yin deficiency' by 1, and 'liver Qi deficiency' by 1. The proposed treatments varied even more. Among the 6 who recorded their recommendations, the practitioners planned to use between 7 and 26 needles inserted into 4 to 16 specific 'acupuncture points' in the back, leg, hand, and foot. Of 28 acupuncture points elected, only 4 (14%) were prescribed by 2 or more acupuncturists."²⁴

One would think, that with the lack of summaries reporting positive effects of acupuncture, interest in its use would subside; but just the opposite has happened. More young physicians who have embraced the Eastern philosophy have matured into experienced physicians and by their numbers alone have considerable influence. Many of them have been promoted to positions of leadership in medical institutions and schools. Public pressure to try these "wonderful methods" has caused at least twenty five percent of hospitals to offer some type of alternative therapies. Scientific investigative studies on acupuncture and its relationship to being therapeutic to certain disorders continues.

A physician is faced daily with common ailments that are difficult to treat, such as fibromyalgia, migraine headaches, and osteoarthritis of back, hips, knees, and fingers. The medications used in an attempt to control the ever present pain are of themselves fraught with problems and danger. So physician and patient alike are always looking for an effective and safe way to bring relief. The physical risks of using acupuncture are

²⁴ Barrett, Stephen, M.D., Quackwatch Home Page, *Be Wary of Acupuncture*, Qi gong, and "Chinese Medicine," Jan. 2004.

low and many feel that if it is not helpful, what have they lost? When pain is unrelenting, a person is driven to try anything suggested, and this is why “testimonials” as to the great benefit received by some type of therapy have ready followers. I will present three short summaries of studies using acupuncture as therapy, done recently on fibromyalgia, migraine headaches, and osteoarthritis.

In the *Annals of Internal medicine*, July 2005, Dr. Dedra Buchwald of the University of Washington in Seattle, reported a study on fibromyalgia using acupuncture. Acupuncture was administered twice a week for twelve weeks. The final report was that people with fibromyalgia were no more likely to report decrease of pain than people who received acupuncture designed for a different condition, needles inserted into random locations, or simulated acupuncture without needles.²⁵

Reuters Health Information 2006-03-02, reported on a German study using acupuncture for migraine headaches. Nine-hundred patients were selected randomly to receive Chinese traditional acupuncture, sham acupuncture, or drugs, all showed equal effectiveness. Drug therapy for migraine is far from satisfactory so this comparison does not reflect as much benefit as it may seem.²⁶

The British medical journal, *Lancet*, July 9, 2005, carried an article by Dr. Claudia Witt, from Charite University Medical Centre in Berlin, in reference to a study she and her colleagues conducted on osteoarthritis. This study involved 294 patients ages 50 to 75 years of age with osteoarthritis of the knee. The average pain intensity of the group was 40 (the higher the score the greater the pain). The final analysis reported 149 patients were assigned to acupuncture, 75 to minimal acupuncture [inserting needles in distant non-acupuncture points], and 70 to a waiting “control” group. The treatment groups received 12 treatments over eight weeks. At that point, average scores on a standard osteoarthritis scale were 26 point nine for the acupuncture group, 35 point eight for the minimal acupuncture group and 49 point six for the controls. At 26 weeks

²⁵ Reuters Health Information (2005-07-05) Acupuncture may do little for fibromyalgia, <http://www.reutershealth.com/archive/2005/07/05/eline/links/200507elin003.html>.

²⁶ Reuters Health Information; 2006-03-02; Acupuncture shown to relieve migraines: study, <http://www.reutershealth.com/archive/2006/03/02/eline/links/2006/0302eline006.html>.

and 52 weeks there were no differences between any group.

A note published in July 8, 2005, by Reuters Health Information spoke of editorialists from The Churchill in Oxford, UK saying that at that time they did not have real evidence of acupuncture being beneficial in arthritis or any condition.²⁷

Some might say, "but there was benefit for the migraine sufferer and drugs were not needed." Allow me to speak of another factor not considered in any of these studies, that of the power of Satan. If a practitioner of acupuncture is a believer in the Eastern thought or Western occultism and the patient has allowed him or herself to participate in this technique that comes from Eastern mysticism, is it not possible that the power of Satan can effect apparent benefits?

Why do I warn against using it if one does not believe in the astrological concepts upon which acupuncture is based, but only wants to take of the "good" of the method? I believe that as a person understands its origin, and the *theory of balancing of ch'i*, it would be impossible to participate in it without acceptance of that power. Is it a treatment that has cured infectious or chronic diseases, or increased life span? Thus far no evidence has been presented to support such.

In China, for at least three thousand years, traditional Chinese medicine was the mainstay of medical care (acupuncture for two thousand). What was the health status under this system? It was dismal. Neither public nor personal hygiene was practiced. Chairman Mao attacked these conditions head-on in the 1950s and a national movement to improve hygiene personally and publicly was instituted. By the end of the 1950s, great progress had been made in reducing infectious diseases. This was done by making changes that were scientific, not by practices based on astrological concepts. Clean water, closed sewer systems, cleanliness of body and homes, controlling vectors of infectious disease and parasites, and immunization brought improvement.²⁸ As the infectious diseases came under control and the living habits and diet changed to include use

²⁷ Reuters Health Information (2005-07-08); acupuncture may ease knee arthritis, for a while, <http://www.reutershealth.com/archive/2005/07/08/eline/links/20050708eline019.html>.

²⁸ Dominique and Marie-Joseph Hoizey, *A History of Chinese Medicine*, UBC Press, University of British Columbia, Vancouver, B.C., Canada, 1993, PP. 173, 174.

of more animal products, the degenerative diseases of the West began to replace infectious diseases. Today, the number one cause of death in China is vascular disease, followed by cancer.

Chinese cuisine is planned according to five phases or food divisions metal, water, wood, fire, earth. Proper planning and use of foods from the five divisions is said to assure the flow of ch'i energy from food to the body.

Traditional Chinese medicine uses many herbs, which are often classified as hot/cold, yin/yang. The Chinese pharmacy contains a great variety of medicinals, which are not necessarily there because of their biochemical properties. The early chemists, ("Alchemists") believed they could find a potion that would prolong life and bring immortality. In this search they experimented with numerous plants, minerals and different animal parts.

This has been a very brief glimpse of the most commonly used healing methods of traditional Chinese medicine, which were practiced in China for three thousand or more years. The end result has been abysmal, and it took the introduction of scientific medicine to improve health and increase life span in China, doubling in 50 years. None of this can be attributed to traditional Chinese medicine.

What is so attractive about a system that has no proven track record of improving health? What causes us to flock to it as if it was something new and wonderful? Could it be we have accepted its spiritual philosophy and have chosen to partake of the "tree of knowledge of good and evil?"

The following quotations from E. G. White should help give a proper perspective of traditional medicine practices.

"The apostles of nearly all forms of spiritism claim to have power to heal. They attribute this power to electricity, magnetism, the so-called sympathetic remedies, or to latent forces within the mind of man. And there are not a few, even in this Christian age, who go to these healers instead of trusting in the power of the living God and the skill of well-qualified physicians."²⁹

"The mother, watching by the sickbed of her child, exclaims, 'I can do no more. Is there no physician who has power to restore my child?' She is

²⁹ White, E. G., *Mind, Character, and Personality*, Vol. 2, Southern Pub. Assn., Nashville, TN, 1977, p. 701.

told of the wonderful cures performed by some clairvoyant or magnetic healer, and she trusts her dear one to his charge, placing it as verily in the hand of Satan as if he were standing by her side. In many instances the future life of the child is controlled by a satanic power which it seems impossible to break."³⁰

"Those who give themselves up to the sorcery of Satan, may boast of great benefit received; but does this prove their course to be wise or safe? What if life should be prolonged? What if temporal gain should be secured? Will it pay in the end to have disregarded the will of God? All such apparent gain will prove at last an irrecoverable loss. We cannot with impunity break down a single barrier which God has erected to guard His people from Satan's power."³¹

In the next chapter, we will look at the emergence from the West of other energy-balancing therapies.

³⁰ *Ibid.*, p. 701.

³¹ White, E. G., *Conflict and Courage*, Pacific Press Pub. Assn., Mountain View, CA, 1970, p. 219.

CHAPTER 9

REFLEXOLOGY AND OTHER ENERGY-BALANCING THERAPIES

AT the heart of alternative medicine therapies is the doctrine of correspondence, or sympathies, between the cosmos, earth and man. This basic belief is in *life force energy*, that in theory is emanating from the cosmos and of which all things are said to be made and within which all are one.¹ Let us look at some popular therapies for health disorders developed from this theory.

Early in the development of the astrological system in Europe, the twelve houses of the zodiac were assigned to various parts of the body starting at the head with Aries, the ram, and ending at the feet with Pisces, the fish. The organs of the body then were assigned to these individual houses.² The Chinese divided the body in a vertical manner believing that a special universal cosmic energy they called *ch'i* ran through the body following 12 vertical divisions called meridians. These meridians had side channels to distribute the energy to the various organs of the body. The Hindus described the distribution of this vital energy as being concentrated in seven centers in the body called chakras, which, when their energies were combined, produced an aura.

As we have seen, the cosmos was considered the macrocosm and man the microcosm. Man was then divided into micro-microcosms. Specific locations on the body were believed to have developed association in such a way as to represent the entire body. It was believed that cosmic energy influenced man by correspondence, association, and/or sympathy.³

¹ Levinton, Richard, *East-West Journal of Natural Health and Living*, The Holographic Body, Aug. 1988, Kushi Foundation, 17 Station St., Brookline, MA 02147, p. 46.

² Bessy, Maurice, *Magic and the Supernatural*, Spring Books, NY, 1970, p. 73.

³ Levinton, op. cit., pp. 36-47.

One of the first body locations considered to reveal this sympathy, or correspondence, was the hand. It probably first started in the Sumerian civilization by the use of birth omens. Birth omens were obtained by inspecting a newborn infant for any signs which would predict the child's future. Palmistry probably had its origin in this manner.⁴ "Palmistry, or chiromancy, had roots in the ancient Vedas of India 4,500 years ago."⁵

Additional areas of the body that were believed to have correspondence with all other areas of the body were added over time, until a total of 18 areas on the body are considered to be *holograms* of the whole.⁶ The most common locations are ear, hand, foot, the web between thumb and index finger, tongue, etc. Apart from the hologram locations, the musculature and fascia of the body are also believed to have many points that may impede the flow of universal energy so as to influence the function of body, mind and spirit. Pressure, or some type of physical stimulation to those points, is said to affect the flow of universal energy.

Why so many types of therapies if the treatments are effective? Because none of them are based on physical science but on the paranormal or psychic, and it matters little as to the physical method used in medical treatment. It has a lot more to do with the mental attitude and acceptance of the theory of universal energy or intelligence.

Zone therapy, or reflexology, rolfing and similar massage, shiatzu, aikido, craino-sacral therapy, polarity, and applied kinesiology, are techniques used by various holistic healers. These methods are collectively referred to as body therapy or soma therapy. Martial arts, tai chi, and qi gong are exercise-type treatments providing Life Force Medicine.⁷

Since it is believed that physical disease is an unbalanced life force, universal energy, or chi, within the body, then correction of the imbalance would be achieved by manipulating the points of correspondence. This is the foundation of acupuncture, acupressure, reflexology and several techniques we collectively label soma therapies.

⁴ Garrison, Fielding H., A.B., M.D., *History of Medicine*, W. B. Saunders and Co., Philadelphia, PA., 1929, p. 63.

⁵ Levington, op. cit., p. 38.

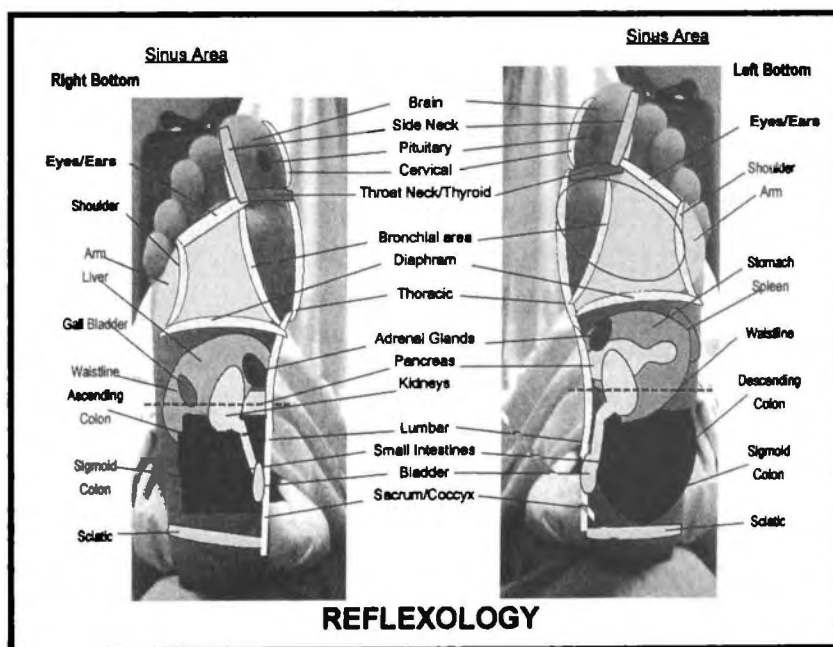
⁶ Levington, op. cit., p. 43.

⁷ Ankerberg, John, Weldon, John, *The Facts on Holistic Health and the New Medicine*, Harvest House Publishers, Eugene, OR, p. 33.

REFLEXOLOGY

In 1913, an American doctor, William H. Fitzgerald, M.D., initiated a method of applying pressure to localized areas of the body to effect healing of various diseases. He determined that the body was divided into ten specific zones, five on each side, and he believed that each zone carried its own bioelectric energy which made direct connection to the brain. He applied pressure to specific points on the body and then proceeded with operative procedures to the ear, nose, or throat area without the patient experiencing pain. He further theorized that such pressure would treat disorders of body organs that he had allocated to specific zones.

Eunice D. Ingham took up this therapeutic approach [zone therapy] in the 1930's, and carried it further, making it popular. She mapped out specific points on the feet and hands that were said to be sympathetic to specific organs and by rubbing those points, beneficial effects or cures could be accomplished. A lady in England by the name of Doreen Baylay, called this *reflexology*. Now it is practiced around the world. The belief that vital energy is manipulated to effect healing by massaging the feet or hands is the concept of reflexology.



Reflexology is a variant of acupressure. The theory is that there are nerve connections directly from the feet or hands to various organs of the body and by rubbing a very specific point on hand or foot, disorder of the organ is corrected.⁸ Reflexologists may or may not teach that there are crystals of calcium or other substances on the nerve endings in the hands or feet that are supposed to connect with organs of the body. Massage is said to break up the crystals, which will relieve nerve or energy blockage.⁹ No one has ever found these crystals by anatomical dissection.

Foot therapy in reflexology is more common, but the hand treatment is supposed to be just as effective. Reflexologists proclaim that there are seventy-two hundred nerve endings on the bottom of a foot. I have never seen an anatomy book or neurology book that said such and even if it did, that does not mean that the proclaimed point has specific connections to the various organs. There is no evidence that rubbing nerve endings would correct the abnormal function of tissues elsewhere in the body.

A good foot rub is relaxing and without ill effects and no one should avoid such if they enjoy it. Just do not expect it to correct health problems and do not get caught up in such thinking. When we do, we are then venturing into a system that leads us away from God's system of health.

In a subset of reflexology, the ear is believed to represent the entire body by reflex. When the ear is used in therapy it is called "auricular therapy." In the *East-West Journal of Natural Health and Living*, Aug. 1988, p. 43, the claim is made that there are at least eighteen known locations on the body, labeled holograms, wherein a specific point is claimed to influence a specific organ. The hand, the thumb, a tooth, the tongue, and many other areas are said to be micro-microcosms of man and of the cosmos.

MASSAGE

The early health centers of the SDA church utilized *Swedish massage* as a basic treatment for their patients as it was very therapeutic.

⁸ Bergson, Anika, Tuchak, Vladimir, *Zone Therapy*, Pinnacle Books, Inc., 1430 Broadway, New York, NY, 10018, pp. 39-145.

⁹ Levington, op. cit., pp. 40, 41.

Combined with hydrotherapy, the result was a powerful increase in circulation of body fluids. The patients were taught to look to God, not only as the source of healing, but also as the sustainer of life. In short they were taught a new lifestyle.

This style of massage therapy has been adopted by many New Age healers as they believe that this technique facilitates the flow of universal energy. The pagan world view of astrology and association, correspondence and sympathy of man with the cosmos is the fundamental belief.

Today, there are several forms of massage being used by New Age healers, each using a different name, but based on the same basic dogma. Massage treatment itself is very good but it has also been used by the devil in counterfeiting good therapies.

In *Rolfing*, the Swedish massage is used in addition to *strong painful pressure* applied to trigger points on the muscles or fascia. This is supposed to correct posture and unclog vital energy.¹⁰ It is also taught that this type of treatment brings a higher level of consciousness through mind/body rejuvenation.

Shiatzu is similar to reflexology. The massage is gentle and is done close to the diseased organ.¹¹ It, too, is a treatment based on the correspondence or sympathies of the body to the cosmos. It has its origin from Japan.

Polarity therapy is another type of soma treatment (gentle type massage) for the imbalance of energies that are believed to occur at one pole or another on the body with the psychic influence of the therapist supposedly passing his energy to another via mental pathways.

Reiki is a popular alternative therapy technique from Japan made popular by a Dr. Mikao Usui in the mid 1800s. Although there may be very light touch with the hands, the real emphasis in this method is psychic healing through manipulation of the "vital energies" of another. Advocates of Reiki believe that universal energy that is obtained through breathing, can be received or transmitted by touching. Reiki is a method wherein this *life force*, or *energy*, is said to be *transmitted by thought*. The intent is to give spiri-

¹⁰ Reisser, Paul C., M.D., Reisser, Teri K., Weldon, John, *New Age Medicine*, Downers Grove, IL, Intervarsity, 1988, p. 23.

¹¹ *Ibid.*

ual transformation by the power of one mind over another. Theoretically, instructors inject psychic energy into their students. Initiation into the first level, or degree, of reiki involves four attunements [procedures] activating life force into the student. The second level of proficiency involves being able to initiate healing in another over a distance. It is of the occult and is the same as psychic healing with a different name and disguise, comingling with soma methods [body therapy].

Cranio-Sacral Therapy is another slight variation of body therapy under a new name. Proponents teach that all illnesses have their origin as a result of improper flow of cerebro-spinal fluid around the brain and spinal cord. Therapy involves massage of the skull by tapping of the fingers lightly on the skull, and across the sacral area. This action is supposed to move and correct the flow of the cerebro-spinal fluid which surrounds the brain and fills the brain ventricles and spinal canal. There is considerable skin, subcutaneous fat and bone covering the space containing the cerebro-spinal fluid. There is no evidence that tapping or massage to the areas mentioned will influence spinal fluid circulation. There is no evidence that abnormal flow of this fluid will cause many different diseases. Below, I present a quotation from an article found on the Internet which discusses this particular therapy. As you can see from this quotation, Cranio-Sacral therapy is another technique of presumably manipulating, vital energy, life force energy and/or universal energy.

“Although most Western countries did not recognize cranial motion, this possibility was not new to other cultures. There are various Oriental systems of medicine such as acupuncture and Ayurveda, which have long appreciated the subtle movements, which occur throughout the body, caused by the flow of vital force or life-energy. This has also been traditionally taught in Russian physiology, interestingly, anatomists in Italy in the early 1900s were already teaching that adult cranial sutures [joints between skull bones] do not fully fuse, but continue to permit small degrees of motion through out life.

“Cranial manipulation has been practiced in India for centuries, and was also developed by the ancient Egyptians and members of the Paracus culture in Peru (2000 BC to AD 200). Furthermore, in the 18th century, the philosopher and scientist Emmanuel Swedenborg described a rhythmic

motion of the brain, stating that it moves with regular cycles of expansion and contraction." [http://www.craniosacraltherapy.org/History_02.htm]
Swedenborg was a very influential spiritualists and occultist of the 18th century.

In 1999 the British Columbia Office of Health Technology Assessment (BCOHTA) published an article entitled, *A Systematic Review and Appraisal of the Scientific Evidence on Craniosacral Therapy*. Their conclusions were that the theory is invalid and that practitioners cannot reliably measure what they claim to be modifying.

We need not shy away from Swedish massage just because New Age healers and the ancient Ayurveda system used it. We use it because of its powerful effect upon circulation of the blood and body fluids. However, we must not accept the idea that massage is moving and balancing universal energy, because if we do, we begin to change our world view of who we are and how we were created.

APPLIED KINESIOLOGY

Kinesiology is a true science of muscles and body movement and is not to be confused with *Applied Kinesiology*. Applied Kinesiology is another method of energy manipulation, diagnosis and treatment that has become popular with some chiropractors, naturopaths and the public. The practitioners of this technique say they are more interested in prevention of illness than with treatment. It is their claim that they can evaluate five body systems—nervous, lymphatic, vascular, cerebrospinal, and meridian {no such system has been demonstrated}. They do not separate the systems in their testing. It is a test of a specific muscle for strength and is done by pushing and/or pulling against a muscle group, with the patient resisting this push or pull. The test is supposed to reveal the ch'i, or universal energy flow through specific parts of the body.

"Applied Kinesiology claims to induce proper structural and chemical-nutritional organization in the body, as well as 'left and right brain' hemisphere balance. It claims to evaluate and correct problems of the nervous, circulatory, lymphatic, skeletal-musculature, and 'meridian' systems, thereby maintaining health. Its practices are believed to permit the

even flow of cosmic energy throughout the body, thus nurturing individual organs and systems with the proper supply of ch'i energy."¹²

This same technique is claimed to detect vitamin and/or mineral deficiency. There are supposedly specific points at various places on the body which will correlate with these deficiencies. If a finger is held on one of these points, that is said to correlate with a specific vitamin or mineral, testing of the correlating muscle group is believed to reveal a deficiency or normal level. If a person wishes to test for allergies to a substance or food, then this substance can be held in one hand or in the mouth and again the muscles are tested and if a weak response occurs as judged by the examiner, the diagnosis of an allergy is made.

The premise of *Touch for Health* is the same as for acupuncture, i.e., the flow of ch'i through the meridians. Instead of the use of needles or massage, this form of therapy involves determining approximately which meridian is involved, then running the hands up and down the meridian, to correct the energy imbalance. Gentle massage is applied by the practitioner's finger to the same energy centers as pierced by the tiny acupuncture needle. This finger massage is known as acupressure.

THERAPEUTIC TOUCH

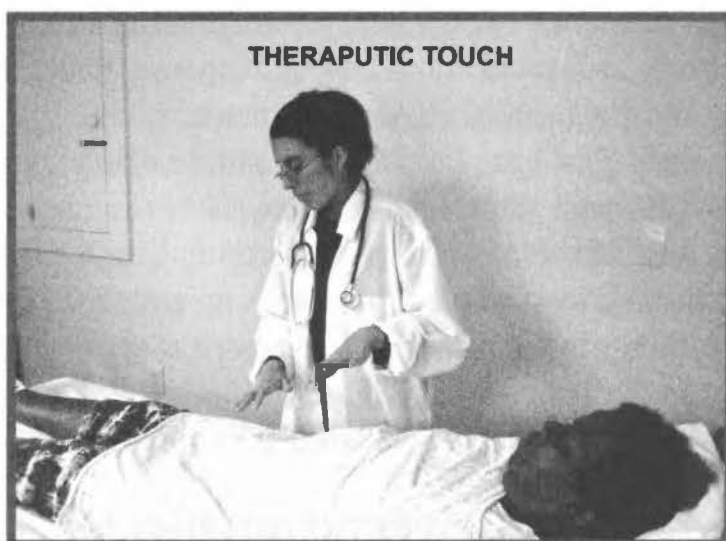
Another practice in the West which is similar to qi gong, or falun gong of Chinese traditional medicine, is *Therapeutic Touch*. It is not an exercise, but a technique of [supposed] energy transfer which does not involve touching the patient. It is done by placing the hands a few centimeters above the body and traversing the body to determine the balance of energy. This technique has swept through the nursing profession in America. *The British Medical Journal* (April 4, 1998, p. 1042), reports that over one hundred thousand people have been trained in this modality, with forty-three thousand being professionals.

I read that in Russia this treatment method has been standard training in medical schools for years.¹³ It has gained great popularity because

¹² Ankerberg, John, Weldon, John, *Can You Trust Your Doctor?*, Wolgemuth and Hyatt, Brentwood, TN, 1991, p. 154.

¹³ Swain, Bruce, *East-West Journal of Natural Health and Living*, Shushi Foundation, Brookline, MA, May 1989, p. 30.

it claims to get results without adverse side effects. It has gained acceptance in the highest academic centers for training nurses. Many hospitals have had teams of nurses who administer this *touch*. "The practitioners of therapeutic touch say that they can improve a wide variety of medical conditions, such as decubiti ulcers, Alzheimer's disease, and thyroid disorders, etc. by correcting the energy-field disturbances, which they are able to feel and *re-pattern* "by passing their hands over a patient's body at a distance of five to ten cm."¹⁴



The originator of this type of energy medicine is Dora Kunz, president of Theosophical Society, 1975 to 1987. "Dora Kunz is herself a 'spiritualist' who looks to 'invisible intelligences,' 'angels' and theosophy's 'ascended Masters' for inspiration and guidance.'" ¹⁵

Delores Krieger credits Dora Kunz for her knowledge of this practice. Krieger also had additional training in occult healing techniques. She studied yoga, Ayurvedic medicine (Hindu occultism applied to medicine), occultic Tibetan medicine, and Chinese traditional medicine.¹⁶ Delores Krieger has been a leading promoter of therapeutic touch in the nursing profession.

Therapeutic touch is an example of the Hindu concept of *prana* [vital energy], under a new guise. Krieger stated that the Hindu version of uni-

¹⁴ McCarthy, Michael, Therapeutic Touch Fails Child's Test, *The Lancet*, April 4, 1998 [A British Medical Journal]

¹⁵ Kunz, Dora, *The American Theosophist*, Dec. 1978, Viewpoint, reported in.

¹⁶ Ankerberg, op. cit., p. 393.

versal energy is the basis for healing energy that is transferred. She stated that the practitioner of this so-called art is the conduit not the generator of the energy believed to be present. “—prana may be transferred from one individual to another and may not be so readily apparent to us unless we have gotten into the practice of and literature of hatha yoga, tantric yoga, or the martial arts of the orient.”¹⁷

The therapeutic touch technique is based on four steps:

- a. Centering—meditative process of practitioner prior to applying treatment.
- b. Assessment—scanning the patient’s energy fields with the hands, feeling for energy imbalances.
- c. Unruffling the field—checking for stagnant energy and sweeping this energy away.
- d. Transfer of energy—moving energy via the hands to the patient so as to effect balance.

“Whatever their initial appeal, energy therapies inevitably beckon the budding healer into more hard core ‘New Consciousness’ thinking since these systems are in essence profoundly mystical and often occultic.”¹⁸

In April 1998, three medical journals, *Journal of the American Medical Association*, *British Medical Journal* and *Lancet* (also a British medical journal), reported a study done by Emily Rose a nine-year-old girl testing the ability of practitioners of therapeutic touch. In the test, the therapeutic touch practitioners put their hands through a small hole in a shield that prevented them from knowing if anyone was on the other side or not. Then a person’s hand would be put very close to the therapist’s hand and the therapist was asked to tell when a hand was near hers. The results were no better than guessing. This was done as a school project and the quality of the experiment was such that when written up by adults it was accepted and placed into these prestigious medical journals.

The conclusion was that “Twenty-one experienced Therapeutic Touch practitioners were unable to detect the investigator’s *energy field*. Their

¹⁷ Krieger, Delores, *The Therapeutic Touch*, p. 13; Reported in Reisser, op. cit., p. 45.

¹⁸ Reisser, op. cit., pp. 47, 48.

failure to substantiate Therapeutic Touch's, *most fundamental claim*, is unrefuted evidence that the claims of Therapeutic Touch are groundless and that further professional use is unjustified."¹⁹

MYSTICAL HERBOLOGY

In the search for health, the field of herbs has had a long history. There are many herbs that are beneficial to health because of their biochemical properties and many are used effectively for medicinal purposes. I expect that through ongoing research many more herbs and their chemicals will be shown to be effective in the health and healing of man. In most of history, man had no knowledge of nutritive biochemistry and how the products of the plants affected the chemistry of the human body.

The greatest use of herbs in the past was guided mainly by a *world view* that saw their influence upon humans not by biochemical action, but as substances that contain *life-forces* by which man supposedly increased his own life-force. The New Age Movement of today looks to herbs more as a spiritual connection than as biochemical agents. This will be better demonstrated in the comments below on flower therapy and aromatherapy, taken from the Internet on the subject of Herbalism and Herbology.

INTRODUCTION TO A PAGAN PHILOSOPHY OF HERBS

"Herbs are 'Magick.' They have been the primary source of medicines for people of every culture and were considered 'magickal' or spiritual by many of them. An ancient *earth based* spiritual belief system concerning herbs appears in many ancient cultures and civilizations such as Celtic, Chinese, Indian, and Native American philosophies just to name a few. Their religious beliefs shaped their view and relationship with the 'Great Spirit,' and the relationships between their citizens. This was a belief system which also demonstrated a wholistic view of illness, and utilized

¹⁹ Linder, Rosa, BSN, Rosa, Emily, Sornor, Larry, Barret, Stephe, M.D., *The Journal of American Medical Assn.*, April 4, 1998, pp. 1005-1010.

herbs according to religious belief.

"You could say that an earth centered-nature religion still permeates herbalism today. We believe that herbalism is part of the RELIGION of NATURE, representing a balance of mind, body, and spirit and relies on intuition as well as science.

"Pagans work with Nature, respecting and worshipping the spiritual forces they observe. Nature is perceived as the domain of the gods and of spirits. Nature religions teach a philosophy of divine linking between all of the earth's inhabitants."²⁰

Herbs have a proper use for their taste and biochemical properties. I recommend the book *Nutrition and Wellness, A Vegetarian Way to Better Health*, written by Winston J. Craig, Ph.D, R.D., Professor of Nutrition of Andrews University, published by Golden Harvest Books, Berrien Springs, Michigan, which covers much of the presently known benefits and information on the biochemical properties of herbs. A second book I recommend is *Drugs, Herbs, & Natural Remedies*, by Mervyn Hardinge, M.D., P.H., Ph.D., long-time instructor in pharmacology at Loma Linda School of Medicine, and also founder of the School of Public Health at Loma Linda. This book is published by the Review and Herald Publishing Association.

FLOWER THERAPY

Flower therapy is a component of herbalism. "Various flower remedies are also typically involved in the world of the occult, such as the *Vita Florum* and *Bach Flower Remedies* which claim to operate on the basis of cosmic forces and permit psychic diagnosis, prognosis, and other forms of guidance."²¹ The occultist Douglas Baker discusses the underlying theory in the use of flower remedies in his book, *Esoteric Healing*. He states that: "Dr. Bach had discovered that dew which accumulated on the petals of wild flowers before sunrise, was changed dramatically by the presence of sunlight so that it now had an energy potential within it . . . each plant's dew had a quality of its own, a type of energy absorbed into the dew that could be used as a specific remedy. We should not be surprised, after our

²⁰ www.tythteg.com/herbology.html.

²¹ Ankerberg, *Can You Trust Your Doctor?*, p. 260.

careful examination of the occult forces, a plan . . . that these could be applied to correct imbalances in the astral and mental auras of Man.”²²

The flower essences are prepared by placing the petals in water, in sunlight. The water is then said to contain the flower's essence. This water is administered by placing drops of it on the tongue at various times each day over an extended period of time.

It may be that the person prescribing the flower essence will make the diagnosis and then choose the proper flower for treatment by use of a pendulum.²³ Applied kinesiology is another method of choosing the proper flower essence to prescribe. This is done by having the person being tested hold a flower essence vial in one hand and with the other arm outstretched, downward pressure is made on the arm. The arm will increase in strength when the best essence is held.

Dr. Bach, an English physician, started the use of flower remedies. He developed 38 different flower essences which are still available after 65 years. Since the death of Dr. Bach, many other flower essences have been added to the treatment protocol. At least 500 different essences are available for treatment of a variety of maladies.

AROMATHERAPY

Another part of herbology that has grown very popular is that of *Aromatherapy*. The fragrance of the flower or plant is obtained by extracting its oils which are known as *essential oils*.

Aromatherapy is said to enable the essence of a flower to convey the spiritistic energy that is contained in this aroma. This aroma is obtained by rubbing the oils on the skin. They may be used in bathing, put into boiling water so they can be inhaled, and even ingested, etc. When massaging marma points [Ayurvedic term for a pressure point, somewhat similar to acupuncture point], essential oils may be used, with specific aromas chosen for specific points.

²² Baker, Douglas, *Esoteric Healing*, Vol. 3, part 2, of “The Seven Pillars of Ancient Wisdom: The Syntheses of Yoga, Esoteric Science and Psychology, Herts, England, 1976; Reported in Ankerberg, *Can You Trust Your Doctor?*, p. 260.

²³ Ankerberg, *op. cit.*, p. 259.

MAGNETS

A long-time patient of mine, a retired nurse and institutional church worker, sat on the exam table in my office. He complained of pain in the feet. I removed a shoe and found magnets inserted in various places in the shoe. This patient and his wife informed me that, that day, they were to have delivered to their home, a mattress and pillows filled with magnets. Earlier that week they had attended a special retreat for retired church workers. A demonstration of the supposed health benefits of magnets had been made by a member of the church who was in the business of selling magnets. I shared with these friends my concern and gave them some references to study and urged them to re-think their choice. The mattress and pillows were sent back.

The use of magnets has become popular in the treatment of pains and aches and a variety of other distresses. It is a billion dollar industry. Magnets are being used in sports, and housewives have also been convinced of its value. Magnets are applied to various places on the body and left for hours or days. They are placed in shoes, in pillows, in mattresses. This practice is supposed to make one stronger, increase circulation, and generally restore health. There is not a shred of scientific evidence to support these claims, but that does not seem to matter as long as someone testifies as to how much it helped them. There seems to be no concern that the magnet might create some abnormal function. The belief is that it can only do good.

What seems silly and harmless, except for the money transferred into someone else's hands, is really a technique quite like the others we have been studying. There may be no talk of balancing energy, yet it is implied that the application of magnets at various places on the body corrects unbalanced polarity. There may be claims made that the influence of the earth's magnetic field has been altered in some way and by use of magnets this imbalance will be corrected. Consider this statement from a magnetic healer, "Magnet therapy focuses on electromagnetic energy surrounding and infusing the body and works with this energy in much the same way as subtle energy practices work with subtle energy."²⁴

²⁴ Allison, Nancy, *The Illustrated Encyclopedia of Body-Mind Disciplines*, Rosen Pub. Group, Inc., New York, NY, 1999, p. 65.

A recent study was done on the use of magnets in treating plantar fasciitis of the heel by Mark Winemiller, MD at the Mayo Clinic. Ninety-six people with heel pain participated in the study. Fifty percent were treated with magnets in their shoes and 50 percent were given fake magnets. At the end of three months there was no difference between the two groups. There was improvement in both groups but no difference one from the other.²⁵

History tells us of the use of magnetism millennia ago. Probably the first electrified substance used in treatment was amber, then lodestone was found as a natural magnet. Magnetic substances were carved in the shape of body organs and placed over them as therapy. At various times in the past, magnetic therapy became popular and then faded. In the 16th century, some historically famous physicians used magnetism in their treatments. Magnetism was believed to be the power in hypnosis.

Franz Anton Mesmer [1733-1815], is known as the father of modern hypnotism. He graduated and received his degree in medicine from the University of Vienna in 1766. In his book, *On the Influence of the Planets*, he proposed "that stroking diseased bodies with magnets might be curative." He effected his first cure by passing magnets over the body.²⁶

". . . Like Paracelsus, Mesmer believed that the microcosm of the human body reflects the macrocosm of the universe; he also believed that the corresponding parts are tied together by the universal magnetic fluid . . . In 1777, Mesmer met Gassner and became convinced that all of Gassner's cures [passing hands across a body without magnets] could be explained by his own theory of animal magnetism. Before this meeting, Mesmer had achieved cures by [passing magnets over the patient's body], but the fact that Gassner achieved the same results with his bare hands led Mesmer to wonder whether the healing power might reside in the human body itself, rather than in the magnets; dispensing with the magnets, he too began to pass his hands alone over patient's bodies."²⁷ These practices eventually progressed on to hypnotic trances and psychic experiences and magnets were discarded.

²⁵ Reuters Health Information (2005-09-21): Magnetized insoles don't appear to relieve foot pain, http://www.reutershealth.com/archive/2005/09/21/eline/links/20050921_eline003.html.

²⁶ *New Age Encyclopedia*, Gale Research, Detroit, MI, 1990, p. 28.

²⁷ *Ibid.*, p. 29.

The above comments are not to be confused with the use of magnetism such as the MRI diagnostic machine, and the use of pulsating electromagnetic field about a fractured bone to promote healing. These methods work on known laws of science. It is interesting to note that no one has ever heard of a person being healed of a disorder by being placed for an hour in an MRI diagnostic machine, though it is one the most powerful magnets on earth. Powerful magnets that are electrically pulsed are used occasionally to treat the most severe forms of depression. There can be benefit from this treatment though at times it may create memory loss. It is not to be confused with the popular use of magnets in shoes, pillows, mattresses, etc.

This comment bears repeating: "Not a few in this Christian age and Christian nation resort to evil spirits, rather than trust to the power of the living God. The mother watching by the sickbed of her child, exclaims, 'I can do no more. Is there no physician who has power to restore my child?' She is told of the wonderful cures performed by some clairvoyant or magnetic healer, and she trusts her dear one to his charge, placing it as verily in the hands of Satan as if he were standing by her side. In many instances the future life of the child is controlled by a satanic power which it seems impossible to break."²⁸

"An agent of the great deceiver will say and do anything to gain his object. It matters little whether he calls himself a spiritualist, an 'electric physician,' or a 'magnetic healer.' By specious pretenses he wins the confidence of the unwary. He pretends to read the life history and to understand all the difficulties and afflictions of those who resort to him."²⁹

IRIDOLOGY

An alternative method of making a medical diagnosis for the present, and predicting disorders in the future, is *iridology*. This is a divination-like method which involves examining the iris of the eye, and inspecting the color, texture, and location of various pigment flecks in the iris. The practitioners say they can detect *imbalances* in the body's system which

²⁸ White, E. G., *Counsels on Health*, Pacific Press Pub. Assn., Mountain View, CA, 1951, p. 454.

²⁹ White, E. G., *Mind, Character, and Personality*, Book 3, Southern Pub. Assn., 1977, p. 700.

'organic etch-a- sketch' that monitors impressions from all over the body as they come in."³⁰

Ophthalmologists have not found the above statement to be true. Only a rare optometrist will accept it. The technique has been scientifically tested a number of times and each time it has failed to support the claims of its adherents.

The iridologist might make claims as to the accuracy and scientific basis for iridology, such as that it is based upon a neuro-optic reflex, a connection between the optic nerve and the iris and the rest of the body. The problem here is that the signals of the optic nerve only go to the brain. There is no signal traveling from the brain back up the optic nerve to the eye. In spite of there being no scientific proof of a basis by which it can work, or of true accuracy in its use, it is still very popular.

"Iridology can be traced to ancient Chinese astrological practices however according to Dr. Carter, the first precursor published on iridology was *Phillippus Meyen's Chiromatica Medica*." [Germany, 1670].³¹

Iridology was introduced to America in 1904. The most recent leader of iridology in America was naturopath Bernard Jensen (1908-2001). "... Jensen is not a scientist but is a New Age Healer, a fact revealed in his various works, such as *Iridology; Science and Practice in the Healing Arts*. In this text, he discusses his belief in reincarnation, astral travel, psychic development and other occultic practices and philosophies." He claims that: "Iridology can be used in conjunction with any other form of analysis and diagnosis."³²

The iridologist believes he can "determine the inherent structure and the working capacity of an organ, can detect environmental strain, and can tell whether a person is anemic and in what stage the anemia exists . . . He can determine the constructive ability of the blood . . . He can determine the nerve force, the responsive healing power of tissue, and the inherent ability to circulate the blood."³³

³⁰ Maxwell, Jessica, *What Your Eyes Tell You About Your Health*, Esquire, January 1978, Reported in Ankerberg, op. cit., p. 340.

³¹ Ankerberg, John, Weldon, John, *Can You Trust Your Doctor?*, Wolgemuth and Hyatt, Brentwood, TN, 1991, p. 341.

³² *Ibid.*, pp. 343, 344.

³³ Jensen, Bernard, *The Science and Practice of Iridology A System of Analyzing and Caring For the Body Through the Use of Drugless and Nature-cure Methods*. Provo, UT, Bi-World Pub., Inc., 1952, p. 10, 21, 26, Reported in Ankerberg, op. cit., p. 344.

The same belief says that the iris of the eye can show acute, sub-acute, chronic, and destructive stages in the body. "Many other factors are also revealed such as organic and functional changes . . . It foretells the development of many conditions long before they have manifested into disease symptoms."³⁴

We are told that "no other science tells so accurately the progress from acute to chronic states. Only iridology is capable of directing attention to impending conditions; only iridology reveals and evaluates inherent weaknesses."³⁵

"In using iridology you need ask no questions yet you can tell where pain is, what stage it is in, how it got there, and when it is gone."³⁶ There is no truth to these claims, as emphasized by the following test of iridology. In 1979, Bernard Jensen and two other practitioners of iridology, were given 143 photographs to view and determine which individuals had kidney impairment. (Forty-eight had a diagnosis of kidney disease as revealed by standard blood tests, and the rest had no kidney disorder.) These iridologists were not able to separate the diseased from the normal. One iridologist had picked out 88 percent of normal patients as having kidney disease; another examiner found that 74 percent of those patients that had severe kidney disease, were identified as normal. This test was reported in the *Journal of American Medical Association*, 242, 1385-1387, 1979.

The British Medical Journal 297: 1578-1581, 1988, carried an article of a test given to five leading Dutch iridologists. They received a stereo color slide of the right iris of each of 78 people, half had a diagnosis of gallbladder disease and half were free of any disorder. The five practitioners were not able to differentiate the diseased from the normal, and were not able to agree among themselves as to who were diseased or not. This is typical of the results of many tests given to iridologists.

Another problem that exists in iridology is that there are no standards in the charts used to represent the eye, from which the diagnosis of the health condition of the person being examined is made. The following quote presents this problem. "For example, there are some 20 different

³⁴ *Ibid.*

³⁵ *Ibid.*

³⁶ *Ibid.*

iridology charts that a practitioner may choose from in his practice."³⁷

Does iridology have astrological basis for existence? Does it have its base in the "universal energy" concept? Like much of New Age medicine, iridology makes use of the concept of mystical energy. In fact, the pupil of the eye is held to be a repository of sorts for the body's "energy," according to many iridologists. "Most iridologists agree that the integrity of the body's energy is reflected by the quality of energy in this [pupil] hub, or core."³⁸

As to astrology, iridologist Brint sums it up this way. "From an Eastern point of view, the eye may be viewed as a *mandala* . . . The mandala links the microcosm and the macrocosm . . . Through the mandala man may be projected into the universe and the universe into man . . . In iridology, the macrocosm and the microcosm are linked in our eyes . . . Iridology may be summed up as the observation of the change that arises from the interplay of various levels of consciousness and results in one's unique evolution into greater [occult] truth and light."³⁹

CRYSTALS

Another form of divining for healing is the use of crystals. "Crystals work is a component of both ancient and modern shamanism. In Native American healing, the shaman will utilize the crystal as a method of both diagnosis and treatment; the crystal is believed to be a vehicle through which the healing spirits work."⁴⁰

"According to the nature of the illness, the crystal will become hot or cold as it is passed over the person's aura. The crystal is absorbing the bad energy out of the body, according to these teachings. It is important to remember that 'the crystals are your teachers. Hold one in your hand. Be open to its power. It will teach you.' "⁴¹

³⁷ Ankerberg, op. cit., pp. 346, 347.

³⁸ Berkeley Holistic Health Center, *The Holistic Health Hand Book*, Berkeley California Press, Berkeley, CA 1978, p. 159.

³⁹ Ibid., pp. 155, 162.

⁴⁰ Harner, Micharl, *The Way of the Shaman, A Guide to Power Healing*, Harper and Roe, San Francisco, CA 1990, pp. 108-111.

⁴¹ Newhouse, Sandy, Amoeda, John, *Native American Healing*, [*Holistic Health Handbook*, "A Tool for Attaining Wholeness of Body, Mind, and Spirit" Berkeley California Press, Berkeley, CA] 1978, p. 67.

John Ankerberg and John Weldon present an in-depth discussion of the use of crystals in their book *Can You Trust Your Doctor?* Therein, we learn that the real power from crystals is derived from the spirit world and many who become involved in crystals for health move on to channeling with spirit guides. Crystal healers claim that the crystals are mere devices for attracting the spirits, who then supply the real power. Even when the crystals are not used, the occult power remains.⁴²

There is danger in consulting cultist physicians: “. . . Angels of God will preserve His people while they walk in the path of duty; but there is no assurance of such protection for those who deliberately venture upon Satan’s ground. An agent of the great deceiver will say and do anything to gain his object. It matters little whether he calls himself a ‘spiritualist’, an ‘electric physician,’ or a ‘magnetic healer.’ . . .”⁴³

Isaiah 8:19, 20 makes it very plain: “And when they shall say unto you, Seek unto them that have familiar spirits, and unto wizards [diviners] that peep and that mutter: should not a people seek unto their God? For the living to the dead? To the law and to the testimony: if they speak not according to this word, it is because there is not light in them.”

This system of deception that Satan has devised starts very innocently. When our interest is developed, we are led on to more involved practices, which in turn can lead to developing psychic powers and communicating with spirit entities, animal entities, etc. This *channeling* allows for demonic possession of our minds and souls. The end result is loss of eternal life.

“Satanic agents claim to cure disease. They attribute their power to electricity, magnetism, or the so-called sympathetic remedies, while in truth they are but channels for Satan’s electric currents. By this means he casts his spell over the bodies and souls of men.”⁴⁴

“Through satanic delusions, wonderful miracles of human agents will be urged. Beware of all this. Christ has given warning so that none need accept falsehood for truth. The only channel through which the Holy Spirit operates is that of truth.”⁴⁵

⁴² Ankerberg, op. cit., pp. 243-249.

⁴³ White, E. G., *Evangelism*, Pacific Press Pub. Assn., Mountain View, CA 1887, p. 607.

⁴⁴ *Ibid.*, p. 609.

⁴⁵ White, E. G., *Selected Messages*, Book 1, Review and Herald Pub. Assn., Washington, D.C., 1958, p. 49.

CHAPTER 10

HOMEOPATHY

SAMUEL HAHNEMANN, MD

Samuel Hahnemann, MD [1755-1843] was a German physician who was appalled at the results of conventional medical care and refused to prescribe the drugs and bleeding used by physicians of his day.

“Hahnemann attacked the extreme medical practices of the day, advocating instead good public hygiene, improved housing conditions, better nutrition, fresh air, and exercise.”¹

He believed that if a person with symptoms of illness were given a large dose of a substance that would produce the same symptoms as the illness, then if this same substance were diluted to minute doses and ingested, it would stimulate the body to heal itself.

Homeopathy is a discipline of therapy for illness that Hahnemann initiated and has been used ever since. It is a method of treatment utilizing an extremely diluted preparation of a “mother tincture” of a substance. It started in Germany and spread throughout Europe and was brought to the US in the 1830s. It became very popular and was commonly practiced until the ascendancy of scientific medicine. After the turn of the century and in the early part of the 20th century, there were twenty-two medical schools following this type of discipline in the US. There were more than one hundred hospitals, and over one thousand pharmacies devoted to homeopathic medicine.² It was commonly practiced in the United States as people were able to purchase a home kit of homeopathy remedies and treat themselves. I have in my library a home medical text dated 1918, which has instructions and guidelines for homeopathy treatments for home use. By the mid 1900s, the use of homeopathy had almost died out in the US.

¹ Lockie, Andrew, *Natural Health, Encyclopedia of Homeopathy*, Dorling DK Kindersley, London, England, New York, NY, 2000, p. 14.

² *Ibid.*, p. 17.

Hahnemann once took a large dose of Peruvian bark [quinine] while he was healthy and said that he developed symptoms of malaria. He thereafter initiated the theory that if small doses of quinine were administered, standard doses would not be needed to treat malaria.

It is very important to understand *Hahnemann's world view* in order to comprehend the rationale of his conclusions regarding disease, its cause and treatment. Understanding his belief in man's origin will help to clarify why he formed certain conclusions.

"First Hahnemann was a follower of the powerful spiritist and medium Emanuel Swedenborg. Those familiar with the occultic philosophy and theology of Swedenborg, such as his blending of the world of nature and the occult, can recognize the parallels in Hahnemann's thinking. Andrew Weil received his M.D. from Harvard Medical School, is a research associate in Ethnopharmacology at Harvard, and is somewhat sympathetic with aspects of new age medicine. He observes that Hahnemann was 'steeped in the mysticism of Emanuel Swedenborg.'"³

"Hahnemann was also a Freemason, and as the authors have demonstrated elsewhere, the study of Freemasonry presents an excellent opportunity for delving into mysticism and the occult."⁴ "Hahnemann was also an admirer of the occultists Paracelsus and Mesmer."⁵ He was a believer in the concept of animal magnetism, which is the same as psychic healing. In his *Organon* (text book on homeopathy) he confessed similarities between the practice of homeopathy and mesmerism. He wrote:

"I find it yet necessary to allude here to animal magnetism, as it is termed, or rather Mesmerism . . . It is a marvelous, priceless gift of God . . . by means of which the strong will of a well intentioned person upon a sick one by contact and even without this and even at some distance, can bring the vital energy of the healthy mesmerizer endowed with this power into another person dynamically . . . The above mentioned methods of

³ Weil, Andrew, *Health and Healing: Understanding Conventional and Alternative Medicine*, Houghton Mifflin, Boston, MA, 1983, p. 14.

⁴ Ankerberg, John, Weldon, John, *Can You Trust Your Doctor?*, Wolgenmuth & Hyatt, Brentwood, TN. [sold to Word], p. 316.

⁵ Gumpert, Martin, *Hahnemann: The Adventurous Career of a Medical Rebel*, L. B. Fisher, 1945, New York, NY, p. 25.

practicing mesmerism depend upon an influx of more or less vital force into the patient . . .”⁶

Hahnemann was also influenced by animism and Eastern religion. In discussing his writings and other leading homeopaths, Dr. H. J. Bopp, In his book *Homeopathy*, comments: “As a matter of fact the vocabulary is esoteric and the ideas are impregnated with oriental philosophies like Hinduism. The predominant strain of pantheism would place God everywhere, in each man, each animal, plant, flower, cell, even in homeopathic medicine.”⁷

Dr. Samuel D. Pfeifer, in his book *Healing at Any Price*, mentions the influence of Eastern thinking upon Hahnemann by quoting a biographer who reveals that “. . . he is strongly attracted to the East. Confucius is his ideal.” Dr. Pfeifer continues: “On Confucius, Hahnemann himself writes in a letter: ‘This is where you can read divine wisdom, without [e.g., Christian] miracle—myths and superstition. I regard it as an important sign of our times that Confucius is now available for us to read. Soon I will embrace him in the kingdom of blissful spirits, the benefactor of humanity, who has shown us the straight path to wisdom and to God, already six hundred sixty years before [650 B.C.] the arch-enthusiast.’”⁸ [*Jesus Christ, Divine Son of God*]. His reverence for Eastern thought was the fundamental philosophy behind the preparation of homeopathic remedies.

Hahnemann claimed inspiration, as seen in a letter he wrote to the town clerk of Kothen in 1828. He said he had been “guided by the invisible powers of the Almighty, listening, observing, tuning in to His instruction, paying most earnest heed and religious attention to this inspiration.”⁹

Hahnemann believed in universal energy or “*vital force*” as some called it. He believed that the power, or effects, of his minutely diluted remedies resulted from the working of the vital force. Hahnemann’s vital force, *which is believed to rule the physical body*, is similar to the soul, or the *etheric* and *astral bodies* of many occult disciplines.¹⁰

⁶ Hahnemann, Samuel, *Organon of Medicine*, 6th edition, reprint, B Jain Pub., New Delhi, India, 1978, pp. 309, 311, Reported in Ankerberg, op. cit., p. 316.

⁷ Bopp, H. J., *Homeopathy*, Down, North Ireland, Word of Life Pub., 1984, p. 9.

⁸ Pfeifer, Samuel, M.D., *Healing at Any Price*, Word Limited, 1988, Milton Keynes, England, p. 68.

⁹ Ankerberg, op. cit., p. 318.

¹⁰ Pfeifer, op. cit., pp. 68, 69.

What does this mean? In chapter 6 we learned about vital force and the division of universal energy into seven levels. Level one is said to be our material world and our physical bodies. The belief is that the level of energy above the first is in a plane with "frequencies faster than light," and, that the *etheric body is an electromagnetic template of our physical body*. The *astral body* is said to be an even higher level of frequency from which body we have *out of body experiences* and astral travel.¹¹

From the above paragraph we understand the belief that the vital force in the remedies of homeopathy is purported to be actually influencing and treating the higher levels or bodies of energy rather than just the physical body. This is truly *mysticism*.

Because homeopaths operate in the realm of the "invisible" and not in that of the visible and material, many of them admit to the belief that homeopathic medicines really work upon the etheric or astral bodies. "This is where disease begins and spreads outward into the physical body presenting as *symptoms*."¹² "This is why a number of occultic religions such as Hinduism and anthroposophy employ homeopathy. Its philosophy fits well with their occultic views of man and health."¹³

The power that is transmitted directly in psychic healing through the laying on of the healer's hand, or from a distance, is no different than the power to heal that occurs in the homeopathic remedy. Homeopathic practitioners claim that a *cosmic vital force* is transferred from the *homeopathic medicine* into the patient. But the same effect is supposedly accomplished by radionic devices (see section "Radionics" in chapter 11) which employ spiritistic power.¹⁴ Using these devices, it is said, makes the use of homeopathic remedies unnecessary.

LAWS OF HOMEOPATHY

This system is built on the theory that:

1. Most diseases are caused by an infectious disorder called the psora, [itch];

¹¹ *Ibid.*

¹² Tyler, op. cit., pp. 18-22, 75; Reported in Ankerberg, op. cit., p. 326.

¹³ Ankerberg, op. cit., p. 326.

¹⁴ Weldon, John, Levit, Zola, *Psychic Healing An Exposé of an Occult Phenomenon*, Moody Press, 1982, pp. 53-65.

2. Life is a spiritual force [vitalism] which directs the body's healing;
3. Remedies can be discerned by noting the symptoms that substances produce in overdose [proving], and applying them to conditions with similar symptoms in highly diluted doses [laws of similia];
4. Remedies become more effective with greater dilution [law of infinitesimals], and become more potent when containers are tapped on the heel of the hand or a leather pad [potentizing].^{15, 16}

"Proving" is a term used to describe the process used by homeopathic practitioners to select new substances for inclusion in the list of therapeutic remedies. A substance will be tested by taking it in high doses, then recording the symptoms it creates. It may be taken daily in high doses for as long as a month, and any type of sensation or supposed change is recorded during this time.

"Consider the alleged 'symptoms' of chamomilla as given by Hahnemann in his *Materia Medica Pura 1846, Vol. 2*, pp. 7–20]: 'Vertigo . . . Dull . . . aching pain in the head . . . Violent desire for coffee . . . Grumbling and creeping in the upper teeth. . . Great aversion to the wind . . . Burning pain in the hand. . . Quarrelsome, vexatious dreams . . . heat and redness of the right cheek.' "¹⁷

One author, writing about Hahnemann, said he [Hahnemann] documented thirteen pages of symptoms from taking chamomilla. If such is the case when healthy people take this substance, how can we expect it to cure sick people?¹⁸

A very interesting comment about "proving" of the remedies, is made by Ankerberg in *Can You Trust Your Doctor?* p. 273. The remedies that are listed in the homeopathic *Materia Medicas*, when tested or proved

¹⁵ *Position Paper of National Council Against Health Fraud*, Feb. 1994, p. 5 [<http://www.ncahf.org/pp/homeop.html>] (If unable to open Web site, type National Council Against Health Fraud" and then scroll to position papers and click on Homeopathy.).

¹⁶ *Ibid.*, pp. 3, 4.

¹⁷ Stalker, Douglas, Glymour, eds., *Examining Holistic Medicine*, Buffalo, NY, Prometheus Books, 1985, p. 32; Sobel, David S., ed., *Ways of Health: Wholistic Approaches to Ancient and Contemporary Medicine*, Harcourt Brace Jovanich, New York, NY, 1979, pp. 295-297; Reported in Ankerberg, op. cit., p. 274.

¹⁸ Ankerberg, *Can You Trust Your Doctor?*, op. cit., pp. 275, 276.

over the past 150 years by non-homeopaths have never given the responses found by homeopaths.

CHOOSING THE PROPER REMEDY

In a pharmacy with inventory of more than two thousand homeopathic remedies, how do I select the proper substance that is closest to my symptoms? This is the decision the homeopathic doctor has to make when prescribing for a patient. Homeopathy teaches that it is important to get the exact medicinal for the specific illness and the patient's constitution. The following procedures may be used to choose a specific substance for therapy.

1. Astrological signs or other modes of astrology may be used to determine the proper diagnosis and therapy.¹⁹
2. Dr. Bopp writes about the use of the pendulum in choosing the proper remedy for homeopathic treatment. Dr. A. Voegeli, a famous homeopathic doctor, has confirmed that a very high percentage of homeopaths work with the pendulum.²⁰ Dr. Pfeifer also notes the use of pendulums by homeopaths because "it is easier to take a short cut with the radionic pendulum."²¹
3. John Weldon, author of *Psychic Healing: An Exposé of an Occult Phenomenon*, reports that many homeopaths today have spirit guides and research on homeopathy is done in séances. There are groups whose [homeopathic] research is carried out during séances, through mediums who seek information from spirits.²²

Dr. Bopp tells in his book, *Homeopathy*, about a woman who worked in a homeopathic laboratory in France. She told the story herself of an interview she had on applying for a job in a specific homeopath laboratory. She was asked about which astrological sign she was born under, and whether or not she was a medium. She told the sign and answered "yes"

¹⁹ Bopp, op. cit., p. 5.

²⁰ *Ibid.*, p. 8.

²¹ Pfeifer, op. cit., pp. 79, 80.

²² Ankerberg, John, Weldon, John, op. cit., pp. 328, 329.

to the question about being a medium. She was then informed that new treatments to be produced by the laboratory were researched in séances.²³

As the doctors of the past used large doses of toxic drugs, eclectic physicians discontinued the use of mercury and some of the heavy toxic substances. They tended to be better at diagnosing, but prescribed small doses for every symptom. The homeopathic physician, though ridiculing conventional doctors, continued to use toxic drugs in his treatments. He simply used extremely weak dilutions. The following are examples of drugs used in homeopathy: "Nux vomica [strychnine], sulphur, lobelia [nicotine], phosphorus, ipecac, hydrochloric acid, alcohol, lead, arsenic, colchicine, jalap, senna, mercury, aconite, belladonna [atropine], podophyllum, camphor, veratrum, staphysagria, opium, quinine, cantharides, croton oil, phosphoric acid, tartar emetic, iodine, and numerous other agents."²⁴

The solution made by repeated dilution often surpasses the point of having any molecules of the original substance left, yet the homeopathic doctor claims these extreme dilutions are the most potent of the preparations. How can this be? Let us consider the process of dilution.

When each dilution takes place the solution is shaken vigorously, by hitting the hand that holds the dilution on a hard surface so as to *thump* the solution. This is called *succession*. It is claimed that this process causes the remedy to be more *potent*. This is believed to be the critical part in preparation of the remedies. Notice the following comments by leading homeopaths Dana Ullman and Stephen Cummings. "Homeopaths have found that the medicines do not work if they are simply diluted repeatedly without vigorous shaking or if they are just diluted in vast amounts of liquid. Nor do the medicines work if they are only vigorously shaken. It is the *combined process of dilution and vigorous shaking* that makes the medicine effective . . ."²⁵

How can the medicine get stronger and stronger with increasing dilution? The homeopathic practitioner says that the solution [water] receives

²³ Bopp, op. cit., p. 8.

²⁴ Marcy, E. E and Hunt, F. W., *The Homeopathic Theory and Practice of Medicine*, Vol. 1, pp. vii-xxdii; Reported in Hardinge, op. cit., p. 82.

²⁵ Ullman, Dana, Cummings, Stephen, *The Science of Homeopathy*, New Realities, [journal] Summer of 1985, p. 50.

an imprint or signature from the original substance [mother tincture] and this is passed along, thereby increasing the potency. Chemists and physicists find no scientific evidence to support this theory.²⁶

There have been homeopaths who claimed that homeopathic remedies act similar to vaccinations, a theory that was quickly and unwisely accepted by some adherents of homeopathy. When a vaccination is administered, the immune system manufactures protective proteins, and stimulates specific white blood cells to respond to the organism or allergen contained in the vaccination. A memory is created within the immune system which allows it to respond powerfully to this specific organism or allergen should it be encountered at another time.

The proponents of homeopathy claim that the small homeopathic dose will trigger an immune response. This is not true. The quantity of active ingredients in the homeopathy remedy usually is too small to trigger an immune response. A vaccination will have far greater concentration of an organism or allergen. The response of the body from an immunization can be measured chemically. The high-dilution homeopathic remedies do not produce measurable responses. Vaccines are used as prevention, not as a cure. Homeopathic remedies have no relationship to immunization science.

PREPARATION OF HOMEOPATHIC REMEDIES

Materials for use in remedies are finely ground or dissolved in water. They are then mixed with a solvent, and the mixture is allowed to soak. The fluid containing the original substance is then filtered or strained. The filtered solution—the *mother tincture*—is placed in a dark jar for keeping.

One drop of the mother tincture will be diluted with either nine or ninety-nine parts solvent, and then shaken vigorously and banged down firmly on a hard surface, a process devised by Hahnemann. Homeopathy teaches that the *essence* [imprint] can be carried by water even after all molecules of the original substance are diluted out of the solution. Once the mixture has reached the required strength and potency, a few drops of it are added to lactose tablets, pills, granules, or powder to impregnate them with the remedy. These are then stored in dark glass bottles.

²⁶ Position Paper, op. cit.

Dilutions are most often made with one part of the mother tincture and nine parts solution [1-X]. With each additional dilution the labeling would be 2-X, 3-X, etc. When dilutions go beyond 24-X there may not be one molecule left of the mother tincture in the solution.

Homeopaths do not depend on molecules of the original substance to effect healing. They are looking to the *signature* or *energy imprint* of the original substance to be passed on and magnified by dilution. This signature or imprint said to be in water has not been scientifically demonstrated.

Below are given examples of common “remedies” listed in *Natural Health, Encyclopedia of Homeopathy*, by Dr. Andrew Lockie, [2000]:

“Mercury: found in cinnabar ore from Spain, Italy, US, Peru, and China.

Rx for symptoms:

- a. Foul smelling discharge b. Reserved, suspicious state of mind
- c. Insecurity d. Copious perspiration that does not relieve condition
- e. Person feels worse at night

“Hellborus: Southern Europe—extremely poisonous.

Rx for symptoms:

- a. Mental dullness b. Chilliness c. Tendency to drop things
- d. Person feels worse between 4:00 pm and 8:00 pm

“Aconite: Europe, Central Asia—deadly poisonous, handling root can cause poisoning. Rx for symptoms:

- a. Symptoms triggered by shock or cold wind
- b. Panic attack and fear of death
- c. Acute infection with sudden onset

“Nux Vomica: [strychnine] [poison nut tree] India, Burma, Thailand, China, and Australia. Rx for symptoms:

- a. Irritability b. Over-critical nature
- c. Tendency to be highly driven and ambitious d. Chilliness
- e. Desire for rich foods

“Carcinosin: Cancer cells usually from breast

Rx for symptoms:

- a. Workaholic, of passionate nature
- b. Conditions that are affected by being at the beach
- c. Desire for travel d. Desire for butter or chocolate
- e. Sleeping difficulty

“Medorrhinum: White blood cell infected with gonorrhea from male urethra, [pus]. Rx for symptoms:

- a. Behavior extremes b. Harried feeling c. Extremely passionate
- d. Person feels better from lying on the abdomen in evening”

Remember, there are more than 2,000 remedies in the homeopathy pharmacy!

In review, homeopathy came from the concept of one man's beliefs which were not scientifically verified. However, it had a great advantage over the common medical care of his day. He did not advocate the use of harmful drugs in large doses. He promoted not only good personal hygiene, but also good hygienic conditions for the home and its surroundings. Diet, fresh air and exercise were also part of his regimen. The remedies [substances given in minute doses] were given credit for the improvements in health, without any scientific evidence to verify that they had anything to do with improvement.

HAS HOMEOPATHY BEEN VERIFIED?

Studies have been done to test the value of these remedies but there is no clear proof that they have any effect on the body in minute doses. Larger [more concentrated] doses when used have shown some effect on the system. This effect may not always be good. Some remedies available may contain regular modern drugs added to them so they will have an effect on human physiology.

There has been a strong effort on the part of believers in alternative therapeutic modalities to scientifically explain the perceived effects of such methods as acupuncture, homeopathic, therapeutic touch, rolfing, osteopathic, chiropractic, hypnosis, and many other therapy techniques. James Oschman in his book, *Energy Medicine: The Scientific Basis*,

makes a strong argument for the scientific explanation. He presents the recent advances in the understanding of electromagnetic physiology in biology. Some researchers, who are adherents of the concept of vitalism, have reported advances in laboratory research of electromagnetic discharges of body, organs, cells and molecules. Other researchers are unable to reproduce these same laboratory results. The gap between hypothesis and true scientific proof of cause and effect is still wide. Many believers in alternative medicine, or energy medicine, tend to proclaim that energy medicine is now proven to be scientific. They have ignored this gap of proof in a presumptuous manner.

Controlled studies of homeopathic remedies, when done by the homeopaths, tend to show positive results. However, most other studies do not support these positive results. Studies should be repeated by objective investigators, with independent analyses of the homeopathic formulations employed, to assure that they have not been adulterated with active medications.

A recent meta-analysis of one hundred and seven controlled homeopath trials appearing in 96 published reports also found “the evidence of clinical trials is positive but not sufficient to draw definitive conclusions because most trials are of low methodological quality and because of the unknown role of publication bias.” The reports also concluded that there is a legitimate case for further evaluation of homeopathy, “but only by means of well performed trials.” [Kleijnen, 1991].”²⁷

In the British medical journal *Lancet* August 27, 2005, a large study made by the University of Berne in Switzerland reported the results of a meta-analysis of one hundred and ten trials each of homeopathy and conventional medicine. No convincing evidence was found that the homeopathic approach to illness was any different from using a placebo. Conventional medicine did significantly better.

In the first half of the 20th century, the 22 homeopathy medical schools in the United States closed or converted to regular medical schools. With the advance of scientific evaluation in medical care, the old harmful way of using dangerous drugs slowly changed. The homeopathic

²⁷ *Ibid.*, p. 5.

doctor was no longer having better results than the M.D. The public turned to *science driven medicine*. There is now a resurgence of homeopathy among New Age adherents and some others that consider it to be more “natural.” Its return in America is not based on science, but is the end result of the belief in *Vitalism*. A man’s belief in his origin has great influence in his choice of healing methods.

I refer again to James L. Oschman, a biology scientist, who, in his book, *Energy Medicine, The Scientific Basis*, speaks of his belief in alternative medicine therapies and of having felt the electrical charges enter his body as applied by *energy therapists*. He expresses his belief that these electrical charges are explained by electromagnetism. He writes that the electromagnetism of one person can restore to balance the electromagnetism of another. He tells of laboratory testing of healers using therapeutic touch and other methods with tools for measuring electromagnetic charges. He admits to the problem of the reproducibility of these experiments by other investigators.

We have received wise counsel regarding the type of medical care we choose, following God’s “*will*” versus gain and life itself: “. . . Those who give themselves up to the sorcery of Satan may boast of great benefit received thereby, but does this prove their course to be wise or safe? What if life should be prolonged? What if temporal gain should be secured? Will it pay in the end to disregard the will of God? All such apparent gain will prove at last an irrecoverable loss. We cannot with impunity break down a single barrier which God has erected to guard His people from Satan’s power.”²⁸

I wish to share with you the words of a Christian physician who has written on this subject. “There are to be sure some honorable and conscientious ones seeking to utilize a homeopathy detached from its obscure practices. Yet, the occult influence, by nature hidden, disguised, often dissimulated behind parascientific theory, does not disappear and does not happen to be rendered harmless by the mere fact of a superficial approach contenting itself simply with denying its existence. *Homeopathy is dangerous*. It is quite contrary to the teaching of the

²⁸ White, E. G., *Testimonies for the Church*, Vol. 5, Pacific Press Pub. Assn., Mountain View, CA, 1882, p. 199.

word of God. It willingly favors healing through substances made dynamic, that is to say, *charged with occult forces*. Homeopathic treatment is the fruit of a philosophy and religion that are at the same time Hinduistic, pantheistic and esoteric.”²⁹

When God led Israel from Egypt to Canaan He gave them health laws and statutes. Israel was the only nation in the history of the world that had a medical and health system that was based on prevention. The Mosaic health code is medically and scientifically reliable, based on sound physiology and proven principles of hygiene.³⁰

When God led Seventh-day Adventists in health reform starting in 1848, He gave directions and guidance that are based on the physical laws of the universe. These directions are in harmony with today’s understanding of physiology and hygiene. They are built on the principle that we were created and placed under the laws of the physical universe, and our bodies operate according to those laws. I repeat, “Disease is the effort of nature to free the system from conditions that result from a violation of the laws of health.”³¹ It is not from an imbalance of energy.

God gave specific directions for developing a healing center so that His methods could be practiced. In 1865, such a center was started and in the space of forty years, was one of the greatest health centers of its type in the world. It prospered so long as it followed the directions God gave. At that time, homeopathy was in its zenith in the United States, but God did not direct His people to use homeopathy in the health institutions. I conclude this chapter with the following comment made by Ellen White with regard to the practice of regular medicine and homeopathic medicine.

“When the great question of health reform was opened before me, the methods of treating the sick were plainly revealed to me. The old-school cruel practice and the sure results, where one claimed to be benefited, thousands were made lifelong invalids who, had they never seen a physician, would have recovered of themselves without implanting in their system diseases of a most distressing character. Eclectic [medical doctors using same drugs but very small doses] was less dangerous. The homeop-

²⁹ Bopp, op. cit., p. 9.

³⁰ Hubbard, op. cit., p. 23.

³¹ White, E. G. *Temperance*, Pacific Press Pub. Assn., Mountain View, CA, 1977, p. 85.

athy, which creates so deadly opposition from the regular practice, was attended with far less evil consequences than the old-school practice, but did much harm because it could be resorted to so easily and used so readily with so little expense. Many practice upon themselves and fall back upon this without real knowledge of their ailments, and do great harm to themselves. Proper regulation of their diet, abstinence from tea, coffee, and all spices and flesh meats, gaining an intelligent knowledge of temperance, would be medicine above all drugs.

"But Dr. Maxson . . . I told him [that] after the whole system of drug medication had been laid open before me, I was shown of God that we should have an institution conducted on hygienic principles, and in that institution lectures should be given not on how to use drugs, not to lead minds and educate them in the methods of drug using, but to teach people the better way—to live healthfully without the use of drugs. The words were repeated, Educate! Educate! Educate!

"I then saw that an intelligent knowledge of pure air, and use of it wisely and abundantly, and simple healthful food taken into the stomach temperately, eating and drinking to the glory of God, and ten thousand would be well who are now sick. Then I was taken from room to room and shown disease and its causes, and the result of drug medication. I was then shown through rooms of a hygienic institution that was conducted on hygienic principles and these simple means—sunlight, pure air, healthful habits. Constant instruction needs to be given, line upon line, precept upon precept, in regard to the necessity of clean bodies, clean houses and clean premises. Breathing clean air would preserve health without the use of drugs."³²

³² White, E. G., *Manuscript Releases*/20MR No. 1497; Ellen G. White Estate Inc. Washington D.C., pp. 373, 374

CHAPTER 11

DIVINATION AS A DIAGNOSTIC TOOL

A young American woman had been living in a Southeast Asian country. She developed an earache and sought medical care at a modern hospital in an Asian city. One complaint led to another and an abdominal ultrasound [exam of the abdomen by use of sound waves] was ordered, then an abdominal CAT scan (machine that makes computer generated pictures of inside the abdomen). A diagnosis was made of a cancerous fatty tumor surrounding the right kidney that had spread to other areas of the abdomen. The woman was devastated with this diagnosis. The attending physicians desired to proceed with surgery, but she elected to return to America.

Her American doctor ordered a PET-CT scan, [a \$5,000+ test which is better able than the CAT scan to determine if cancer is present]. The test showed active tissue in the abdomen that could be cancer. A laparoscopic surgical procedure [looking in the abdomen by optics] was scheduled to be done. A blood test prior to this procedure revealed severe anemia (low number of red blood cells) which made it unsafe to proceed with surgery. Additional blood studies and another ultrasound were ordered in a further attempt to define the disorder. A repeat ultrasound exam of the abdomen did not add any new information. At this point the expenses had reached nearly \$10,000 and still the doctors were not able to determine the exact diagnosis.

Study results to this time could not differentiate between a malignancy and endometriosis, a non-malignant disorder. A laparoscopic procedure was done, which revealed tumors spread in various areas inside the abdomen. Biopsy of the tumors revealed cancer. Extensive surgery to remove as much cancer as possible was performed. Following surgery, treatment would be needed for many months in an attempt to control the disease.

So goes the story for many people seeking definite answers to medical problems in an age of very sophisticated diagnostic equipment and highly-trained physicians. Thousands of dollars can be spent and still the question remains as to the exact diagnosis which is so important in order that the proper treatment can be given, in the best sequence, to receive the best results.

Why not seek out some "alternative" style practioner with his *Homo Vibra Ray* instrument to make the diagnosis and treat at the same time with little expense? This machine is said to be able to read energy wave frequencies or vibrational energy of the cells of the body. (*Such energy frequencies and/or vibrations from cells cannot be demonstrated by physical science.*) However, this is a belief of some practitioners of alternative medicine. By tuning in to those frequencies, the machine is said to compare them to the assumed normal frequency. Then, by the operator spinning a few dials, frequencies are said to be sent back into the body to correct the body's cell frequencies, correcting disease and restoring health.

Another choice is to find a holistic medical doctor who can pass his hands over the abdomen, or hold a pendulum above the abdomen in order to localize tumors. Questions can be asked of the pendulum, as it is held above the spot where it has located a tumor, as to whether or not the tumor is a cancer. The pendulum can spin clockwise if a positive answer is given, or counter-clockwise if it is negative. Any question under the sun can be asked and a "yes" or "no" answer can be obtained. The pendulum can be asked what type of therapy would be best. Should the answer be homeopathy, the pendulum can pick out the proper remedy.

This "alternative" method is quick, and non-invasive, and inexpensive compared to the above-described conventional medical tests and treatment. Is the machine and/or the hands-on technique accurate? Can they be trusted? Why are scientifically trained physicians not using these techniques? Is it because more money can be made doing many tests? Let us proceed in a search for answers to these questions.

The following paragraph tells of incidences involving Christian church members and church institutional workers, as was related in a special report, *New Age Movement and Seventh-day Adventists*, written by the Biblical Research Institute, General Conference of Seventh-day Adventists,

July 1987, for general reading by Seventh-day Adventist members.

A nurse corrected chronic constipation by application of her hands to her abdomen repeatedly during the day, to correct *electrical currents*. A mother swings a pendulum over her son afflicted with cancer to determine the herbs he needs for healing. A young person was tied to a tree so his back was against "its window" to effect healing; the window had been located on the tree by use of the pendulum. Women shopping for groceries use a pendulum to select the best products. "Books on iridology, a method for diagnosing disease through the iris of the eye, were on sale in a college-operated supermarket. Another popular volume on the same shelf was *Magnetic Therapy: Healing in Your Own Hands*, by Abbot George Burke. The author refers with approval to the studies of Dr. Franz Mesmer [from whom the term "mesmerism" derives] and traces his research through pagan thought to Isis, a famous goddess of ancient Egypt."¹

The nation of Israel was admonished by God just as they were to enter the promised land:

"When thou art come into the land which the Lord thy God giveth thee, thou shalt not learn to do after the abominations of those nations. There shall not be found among you any one that maketh his son or his daughter to pass through the fire, or that useth *divination*, or an observer of times, or an enchanter or a witch, or a charmer, or a consulter with familiar spirits, or a wizard, or a necromancer—for these nations, which thou shalt possess, hearkened unto observers of times, and unto *diviners*: but as for thee, the Lord thy God hath not suffered thee so to do."²

Caution was also given in regard to false prophets and their proclamations. "They have seen vanity and lying *divination*, saying, The Lord saith: and the Lord hath not sent them:" "And mine hand shall be upon the prophets that see vanity, and that divine lies: they shall not be in the assembly of my people. . . ."³

¹ *The New Age Movement and Seventh-day Adventists*, Biblical Research Institute, General Conference of Seventh-day Adventists, Hagerstown, MD, 1987.

² Deuteronomy 18:9-14.

³ Ezekiel 13:6-10.

In studying the history of divination it soon becomes obvious that every civilization used some form of divination in an attempt to obtain knowledge. It is of ancient origin. Reading of omens is recognized as a very early divining practice. A child born with an abnormality might well be looked upon as telling something of the future. Reading the stars, and using the zodiac were common. Tarot cards, palm reading, crystal balls, and séances all contributed to the use of divination in daily life.

Dictionary definitions of divination are: "The art or practice of using omens or magic powers to foretell the future," "unusual insight or intuitive perception."⁴; "A general term for various false systems for seeking supernatural aid, either for information regarding the future or for guidance in present affairs."⁵; and from the Catholic Encyclopedia, "Divination is a form of occultism wherein the person uses objects such as tea leaves, a crystal ball, tarot cards, ouija board, or any superstitiously interpreted object as the means of attempting to gain or elicit knowledge or information that is beyond ordinary human intelligence. The attempts to contact the dead through a séance, for example, are spiritistic divinations that have been contested by parapsychological testing and proved false. Likewise astrology, witchcraft, zodiac readings or horoscopes are forms of divination. Although it is natural for human beings to attempt to 'lift the curtain' and see beyond the present, the tendency should be controlled lest it distract from the unfolded and true vision of God contained in His revelation to mankind."⁶

"But Laban said to him, 'If I have found favor in your eyes, please stay. I have learned by divination that the Lord has blessed me because of you.' " (Genesis 30:27). The Bible records the use of divination, but it does not always say what method was used. Does the Bible promote the use of divination by these stories?

Joseph had his cup placed in the sack of grain belonging to his brother Benjamin. He called it his divining cup. Joseph's servant said to the brothers, "Isn't this the cup my master drinks from and also uses for divination? This is a wicked thing you have done." (Gen.: 44:5). When his

⁴ *Miriam Webster Advanced Dictionary.*

⁵ *Seventh-day Adventist Bible Dictionary.*

⁶ *The Catholic Encyclopedia*, p. 168.

brothers were brought to Joseph, he said to them. "What is this you have done? Don't you know that a man like me can find things out by divination?" (Gen. 44:15). E. G. White, in *Patriarchs and Prophets*, page 229, states that Joseph never claimed the power of divination but he was willing to have them believe that he could read the secrets of their lives.

More than 400 years later, God told the descendents of Joseph and his brothers that He was going to give them a land that others live in because those people were practicing divination along with other acts of which God did not approve. Their degree of iniquity had come to its full.

Israel did not heed God's command to abstain from divination for we read that the divining rod was in use in Hosea's day. "My people ask counsel at their stocks, and their staff declareth unto them: for the spirit of whoredoms hath caused them to err, and they have gone a whoring from under their God." (Hosea 4:12).

King Ahaziah of Israel sent messengers to Ekron, a city of the Philistines, to inquire of Baalzebub, the god of Ekron, as to whether the king would recover from his injuries. Elijah was sent of God to intercept those servants of the King and he asked them this question: (2 Kings 1:3 NIV) "... Is it because there is no God in Israel that you are going off to consult Baal-Zebub, the god of Ekron?" The servants returned to the King who then sent fifty soldiers to bring Elijah to him. God sent fire down from heaven and consumed the 50 soldiers. The king sent another 50 and again fire consumed them. The next 50 asked Elijah for mercy and Elijah went with them to the King with a message from God. Elijah told the King that he would not get up from his bed because he inquired of Baalzebub and did not inquire of the God of Israel. 2 Kings, chapter 1.

King Nebuchadnezzar was at a division in the road he was traveling with his army. He could proceed to Egypt or he could travel toward Jerusalem. He did not know which way to go first, so he had an animal killed and "read the liver" as a method of divination. (Ezekiel. 21:21).

The use of various methods of divining has been presented such as the rod, cup and the liver. There are scores of other methods. Divination by astrology to establish medical diagnosis was also a common practice.

Is divining used in medical practice today? In the scientific method of

medical care, divining is not used. It is used, however, by some of the “alternative” and “holistic” practitioners. This fact is to be found in the writings of those alternative disciplines. John Ankerberg and John Weldon in their book, *Can You Trust Your Doctor?* p. 7, lists the names of the different alternative healing disciplines that in their own literature state that some practitioners may use divining: psychic healing, reflexology, herbal medicine, naturopathy, dowsing, iridology, color therapy, chiropractic, homeopathy, astrologic medicine, and therapeutic touch. The pendulum is the common method of divination.⁷

PENDULUMS

The practice of divining using a rod, wand, or pendulum is ancient. No exact history is available to pin-point the start, but some drawings found in China show evidence of this practice at least in 1400 B.C. In the Bible (Deuteronomy. 18:9-14) which is dated around 1500 B.C., strong words of warning were given to the people of Israel concerning divining as they were about to enter Canaan. Divination was recorded in the Bible as having been used five hundred years prior to the writing of Deuteronomy 18. This passage does not state the method of divining that was practiced. In the Bible, it is recorded that *divining by a staff* was practiced in Israel around 750 B.C. (Hosea 4:12).

Divining with a rod can be considered the same act as using a pendulum. When was it first used in medical diagnosis? We do not know, but early in history the rod became connected with health and healing as evidenced by the following.

Greek Mythology shows ties to serpent power and the use of a “rod” when Apollo handed over to Hermes [Mercury] a magic wand. Homer, in his *Odyssey*, tells how this rod could send men’s souls to Hades or return them; it had power to bring winds and storms. Another name for it was “*caduceus*” and was shown as entwined with snakes. The rod was passed on to Aesculapius, the god of healing and has become the modern symbol of medicine.

⁷ Ankerberg, John, Weldon, John, *Can You Trust Your Doctor?*, Wolgenmuth and Hyatt, Brentwood, TN. 1991, pp. 100, 101.

The pendulum is one of the most frequently used methods of divination. It may be used in psychology to assess personality disorders; to make diagnosis in medical conditions; to choose treatments or medicinals; to find oil in the ground; to locate different metals in the earth, and most frequent of all, to find water underground.

Around 1900, a Catholic Priest, Alexis Mermet, who was a dowser for underground water and metals, concluded that dowsing should be able to be used in medical diagnosis for humans and animals as well. He wrote the book, *How I Proceed in the Discovery of Near or Distant Water, Metals, Hidden Objects, and Illnesses*. He makes the following statement, "I invented the method of 'pendular diagnosis.'"⁸ It is unlikely that Mermet was really the first to use the pendulum in medical diagnosis, but at least he thought so.

A question was asked, why does a pendulum appear to react to a metallic substance or an underground water vein as well as to a simple act of thought—an action of the mind? In 1806, a bright young German scientist, Johann Wilhelm Ritter, took up this question and while experimenting with a variety of pendulums on various metals, he noticed that the pendulum would swing in a specific pattern for each type of object over which it was suspended. He demonstrated that the swinging or rotating of the pendulum, when held at the top versus the bottom of an object, would give different directions of motion in the pendulum. He did this on the human body and mapped out different anatomical areas showing how the pendulum would spin in one direction and at other places it would reverse its direction of spinning. Because this reaction reminded him of magnetic characteristics he called this "polarity."

Today, there are healers who teach that illness is a result of the polarity of an organ or of the body becoming disturbed and out of balance. They also teach that in order to bring healing, it is useful to apply magnets about the body. There are "magnetic healers" who apply magnets to the body to balance the polarity. Then there are other healers who do not consider polarity but apply magnets in various places for almost any symptom common to man. They may not have a philosophy as to how it works, but

⁸ Bird, Christofer, *The Divining Hand*, New Age Press, P.O. Box 1216, Black Mountain, NC 28711, p. 289.

they say it works and that is good enough for them.

The philosopher, Frederick Wilhelm Joseph von Schelling, explained it this way: "There was a 'force' in nature that could be revealed mechanically, chemically, electrically, magnetically, and also vitally."⁹ He concluded that when a pendulum is used by a "sensitive" operator it was possible to detect the force described. He believed there was a polarity throughout the universe which was the source of all substance.

Ritter, a member of the Bavarian Academy of Sciences, in early 1800's summarized it this way: "What we have, then, are the celestial movements themselves here repeated in microcosm. Could it be that the whole organism of the universe is reflected in the human body?"¹⁰

"What Ritter had stumbled upon at the start of the nineteenth century was the fact that a pendulum or dowsing rod could be used to extract pure information from the universe about any subject no matter how abstract or nebulous."¹¹ The dowsing instrument would respond to the questions or commands of the dowser as long as it could be answered by a "yes" or "no."

Many people have had very little contact with dowsing, or pendulum exposure, and may only have heard of one or two styles. If their experience has been that they have witnessed or heard only of positive responses from this particular technique, they may be convinced that there is some physical explanation for its function. A knowledge of the various ways pendulums are used will undermine confidence in there being a true physical explanation for the information obtained by their use. In Appendix A, I have included material on water witching. If you read the information presented there you will better understand my above comment.

RADIONICS

Radionics, psychotronics, etc., involves the occult use of technology [various devices] and is not really dealing in heretofore undiscovered areas of undetected energy, but *is rather dependent on the psychic abil-*

⁹ *Ibid.*, p. 126.

¹⁰ *Ibid.*, p. 128.

¹¹ *Ibid.*, p. 129.

ity of the operator. For example, radiesthesia is divination [not always recognized or admitted], and the same as using a rod or pendulum. Radionics is another name but really the same as radiesthesia, and is divination aided by a mechanical apparatus—Abrams box, black box or any one of the numerous machines used for such work coming under the modern title of *radionics*.

Some years ago I had a family come to my office in great distress. They had secured the services of a medical practitioner who had sent a saliva specimen of their little girl to a lab that used a radionic machine. The family was told that the machine made the diagnosis of acute leukemia. They were shaken and frightened. They asked my help in determining if this was so. The child had no symptoms that would have caused a physician to suspect such an illness. A blood count was ordered and done at a hospital laboratory. It was normal with no hint of leukemia. Their medical practitioner had given them the diagnosis of leukemia, because the machine had diagnosed leukemia. (It is important to understand that not all chiropractors use or believe in radionics). The family did not understand what clinical and lab findings go with leukemia and my assurance that the child did not have the disease was not enough to relieve their fears. I sent them to a pediatrician who had advanced training in leukemia. He agreed with me, but their doubts lingered. It took many months of normal life before they were free of the fear this wrong diagnosis had caused.

What concept of science did the medical practitioner have that caused him to believe the machine? This introduces a belief that is common in the non-scientific world of health and healing, that of *vibrational medicine*. The radionic machine is said to be able to detect *vibrations or frequencies* from the saliva and if any disharmony is in the salivary vibrations, the machine can analyze in such a manner as to detect and diagnose the abnormality. Where does the idea that saliva has vibrations, or frequencies come from? How does vibration from saliva relate to an individual and make it possible for a machine to make a diagnosis of leukemia?

We have to return to the basic pagan belief that everything that exists has a common origin from a non-describable energy [*vitalism*] that is throughout the universe. This energy is said to be manifest in every *living*

substance (some authors, writing on this subject, include *inanimate* substances), and that there is an aura of radiating energy that emanates and surrounds those substances. This radiating energy is believed to have a specific vibrational or electromagnetic frequency. If the particular frequency is off normal, it indicates an imbalance of energy. Electronic machines have been made that are supposed to detect the vibrational imbalance, ascertain the reason for the imbalance, and make a diagnosis. It is simply another form of divination. It is not true science. *Vibrational Medicine* is simply a synonym for *Energy Medicine*.

The following information is taken from *Euro-American Health* [<http://www.euroamericanhealth.com/eav.html>]. An Article "*Vibrational Medicine*" tells about *Electro Acupuncture according to Voll*. This is a form of radionics using an electric acupuncture machine, a vial of medicine, and a person. The machine is supposed to detect electronic impulses from specific acupuncture points which in turn are said to originate from an organ that has meridian connections to this point. The machine is supposed to reveal low, normal, or high electronic vibrations from the organ. Low amplitude electronic vibration reveals a weak organ; a high signal reveals "inflammation." The following quotes are from this article.

"Then, if you find an organ that has a low energy, for example, you insert a medicine contained in a vial into that circuit which consists of the patient, the medicine and the machine. If the medicine vibrates at the same frequency as the weak signal being tested, synchronizes, harmonizes, literally, electronically, with the low signal from the weak organ, the amplitude or strength of the signal will get higher as the two frequencies will superimpose and add together. Then you know that what is in the vial is the right medicine for that organ, for that Patient." The article continues with the comment that the person doing the testing must be *highly sensitive*, that is, *have high occult powers*.

An article on the internet by the American Cancer Society, exposing non-scientific alternative medical treatments, lists the following synonyms in regard to terms used by proponents of various alternative treatment methods: "Electromagnetism, Bioelectricity, Magnetic Field Therapy, Bioelectromagnetics, Bioenergy Therapy, BioResonance Tumor Therapy, Black Boxes, Energy Medicine, Electronic Devices; Electrical

Devices, Zapping Machine, Rife Machine, Cell Com System.”¹² These terms refer to names given by alternative healers to the energy they say comes from the body, which machines are said to be able to detect, diagnose, and/or treat for different medical disorders.

It is claimed by radionic practitioners that when electromagnetic frequencies, or energy fields, proclaimed to be within the body are unbalanced, disease and illness occur. The belief is that these imbalances disrupt the body’s chemical makeup. By applying electromagnetic energy from outside the body, either by the *hands of a healer* or by electronic devices, practitioners claim they can correct the electrical imbalances in the body.

Bio-resonance Frequency Therapy is another vibrational technique of recording a person’s voice and submitting it to machine analysis. It is claimed to check for nutritional imbalances, stress, and illness. The acoustical vocal recording is supposed to provide information so specific frequencies can be ascertained and returned, which are said to resonate and support the body. With this technique it is not necessary to make a diagnosis, as the frequencies imparted back to the body go to the core of the energy imbalance problem.

“Practitioners claim that these above mentioned methods can treat ulcers, headaches, burns, chronic pain, nerve disorders, spinal cord injuries, diabetes, gum infections, asthma, bronchitis, arthritis, cerebral palsy, heart disease, and cancer. There is no scientific evidence to support any of the claims made for these devices.”¹³

VIBRATIONAL MEDICINE

I suggest that the reader do an Internet search for the term vibrational medicine, and read some of the 900,000 web sites available under this heading. The heading on one entry I found is as follows: “VIBRATIONAL MEDICINE, ENERGY MEDICINE, AND VIBRATIONAL RESONANCE.” As I looked through more than three hundred web sites, I soon realized that the term, “vibrational medicine,” is used in referring to any

¹² [http://www.cancer.org/docroot/ETO_5_3X_Electromagnetic_Therapy.asp] (If difficulty occurs in opening Web site then type “American Cancer Society Electromagnetic Therapy” on Google, click on “ACS Electromagnetic Therapy”)

¹³ *Ibid.*

or all of the subjects I have presented in this book.

The following definitions are from the *Alternative Health Dictionary*. “*vibrational medicine (energetic medicine, energetics medicine, energy medicine, subtle-energy medicine, vibrational healing, vibrational therapies)*: ‘Healing philosophy’ whose main ‘tenet’ is that humans are ‘dynamic energy systems’ (‘body/mind/spirit’ complexes) and reflect ‘evolutionary patterns’ of ‘soul growth.’ Its postulates include the following. (a) Health and illness originate in subtle energy systems, (b) These systems coordinate the ‘life-force’ and the ‘physical body.’ (c) Emotions, spirituality, and nutritional and environmental factors affect the ‘subtle energy systems.’ Vibrational medicine embraces acupuncture, aromatherapy, Bach flower therapy, chakra rebalancing, channeling, color breathing, color therapy, crystal healing, absent healing, Electroacupuncture According to Voll (EAV), etheric touch, flower essence therapy, homeopathy, Kirlian photography, laserpuncture, the laying on of hands, meridian therapy, mesmerism, moxibustion, orthomolecular medicine, Past-life Regression, Polarity Therapy, psychic healing, psychic surgery, radionics, the Simonton method, sonopuncture, Toning, Transcendental Meditation, and Therapeutic Touch. The expressions ‘energy healing,’ ‘energy work,’ and ‘energetic healing work’ appear synonymous with ‘vibrational medicine.’ ”¹⁴

These vibrations, frequencies and auras that all objects are said to possess are not demonstrable by science in spite of using extremely sensitive instrumentation. This concept is found only in the writings of theosophy [pagan theology], occult writings, believers in vitalism, energy medicine, and New Age writings. True science is often quoted and there is an attempt to blend it into the vital force concept so that it looks like true science, but the connection is just not there.

Yes, sometimes the machine or pendulum makes a correct diagnosis, but mostly it is incorrect. If it is not true science, how can it be correct any time? How does divination give correct answers at any time or with any method? There is a power that directs divination, that is the power of demons or fallen angels. Because a machine gives a correct diagnosis at times does not prove it works by the laws of science. Because a method of

¹⁴ [http://www.experiencefestival.com/alternative_health_dictionary] (If difficulty occurs in opening site, then type “Alternative Health Dictionary” on Google)

treatment may seem to bring healing does not prove the method is following God's laws of physics.

It is worth noting the conclusions of the Theosophical Research Center in its publication, *The Mystery of Healing*. "It is now admitted by those who use the various types of diagnostic machines associated with radiesthesia that for successful work it is necessary to have present a human operator of a special type [i.e., one with occult abilities]. It is also well known that some operators are more proficient than others, while in the case of certain people, the machine will not work at all."¹⁵

In psychometry, an object that a person has handled such as a glass, book or anything else, can be taken and *dowsed* [using pendulum or radionic machine] to give answers to questions or determine the proclaimed energy imbalance in the person and so give answers as to how to treat for illness. A doll may be used to represent a person and the pendulum held over it to identify the location of illness.

OUIJA BOARD

The forms of divination used for medical reasons presented in the preceding pages are done on, or for, someone. They are not designed to be used by ones self. The ouija board allows a person to divine for himself. If there are questions concerning health relating to diagnosis or treatment, these questions can be asked so as to receive a "yes" or "no" answer. The ouija board can spell out words and give numbers.

The ouija board is a flat board with the words *yes* on one side and *no* on the other. The letters of the alphabet are also on the face of the board, and numbers zero through nine are included. There is a small heart-shaped board on which to place one's hands. When questions are asked of the ouija board, the small heart-shaped board will slide and point with its tip to "yes" or "no," to various letters so as to spell out words, or to the numbers, thereby answering the question asked.

The ouija board is frequently used in parties or at a gathering of people. This is a method of divination that began in Europe in the late 1700s

¹⁵ Wilson, Weldon, *Occult Shock and Psychic Forces*, Master Books, San Diego, CA, 1980, p. 198.

or early 1800s. Baron Von Reichenback, a student of Mesmer, is credited by Garrison in *History of Medicine* p. 369, with initiating it. However, almost all techniques have an ancient history of use.

This method of divination, like crystals, seems to be a fast-track for contact with the spirits. Where there has been use of the board, it is not unusual to hear of strange physical phenomena occurring in the home or location of use. This may manifest by objects moving around the house, doors opening and closing with no one present, and many other physical manifestations.

The answers coming from divination are accurate and true many times, but at other times they lie. The devil uses these answers to his advantage and it may be an accurate answer so that he gains our interest and confidence. We can be sure that in the long run, his interest is in our destruction. The highest level and most deceptive divination is when man is led to believe he is communicating with the dead. "For the living know that they shall die, but the dead know not any thing. . . ." (Ecclesiastes 9:5).

There is danger in consulting cultist physicians. . . . "Angels of God will preserve His people while they walk in the path of duty, but there is no assurance of such protection for those who deliberately venture upon Satan's ground. An agent of the great deceiver will say and do anything to gain his object. It matters little whether he calls himself a 'spiritualist,' an 'electric physician,' or a 'magnetic healer.' "¹⁶ Isaiah 8:19, 20 states it very plain: "And when they shall say unto you, seek unto them that have familiar spirits, and unto wizards [diviners] that peep, and that mutter: should not a people seek unto their God? For the living to the dead? To the law and to the testimony: if they speak not according to this word, it is because there is no light in them."

Satan's systems of deception start very innocently, then when our interest is developed we are led on to more involved practices, which in turn can lead to developing psychic powers and communication with spirit entities, animal entities, etc. Channeling allows for demonic possession of our minds and souls. The end result is loss of eternal life.

When so many different instruments and methods can be used to ob-

¹⁶ White, E. G., *Evangelism*, Pacific Press Pub. Assn., Mountain View, CA, 1887, p. 607.

tain answers to questions and to receive information that is requested, it becomes obvious that the instruments are only a ploy. The real reason is the connection between the mind of the one seeking information and the *intelligence* that gives the answers, namely *Satan* or his *angels*. This same situation is seen in the practice of the different martial arts derived from qi gong [manipulation of vital energy], or using a crystal to direct channeling of energy and spirits.

CONCLUSIONS ON DIVINATION

In the use of the pendulum, what can it do that scientific instruments cannot do? The pendulum can work from maps or dolls, and from long distances; it can find a vein of water or metal, making it possible to cover a considerable area in a rapid manner. It can diagnose and select the remedy. These things instrumentation cannot do. One can ask the pendulum questions and receive a "yes" or "no" answer.

It is interesting to note that the dowser's ability may be blunted or turned off by his own doubts, or by the presence of someone who is a strong disbeliever. "The rod must be held with indifference, for if the mind is occupied by doubts, reasoning, or other operation that engages the animal spirits, it will divert their powers from being exerted in this process, in which their instrumentality is absolutely necessary: from whence it is that the rod constantly answers in the hands of peasants, women and children, who hold it simply without puzzling their minds with doubts and reasoning. What ever may be thought of this observation it is a very just one, and of great consequence in the practice of the rod."¹⁷

It is obvious that the power and intelligence involved is not operating under the rules of our physical laws which do not vary and do not depend upon a sensitive person to demonstrate or utilize them. Ben Hester, in his book, *Dowsing, an Exposé of Hidden Occult Forces*, shares with us his and his two friends' eight-year foray into searching for answers to the power behind these practices. He started as an avid believer that the power in dowsing could be explained and was seated in the science of

¹⁷ Hitching, Francis, *Earth Magic*, Morrow, NY, 1977, p. 196.

physics that is yet unknown. His friends held the opposite opinion. They joined their talents, energy and time to pursue an exhaustive study and examination of the subject.

They examined a large volume of the writing and history of dowsing. What stood out was that those writers believing in the subject of dowsing tended to exclude negative remarks and this same trait of presenting only their bias seemed to prevail in books against the practice. There is a five hundred-year history of writings in many languages telling of accomplishments and also books showing the failures of the practice. Throughout this period, the explanation for the power that often did work some outstanding feat of delivering knowledge could never be arrived at, or agreed upon by even the dowsters themselves.

Hester makes the following comment: "I had a nearly closed mind in favor of dowsing as a not-yet-understood physical phenomenon. The discovery of contradictions in the information from field interviews and written material on dowsing was the beginning. Once my eyes were opened to the fact of the truly supernatural aspect of dowsing and the fact that it had never been satisfactorily explained in the 500 years of written material—even to the community of dowsters—my own questioning began."¹⁸

The answers found by Hester and his friends to the question of what power is involved in dowsing were "found to be shocking."¹⁹ "When all the theories were compared, all the opinions evaluated, and all the contradictions considered, the *ancient biblical condemnation of divination* began to make sense. In fact the biblical description of dowsing, the death penalty imposed for practicing it, and the exposing of its power source is the only reasonable consideration to be found. It is the only explanation avoided in all dowsing literature."²⁰

The past two hundred years have seen contention between dowsters and science. Those involved in divination want so much to be able to show that their work is scientific, yet the proof has been elusive. It is an accepted truth that dowsing organizations admit and write that they have

¹⁸ Hester, Ben, *Dowsing and Exposé of Hidden Occult Forces*, Leaves of Autumn Books, Payson, AZ, 1982, p. ix.

¹⁹ *Ibid.*, on exterior of back cover of book.

²⁰ *Ibid.*

no explanation for the feats that they perform. The dowser sees it as a power that has yet to be discovered but is in the physical world, or some extra talent given to an individual as is music or other artistic ability.

The Pagan and Nature worshiper sees divination as an extension of his mind which has simply been expanded by a simple procedure. He believes that the intelligence of the universe rests within his mind and is only waiting to be released. The field of science that tests and observes for consistent results tends to see divination as trickery and chance, and to deny that a special power is involved.

There is a third explanation to be considered. The Bible-believing Christian reads the Bible and he is told of the power of Satan and his angels. The Christian sees two conflicting powers, the devil and his angels, and Christ, the Divine Son of God and His angels. The power of Satan does not always do evil; many times it will do good and marvelous acts to gain men's loyalty. Eventually, man will suffer the consequences for choosing to follow and utilize the power of Satan, but it may not be until the judgment day. By accepting his power, we, in essence, choose him as our lord.

I believe the power and intelligence acting in divination to be of Satan. This power has intelligence to be able to answer "yes" or "no" to any question in the universe. It does not matter one twit as to the instrument used in the divination in obtaining the knowledge desired and sought. It has to do with giving the "will" of the diviner to this power. When the divining instrument "bobs," indicating one foot distance in America, but a meter in Europe, and this measurement is actually set by the mind of the dowser, there can be no other answer. When dowsing can be done over an individual, or from a saliva sample, a hair, or an object the individual has handled, from a thousand miles distant, there can be no other answer.

The Bible tells of the response of the Ephesians when they were converted and considered their interest in witchcraft prior to conversion. They made a bold move: ". . . Many of them also which used curious arts brought their books and burned them before all men: and they counted the price of them and found it fifty thousand pieces of silver."²¹

²¹ Acts 19:19, KJV.

E. G. White shares the following comments on the acts of the Ephesians: "When the Ephesians were converted, they changed their habits and practices. Under the conviction of the Spirit of God, they acted with promptness, and laid bare all the mysteries of their witchcraft. They came and confessed, and showed their deeds, and their souls were filled with holy indignation because they had given such devotion to magic, and had so highly prized the books in which the rules of Satan's devising had laid down the methods whereby they might practice witchcraft. They were determined to turn from the service of the evil one, and they brought their costly volumes and publicly burned them. Thus they made manifest their sincerity in turning to God. . . ." ²²

Further comments were made by the same author in her book *Messages to Young People*: "Those treatises on divination contained rules and forms of communication with evil spirits. They were the regulations of the worship of Satan,—*directions for soliciting his help and obtaining information from him*. By retaining these books, the disciples would have exposed themselves to temptation; by selling them they would have placed temptation in the way of others. They had renounced the kingdom of darkness, and they did not hesitate at any sacrifice to destroy its power. Thus the truth triumphed over men's prejudices, their favorite pursuits, and their love of money." ²³

²² White, E. G., *Messages to Young People*, Southern Pub. Assn., Nashville, TN, 1930, p. 275.

²³ *Ibid.*

CHAPTER 12

HYPNOSIS

I once received a call from the hospital to come quickly to care for a lady who had been water skiing. She had fallen into the water and had been run over by a boat, sustaining severe injury to one leg. I went to the emergency room to see the patient. She had several huge lacerations across her thigh, inflicted by the propeller of the boat. She had lost much blood and looked pale. Bleeding had stopped so there was time to give her blood and fluids intravenously before taking her to the operating room. The injuries were so large and destructive to her leg that I decided to ask a plastic surgeon to join me in caring for her in the operating room.

We were able to save the leg and expected healing and the return to normal use. Three days later, we scheduled a change of the bandages on the leg. By that time the bandages had crusted and dried, sticking to the wounds. Changing the dressings was going to be painful.

The plastic surgeon arrived in her room before I did and proceeded to change the dressings. When I entered the room, the patient had her eyes closed; she was not showing any tension or any sign that she was in distress. When I spoke to her, the doctor said that she was sleeping but he would awaken her soon. He finished with the new dressings then told her that he was going to count backward from five and when he got to zero she would awake.

He counted, five, four, three, two—she began to move, one and zero—she awoke and was happy and smiling, as well as delighted that the dressings were changed and she knew nothing of the ordeal. It seemed wonderful. Who could object to such a pleasant method of dealing with injuries? I was surprised to learn that the surgeon used hypnosis. I had known him for several years and operated with him many times. I opposed hypnosis and never suggested it to my patients. I was embarrassed to have had this happen to one of my patients without first being able to share with her my concerns about its use.

Why should I object? Was it not wonderful to relieve someone from a painful procedure? Why would I oppose this humane approach? Was it not better than giving a pain medication an hour prior and then removing the bandages? She was wide-awake and pain free and did not remember the procedure.

Some doctors in medical practice have used hypnosis for many years and it is considered an acceptable method of treatment in the medical field. It has been used as an anesthetic in operative procedures, as well as in treatment of psychological ailments. Yet many physicians choose not to use it in their practices.

What is hypnosis? How does it work? Where does it come from? Why does not every doctor use it? These are important questions that deserve answers.

Let us first look at a dictionary definition. Hypnosis is "An induced state of mind in which the subject is responsive to the suggestions of the hypnotist. This state may be to the degree of resembling sleep, called a hypnotic trance."¹ This suggests that there are degrees of hypnosis that are below the hypnotic trance.

What of its origin? Let us consider the comments made in the *New Age Encyclopedia*. "What is now called hypnosis has existed in almost all societies in the past, though its nature was only rarely understood or appreciated."² The Bible tells of the serpent [in a tree] that spoke to Eve and "beguiled," or deceived her.³ "Satan tempted the first Adam in Eden, and Adam reasoned with the enemy, thus giving him the advantage. Satan exercised his power of *hypnotism* over Adam and Eve, and this power he strove to exercise over Christ. But after the word of Scripture was quoted, Satan knew that he had no chance of triumphing."⁴

Medical history texts record hypnotic phenomena being studied by physicians, such as Paracelsus, in Europe in the mid-sixteenth century. Its power source was explained as a magnetic fluid which connected all substances in the universe and which could not be seen, demonstrated or

¹ *Mirriam Webster Advanced Dictionary*

² *New Age Encyclopedia*, Gale Research, Detroit, MI, 1990, p. 28.

³ Genesis 3:13; 2 Corinthians 11:3.

⁴ White, E. G., Letter 159, 1903 [CD Disc of E. G. White Writings].

measured. In the seventeenth century it again appeared in the writings of several notorious physicians.⁵ The power of suggestion, or hypnosis, was used by these physicians to treat medical conditions.

In the eighteenth century, Emanuel Swedenburg [1688-1772] studied this “magnetism” credited to hypnotism and tied it in with his interest in the spiritual world, which in turn laid the grounds for spiritualism.⁶ Swedenburg and his ideas of spiritualism influenced the world of the occult for more than a century.

If you were to consult an encyclopedia on the word “hypnosis,” you would most likely find that a physician by the name of Franz Anton Mesmer is referred to as the father of modern hypnosis. He is not truly the father of hypnosis, but he did make it so well known that for nearly a century this phenomenon was known as “Mesmerism.” Let us review Dr. Mesmer’s history. He graduated from medical school in Vienna in 1766. That same year he published a book, *On the Influence of the Planets*, in which he proposed stroking diseased patients with magnets to effect a cure. In 1773, he claimed his first cure by the use of magnets. Mesmer was a believer in astrology and felt the body of man was a microcosm of the macrocosm [universe]. He felt that man, earth and the universe were tied together with a universal magnetic fluid. Mesmer continued his medical practice using magnets to cure disease.⁷

Mesmer heard of a Swabian priest, John Gassner, who was simply passing his hands across diseased bodies and effecting “cures.” Mesmer observed Gassner and thought it was done by the power of the same magnetic fluid that he felt explained his activities with magnets. He then dispensed with the magnets and achieved equal results by use of his hands. Eventually he dispensed with the hand technique and used the mind only as the modality of influencing animal magnetism [power believed to effect hypnotism].⁸

In 1784, a book written by French doctor Jean Philippe Francois Deleuze who was a spiritualist, referred to this same phenomena [hypno-

⁵ *New Age Encyclopedia*, Gale Research, Detroit, MI, 1990, p. 28.

⁶ *Ibid.*

⁷ *Ibid.*, p. 28, 58.

⁸ *Ibid.*

tism] as “animal magnetism.” Deleuze seemed to want to separate the name “Mesmer” from the method.⁹

“For much of the nineteenth century, the term ‘animal magnetism’ also encompassed clairvoyance, empathy, mediumistic trances, and many other psychic abilities and psychological phenomena, the relationships between which were far from clear.”¹⁰

Let us briefly review the influence of Dr. Mesmer and the different methods he used in his medical therapy. First he started by passing magnets across the bodies of his patients. He would make large tubs and fill them with chemicals to produce an electrical charge and on the tub were iron knobs. People would stand around the tubs holding on to the iron knobs in order to receive *magnetic therapy*.

Eventually, he used only the mind to accomplish the desired effect. The hypnotic state could be so deep that surgical procedures could be performed during the trance. To accomplish this involved not only an expert “mesmerist,” but also a willing, submissive person. A British surgeon, James Esdaile [1805-1859], practiced in India and used the trance state for anesthesia during surgery. He performed two hundred and sixty-one painless operations with mesmerism as the only anesthetic. When he returned to Scotland, he found that mesmerism used as an anesthetic did not work well there.¹¹

The inducement of the hypnotic state by suggestion was used in many ways by the various practitioners who became skilled in its use.¹² The British Medical Society, in 1893, concluded that hypnosis was a true science even though they were not able to perfectly explain it. There could be no doubt that it was much more than a sham or fake act. Great influence and results did indeed occur with its use and it appeared as though its action was only positive with little to no adverse side effects.

The American Medical Association was much slower in embracing this form of treatment. Physicians at large were not fully convinced of its value, though there was no denying that it had great power to affect a person. There was no real lasting effect on disease. It seemed to be more re-

⁹ *Ibid.*, pp. 28, 29, 58.

¹⁰ *Ibid.*, p. 58.

¹¹ Garrison, Fielding H., M.D., *History of Medicine*, W. B. Saunders & Co., Philadelphia, PA, 1929, p. 428.

¹² *Ibid.*, p. 369; *New Age, Encyclopedia*, p. 58.

lated to the treatment of the mind and so has not been widely used by all physicians. Hypnosis was given official sanction by the American Medical Association in 1958.

We are warned that it will be in the area of *science* that Satan will exert such deceptive practices in the last days. In the days of Paul and Timothy, there also existed false sciences and Paul gives us warnings concerning them. "O Timothy, keep that which is committed to thy trust, avoiding profane and vain babblings, and oppositions of science falsely so called." (1 Timothy 6:20).

Dr. Franz Joseph Gall [1828-1878] was an anatomy instructor. He was the first to show that different parts of the brain had specific functions.¹³ He carried this too far, however, and felt that the character and personality could be recognized by observing the bumps and ridges on the skull. This idea he carried further, even to suggest that the mind, character and personality could be altered by massage to the head, or pressure applied to specific areas of the skull. This concept was named *phrenology*.

Phrenology was a pseudo-science and was adopted by those practicing mesmerism and other occult therapies. The spiritualist movement was attracted to phrenology and mesmerism. E. G. White had much to say concerning the practice. "Satan uses these very things to destroy virtue and lay the foundation for spiritualism."¹⁴ ". . . The sciences of phrenology, psychology and mesmerism have been the channel through which Satan has come more directly to this generation, and wrought with that power which was to characterize his work near the close of probation."¹⁵ In a private letter to someone in 1901, Ellen White made it clear that the false sciences of phrenology and mesmerism [hypnotism] is "Satan's own science." Letter 130, 1901.

"A Science Fraught With Peril. . . . We do not ask you to place yourself under the control of any man's mind. The mind cure is the most awful science which has ever been advocated. Every wicked being can use it in carrying through his own evil designs. We have no business with any such

¹³ Garrison, op. cit., p. 539.

¹⁴ White, E. G., *Testimonies*, Vol. 1, Pacific Press Pub., Assn., Mountain View, CA, [now Nampa, ID] pp. 296, 297. 1867.

¹⁵ White, E. G., *Messages to Young People*, [Feb. 18, 1862, *Review and Herald*], Southern Pub. Assn., Nashville, TN, p. 57.

science. We should be afraid of it. Never should the first principles of it be brought into any institution."¹⁶ [Written in 1901].

"The theory of mind controlling mind was originated by Satan to introduce himself as the chief worker, to put human philosophy where divine philosophy should be. Of all the errors that are finding acceptance among professedly Christian people, none is a more dangerous deception, none more certain to separate man from God, than is this. Innocent though it may appear, if exercised upon patients, it will tend to their destruction, not to their restoration. It opens a door through which Satan will enter to take possession both of the mind that is given up to be controlled by another and of the mind that controls."¹⁷

The business world is offered commercial mind training courses by a variety of teachers. Some of these courses teach hypnotism even though the title of the course will not suggest so. Course titles such as "conditioning," "programming," "brain-wave training," "Alpha training," etc., may actually be hypnosis. There can be consequential adverse affects to the student taking part in such a course. Elmer and Alyce Green, in their book, *Beyond Biofeedback*, state that thousands of the students of these courses will sooner or later experience serious mental changes such as neurosis or even psychosis. They warn that the greatest danger however is obtaining psychic advisers who are assistants in the course. The Greens warn that there is the possibility of mediumistic "possession" via the influence of the advisers.¹⁸

An experienced mesmerist attempted to hypnotize Mrs. White sometime around 1845. He had proclaimed that he could do so and cause her to have a vision. She allowed him to try for one half hour and yet he could in no way influence her state of mind. "I told him that the Lord had shown me in vision that mesmerism was from the devil, from the bottomless pit, and that it would soon go there, with those who continued to use it."¹⁹

The methods used today by Satan started in the courts of heaven and

¹⁶ White, E. G., *Medical Ministry*, Pacific Press Pub. Assn., Mountain View, CA, 1932, p. 116.

¹⁷ White, E. G., *Mind, Character, and Personality*, Vol. 2, Southern Pub. Assn., Nashville, TN, p. 712.

¹⁸ Green, Elmer and Alyce, *Beyond Biofeedback*, Knoll Pub. Co., pp. 319-323.

¹⁹ White, op. cit., p. 719.

were taken to the Garden in Eden. They worked in heaven, in the garden, and they work now. We have been warned. "There are doctors and ministers who have been influenced by the hypnotism exercised by the father of lies. Notwithstanding the warnings given, Satan's sophistries are being accepted now just as they were accepted in the heavenly courts. The science by which our first parents were deceived is deceiving men today. Ministers and physicians are being drawn into the snare."²⁰

There are people who feel they are wise enough to take parts of these false sciences and use them to their advantage; but the warning is given to have nothing to do with them. Even to investigate the theories can expose us to Satan's power. Our duty is to direct the mind of man to God, the true mind therapist.

²⁰ *Ibid.*, p. 719

CHAPTER 13

BIOFEEDBACK

A common medical complaint that doctors are challenged with is headaches. When a patient complained of such to me I would place my hand on the back of the neck and feel for tight muscles and tender points at the base of the skull. When there was tenderness on the skull I could be reasonably sure that that person had excess tension of the neck muscles, and the pain was a result of the chronic contraction of these muscles. The point on the skull where the muscles attach becomes sore and contributes to the headache. I would advise the patient to practice relaxing these muscles several times a day, to massage the neck muscles, apply moist heat, and to attempt to discover initiating stress factors that led to the tenseness.

In the 1960s, I read in medical journals of another method of treating people with stress headaches. This method was called *biofeedback*. Simply said, it was a procedure where electrodes were attached to the muscles of the neck and they in turn would be attached to an oscilloscope which would show electrical nerve impulses stimulating the neck muscles. With conscious effort, an individual could learn to reduce the excess nerve impulses and tension in the muscles, and the headaches would cease. Biofeedback sounded harmless and possibly might work better than the method I used. The procedure was not done by physical therapists in my area and so I never prescribed this treatment method.

Migraine headaches occur from a different physiological dysfunction. They occur on one side of the head, and usually are preceded by symptoms of dimming vision on one side and strange sensations at various locations. Sometimes apparent weakness of certain muscles will be manifest. These symptoms occur as a result of artery constriction over one side of the brain; after a few minutes, the same vessels will dilate causing pain. Many factors, including mental stress, can trigger such a headache. Present-day therapy involves using medicines to cause constriction of the dilated ar-

tery, thus giving varying degrees of relief. This type of headache may last from a few hours to days. It is often incapacitating, affecting the ability to attend school or work. Migraine headaches are notoriously difficult to treat.

Medical literature has featured articles telling of the use of “biofeedback” as treatment for migraine headaches. These articles reported that up to 80% of patients with migraines received great relief by using biofeedback treatments. It sounded like good, safe therapy, and I never had any adverse thoughts against such a method. Over time, it was shown that many other physical ailments such as high blood pressure, some gastrointestinal disorders, asthma, neuromuscular disorders such as post-stroke rehabilitation, cerebral palsy, spinal cord injuries, anxiety states, Reynaud’s phenomena, etc. have been helped with the use of biofeedback.

In the 1980s I began to be aware of different types of medical treatments referred to as alternative or complementary medicine. I had concerns about those treatments as it appeared to me that spiritualism was probably the source of their power. When reading articles and books written by Christian authors explaining the nature of certain alternative therapies, I would notice that biofeedback was included in the list of treatment methods those books advised against.

In 1987, the Biblical Research Committee of the General Conference of Seventh-day Adventists presented a report of a study entitled *The New Age Movement and Seventh-day Adventists*. In this paper is a section dealing with various medical treatment methods that were recognized as spiritualistic. Three times the word “biofeedback” is mentioned as one such method. I found that this same labeling of biofeedback occurred in several other books written to expose spiritualism in alternative medicine methods. I was surprised and questioned this label against biofeedback. It occurred to me that I needed to do some in-depth study of biofeedback and to arrive at my own conclusion on this issue. I will share with you my discoveries.

The special paper prepared by the Biblical Research Committee listed several sets of questions that needed to be answered as a person studies medical treatment methods to determine if they are *spiritually safe*. These questions had been taken by the committee from Dr. Warren

Peters' book *Mystical Medicine*. They are excellent questions. No one question should determine the issue, but several questions, when answered, should give evidence of a spiritualistic relationship before you finalize judgment.

The first set of questions: Where did the method come from, what is its source? Does it have mystical roots? What other therapies is it often associated with? What did the founder believe? What is the life story of the founder or founders?

A renowned German brain physiologist, Oscar Vogt of the Berlin Institute, during the 1890s was using hypnosis in guided sessions. Some of the people in the sessions learned to put themselves, for a self-determined time, into a state similar to the hypnotic state they achieved with the doctor's guidance.^{1,2} Vogt found he could have these people, in their auto-hypnosis practices, treat and alleviate many different stress-like medical disorders with which they were afflicted. In the early 1900's, Johannes Schultz, a psychiatrist and neurologist in Berlin, continued the work that Vogt started. This state of self-hypnosis was called "autohypnosis."

Schultz wanted to perfect *autohypnosis* because it would eliminate the tendency of the participant to develop dependence on the hypnotist. It was recognized that the state of *self-hypnosis* could be induced by using certain basic verbal formulas repeated over and over by the individual desiring autohypnosis. These phrases focused on relaxation of the muscular and vascular systems, and promoting deep slow breathing. A second part in the process involved visualizing colors, objects, and abstract concepts.³

Dr. Wolfgang Luthe had been a student of Schultz, and continued the work after Schultz's death. Luthe called autohypnosis *autogenic training* in a book authored by Schultz and Luthe [1959].

In the early 1960s, Dr. Joe Kamiya of San Francisco attached an electroencephalograph to college students' heads to see if they could, at will, change their brain wave patterns. He found they could. He came up with the word *biofeedback*. "He studied the brain waves of Zen meditators and proposed that it might be possible to develop a 'psychophysiology of con-

¹ Green, Elmer, Ph.D., and Alyce, M.A., *Beyond Biofeedback*, Knoll Publishing Co., 1989, p. 26.

² Hill, Ann, *A Visual Encyclopedia of Unconventional Medicine*, Crown Pub., Inc., NY, 1978, p. 190.

³ Green, op. cit., p. 27.

sciousness.'” Dr. Kamiya presented a lecture at the Psychophysiological Research Society meeting in 1965, which was attended by one Elmer Green, Ph.D. It was the first time Dr. Green had heard of biofeedback. He was inspired to investigate this ability to self-control brainwave patterns.⁴

There were many therapists who dabbled in the use of autogenic training, but one outstanding investigative group led the way to what we now call “biofeedback.” Elmer Green, Ph.D., a physicist and psychologist, Alyce Green, M.A., a psychologist, and Dale Walters, Ph.D., a colleague, were investigators at the Menninger Foundation, a psychiatric institute in Topeka, Kansas. In 1965, they began to explore the autogenic techniques in their research. Dr. Green developed electronic devices to monitor physiological changes while people were in autogenic training. They could see changes in the rate of nerve impulses, muscular tension and relaxation, temperature of the skin in specific locations and brain wave amplitude and rates.

From these studies of autohypnosis or biofeedback, brain wave monitoring studies were done. By *muscle relaxation*, *deep slow breathing*, and use of *mantra phrases* along with *visualization*, a certain brain wave rate called theta could be achieved. It is at this level of brain activity that the autohypnosis takes place. Dr. Green stated the following: “In my view theta training is a form of accelerated meditation—and the benefits to students are incalculable. They range from better physical functioning, to improved emotional balance, to sharpened intellect, to true creativity—to the solution of insoluble problems in unpredictable ways, coming into mind as from another dimension”⁵

With the addition of electronic monitors, a person could see evidence of changes in his physiology as he practiced the *autohypnosis* or *autogenic training*, or as it is now called, *biofeedback*. The Greens’ work and writing for scientific journals has made biofeedback well known, and has rapidly increased belief in, and use of, this technique.

Dr. and Alyce Green refer to biofeedback as “Western Yoga.”⁶ In their book, *Beyond Biofeedback*, both Elmer and Alyce express their belief in

⁴ *Ibid.*, pp. 44, 118.

⁵ *Ibid.*, preface, xiv, xv.

⁶ *Ibid.*, p. 16.

the “energy concept” of the cosmos and its relationship to man. They have, from youth, studied and practiced the astrological concepts of the East. In their book preface [p. xix] they state: “From our viewpoint, the development of full human potential starts most easily with mastery of body energies [through internal control of images, emotions, and volition], and the process can be extended to energies which influence the outside world.”⁷

The book tells the story of their life, which is deeply involved in the Eastern teachings. I Quote again from their book *Beyond Biofeedback*: “During those years Alyce and I read continuously in the fields of metaphysics, parapsychology, and theosophy, searching for and constructing a framework of ideas that would correspond with our own experiences and at the same time be reasonable in terms of a possible science in which mind and matter were not forever separate.”⁸

The practice of using *mantras*, *muscle relaxation*, *rhythmic deep breathing* and *visualization* to induce changes in brain wave patterns and induce physiological functions is of concern. The use of mantras (repetitive phrases) is an integral part of Eastern religions and has long since found its way into Christianity with the use of prayer beads. The Eastern religions use mantras to alter consciousness, actually, they eliminate thinking. Body and or muscle relaxation practices are an integral to hypnosis techniques. The Indian gurus have warned that rhythmic deep breathing is time-honored method for entering altered states of consciousness and for developing psychic power. *Visualization* [forming a mind picture] is a method of attempting to change and manipulate the physical reality by mental pictures. Dave Hunt, in his book *The Seduction of Christianity: Spiritual Discernment in the Last Days*, states: “It is based upon the ancient sorcerer’s belief that the entire universe is an illusion [called *maya* in Hinduism] created by the mind.”⁹ One proponent of the use of visualization says that it can be used to create whatever you want. Visualization, as practiced in this pagan philosophy, is an attempt to

⁷ *Ibid.*, Preface xix.

⁸ *Ibid.*, p. 13

⁹ Hunt, David, McMahon, T.A., *Seduction of Christianity, Spiritual Discernment in the Last Days*. Harvest House Pub., Eugene, OR, 1985, p. 138.

mimic God's power of creation—" . . . by the breath of His mouth." (Psalms 33: 6).

The ancient roots of this type of thinking can be found in Greek mythology. Dave Hunt tells in *The Seduction of Christianity* . . . that the Egyptian god Thoth, [to the Greeks Hermes], taught that the physical world could be transformed through *mental imagery*.¹⁰ Also of bygone times has been the use of *visualization* in yoga to create reality with the mind and achieve union with the supreme Hindu god, Brahman. Also mentioned is the comment that visualization is a widely used technique in psychic healing.¹¹ It is a regular practice in training psychic healers. Do not confuse visualization, (which is an attempt to bring something into reality, or into materialization by the thought itself) with our creative ideas, plans and mental activities that we use to work, design and function by every day. That is not what is referred to by the word "visualization."

Chapter 47 of Isaiah warns us of the end result of trusting in sorceries and enchantments. Evil and desolation and final destruction by fire will be our lot. The astrologers, stargazers, and sorcerers will not be able to save us.

It is very clear that the most prominent investigators and authors on the subject of biofeedback are deep believers in, and practitioners of, Eastern mysticism.

Second set of questions: What company does this technique keep? Who uses it and what other therapies accompany its use?

From the above information we see that biofeedback issued out of hypnosis and actually is hypnosis under a different name. In the book *The Illustrated Encyclopedia of Body-Mind Disciplines* by Nancy Allison, chapter 4 titled, "Mind/Body Medicine" lists the names of therapeutic techniques that are associated. They are—"Biofeedback Training *Guided Imagery *Hypnotherapy *Interactive Guided Imagery *Psychoneuroimmunology."¹²

Chapter 4 of *Illustrated Encyclopedia of Mind-Body* opens with the

¹⁰ *Ibid.*, p. 140.

¹¹ *Ibid.*, p. 141.

¹² Allison, Nancy, *The Illustrated Encyclopedia of Mind/Body Disciplines*, Rosen Pub. Group, Inc., NY, 1999, p. 64.

following paragraph: "Mind/body medicine is a contemporary term used to describe a number of disciplines that study or approach, healing the physical body, transforming human behavior, by engaging the conscious or unconscious powers of the mind. While 'mind/body medicine' is a term used in this section of the encyclopedia to describe a growing field of study and practice in contemporary Western medicine, it is also used by others to describe ancient Eastern disciplines such as yoga, meditation, traditional Chinese medicine and subtle energy therapies. The variety of disciplines that comprise mind/body medicine in this encyclopedia combine a theory of the relationship between body and mind that has much in common with these ancient Eastern disciplines with Western scientific models of biology and chemistry. . . ." ¹³

The use of biofeedback started with therapists employing hypnosis-type therapies, and its use has extended into many health disciplines.

Third set of questions: What is the ultimate direction that the therapy is headed? Am I led toward Jesus Christ or away from Him? Do I still need Him as a Saviour, or have I become my own saviour?

Biofeedback is considered to be the yoga of the West. ¹⁴ It is based on the *same principles as yoga of the East*. The basic principle is that within "SELF" lies all the wisdom of the universe. The body has all the intelligence and power to heal itself and also to grow into a higher consciousness called the "Supreme Self." The following quotation is from a letter from Dr. Elmer Green to Mr. Ihori, a Japanese businessman who wrote enquiring about the theory of biofeedback, and if it would be applicable to his employees. The reply to Mr. Ihori is summarized as follows: Deep within the unconscious mind of each person is hidden the "Source of Creativity," which has the solution to all human problems. It is known by various names such as "Tao" [the way] in China, "True Self" in Zen, Jiva in India and in Tibet "Lotus."

How does one bring out this hidden Source of Creativity? By putting the body at complete rest, the emotions at peace, and the mind stilled while conscious and ready to receive impressions from the creative center of the subconscious mind.

¹³ *Ibid.*, p. 64.

¹⁴ Green, op. cit., p. 76.

Biofeedback is an efficient, effective manner of bringing out this "Source" by having the person place him/herself in the theta brain-wave status. This is accomplished through the electroencephalographic [EEG] feedback wherein an electrode is applied to the left occipital area of the scalp, over the visual part of the brain.

The final remark in Dr. Green's letter to Mr. Ihori states: "In my view theta training is a form of *accelerated meditation*—and the benefits to students are incalculable . . ." ¹⁵

Richard Willis, in his book *Holistic Health, Holistic Hoax? an Expose of New Age Therapies* tells of the experience that doctors Carruthers had in their use of autogenic training. They reported that everyone that became completely relaxed wanted to "go further." The doctors realized that the western approach, such as autogenic training and biofeedback, brought a level of treatment that meshed with the traditional spiritual practices of the East, similar to Eastern meditation. They then moved from autogenic training to the practice of yoga and meditation. The Carruthers felt that autogenic training is the best way to develop inner awareness, and this led them to seek the best Eastern meditation practices. ¹⁶

Willis tells us that ". . . the most popular form of Eastern meditation practiced in the West is Transcendental Meditation [TM] which originated with Maharishi Mahesh Yogi." ¹⁷ In this form of meditation a mantra word or phrase is given to the student by the instructor and this secret mantra is repeated over and over in the mind as one rests in a comfortable position. The mantra is to facilitate bringing the mind into a "passive" attitude. The student is advised to meditate twice a day for 20 minutes. By using this style of meditation, physiologic changes occur. Herbert Benson, M.D. writes in his book *The Relaxation Response* that a hypo-metabolic state would occur within three minutes of starting transcendental meditation and the oxygen consumption of the mediator is reduced by 20 percent, signifying a profound relaxation response.

In this belief system for health and healing, there is no room for a

¹⁵ *Ibid.*, preface xiv.

¹⁶ Willis, Richard, J. B., *Holistic Health Holistic Hoax?*, Pensive Publications, 10 Holland Gardens, Watford Hertfordshire, England WD2 6JW, 1997, p. 223.

¹⁷ *Ibid.*

Creator God. There is no room for understanding the forces of darkness—of Satan and his angels, no place to understand that Satan has been allowed great power to influence man, and no room to understand that Satan has been allowed the use of electrical forces to influence man.

E. G. White wrote of the result of this type of teaching as follows: “None are in greater danger from the influence of evil spirits than those who, notwithstanding the direct and ample testimony of the scriptures, deny the existence and agency of the devil and his angels. So long as we are ignorant of their wiles, they have almost inconceivable advantage; many give heed to their suggestions while they suppose themselves to be following the dictates of their own wisdom . . . There is nothing the great deceiver fears so much as that we shall be acquainted with his devices.”¹⁸

Fourth set of questions: Does the treatment method follow known laws of physiology? Does it teach and direct the patient to seek to know and follow God’s laws of health?

Hypnosis, autogenic training, or biofeedback, do not operate by any known laws of physiology. However, there are physiological changes that do occur through the autonomic nervous system in an individual. The explanation is that the body knows how to heal itself when it is told to do so. There is no acknowledgement that disease is a result of not following known laws of health.

The treatment methods spoken of in this book, and many more that have not been mentioned, have no basis in known laws of physics or chemistry. All have come about as a result of a theory based on pagan religious beliefs, and a false understanding of the origin of the universe and man. For a hundred years proponents of these methods have tried their best to reconcile these methods with known science. They have failed. Dr. Green mentioned in his book that he took a Ph.D. in Physics so as to be more able to find a scientific connection between his beliefs and experiences in Eastern mysticism and the physical laws that modern science recognizes.¹⁹

The world view of Eastern mysticism is that all substance of the cosmos and man originates from universal energy, and is said to be divided

¹⁸ White, E. G., *The Great Controversy*, Pacific Press Pub. Assn., Mt. View, CA, 1950, p. 516.

¹⁹ Green, op. cit., p. 296.

into seven levels of phases, or densities of energy. The question arises, why is it not possible for science, with its delicate instruments, to detect this energy force? These energy levels are labeled by author Green, E-1 through E-7. E-1 refers to the transformation of energy into the physical universe including the human body. The higher levels of energy that are written about have to do with the mind and consciousness, that is "higher consciousness." Science has no instruments to detect these supposed higher levels of energy and Green tells us why they are not measurable by science. "Humans have all the parts and can therefore detect a greater spectrum of energies. Instruments are made of minerals, and lack the transducer components needed for detection of E-2 through E-7 energies. In other words, living beings are coupled to the cosmos better than scientific devices, which are, after all, quite limited tools."²⁰

In contrast to the above is God's way. We follow His spiritual and physical laws to maintain health. We look to God for the power to heal. He is our Creator and Sustainer and Redeemer.

"Thousands, I was shown, have been spoiled through the philosophy of *phrenology* and *animal magnetism*, [*hypnotism*, *autogenic training*, *biofeedback*], and have been driven into infidelity. If the mind commences to run in this channel, it is almost sure to lose its balance and be controlled by a demon."²¹

"Some will be tempted to receive these wonders as from God. The sick will be healed before us. Miracles will be performed in our sight. Are we prepared for the trial which awaits us when the lying wonders of Satan shall be more fully exhibited? . . . We must all now seek to arm ourselves for the contest in which we must soon engage. Faith in God's Word, prayerfully studied and practically applied, will be our shield from Satan's power and will bring us off conquerors through the blood of Christ."²²

Fifth set of questions: Who receives the credit for healing? God the Creator or Satan the created?

Dr. Green states the following: "Why did biofeedback prove helpful in the treatment of so many and varied disorders? Suddenly I realized that

²⁰ *Ibid.*, p. 304.

²¹ White, E. G., *Testimonies*, Vol. 1, Pacific Press Pub. Assn., Mt. View, CA, p. 297.

²² *Ibid.*, p. 302.

it isn't biofeedback that is the 'panacea'—*it is the power within the human being to self-regulate, self-heal, re-balance. Biofeedback does nothing to the person; it is a tool for releasing that potential.*"²³ Contrast this statement with the following comment: "Jesus has not taught them this philosophy. Nothing of the kind can be found in His teachings. He did not direct the minds of poor mortals to themselves, to a power which they possessed. He was ever directing their minds to God, the Creator of the universe, as the source of their strength and wisdom."²⁴

Five sets of questions show positive answers for identifying spiritualism in biofeedback. I no longer wonder why it has been listed as such in Christian books that have been written to expose the devil's wiles. The special report by the Biblical Research Committee included biofeedback as a procedure that we should shun. You will have to decide for yourself if biofeedback is a procedure you would choose to use. My goal is to present enough documented information in order for you to make an intelligent decision.

You may have noticed that the testimonies of people, as to the value of different treatment methods, or the personal experience of individuals who experienced relief and apparent healing from use of various alternative healing modalities, have not been included as testing criteria. This book does not present the idea that these methods do not work. The purpose of the book is to help us in answering the question, *who makes it work, what power is behind it?*

I would like to present one additional bit of information to help you in making your decision about whether biofeedback is good, rational treatment, or if it falls into the domain of the mystical. Dr. Green, in his book *Beyond Biofeedback*, has an entire chapter on the use of "*volition*" in biofeedback therapy. Synonyms for volition are "*the will*" or "*to choose*." A person must first choose to participate in biofeedback, for without this willingness, the treatment will be ineffective.

The following is from the book, *Beyond Biofeedback*. "Fundamental among [man's] inner powers, and the one to which priority should be given, *is the will's central position in man's personality* and its intimate

²³ Green, op. cit., p. 116.

²⁴ White, op. cit., p. 297.

connection with the core of his being—*his very self*. . . .”²⁵

Dr. Green also states: “Volition [*will*] is at the heart of the mind-body problem.”²⁶ “Attitude is a critical feature in biofeedback training, because volition [*will*] is influenced by what one believes (although the psychological principle itself is entirely independent of what people believe or do not believe).”²⁷ Elmer and Alyce Green are correct in their assessment of the power of the will. It is vital in deciding which power will control us.

“Through the right exercise of the will an entire change may be made in the life. By yielding up the will to Christ, we ally ourselves with divine power. We receive strength from above to hold us steadfast. A pure and noble life, a life of victory over appetite and lust, is possible to everyone who will unite his weak, wavering human will to the omnipotent, unwavering will of God.”²⁸

“The will is the governing power in the nature of man, bringing all the other faculties under its sway. The will is not the taste or the inclination, but it is the deciding power, which works in the children of men unto obedience to God, or unto disobedience.”²⁹

“Every human being possessed of reason has power to choose the right. In every experience of life God’s word to us is, “Choose ye this day whom ye will serve,” Joshua 24:15. Every one may place his will on the side of the will of God, may choose to obey Him, and by thus linking himself with divine agencies, he may stand where nothing can force him to do evil”³⁰

²⁵ Green, op. cit., p. 58.

²⁶ *Ibid.*, p. 59.

²⁷ *Ibid.*, p. 66.

²⁸ White, E. G., *Child Guidance*; Pacific Press Pub. Assn., Mt. View, CA, 1954, p. 209.

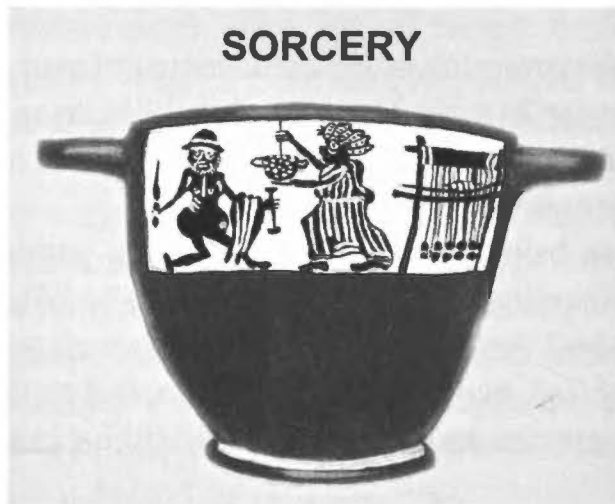
²⁹ *Ibid.*, p. 209.

³⁰ *Ibid.*

CHAPTER 14

THOSE WHO PRACTICE MAGIC ARTS

IN Greek Mythology, Odysseus learns that his men have just been turned into swine when given a potion by Circe. Hermes gives Odysseus a protective herb, and when Circe offers him the potion he takes it without harm.



In ancient times, the use of herbs, special concoctions for creating magic, and a variety of incantations were used to create mind-changing experiences. Plants with psychedelic properties are often used in Wicca (witchcraft), Satanism, occult magic, and shamanistic cultures to produce altered states of consciousness and to facilitate contact with the spirit world.¹ Today, many substances are commonly used to affect the mind; even though they are not taken for a psychic experience or to facilitate contact with the spirits, they actually do alter the mind to a varying extent. Among mind-altering substances we have to include tobacco, alcohol, marijuana, different narcotics, amphetamines [speed], cocaine,

¹ Ankerberg, John, Weldon, John, *Can You Trust Your Doctor?*, Wolgemuth & Hyatt, Brentwood, TN, 1991. p. 257.

peyote, and various plants such as some mushrooms. World-wide, there is "enchantment with the use of drugs." Should we also include caffeine?

The *King James Bible* tells us what will be the end of those practicing "sorcery." The *New International* version of the Bible translates the same word from the original Greek, as "*those who practice magic arts.*" They do not obtain eternal life and translation to heaven. "Blessed are they that do His commandments, that they may have the right to the tree of life, and may enter in through the gates into the city. But outside are dogs, and sorcerers (*those who practice magic arts*, NIV) and whoremongers and murderers and idolaters and whosoever loveth and maketh a lie." (Revelation 22:14, 15).

What is their eventual end? "... sorcerers and idolaters and all liars, shall have their part in the lake which burneth with fire and brimstone, which is the second death." (Revelation 21:8).

Why does God destroy the sorcerers (Those who practice magic arts)? "... for by their sorceries were all nations deceived." (Revelation 18:23-24). "Neither repented they of their murders, nor of their sorceries, nor of their fornication, nor of their thefts." (Revelation. 9:21).

What is *sorcery* and who is a *sorcerer*? In the book of Revelation in the King James version of the Bible, the word sorcerer has been translated from the Greek words "pharmakeia," "pharmakeus" and "pharmakos," all, according to *Young's Analytical Concordance*, have the meaning of "enchantment with drugs," "charm," and/or "remedy."

Webster's New World Dictionary Third Edition, lists: "witchcraft," "magic," and "enchantments," as synonyms for sorcery. It is defined as follows: "1) the supposed use of an evil supernatural power over people and their affairs: witchcraft, black magic." (Examples are: to cast a spell to cause harm to something or someone); 2) seemingly magical power, influence, or charm." This definition does not imply causing harm but influencing an event, situation, or person.

Young's Analytical Concordance of the Bible presents a broader definition of the word "sorcery" as it has been used in the King James Version. The Hebrew words kashaph, kashap, and kashaphim, meaning "wizard" or "witchcraft" are translated in the King James Bible as "sorcerer," as is the Hebrew word anan which refers to "observing the clouds," a form of divina-

tion. The Greek words *mageia* and *magos*, or “magic” in English, are likewise translated sorcerer. Witchcraft, one of the synonyms of sorcery, is given additional synonyms by the concordance—divination, charm and remedy.

Webster's New World Dictionary expands further the meaning of “sorcerer” by defining magic as use of charms, spells, rituals to control or cause events, or to govern forces—occultism, baffling effects and or illusions, truly, the practice of magic arts. In this chapter the word sorcery is used as defined by the synonyms and expanded definitions. I do not refer to black magic or to placing a curse on something or someone. The sorcerers will, in all probability, have as their goal to be helpful and to do well for others, yet the end result of following their advice or leading will be our loss.

A sorcerer could be one associated with alchemy, as the ancient alchemists concocted drugs and hallucinogens.² Manly Hall, in his book *The Secret Teachings of All Ages*, page 494, tells us that alchemy and astrology are the oldest sciences of the world. He tells us that mastery of these sciences would restore man from the curse of the forbidden fruit so that he could again enter the Garden of Eden. *Alchemy* was considered a science of multiplication and a process of improving upon what already existed.

Not only was alchemy considered a science, it was a religion teaching that God is in everything, a Universal Intelligence, a Universal Spirit, found in all matter. A common definition of an alchemist is one who tries to turn base metal into gold. Certainly that was one goal, but it also was a ploy to divert the attention from the true nature of the alchemist—that of bringing about a transmutation of material substance which in turn would bring about a change of his spirit from being mortal to immortal.

During the middle ages, alchemy was forbidden by the universal church, and one practicing it could be sentenced to death. Behind the common explanation that an alchemist was a person who tried to turn base metal into gold, many alchemists, in truth, practiced an occultist pagan religion. He was ridiculed because people really thought he believed he could turn substances into gold, but he was able to practice his religion unrecog-

² Steed, Ernest, *Two Be One*, Logos International, Plainsfield, NJ 07060, 1978, p. 95.

nized. Alchemists were found all over the world and they not only worked with metals, they experimented with plants and found many drugs and psychedelic substances. Hallucinogens and mind altering substances were used at times to facilitate contact with the spirit world.

One author's definition of alchemy is: "Our work . . . is the conversion and change of one being into another being, one thing into another thing, weakness into strength, bodily into spiritual nature."³

The forerunner of a *chemist* was the *alchemist*. He not only looked for a way to transform one substance into another, he also was looking for some magical substance from mineral or herb that had the *secret of life, that would bring immortality when consumed*.⁴

Ernest Steed, in his book *Two Be One*, makes the following statement. "At the root of all alchemy was astrology with its macrocosm, microcosm, and transformation."⁵ Various secret societies, Cabbalists, Masons and Rosicrucians, adhered to the philosophy of alchemy down through the ages.⁶ *Morals and Dogma of the Ancient Accepted Scottish Rite of Freemasonry* by Albert Pike, has 20 pages [772–792] on the philosophical doctrine of the alchemists.

THOTH'S SIGN



³ Cirlot, *Dictionary of Symbols*, Philosophical Library, NY, 1962, p. 8, reported in *Two Be One* by Steed, p. 89.

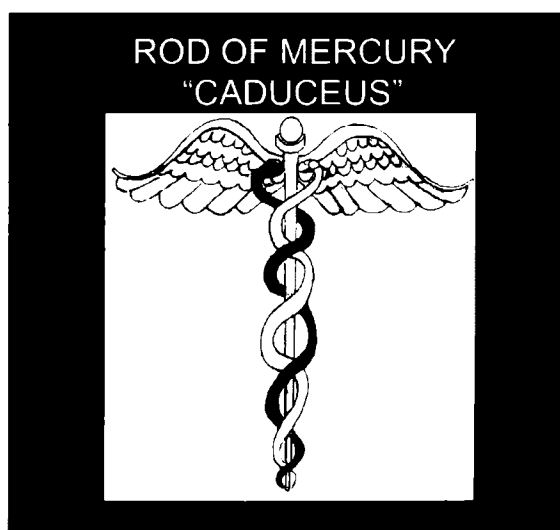
⁴ Steed, op. cit., p. 92.

⁵ *Ibid.*, p. 92.

⁶ Hall, Manly P., *The Secret Teachings of All Ages*, Tarcher/ Penguin Books, 375 Hudson Street, New York, NY, 1928, pp. 494-509.

Manley Hall, a respected Masonic writer, tells us that alchemy was the secret art of the land of Khem [Ham] or Egypt.⁷ Thoth [another name for Cush], was known as the moon god in Egypt. The same god was called Hermes in Greece. He was also known as Mercury.⁸ The Thoth sign is a flask with a snake coiled around it or a Y-shaped tree with the snake ascending it. This sign of a flask with the snake around it, can be seen at pharmacies in many countries.

The symbol of snakes entwining a rod, staff, or tree a [*caduceus*], is an ancient symbol associated with medicine and healing. Mesopotamians considered the intertwining of serpents as the god of healing. (A four thousand-year-old beaker with a caduceus on its sides was found in Mesopotamia and is in the Louve Museum in Paris. It is also shown in the book *Medicine: an Illustrated History* by Lyons and Petrucelli.) The Greek god of healing, Asclepios, had as its symbol one snake twined around a rod or staff [Thoth symbol].



I had the privilege of visiting the ruins of an ancient Asclepios temple of healing in Pergamum, Turkey. The temple still had in its ruins this symbol of a snake climbing a flask and entwining itself around the base. This temple was associated with an ancient medical school, at which the physician Galen was a professor. His concept of disease and healing dominated

⁷ *Ibid.*, p. 494.

⁸ Hislop, Alexander, *The Two Babylons*, Loizeaux Brothers, Neptune, New Jersey, 1916, p. 25 and footnote, p. 26.

the *mind-set* of medical practice for more than 1,500 years.

The alchemist, the pseudo-scientist in China, also searched for the elixir of eternal life, which he felt was needed in order to harness the energy that created all things, including life. The Taoist alchemist thought he could find a "potion" which contained the secret to life. Over thousands of years, as the alchemist looked for that secret to life, he tested a vast array of substances. He did not comprehend the biochemical aspects of the substance he tested, so the testing of the potions was not always free of danger. In the book *Secrets of the Alchemist*, p. 110, we are told of the ultimate goal of laboratory alchemy in China, it was to produce the elixir of immortality, and "According to Chinese records, a number of alchemists—and several emperors—succumbed to fatal doses of these mystical substances. Often the cause was mercury poisoning, since many alchemical recipes called for ingredients of pure mercury or mercuric compounds."

Pharmaceutical science of today is the study of the biochemical properties of a substance and its interaction with the biochemistry of a living subject. The alchemist had no comprehension of either the biochemistry of a plant, or understanding of living organisms.

Since man sinned and was driven from the Garden of Eden and lost access to the tree of life, he has ever been *looking for the secret of life*. He attempted to find it through alchemy by blending substances, transforming substances, or creating a potion that would hopefully give eternal life. The ancient pagan pantheistic beliefs teach that there is constant transformation and change. The Pa Kua, [Chinese circle of harmony] is also a symbol of this concept.

The European alchemist sought to find and capture the *vital energy* that he thought gave life. It was very elusive. The Chinese alchemist looked for it in some herb or plant so as to make a potion that could then be administered. Perhaps this helps explain why the Chinese have so many herbs as medicinals—the constant quest to find one that would bestow eternal life.

Alcohol was called the "*water of life*." It was cold but tasted hot; it was considered water and fire, elements that were regarded as creative. "The words whiskey and vodka both mean, water of life, conveying the belief

that opposites were blended to achieve life."⁹

Ancient medical treatment involved the use of a great many practices and substances in an attempt to relieve disease. It not only involved herbs and concoctions, but minerals, acts, dances, rituals of many types, and the many preparations the alchemists had made. *Hippocrates* (460-370 B.C.) [*and Greek medicine*] brought about a change to medical treatment and influenced the thinking of doctors for five hundred years. He used very few of the usual treatment modalities and taught that disease was related to lifestyle. He believed in the cosmic forces, the four humors [fluids] and the dualism concept, yet he felt that exercise and rest, nutrition and excretion, were the great influences for health or for disease.¹⁰

After Hippocrates, *Galen* (A.D. 129-200) [a physician] changed the mind-set of medicine. Hippocrates' influence lasted four hundred or more years, but Galen's influence lasted more than fifteen hundred years. Galen was at the Asclepius healing center and medical school in Pergamos of Asia Minor [Turkey]. Hippocrates had brought in a breath of fresh air to medicine and looked at lifestyle as the greatest influence on disease. He advocated living in such a way as to lessen illness. Galen turned the mind of physicians the other way. He advocated the use of many drugs. Theriac was a mixture of more than 70 minerals and substances [eventually over 100] that Galen advocated. These herbs and substances were put all together for use as a universal antidote for illness, snake bites, or any type of disorder.¹¹ *Theriac* as a universal treatment concoction was used until the late 1800s in Europe. Today a similar popular medicinal is to be found in Russia. It is called "Mumio," and contains approximately fifty different substances.

Masonic writer Manley Palmer Hall, states the following: "Upon the authority of Hippocrates, Galen, and Avicenna, medieval astrologers and physicians developed an elaborate system of correspondences between the planets and herbs, chemicals, and mineral medicines. They administered them according to the rules of sympathy and antipathy, and judged

⁹ Steed, op. cit., p. 93.

¹⁰ Hubbard, Reuben A., *Historical Perspectives of Health*, 1975, pp. 58, 60.

¹¹ Lyons, Albert S., M.D., Petruceli, H., M.D., *Medicine An Illustrated History*, Harry N. Abrams, Inc., Publishers, NY, P. 259.

the disease by the afflicting planet and its aspects." *The Story of Healing*, Citadel Press, New York, p. 162.

In the writings of E. G. White, the words "sorcery," "sorcerer," and "sorceries" are found many times. She equates the word sorcery with spiritualism, witchcraft, magic, hypnosis, magnetic healers, false healers, earthly enchantments, divination, love of wealth and fame. Whatever form of deceit the devil uses to confuse and deceive men comes under her definition. There is a movement with some physicians across this country to blend conventional medicine with the alternative and complementary methods and this blending is referred to as *integrative medicine*. There has been a rapid increase in the number of clinics adopting this *mix* of the scientific with the non-scientific. This blending is most deceptive for people who are unaware of the devil's sorceries.

A leader in integrative medicine and very popular author is Andrew Weil, M.D. He is extremely well trained in the sciences and in conventional medicine. He is a clinical professor of internal medicine and the founder and director of the Program of Integrative Medicine (PIM) at the College of Medicine, University of Arizona in Tucson. Weil received both his medical degree and his undergraduate AB degree in biology (botany) from Harvard University.

Dr. Weil is the author of many books. A review of the titles of these books reveals his interest in meditation, deep breathing, guided imagery, sound and music therapy. He also has vast influence with the public. He trains other doctors in converting to the integrative method of practice. The following quotation will give some insight to the direction of his beliefs and teachings and their orientation. Dr. Weil wrote about his *fire walking*: "I once did a forty-foot walk over an extremely hot bed of coals without experiencing any burns or even any sensation of heat. (The coals just felt crunch.) This was in a large group with Tony Robins, where everyone got very charged dancing to African drums, chanting, and engaging in other rituals. On another occasion I got burned attempting a mere six-foot walk over cooler coals. On that occasion, there were no exciting rituals, no charismatic leader, and only a small group of not-very bonded individuals." [<http://www.drweil.com/drw/u/id/QAA221693>]

Upon reading the above comment from Dr. Weil I thought again of the

verse in Deuteronomy 18:9-12 "When thou art come into the land which the Lord thy God giveth thee, thou shalt not learn to do after the abominations of those nations. There shall not be found among you anyone that *maketh* his son or *his daughter to pass through the fire*, or that useth divination, or an observer of times, or an enchanter, or a witch. Or a charmer, or a consulter with familiar spirits, or a wizard, or a necromancer. *For all that do those things are an abomination unto the Lord*; and because of these abominations the Lord thy God doth drive them out from before you."

What is it that attracts and motivates people to fire walk? What is to be gained from it? What prevents burns to the feet? It is an act performed in many places of the world. I lived for a short time in Phuket, Thailand, where once a year a festival was held for worshiping Satan. It was my understanding that fire-walking was a part of this festival. I have been in pagan provinces of Russia where similar festivals are held.

Revelation 13:13, 14 NIV gives an answer to the above question. "And he performed great and miraculous signs, even *causing fire* to come down from heaven to earth in full view of men. *Because of the signs he was given power to do on behalf of the first beast, he deceived the inhabitants of the earth.*" Satan will use fire to cause men to believe he is God. God sent fire from heaven to ignite the sacrifice of Abel; at Solomon's dedication of the temple; the sacrifice Elijah offered on Mount Carmel, and He sent fire to consume the soldiers of Ahaziah, king of Israel, when they went to arrest Elijah. In the days of Daniel God preserved the three Hebrews in the fire of the furnace. Just because God has allowed Satan to have power over fire, we need not be deceived if all miracles are tested by the scriptures.

By sending fire down from heaven at the end of time and protecting those who walk in fire, does not Satan hold himself out to be God? Does he not deceive by these miracles he performs? Should we not consider carefully the teachings of those people who are led by his power. They may be highly trained in the science of conventional medicine yet the deception comes as they blend in Satan's method of healing with God's methods. Let the followers of Christ beware.

Another popular physician and author is Gabriel Cousens, M.D., who also leads the march toward integrative medicine. His orientation is re-

vealed by his quotation found in the chapter 7 on Ayurveda in this book. Dr. Cousins has a popular following in regard to his dietary writings. He writes of foods being held over chakra areas of the body to establish which colored foods, when eaten, would most enhance the power of the chakras. His books strongly reflect Ayurvedic and Hindu concepts.

From the pen of Ellen White we find: "The God of heaven came to Paul, and through the Spirit of God miracles were wrought. But there were some men there who tried to imitate the miracles, and the evil spirit fell upon them, and they were beaten and bruised because they took the name of Jesus to use in their sorcery. *They cannot mix; they cannot mix at all.*"¹² God's design for health and healing is not to be mixed with that of Satan's.

Let us review the basics of what has been presented in this book. The devil desires to draw men's minds away from recognizing God the Creator. He devised a counterfeit story of creation based upon the blending of two opposing divisions of a supposed universal energy, which is considered god. This energy, when blended in the right proportions, brought about the creation of the universe [cosmos], earth, and man. This universal energy [god] is said to be in all substances of the universe, including man. Man need only to bring the god within himself to a higher level to obtain immortality.

Man's journey on earth, according to the pagan, is to escape from the cycle of re-incarnation, and to progress upward to become an ascended master or god himself. This may take many lifetimes. Many ways are promoted to shorten the journey to godhood, often called "higher consciousness." Yoga meditation, yoga exercises, qi gong exercises, and psychedelic drugs used to connect with spirit entities are some of the ways believed to shorten the pathway to Nirvana or godhood. Another way to hasten this progression toward godhood is to be a follower of a guru.

I invite the reader to pause and *reflect upon the contrast* between the theory and variety of *modalities presented by energy or vibrational medicine* and the *instructions God gave* through E. G. White in 1863 as to *how*

¹² White, E. G., *Sermons and Talks*, Vol. 2, Chapter 8, Heaven's Part in Life's Conflict, manuscript 1, 1890, p. 61.

the Health Reform Institute was to be operated.

Our Creator was to be upheld as the source of healing and His physical and spiritual laws were to be followed. The plan of operation was simple: no coffee, tea, alcohol, or tobacco; plant-food diet with only small amounts of milk, cream and eggs, if at all; exercise; rest; regularity of meals with no eating between, abundant use of water for bathing and drinking, and placing our trust in God for healing.

There is a power in the universe and it is the power of God. It is not inherent in the planets. It is not hidden away in the mind of man waiting for some gimmick to release it. It is not accessed by pendulums or radionic machines, or by mindless meditation. The power of God is accessed by prayer and Bible study and obedience to His physical and spiritual laws.

"Like the Samaritans who were deceived by Simon Magus, the multitudes, from the least to the greatest, give heed to these *sorceries*, saying: This is 'the great power of God.' "¹³ "But the people of God will not be misled. The teachings of this false Christ are not in accordance with the Scriptures."¹⁴

"Take each verse of this chapter [Revelation 18], and read it carefully, especially the last two: 'And the light of a candle shall shine no more at all in thee; and the voice of the bridegroom and of the bride shall be heard no more at all in thee: for thy merchants were the great men of the earth; for by thy *sorceries* (magic arts) *were all nations deceived*. And in her was found the blood of prophets, and of saints, and of all that were slain upon the earth.' "¹⁵

". . . It is fondly supposed that heathen superstitions have disappeared before the civilization of the twentieth century. But the word of God and the stern testimony of facts declare that *sorcery* is practiced in this age as verily as in the days of the old-time magicians. The ancient system of magic is, in reality, the same as what is now known as modern spiritualism."¹⁶

"Those who give themselves up to the *sorcery of Satan*, may boast of

¹³ White, E. G., *Maranatha* [found on CD of E. G. White Writings, carried in Adventist Book Stores], p. 272; Acts 8:10.

¹⁴ White, op. cit., p. 276.

¹⁵ White, E. G., *Manuscript Releases*, Vol. 16, The Ellen G. White Estate, Inc., Washington, D.C., p. 270.

¹⁶ White, E. G. *Acts of the Apostles*, Pacific Press Pub. Assn., Mountain View, CA, p. 289.

great benefit received; but does this prove their course to be wise or safe? What if life should be prolonged? What if temporal gain should be secured? Will it pay in the end to have disregarded the will of God? All such apparent gain will prove at last an irrecoverable loss. We cannot with impunity break down a single barrier which God has erected to guard His people from Satan's power."¹⁷

¹⁷ White, E. G., *Conflict and Courage*, [found on CD of E. G. White Writings, carried in Adventist Book Stores], p. 219.

CHAPTER 15

BABYLONIAN SPIRITUALISTIC MYSTERIES— COMPATIBLE WITH THE ATONEMENT?

Atonement means “at-one-ment” with God. Salvation is the act of God in restoring man to be in harmony with his Creator. The 17th chapter of John records the great prayer of Jesus just before He started His night in the Garden of Gethsemane. He prayed “That they all [His disciples] may be one; as thou Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me.”¹

In heaven, a great battle for the loyalty of the angels occurred between God and Lucifer who desired to be in the place of the Son of God. That battle spread to this earth when man sinned.² Sin separated God from man, so that there could be no direct communication, no salvation while in the separated state. Only by the *atonement* of the Son of God could there be a restoration of communication, blessings, or salvation from God to man. Satan became the “Prince” of this world. This great controversy of the ages continues today. God uses only truth, righteousness and love in defending Himself.³ He expects the same defense by His believers.

From the very start, all of Lucifer's accusations against God were based in falsehood, deceit, and self-glorification. These same principles he has taught his followers to utilize.

The name tree of knowledge of good and evil contains much of the secret of Satan's methods. He has been able to convince man that within

¹ John 17:21.

² Revelation 12.

³ White, E. G., *Patriarchs and Prophets*, Pacific Press Pub. Assn., Mountain View, CA, [Now Nampa, ID], chapter 1.

himself [man] exists all the knowledge of the universe and all man has to do is to learn how to bring out this knowledge.

The *first supplement* to attaining a higher level of consciousness, health, and becoming wise like God was the fruit offered to Eve. Some supplements are still being sold with nearly the same degree of promise. Eve already had all that the serpent was offering except godhood and she knew that was impossible, but *on the testimony of one, the serpent*, and *without any evidence* that it was so, she believed the lie. She bought it.

The devil wishes to take the place of God in the minds of men. To do so, he must take their minds off knowing who their Creator is. He devised a story for the origin of man which portrayed that man was formed by the balancing of a great [imaginary] two part opposing [yin-yang] energy or force that was throughout the universe; and when the balance of the two parts were perfect, then the universe, earth and man were formed. God the Creator, who has power and life within Himself, is left out of this story. And so Lucifer, in truth, takes the credit for creation. These are *Babylonian Mysteries*, that is, *secrets of astrological concepts*. If we choose to utilize any of the modalities for health and healing that are based on this false premise, after we have been exposed to the truth about astrological teachings, we are actually accepting this theory as the truth.

Immortality was promised to Adam and Eve on the condition of obedience. If they sinned they would lose eternal life. Satan's lie that "you will not die" had to be explained to man because man did die. To cover his obvious untruth the doctrine of re-incarnation was formed.

In the early history of the Adventist church, spiritualism entered the medical work through the dogma of pantheism. This was called by Ellen White the *alpha of apostasy*. "Be not deceived; many will depart from the faith, giving heed to seducing spirits and doctrines of devils. We have now before us the alpha of this danger. *The omega* will be of a *most startling nature*."⁴ Should we consider the movement of present-day Eastern mysticism and sympathetic remedies a part of the omega apostasy?

God has allowed man to choose whom he will serve. This book has been written to help us see clearly that at times when we feel we are fol-

⁴ White, E. G., *Selected Messages*, Book 1, Review and Herald, Pub. Assn., Hagerstown, MD, p. 197.

lowing God and using His methods, we may actually be deceived and be partaking of a counterfeit. The consequences are eternal.

E. G. White, in the book *Early Writings*, page 88, speaks of the delusion that Satan will bring to the world through the influence of *spiritualism*. "I saw the rapidity with which this delusion was spreading. A train of cars was shown me, going with the speed of lightning. The angel bade me look carefully. I fixed my eyes upon the train. It seemed that the whole world was on board, that there could not be one left. Said the angel, 'They are binding in bundles ready to burn.' Then he showed me the conductor, who appeared like a stately, fair person, whom all the passengers looked up to and revered. I was perplexed and asked my attending angel who it was. He said, 'It is Satan. He is the conductor in the form of an angel of light. He has taken the world captive. They are given over to strong delusions, to believe a lie, that they may be damned. This agent, the next highest in order to him, is the engineer, and other of his agents are employed in different offices as he may need them, and they are all going with lightning speed to perdition.' "

How can I determine that the *methods of natural healing* that I am being offered are not of Satan's origin? After all, I seem to have improved with the method and others swear by it. The most frequent comment I hear is "it helped me," or "my friend was helped by it," or "it works." The criteria as to whether a method is of Satan or not, does not include whether or not an individual was benefited. People do get better and apparently receive healing at times. The issue is whose power brought healing?

Another comment often heard is "well, I just take the good out of it." Any technique distinctly connected to the occult cannot be considered neutral. To participate in these methods is the first step to altering our concept of our origin, and the beginning of the changing of our world view. When a technique has its origin in pantheistic concepts and astrological beliefs, just accepting that it may do something desirable is actually unconsciously accepting this belief.

At times, a mixture of scientific medicine is combined with "holistic" methodology so as to stimulate the question, is it good or not? I would ask you to search out the answers to the following questions and make a determination. The report, *The New Age Movement and Seventh-day*

Adventists by the Biblical Research Committee of the General Conference, July 1987, lists the following criteria which we may use to determine whether the treatment method is valid. These questions were first printed in *Mystical Medicine* by Warren Peters MD.

1. What and where are its roots?
2. What company [other healing modalities] does it keep in clinical use and in the books and literature describing it?
3. Does the method claim to activate the *innate powers within myself* or does it direct me *to recognize the power of the Creator God* in healing?
4. Is its method of action in harmony with the known laws of physics and science?
5. Does it claim to balance, polarize, manipulate, unblock, and correct energies or vibrations?
6. Is it a technique that involves altering my consciousness or rational thought process so as to impede control of my mind and whose power controls me?

The most powerful deterrent to becoming bewitched by Satan's deceptions in health and healing is to know God's methods so well that it becomes easy to detect the counterfeit. We are told that "disease is an effort of nature to free the system from the effects of violating the laws of health."⁵ God's remedies involve the use of pure air, sunlight, temperate use of good substances, avoiding the injurious, rest, exercise, proper diet, the use of water inside and outside the body, and trust in Divine power.⁶ Trust involves being obedient to the Creator's physical and spiritual laws.

The rapid spread of Neo-paganism across the world, and especially here in America, has been, to a great extent, related to the dogma and modalities involved in health and healing practices of the *so-called alternative methods*. The devil has used these methods as the *right arm of his message*.

Satan presents his health and healing program so that it appears *natural* and that it is the same method God has given us. The differ-

⁵ White, E. G., *The Ministry of Healing*, Pacific Press Pub. Assn., Mountain View, CA, 1905, p. 127.

⁶ *Ibid.*

ence can be ascertained by looking for the explanation of the source of the power for healing. If it is from some *energy within us*, and we are doing some act to balance that power from within, then it is truly of the devil.

We, too, believe that the health message is the right arm of the gospel. There is a difference, however. The difference is that we trust in a living God as our Creator, and that His power sustains and restores us to health when we choose to place ourselves in harmony with His physical and spiritual laws and ask Him to bless our efforts.

The history of medicine should help give us the answers we need in making a correct choice in methods of health and healing. Wherever the system of medicine has been built upon the *energy concept*, the health of that country *remained primitive*. Over millennia those nations using such methods saw no improvement in health and healing. As soon as the scientific [method based upon using the laws of physics and chemistry, God's physical laws] approach to health and healing was instituted, quick and great improvements occurred. Keep in mind the change China experienced when they made changes directed by scientific understanding of disease and its cause. The traditional Chinese medicine had been the main type of medical treatment available to the people for 4,000 years. With just a little use of scientific methods (cleanliness of water, body, and environment) the life span increased greatly.

We have a written history of medical systems of several past and present civilizations and the story is the same in all of them. When an approach to health and healing based on God's physical laws and methods is utilized we see profound improvements. We have evidence of the advantage of following the messages God gave to the SDA church through Ellen White. Review the chapter on the Story of Our Health Message.

If we remember that systems like that of Ayurveda were designed by men on the basis of intuition, contact with spirit guides, and astrological concepts of origins, it should be easier to make the right choice in the selection of our health and healing methods.

"Already there are coming in among our people spiritualistic teachings that will undermine the faith of those who give heed to them. The theory that God is an essence pervading all nature, is one of

Satan's most subtle devices. It misrepresents God, and is a dishonor to His greatness and majesty."⁷

Christ's death on the cross met the conditions of the *atonement*. His work on earth was accomplished, and He won the kingdom. Following Christ's resurrection, He ascended to the heavenly courts to hear from God the Father that His atonement for men's sins was sufficient. "...The Father ratified the covenant made with Christ, that He would receive repentant and obedient men, and would love them even as He loves His son. . . ."⁸ Christ returned to earth for forty days, after which He returned to heaven and there entered the heavenly sanctuary to be our High Priest, and "... finishing of the atonement, and preparing of the people to abide the day of His coming."⁹

The application of the atonement made on the cross for each of us is now taking place in heaven. If we believe on the Son of God and *have no other gods before us*, He will, at the time of our judgment, present His life to the Father in place of our sinful lives. Let us guard carefully so that we not allow other gods before us by becoming entangled in Satan's deceptions in health and healing.

"The spiritualistic theories concerning God make His grace of no effect. If God is an essence pervading all nature, then He dwells in all men; and in order to attain holiness, man has only to develop the power within him."¹⁰

The answer to the original question, *are the Babylonian Mysteries of health and healing compatible with the atonement?* The answer has been given us by God. "*These theories, followed to their logical conclusion, sweep away the whole Christian economy. They do away with the necessity for the atonement and make man his own savior. These theories regarding God make his word of no effect.*"¹¹ That should answer the question.

⁷ White, E. G., *Evangelism*, Pacific Press Pub. Assn., Mountain View, CA, p. 600.

⁸ White, E. G., *The Desire of Ages*, Pacific Press Pub. Assn., Mountain View, CA, p. 790.

⁹ White, E. G., *Christian Experience and Teaching*, CD of E. G. White Writings, 1922, p. 56.

¹⁰ White, *Ministry of Healing*, op. cit., p. 428.

¹¹ *Ibid.*, p. 428.

APPENDIX A

DIVINING FOR WATER

Christopher Bird, in his book *The Divining Hand*, tells of a miner and diviner of metals that would dowse with his arm outstretched and fist clenched. The arm would shake when near a vein of metal, and the whole body shook when he was directly over it. He was asked why he does not shake and vibrate when he is working in the mine and next to the vein all the time. He answered "If I do not 'orient' my thoughts specifically to finding a vein of ore, I get no reaction when I cross over a vein or work near one."*

A very common practice is to "witch" for water before a well is drilled or dug. (Witching is done most often by using a forked tree branch.) Many well drillers will not drill until someone has witched for water. There is a very strong belief in this practice, even within the Christian church. To suggest to people that the power in this act is of the occult, and not of science, is to ignite an argument. Those who have accepted dowsing as being scientific do not easily change their minds. It is believed that there is some physical force occurring between the tree branch, the person doing the witching, and the water in the ground. The explanation as to why some people can do it and others cannot, is that there are differences in the electrical activity in our bodies.

These explanations are wishful thinking. The science of physics has not been able to demonstrate any of these claims. The more one studies the variety of ways of witching for water, and divining for other objects or information, the easier it is to be persuaded that there is no physical explanation for divining. For instance, some utility crews will use two copper wires bent at a right angle and held in each hand. One part of the wire held in the hand will be at ninety-degrees to the ground, the other part

* Bird, Christofer, *The Divining Hand*, New Age Press, P.O. Box 1216, Black Mountain, NC, p. 110.

APPENDIX A: DIVINING FOR WATER

bent at a 90-degree angle so as to be horizontal to the ground. When a water or gas pipe is located underground, the horizontal wires will swing and cross, not dip down as is done with the tree branch.

Witching may be done with a forked stick, a strait rod, wires bent at a 90-degree angle, a plain stick held in the palms of outstretched arms, a coin resting in the palm of the hand, outstretched hands alone, or just the mind with no tools of the trade. The stick may point up or down, it may vibrate or oscillate. The wires may turn inward or they may turn outward; they may also turn opposite each other as they are held in the hand. A wire may oscillate up and down, sideways, or in other modes of gyrations. The hand may shake; a coin in the palm may turn over. The stick may turn round and round in the palm of an out-stretched hand, or be thrown clear out of the diviner's hands. When divining with no instrument, the taste of water may be the sign that water or whatever is being dowsed, is beneath the dowser. The diviner chooses what method he wants to use, and before he divines he decides the reaction that is to occur with his instrument.



Witching may be done from a map thousands of miles from the area of interest. It may be done for any substance, fluid, solid, mineral, or water. It can be done for any object on earth. It may even be done for an

underground tunnel. Bird, in his book *The Divining Hand*, tells of the use of the divining rod by marines in Vietnam to find tunnels. Divining by map was used to locate prisoners of war, and the location of prisons. Any question under the sun could be asked, and may receive an answer as long as it involves a "yes" or "no" response.

A gentleman once came to my office for treatment for a very swollen and painful shoulder. After injection with medication it promptly healed. He later returned and told me I had ruined his "*bobbing arm*." I asked what a bobbing arm was. He stated that when the arm was very tender he was able to more accurately sense the pull on the wire he would use in witching for water. Later he came to my home to demonstrate to me his technique for witching.

He took a bucket and turned it upside down using it for a stool. Sitting on the bucket he took a strong, stiff wire about a meter long, and bent a coil on the end to hold a light bulb. A bulb was placed in the coiled wire, and the wire was held on his knee, pointing out in front of his knee about seventy centimeters, with the light bulb on the end. He held a pencil in the other hand and placed a tablet on the free knee. The wire began to bend up and down causing the light bulb to rise and fall eight to ten inches. He would count the number of times it would flex till it stopped. When it stopped the wire began to bend back and forth in horizontal moves. After ten to twelve moves this way, the wire would stop and begin to bend up and down again. He counted the up and down moves, and he also counted the horizontal moves, recording them. The up and down moves represented one foot for each bend, and the horizontal moves represented the volume of water at that depth. The distance was thus calculated to each level where water would be found, and an estimate given for the volume at the different levels. I asked him why it was that in America each "bob" of the wire is counted as a foot and in Europe each "bob" of the wire is calculated as one meter? He had no answer.

Later I found the answer to the question. A relative came to visit whom I learned belonged to a dowsing club of "water witches." I asked him the same question, and this is his answer: "That is no problem, a person doing the bobbing just determines in his mind what measurements he is going to use before he starts."

Many who are involved in the divination for metal or water continue their attempts to find some scientific association or answer so that this activity will be accepted by the scientific world. However, there seems to be no common ground with science.

APPENDIX B

BIBLE TEXTS RELATING TO SPIRITUALISM

Astrologers:

Daniel 2:10
Isaiah 47:13
Daniel 1:20
Daniel 2:2
Daniel 2:27
Daniel 4:7
Daniel 5:11
Daniel 5:15

Baalzebub:

2 Kings 1:2, 3, 6, 16

Bewitched:

Acts 8:9, 11,
Galatians 3:1

Charmer:

Deuteronomy 18:11
Psalms 58:5
Isaiah 19:3

Divine:

Genesis 44:15
1 Samuel 28:8
Proverbs 6:10
Ezekiel 13:9, 23
Micah 3:6, 11

Divination:

Numbers 22:7
Numbers 23:23
Deuteronomy 18:10
2 Kings 17:17
Jeremiah 14:14
Ezekiel 12:24
Ezekiel 13:6, 7
Ezekiel 21: 21- 23
Acts 16:16

Diviners:

Deuteronomy 18:14
1 Samuel 6:2
Isaiah 44:25
Jeremiah 27:9
Jeremiah 29:8
Micah 3:7
Zechariah 10:2

Familiar spirits:

Leviticus 19:31
Leviticus 20:6
Deuteronomy 18:11
1 Samuel 28:3
1 Samuel 28:9
2 Kings 23:24
Isaiah 8:19
Isaiah 19:3
2 Chronicles 33:6

Magicians:

Genesis 41:8, 24
Exodus 7:11, 22
Exodus 8:7, 18, 19
Exodus 9:11
Daniel 1:20
Daniel 2:2, 27
Daniel 4:7, 9
Daniel 5:11

Miracles:

Revelation 13:14
Revelation 16:14
Revelation 19:20

Necromancer:

Deuteronomy 18:11

Prognosticators:

Isaiah 47:13

Serpent as medium:

Genesis 3:1-5

Soothsayers:

Joshua 13:22
Isaiah 2:6
Daniel 4:7
Daniel 5:7, 11
Micah 5:12

Sorcerers:

Acts 13:6, 8
Exodus 7:11
Jeremiah 27:9
Daniel 2:2
Malachi 3:5
Revelation 21:8
Revelation 22:15

Sorceries:

Isaiah 47:9
Acts 8:9
Isaiah 47:12
Acts 8:11
Revelation 9:21
Revelation 18:23

Stargazers:

Isaiah 47:13

Times:

Leviticus 19:26
Deuteronomy 18:10
Deuteronomy 18:14
2 Kings 21:6
2 Chronicles 33:6

Witch:

Exodus 22:18
Deuteronomy 18:10

Witchcraft:

2 Kings 9:22
Micah 5:12
Nahum 3:4
1 Samuel 15:23
2 Chronicles 33:6
Galatians 5:20

Wizards:

Deuteronomy 18:11
Leviticus 19:31
Leviticus 20:6
1 Samuel 28:3, 9
2 Kings 21:6
2 Kings 23:24
2 Chronicles 33:6
Isaiah 8:19
Isaiah 19:3

Other relevant texts:

Gen. 3: 4, 5
1 Kings 18:21
2 Kings 17:16-18
Proverbs 14:12
Ez. 18:4
Ez. 33:9
Acts 16:16-18
Acts 19:19
1 Corinth. 10:20, 21
2 Corinth. 6:14-18
Colossians 2:8
Ephesians 6:12
2 Thessalonians. 2:9, 10
1 Timothy 4:1
2 Timothy 4:2, 3
Titus 1:12-14
1 Peter 5:8, 9
2 Peter 2:1, 2
1 John 4:1

APPENDIX C

A CRITIQUE OF:
VIBRATIONAL MEDICINE,
THE #1 HANDBOOK OF SUBTLE-
ENERGY THERAPIES,

THIRD EDITION, BY RICHARD GERBER M.D.

The motto of Loma Linda School of Medicine, "To Make Man Whole," refers to man as a physical/mental/spiritual being. In the past thirty years, the term, *holistic medicine*, has become a common expression. It, too, refers to a body/mind/spirit relationship. However, there is a difference between the two expressions. We will need to look to the different teachings, as to the origin of man, to understand this difference.

The Biblical story of man's creation tells us that a living Being, God, the Source of life, formed man from the dust of the earth and breathed into him the breath of life. "By the word of the Lord the heavens were made and all the host of them by the breath of His mouth." (Psalm 33:6 NKJ). To make man *whole* is to direct man to live in harmony with God's physical laws, as well as His spiritual laws.

The word *holistic* refers to being in harmony with the world of nature, including the god of pantheism. In chapter 4 of *Spiritualistic Deceptions in Health and Healing*, the pagan's view of creation is presented in brief. That theory tells us in very simplistic terms, that the creation of man and the universe came about through evolution of a "god-force." This allowed every entity of the universe to be a part of each other, as each is a part of this "god-force," also known as vital force, ch'i, prana, universal energy, and a hundred other terms. Also that all matter is made up of *primordial*

¹ Gerber, Richard, M.D., *Vibrational Medicine, The #1 Handbook of Subtle-Energy Therapies*, Bear & Company, Rochester, Vermont, 2001, p. 56.

energy and/or light and that *material substance* is “frozen light.”¹ This vital energy is said to be of contrasting divisions, positive/negative, masculine/feminine, yang/yin, and is also considered to possess *vibrational* (frequency) *energy characteristics*. Each substance, animate and inanimate is supposed to emit an electromagnetic vibrational frequency peculiar to it alone.²

Holistic medicine refers to the teaching of and/or use of various treatment methods for illnesses that form healing methods based on this ideology. This concept has its origin and propagation from Eastern religion’s and Western occultism’s theosophy, and has not been verified by present day science.

The basis of vibrational energetics as a method of diagnosing and treating disease along with the use of acupuncture, qi gong exercises, pulse diagnosis, etc., is a result of an attempt to connect and blend pantheistic healing methods with modern science.

Richard Gerber M.D. is recognized as a prominent advocate of this movement. In 2001 he published his third edition of *Vibrational Medicine, The #1 Handbook of Subtle-Energy Therapies*. The prior editions sold more than 125,000 copies. The purpose of his book is to foster the belief that the ancient paganistic systems of healing are nothing more than, when understood, extensions of present day scientific methods. Dr. Gerber and other authors of similar texts readily acknowledge that their hypotheses and theories are not in harmony with the present understanding of the sciences of medicine, physics, and chemistry. The goal of Dr. Gerber is to close this gap in understanding.

Dr. Gerber is to be lauded for aspiring to more natural methods in health and healing that will depend less on pharmaceuticals and more on our own systems to correct disorders. He is highly trained in internal medicine, and he states still finds it necessary to use the knowledge and methods for treatment from his specialty training. However, his book leads in a direction that a Christian must ponder and question. As I read the preface to this 600-page book, I am impressed that Dr. Gerber has a deep belief in Eastern mysticism, and the purpose of his writings is to convince the reader it is truth.

² *Ibid.*, p. 171.

During his medical school days, Dr. Gerber enrolled in a class called “A Course in Miracles,” which changed his spiritual viewpoint. He tells us that as he went further in the course he began to awaken psychic abilities within himself. The comment is made that he understood that “A Course in Miracles” *had been dictated via a psychic* or by telepathic means to a psychologist from a “high spiritual source.”³

As a result of his study of “A Course in Miracles,” and from other reading, two concepts developed in his mind. First, humans are more than just physical beings, they are also spiritual beings with consciousness on higher planes than recognized in this life and that this higher mental state continues after death. Secondly, “there are those ‘in Spirit’ who seek to communicate with individuals still in physical incarnation.”⁴ These communications are said to be twofold in nature: 1) *To make us aware of life after death*; and 2) *to relay information* that pertains to “. . . healing, soul growth, and personal spiritual evolution.”⁵

Curiosity was awakened in him by this new knowledge and he sought a deeper understanding of “technical channeled information” from spirit channeled sources. Dr. Gerber shares with us the fact that he and his wife are clairvoyant. He states; “I would like to point out to the readers of *Vibrational Medicine* that I believe this book is the result of cooperation between healers and researchers on the physical plane and beings who exist on the higher spiritual planes. . . . Many of the sections of this book are actually ‘messages from spirit’ channeled through various sources.”⁶

Vibrational medicine does not arise from research in science that reveals the human system has focalized areas of electromagnetic energy (chakras, see chapter 7) that in turn produces an aura outside of the body. Nor does research find specialized channels (acupuncture meridian system) throughout the body that carries a non-measurable, non-demonstrable energy (ch'i, qi) that can be manipulated by pressure or needling particular points on the body. There has been no reporting of energy faster than light. Yet these beliefs, which are a result of “messages from spirit” by channeled sources and from ancient pagan religious dogma,

³ *Ibid.*, p. 29.

⁴ *Ibid.*, p. 31.

⁵ *Ibid.*

⁶ *Ibid.*, p. 37.

form the basic principles of vibrational medicine.

Much of this theory has already been presented in this book. *My purpose for this appendix is to show that by accepting even fragments of this teaching as true, can initiate a change in our world view (concepts of our origin and destiny), and to which power we give our allegiance.* Dr. Gerber, in chapter 3 of his book, uses the title, "The Birth of Vibrational Medicine." Herein is presented the prediction that conventional medical/surgical medicine will experience a revolution and electromagnetic healing will take its place. This will occur as physicians understand, "... that the human organism is a series of interacting multidimensional energy fields."⁷

A presentation and illustration of the proclaimed seven different frequency levels of universal energy is given in chapter 6 of this book. Level 1 refers to all matter (substance) in the universe; level 2, etheric and astral bodies; level 3, mental and causal bodies; and progresses upward to level 7. This level has several names such as Supreme Self, Jewel, etc., the level of "god-hood." These different frequency levels are said to make connection with the different levels of chakras, the highest frequency level of energy is said to connect with the respective highest chakra. Dr. Gerber explains this relationship as follows: The chakras act as *transformers* converting energy (hypothesized to be) traveling at a far greater speed than light to a slower speed; the top chakra receives, then converts the highest energy frequency, level 7, to the next lower chakra and again the frequency is reduced by that chakra.⁸ This reduction of frequency may continue downward strengthening each chakra till the energy frequency is converted to the speed of light, which is level 1 (the materialized physical body). These chakras (*transformers*) are said to also act in the opposite direction, transforming energy frequency upward via the chakras, this is accomplished through meditation. By many life times of meditation the 7th frequency level may be perfected, resulting in "god-hood."

Remember, the lowest level of energy is that which all material substance is said to consist of. The next level, ethereal, is believed to be an electromagnetic template of the physical body and guides growth and

⁷ *Ibid.*, p. 91.

⁸ *Ibid.*, p. 171.

restoration. Changes or influences on the etheric body or energy supposedly precedes and effects changes either positively or negatively in the physical body.⁹ *At the etheric and higher levels of frequencies*, the belief is that outside electromagnetic fields influence a person's *electromagnetic bodies*. Such influences are said to restore balance to the etheric and other bodies, and in turn, health to the physical body. Dr. Gerber quotes a psychic source:

"There is a direct link between the nervous, circulatory, and meridian systems [acupuncture pathways]. . . . Consequently, anything that influences one of these systems has a direct impact on the other two areas. The meridians use the passageway between the nervous and circulatory systems to feed the life force into the body, almost extending directly to the molecular level. *The meridians are the interface or doorway between the physical and ethereal properties of the body.*"¹⁰ (Italics added by Dr. Gerber)

From the book *Vibrational Medicine*, I read "All matter, both physical and subtle [etheric, astral bodies, etc.] has frequency. Matter of different frequencies can coexist in the same space, just as energies of different frequencies (i.e. radio and TV) can exist nondestructively in the same space."¹¹ From this concept various alternative healing methods claim to affect health by their vibrational properties, such as flower essences, aromatherapy, gem elixirs, color therapy, sound therapy, homeopathy, and subtle energies from plant food. The concept is that subtle vibrational frequencies (faster than light energy) of plants, gems, colors etc., can be transferred to chakras. Through homeopathy, vibrations are claimed to be transferred via the water used for dilution in preparing the homeopathic remedy, even if there are no molecules of the original substance left in the solution due to dilution.¹² Dr. Gerber, in the book, illustrates by diagram: The relationship of flower essences, which are supposed to have a high frequency of energy and influence the higher chakras and in turn conscious-

⁹ Karagulia, S., *Energy Fields and Medical Diagnosis, The Human Aura*, ed., N. Regush (New York: Berkeley Publishing, 1974), Reported in Richard Gerber, M.D., *Vibrational Medicine*, 3rd Ed., Bear and Company, Rochester, Vermont, 2001, p. 126.

¹⁰ Gurudas, *Flower Essences and Vibrational Healing*, channeled by Kevin Ryerson (Albuquerque, NM, Brotherhood of Life, Inc., 1983, p. 29, Reported in, Richard Gerber, M.D., *Vibrational Medicine*, 3rd, Ed., 2001, p. 126.

¹¹ Gerber, op. cit., p. 89.

¹² *Ibid.*, pp. 88, 89.

ness; that gem elixirs (solutions of ground up gem stones) tend to influence the middle and lower level chakras; while homeopathy is said to affect primarily the acupuncture meridian system which is said to connect the higher energy levels to the physical body.¹³

Vibrational Medicine chapter VIII, "The Phenomenon of Psychic Healing," presents the history of the origin of Therapeutic Touch and it is believed to exist on the hypothesis that subtle energy is sensed by and/or passed through hands to another person even without actual physical contact. The explanation for psychic healing is that the mind of the therapist can pass healing vibrational frequencies of subtle energy from him/herself to another person over distance.¹⁴

A common practice in alternative medicine is the use of machines or instruments that are purported to measure and/or correct subtle energy frequencies within the body. There are two different instruments that are used to measure the energy of acupuncture meridians and their points: One is called "AMI machine," which is supposed to reveal an imbalance (yin/yang) in the acupuncture meridian system; and the other is referred to as the VOL machine (Electroacupuncture According to Voll), which measures the subtle energy of individual meridian channels and/or acupuncture points. The operators of this machine claim it is able to reveal the energy status of specific organs, even the ability of an organ, such as the pancreas, to form its specific digestive enzymes, lipase, protease, etc.¹⁵ The VOL machine goes beyond diagnosing energy imbalance, it is said to be capable of finding the cause of imbalance as well as possible cures.¹⁶

Another style of instrument frequently used in alternative medicine since the early 1900s is referred to as a "radionic black box." Such a machine is said to accurately diagnosis various subtle energy level dysfunctions. The successful use of these instruments depends upon the "psychic ability," known as "radiesthesia," of the radionic practitioner. A substance referred to as "a witness" from the patient such as hair, a spot of blood on paper, a picture of the patient, some object handled by the person, etc., will be placed in the instrument for analysis of the body's energy balance.

¹³ *Ibid.*

¹⁴ *Ibid.*, p. 287.

¹⁵ *Ibid.*, p. 207.

¹⁶ *Ibid.*, pp. 206-208.

Also, a substance, "a witness," can be sent long distance for analysis without loss of accuracy. If a spot of blood were to be sent for examination, that blood spot could continue to reflect the current energy status of that person without need for fresh samples. The substance sent for inspection provides a two-way link with the practitioner and patient so that not only the subtle (faster than light) energy status of the patient is revealed over distance, the practitioner is able to return healing energies with the proper frequency to bring healing.¹⁷

There are other instruments that may be encountered that operate on the vibrational hypothesis such as the Homo Vibra Ray and Rife Beam Ray machines. Both of these are promoted as capable of making a diagnosis by analysis of frequencies and provide treatment by correcting the same. It is interesting that Dr. Gerber considers these various instruments as electronic *pendulums*.

Dr. Gerber looks to Dr. William Tiller, a retired former professor at Stanford University and former chairman of the Department of Materials Science at Stanford, "... as perhaps the leading theorist in the subtle energetic field."¹⁸ He credits him for the hypothesis of energy frequency faster than light, [10^{10} - 10^{20} times the speed of light for astral travel]. Dr. Tiller has coined a new word to describe subtle energy, "magnetoelectric energy," which is just one more synonym for universal energy.

Astral travel, out of body experiences, near death experience, life after death, re-incarnation, higher consciousness, Supreme Self, "god-hood," are all explained on the hypothesis of *universal energy* and its supposed various frequency levels. The ultimate deception of what this mode of thought leads to is best illustrated by the following quote from Dr. Gerber. "People through the centuries have accepted Jesus as the one true son of God. This is, in fact, a *misinterpretation*. What Jesus came to teach us is that we are all the children of God. . . . we who are the evolving souls or fragments of God's consciousness are *divine* brainchildren."¹⁹ That's it, the end of the journey, from partaking of the fruit from the tree to "god-hood." "For God doth know that in the day ye eat thereof, then your eyes shall be opened,

¹⁷ *Ibid.*, p. 235.

¹⁸ *Ibid.*, pp. 151, 155-171.

¹⁹ *Ibid.*, pp. 493, 494.

and ye shall be as gods, knowing good and evil." (Genesis 3:5).

"For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places." (Ephesians 6:12). Is it possible that we could be accepting these spiritualistic teachings by participating in the healing modalities built upon this premise? They were not included in the healing methods presented to the body of Seventh-day Adventist believers in 1863. The system of universal energy was already millennia old at that time but the only mention of this system *was to beware of it*. We cannot serve two masters, we must make a choice. We have been blessed with heaven sent directions for health and healing. Time and science have verified that it is the correct way, so why go to "Baalzebub, god of Ekron" to seek guidance? When Joshua took the children of Israel into Caanan he challenged them with the following words: "And if it seem evil unto you to serve the LORD, choose you this day whom ye will serve; whether the gods which your fathers served that were on the other side of the flood, or the gods of the Amorites, in whose land ye dwell: but as for me and my house, we will serve the LORD" (Joshua 24:15).

GLOSSARY

A

Abrams box—electrical mechanical box used for divination

absent healing—healing from a distance; absence of the person to be healed

aconite—very poisonous plant used as a remedy in homeopathy

acupuncture points—localized places on skin said to give access to ch'i

acupuncture—placing needles in skin on acupuncture points for therapy

agni—fire in the body, actually normal metabolism

Ahaziah—son of Ahab, King of Israel following death of Ahab

alchemist—person practicing alchemy, looking for secret of life

alchemy—pre-chemistry discipline, attempting to transform one substance into another. Known for the pursuit over time to create gold from base metals such as iron, lead, mercury. Also a spiritual quest for the secret of life and/or immortality. This was felt possible if success came in transmuting base metals into gold or silver

allergen—substance that stimulates our immune system to produce antibodies, usually a protein

alpha—first

alternative—non-conventional therapy, refers to acupuncture, reflexology, etc.

Alzheimer's Disease—mental disorder, memory fades causing senility

ama—imaginary white sticky substance in colon said to be spread through the cells of the body, called a toxin. Has never been seen or isolated

amber—petrified pitch, usually from pine tree

American Medical Society—Society of American physicians organized to promote their interest, does not have any legal control over individual physicians

amulets—objects, artifacts, symbols, etc. worn to ward off bad luck or harm and illness, believed to possess supernatural powers

anatomist—person who is instructor or has special knowledge of anatomy

Ancient Wisdom—ancient pagan theology

anesthesiologist—medical doctor, specialist in giving anesthesia

animal magnetism—same as universal energy, vital force, etc.

animate—living substance

anthroposophy—similar to theosophy but stresses the spiritual path as outlined by Rudolph Steiner, who had been member of Theosophy Society, but left it to establish his own following. definition— knowledge concerning man

aphrodisiac—supposed stimulator of sex drives

Apothecary—pharmacy

applied kinesiology—mystical testing of muscles to determine weak internal organ, allergies, etc.

Aries—Ram of the zodiac

aromatherapy—using fragrances and aromas from plants in medical treatment

ascended masters—deceased individuals who supposedly have become immortal spirits and communicate with the living. Actually fallen angels of Satan

Asclepios—Greek god of healing

astral body—one of several imaginary energy bodies or levels of universal energy above the material body. From this energy body astral travel is said to occur i.e., out of body experiences, etc. At death, this body is said to leave the material body and exist in an astral plane. With conscious will to leave the body, astral travel is said to occur

astrologic medicine—medical therapy practiced by using information obtained from the zodiac

astrological concepts—beliefs in sun, moon, and stars having strong influence and association with man and the earth

astrology—belief that the gods live in the planets and that the sun, moon, and stars guide the destiny of man

astrologer—one practicing astrology

atonement—at-one-ment with God achieved through Jesus Christ

aura—presumed body of energy arising out the chakras of the body and radiating ten to twelve inches from the body, supposedly in colors of the

rainbow. Cannot be scientifically demonstrated. A Hindu concept
auricular therapy—using the external ear for acupuncture instead of the
 body. Supposedly represents the whole body
autogenic training—self hypnosis



Baalzebub—Idol god of city of Ekron in Bible days

Babylon—city in ancient times and now in ruins, in country of Iraq

Babylonian mysteries—initiatory rites and ceremonies which are based
 in secret. Astrology concepts prevailed; astrology as a form of divination

Bach flower remedies—flowers are placed in water and the sun allowed
 to shine on them to impart vital energy. Water then used as medicinal

Bewitched—attracted with pleasure to something

Biochemical—chemicals involved with cellular chemistry, activity of
 chemicals in biosystems

bioelectric energy—electricity formed within a biological system

biofeedback—autogenic training [self-hypnosis] using an electrical measuring device to observe temperature, blood pressure, brain wave patterns, etc., while placing oneself into theta brain wave status and self-hypnosis

bioplasma—universal energy, the name that Russians use

bioresonance—referring to sound resonance as ascertained by voice analysis

body therapy—various types of body treatment such as massage, rolfing, etc.

body/mind/spirit—considered as made up of a whole person with equal influence of each part for sickness or health

Buddhism—religion of Buddha's philosophy



caduceus—rod with snakes ascending it; the symbol of medicine

calomel—mercury chloride preparation used as medicine

- cantharides***—an extremely irritative substance made from Spanish fly
- causal body***—body of mystical energy at higher plane or frequency than etheric or astral, and is involved with re-incarnation concepts. Is supposed to be able to remember past life experiences and future life experiences
- cell com system***—a machine that is supposed to increase cell inter-communications and so bring health and healing from all types of disease
- chakra***—a supposed focal area of concentrated universal energy in the body. The body is said to have seven chakras which are supposed to be in color. Each chakra will be one of the seven colors of rainbow
- chakra balancing***—using any method that is supposed to affect the chakras and so balance the proclaimed energy within them
- channeler***—a person who is able to contact spirits and communicate with them
- charmer***—to affect by a magic spell
- ch'i, chi, qi, ki***—universal energy, Chinese names for such
- ching***—conduit
- ching-mo***—conduit vessel
- choleric***—angry, easily irritated, irate
- clairvoyance***—having the power to discern or see objects or thoughts not observed by others
- color therapy***—use of color to affect the chakra's energy balance
- complementary***—usually referring to non-conventional style of medical therapy
- concepts***—beliefs
- contemplation***—concentration in thought or study
- Cousens, Gabriel M.D.***—a popular physician who promotes integrative medicine
- correspondence***—synonym of association and/or sympathy
- cosmos***—the sun, moon, stars, and the heavens
- cranial-sacral***—one style of body therapy wherein massage is applied to the base of the neck and back side of the skull, and over the sacrum. This particular methods teaches that the bones of the skull are not in proper position and the massage is to re-position them. These bones are fused solid and cannot be manipulated

Creative Principle—synonym of universal energy, supreme self, One, god, etc., referring to highest level of mystical energy

crystal healers—healing by use of crystals that are supposed to influence universal energy of the body

crystals—transparent quartz



dark ages—period of history in Europe from +/- 500 A.D. to 1600 A.D.

decubiti ulcer—an ulcer of the skin that forms usually from continuous pressure on the skin, which causes loss of circulation and death to the cells in that location.

deification—making something god, such as a person made god

deluge—flood

diuretic—substance that causes increased flow of urine and loss of water from the body

divination—act of divining to obtain information by occult method

divine—the act to obtain information by an occult method

diviner—one who divines

divining rod—stick or physical object used to divine

dogma—a doctrine or body of doctrines or beliefs

doshas—divisions of universal energy, three in number, found in Ayurveda medicine; positive–negative and a mixture of + and – forms third dosha

dowse—to divine, usually by pendulum

dualism—concept of opposing forces within universe expressed as positive–negative, dark–light, cold–hot, yin–yang, etc.



East–West—combination of Eastern mysticism with Western occultism

enchanter—to influence by charms

energy medicine—medical therapy by balancing universal energy and/or energy in meridian channels

esoteric—occult or hidden

essence—may be a substance taken or extracted from something for application to something else. Universal energy is sometimes called essence. A fundamental nature or quality

essential oils—oils taken from plants that are supposed to contain universal energy

etheric body—this refers to an imaginary body said to be made of energy with frequencies at higher speed than light, and acts like a template for our bodies. Energy disturbance at that level is said to later show up in man as disease

etiology—cause of something, source or cause of illness or disorder

F

familiar spirit—demon spirit

fascia—connective tissue in animal and man, ligaments, tendons, etc.

flower essences—universal energy supposedly taken from flowers

flower therapy—use of flowers to obtain their proclaimed universal energies

Free Masonry—secret fraternal society, often called masonry or mason

G

games of chance—gambling games

Geometry—science of measuring angular areas; areas not always rectangular or square

Gnosticism—secret society in early Christianity time, “a thorn” to Christianity. A mixture of Cabala, Judaism, and Zoroastrianism from Persia. Believed in hidden spiritual knowledge. Emphasis on knowledge instead of faith

guided imagery—using imagination to conjure an image in the mind, such as an animal or bird, which in turn becomes one’s guide. Actually a demon in disguise



hatha yoga—type of yoga wherein the sun's energy is breathed in through the right nostril and the moon energy through the left. Ha = sun, tha = moon; joining of sun and moon energies by use of yoga

herbal medicine—using herbs for medicinal use, often for their occult energies

Herbs—plants used as special sources of nutritional substances and in the field of Eastern mysticism, their yin–yang, hot–cold, status

Hermes—Thoth to the Egyptians, Hermes to the Greeks. Mythical god figure; originator of alchemy. Originally referred to Cush son of Ham, son of Noah

higher consciousness—refers to higher planes of the seven levels of universal energy, up to state of godhood

holistic—universe and everything in it viewed as one. Body/mind/spirit

hologram—a small localized area or substance which is a template of a greater area, such as the cell of the body as a template of the universe

homeopathy—medical therapy using extremely dilute doses of substances called remedies

Homo Vibra Ray—machine, that it is claimed, will detect electromagnetic disturbances in an individual and then send back into the body electromagnetic frequencies to correct the supposed imbalance and so effect healing

Huang-ti-nei-ching—ancient Chinese text

humors—fluids, referring to the supposed four humors of the body; concept for the last 2500 years until scientific medicine revealed its fallacy

hydrotherapy—treatment methods using water in many different ways

hypnotism—mind therapy wherein one submits his mind to the control of another



ikido—one form of martial art

illuminist—one belonging to illuminati secret society. The illuminate led

by Adam Weishaupt infiltrated the Masonic lodges of France starting around 1776 and was an influence leading to revolution of 1789

'nanimate—nonliving substance such as metal, rock, mineral, etc.

'nnate—name given to universal energy by chiropractors, the flow of which is said to be facilitated by manipulation of “subluxations” of vertebrae in the spine

'ntegrative—blending or mixing of conventional and non-conventional medical practices

'ridology—alternative medicine discipline used to divine, from iris of the eye, past, present, and future disease and its location in the body

'ridology chart—chart of the iris with ninety different divisions to it; and each section believed to relate to some specific part or organ of man

'rrational—no cause and effect consideration. In medical treatment often referring to mystical considerations

'sis—mythical Egyptian god

J

'udo— form of martial art

K

Kabbala, Cabala—secret society of Israel; considered “grandfather” of secret societies

karate—form of martial art

kenpo—form of martial art

kinesiology—true science of the action of muscles

Knights Templars—secret order originating from Christian defenders of the Crusades in Israel. Evolved into many other secret orders over time

L

Laparoscope—instrument used to view inside of abdomen and often surgical procedures done through the instrument called laparoscopy

laser puncture—use of laser light on skin instead of using a needle as in

acupuncture

latent forces—mystical forces supposedly stored in human mind till liberated by various occult methods

ley lines—power lines of energy said to travel through the ground; and will emanate increased power at points where the lines cross; accessed by humans where they intersect each other so as to receive infusion of universal energy

life force energy—synonym for universal energy and all other synonyms

lodestone—naturally occurring concentrates of iron in the soil; may have magnetic properties

Logos—Greek term for universal energy

Lucifer—Satan, when he was an unfallen angel. Means light bearer

Luciferian Occultism—hidden knowledge and/or activities directed by Lucifer or Satan and used to promote worship of Satan



macrocosm—refers to sun, moon, stars and the cosmos

magenta—an added color to the seven colors of the rainbow, deep purplish-red

magician—one skilled in magic, one involved in occult practices

magnetic fluid—synonym for universal energy

magnetic healer—one who claims to heal by using magnets or electromagnetic energy frequencies

magnetic therapy—therapy given by use of magnet or magnets, may be by pulsating magnets or use of static magnet

magnetism—a true physical force found in the earth and seen in iron and some other substances having positive and negative poles

magnets—iron that has been magnetized

manna—synonym for universal energy; name used in Polynesia for universal energy

mandala—in Sanskrit it means circle. Artwork of various designs placed in a circle to depict the theology of paganism. Depicts the universe and the power of the gods

mantra—word, phrase, sentence repeated over and over without specific

thought process involved

marma points—localized position on the body where universal energy is said to flow through the connective tissue and where junctions of channels of flow occur. Points on body where pressure is said to unblock congested flow of universal energy. Similar to acupuncture points in traditional Chinese medicine. Originates from Ayurvedic medicine

martial arts—physical type of exercise or movements used as a form of meditation and for defense through balance. Qi gong is the name first assigned to this art, then many variations developed such as judo, tai chi, etc.

massage, Swedish—massage given to facilitate blood and lymph circulation of the body

massage, trigger points—[marma points]—massage given to particular points believed by Ayurvedic medicine to move universal energy when blocked

Ma-wang-tei—text from ancient Chinese graves (168 B.C.)

meditation—placing the mind in a neutral state (detached awareness), or concentrating on only one thing so as to turn the thoughts inward

medium—a person who connects between earth and the spirit world

Mediumistic—being a spiritualistic medium

mediumistic trances—altered state of consciousness to point facilitated by a medium

melancholic—depressed, sad

Menninger Foundation—psychiatric research institution in Topeka, Kansas

mercury—fluid-like metal, silver in color [quick silver], comes from cinnabar ore, very toxic to living creatures. Used for millennia as a medicinal

Mercury—mythology figure in Greek, same as Hermes in Egyptian mythology

meridian—an imaginary channel in the body carrying energy through a special pathway

mesmerism—hypnotism

Mesopotamian civilization—past civilization that existed in present-

day Iraq

metabolism—normal internal chemical process of living creatures

meta-analysis—combining the data of many different similar studies and analyzing them as one study

metaphysics—physical phenomena unexplained by conventional science of physics. Has to do with paranormal. Occult

microcosm—refers to man as the microcosm of the universe

mind set—belief system of an individual, example: creationist mind set or understanding of origin in contrast to evolutionists' beliefs

modality—method

monoism—belief that all substances of the universe are simply parts of one basic energy. One is all and all is one. Pagan concept of soociation of all substance of the universe

Moonies—individuals following cult leader, Rev. Moon, from Korea

mother tincture—base substance from which dilutions of homeopathy remedies have their origin

moxibustion—burning of small cones of plants on the skin to effect localized heat. Ancient Chinese custom; same as acupuncture

MRI—magnetic resonance imaging machine using magnets and computers to image the interior of individuals. Works by laws of physical science

mucin—A protein excreted by cells in the intestinal tract to maintain moist slippery coating of stomach and intestines

mucoid plaque—a term coined by naturopathic doctor Richard Anderson, referring to a substance believed to form by precipitation of mucin on the lining of the stomach, small intestine, and large bowel [colon]. This substance has never been observed by surgeons, pathologists doing autopsies, or doctors doing optical inspection of the gastrointestinal tract

mystic—one who through meditation or self-surrender seeks union with the godhead and one who believes in universal wisdom, cosmic consciousness

mystical medicine—medical therapies which are actually using spiritualistic power in an attempt to promote health and healing

mysticism—the act of seeking union with the godhead



- nature worship***—worship of the creation rather than the Creator
- naturopathy***—had its origin from shaman [Indian medicine man] of Indian tribes in US, but now a healing discipline with training directed toward “natural healing”
- necromancer***—the art of conferring with the spirits of the dead (channeler)
- Nei Ching***—text containing ancient Chinese medical knowledge
- Neo-paganism***—a return in beliefs to old nature worship doctrine
- New Age Movement***—name given to a large number of groups and organizations and many people not in organizations who have a common philosophy. Trend is toward nature worship in philosophy
- ninjutsu***—form of martial art
- nirvana***—land of paradise for the pagan, Buddhist. Similar concept as heaven to the Christian
- Nitrosamine***—chemical that has carcinogenic properties
- Numerics***—determining meanings from a word or object by use of numbers; mystical application of numbers



- observer of times***—astrologer, horoscope user, etc.
- occult***—hidden, obscure, secret, connected with spirit world
- occultist***—one using occult theory or practice
- odic force***—synonym for universal energy
- omega***—last, at the end
- omen***—a sign or warning of a future event, situation or condition
- One***—term used in pagan theology to refer to the highest level of the universal energy, godhood, Supreme Self, etc.
- Optometrist***—Doctor of Optometry, non-medical doctor of vision care
- orenda***—universal energy name used by a certain Indian tribe. Each tribe had its own name for such
- organon energy***—synonym for universal energy, associated with homeopathy

origins—explanation of origin of cosmos, earth and man

oscilloscope—instrument that is used in physics to demonstrate electromagnetic waves of energy in visible form. Television screen for example

ouija board—instrument of divination with alphabet and numbers and “yes” and “no” words. Questions asked of the board are answered by a pointer going to the different numbers, letters, or words on the board

P

Pa Kua—Chinese circle of harmony

pagan—one who is not a Christian, Jew or Moslem; nature worshiper, lunar goddess worshiper, dedicated to establishing “Old Religion”

palmistry—using the palm of the hand to divine the future

pantheism—a doctrine that equates God with the forces and laws of the universe. Universal energy. God in everything and everything god

Paracelsus—16th century physician who was famous and who also believed in universal energy. Astrologer and believed in vital energy and dualism

pendulum—divining instrument, usually an object hanging from a string swinging independently so as to give answers to questions by predetermined parameters

phallic symbol—symbol of male sex organ

phlegmatic—showing steady temperament

phrenology—pseudoscience with belief that the shape of the head determined personality and character. These in turn could be changed by applying pressure on the head in specific locations

physiology—normal function of living creatures

Pisces—zodiac symbol of the fish

polarity—having to do with positive and negative electrical poles

potentizing—making more potent or adding strength

potion—a substance to be taken internally that would have some effect on the creature that took it. A poison or some magical result

prana—air, breath, and said to carry universal energy into body with the breath

- pranayama***—mystical meeting of the sun and moon energies at the level of the nasopharynx and providing exceptional influence on well being of the individual. Belief is part of Ayurveda medicine
- precepts***—doctrine, teaching, law of etc.
- primordial***—first created or developed
- prognosticator***—to foretell from signs or symptoms
- psychedelic***—referring to a chemical, when ingested, causes mind-altering changes
- psychic***—effect or status of mental state. Refers to sensitivity of a person to supernatural forces or one that uses such
- psychic therapy***—directing by mind; supernatural forces to effect therapy
- psychology***—science of the mind
- psychometry***—measurements of brain activity and thought process
- psychoneuroimmunology***—influence on the immune system by mental activity and the thoughts
- psychophysiology***—study of function of the brain processes
- psychotronics radionics***—use of electronics and machines combined with mental activity to divine and/or treat
- pulse diagnosis***—using the nature of the pulse to diagnose disorders in the human body. Has origin in Chinese traditional medicine
- Purer Consciousness***—synonym for One, Supreme Self, god etc.

Q

- Qi Gong***—most fundamental of Chinese martial arts. Meditation in action or without motion to effect balance of ch'i

R

- radionics***—use of electrical machines for divination for diagnosis and at times treatment
- rational therapies***—therapies given that are based on cause and effect relationship
- reflexology***—alternative treatment method, rubbing the palms of the

- hands or the bottom of the feet to affect healing of various areas of the body
- reiki***—a form of body therapy from Japan and is closer to psychic therapy than to soma therapy. Uses, if any, very light touch
- re-incarnation***—the doctrine of re-birth and many lives
- religion of nature***—paganism, Wicca
- re-pattern***—to reform a pattern of action or appearance
- Rife machine***—machine that is supposed to measure the frequencies of electromagnetic waves said to be coming from infectious agents [fungus, bacteria, viruses] within our bodies. The machine is said to send corrective waves of proper frequencies back into our bodies to rid the body of these agents. This is said to cure infectious disease and sometimes cancer, since its founder believed that all cancer is a result of virus infection
- Rolfing***—heavy, painful massage therapy, to point of bruising the tissues
- Rosicrucians***—secret society
- Russian parapsychology***—psychology involved with the use of supernatural forces

S

- sanguine***—cheerful, hopeful
- sanitarium***—treatment facility usually involving the use of more “natural” treatment methods. Use of exercise, rest, sunshine, diet, physical therapy, etc. as main treatment methods. This word first used by John H. Kellogg M.D. at Battle Creek, Michigan
- sciences***—a term referring to physics, chemistry, engineering, medicine, dentistry, nursing, etc.
- scientific medicine***—medical care based on known laws of physics, chemistry, and physiology as learned by demonstration and testing through scientific methods
- SDA***—Seventh-day Adventist
- sensitive***—one who has special psychic powers or special senses in the occult
- Seventh-day Adventist***—religious denomination

- Shaman**—Indian medicine man, known to use spirit power of animals in therapy
- Shiatzu**—body therapy of specific type from Japan. Very gentle
- Shi-chi**—Chinese texts from 90 B.C.
- signature**—refers to association by “like likes like” where a substance may influence another due to its appearance; or may leave its “imprint” via supernatural energy transferred by water or different methods, or even through space by thought.
- soma body work**—physical treatment to the body by various massage-type methods
- sonopuncture**—use of ultra sound to affect acupuncture points instead of using needles
- soothsayer**—one that foretells events
- sorcerer**—one who uses witchcraft or occult forces, one who by enchantments or charms persuades another to make decisions that is detrimental to his eternal well being
- sorceries**—all forms of witchcraft and their acts; all actions that persuade or influence an individual so as to cause a decision to be made that ill effects his eternal destiny
- sound therapy**—application of sound or music to affect the chakras to effect electromagnetic balance
- spiritualism**—belief that 1pirits of the dead communicate with the living.
Any act or belief that connects us to the power of Satan
- spiritualist**—one who use2 spirit powers
- stargazer**—astrologer
- Star Wars**—Hollywood movie that featured “universal energy” under the name “The Force”
- subtle energy**—universal energy
- subtle energy medicine**—using universal energy to effect healing by any method
- 2ubtle teachings**—doctrine of universal energy or pantheism
- 2uccessed**—“remedy” that has been shaken hard and thumped in the mixing of homeopathy remedies
- Sufis**—secret society within Islam
- Sumerian**—ancient civilization of Babylon or from the land of

Mesopotamia [Iraq], same as Mesopotamian

sun worship—to worship the sun as a deity

Supreme Ultimate—synonym for One, Supreme Self, god, highest level of theoretical universal energy

sympathetic remedy—remedy which is founded upon the doctrine of association, sympathy, and/or correspondence

sympathetic—showing relationship such as correspondence

†

tae kwondo—form of martial art

tai ch'i chuan—Chinese exercise, form of qi gong, meditation in motion

talismans—an object thought to act as a charm, may be of letters, numbers or sentences

Taoism—Chinese religion meaning “the way”

tarter emetic—an old-style medicine used to cause vomiting [contains antimony]

template—a mold or pattern used to form some other object

the Force—Universal energy

theology—study of God, doctrines of

theosophy—divine wisdom, term used to describe esoteric and mystical beliefs that describe the relationship of human beings to the universe and the Godhead. These belief systems may describe emanations from the Supreme God who reveals different aspects of transcendent reality through various intermediary deities, spirits, or intelligences

therapeutic—a remedy for disease

Therapeutic Touch—healing therapy by using the hands to balance energy. No real touching is done. Hands are held few inches from the body

Theta—a specific frequency of brain wave that correlates with neutral state of thought process. Same frequency of brain wave that biofeedback takes place in and at times the same wave frequency that occurs with yoga meditation. Alpha wave may also occur with yoga

theurgic—magical, miracle, supernatural intervention, white magic

Three ABN—television network, Christian—SDA

times—often used in referring to prognostication to times of events by astrology

transcendental meditation—popular form of meditation done in the US

I

unified energy field—synonym for universal energy

universal energy—one of one hundred terms to describe an unmeasured, unproven, mystical force said to permeate the universe and from which all things are made. Popular terms are vital force, vitalism, universal intelligence, etc.

universal magnetic fluid—synonym for universal energy

usurp—to take possession of something from someone or power

J

Vibrational Medicine—synonym of energy medicine, focus is on electromagnetic wave frequency concept

vibrational therapies—reference to special attention to treatment methods claiming to alter or correct electromagnetic vibrations

viscera—internal organs

visualization—imagining an image of something in your mind and dwelling upon it with the idea that this will create what ever is visualized

Vita Florum—company that makes flower essences

vital essence—synonym for vital force or universal energy

volition—the will of a person, the power of choice

W

wand—a rod

wand—the staff of a diviner

water witching—searching for water with various divining techniques

Weil, Andrew M.D.—Medical doctor with Hindu-type beliefs that has become somewhat of a guru in influencing people in alternative medical

beliefs and practices

witch—a person believed to have magic power

witchcraft—the power of practices of a witch—sorcery; an irresistible impulse or attraction

wizard—diviner

Woodstock—name of the location of a festival held for young people in 1969. 500,000 people were estimated in attendance. The name is commonly used to refer to that particular festival

world view—A person's understanding of origin, purpose and future

Y

yang—positive energy force, Chinese

yin—negative energy force, Chinese

yoga—means to yolk, involves practice of maintaining different postures [asanas] for extended time

yoga exercises—various types of physical movements and/or postures with the purpose of distributing subtle energy from chakras to body organs

yoga meditation—object is to move out of the re-incarnation cycle and enter the bliss of the spirit world with the ascended masters

Z

zapping machine—a small hand-held battery operated electrical instrument that is supposed to kill a specific type of parasite which is said to live in the intestines which, when it moves to organs, causes all types of disease and especially cancer. The person making and selling the machine is the only one who makes such claims

zodiac—pathway of the planets in the cosmos, represented by a round circle illustrating the pathway, twelve houses, thirty-six rooms to the zodiac

zone therapy—reflexology of hand and foot massage to correct energy imbalance

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INDEX

A

- Abrams box 173, 236
- absent healing 58, 176, 236
- aconite 157, 159, 236
- acupuncture 9, 10, 55, 58, 105, 110, 112, 117-127, 131, 135, 137, 142, 160, 174, 176, 229, 230, 232, 233
- acupuncture points 123, 125, 126, 174, 233, 236
- Aesculapius 170
- aganas 236
- agni 98, 236
- Ahaziah 20, 169, 210, 236
- alchemist 128, 204, 205, 207, 208, 236
- alchemy 48, 55, 72, 97, 204-207, 236
- allergen 158, 236
- alpha 38, 39, 188, 215, 236
- alpha omega 236
- alternative 4, 6-8, 10, 11, 26, 45, 58, 59, 61, 62, 75, 79, 84, 89, 92, 93, 103, 107, 110, 118, 124, 125, 130, 134, 145, 160-162, 166, 170, 174-176, 191, 200, 209, 217, 232, 236
- alternative medicine 7, 62, 79, 103, 118, 130, 161, 162, 166, 191, 233, 243
- Alzheimer's Disease 138, 236
- ama 98, 236
- amber 144, 236
- American Indian 55, 74
- American Medical Society 124, 236
- amulets 236
- anatomist 98, 135, 237
- Ancient Wisdom 71, 142, 237
- anesthesiologist 237
- animal magnetism 74, 144, 152, 185, 186, 199, 237
- animate 54, 84, 88, 229, 237

Ankerberg, John 77, 131, 137, 138, 142, 147, 149, 149, 150, 152-156, 170, 202, 255

anthroposophy 154, 237

aphrodisiac 113, 237

apothecary 97, 237

applied kinesiology 10, 131, 136, 142, 237

Aromatherapy 10, 58, 98, 108, 140, 142, 176, 232

ascended masters 138, 237

Asclepios 206, 208, 237

association 7, 22, 38, 42, 43, 51, 58, 70, 71, 78, 104, 107, 108, 113, 116, 118, 130, 134, 139, 141, 148, 186, 187, 223, 237, 239, 251, 252

astral body 76, 154, 237

astrologer 22, 88, 195, 208, 224, 237, 247, 248, 251

astrologic medicine 170, 236, 237

astrological concepts 127, 194, 215, 218, 237

astrology 22, 48, 49, 51, 53, 56, 60, 64, 72, 79, 80, 99, 106, 108, 109, 117, 134, 149, 156, 168, 169, 185, 204, 205, 237, 238, 250

astrology—dualism—paganism 48

atonement 73, 214, 219, 237

aura 75, 859-90, 102-105, 107, 130, 142, 149, 174, 176, 230, 235, 237

auricular therapy 133, 238

autogenic training 192, 193, 197-199, 238

autohypnosis 192, 193

Ayurveda 54, 56, 57, 60, 75, 79-83, 85, 90, 94-100, 108-110, 121, 135, 136, 211, 218, 240, 249

B

Baalzebub 20, 169, 224, 235, 238

Babylon 44, 47, 48, 52, 62-66, 238, 251

Babylonian mysteries 64, 66, 215, 219, 238

Bach flower remedies 141, 238

Baker, Douglas 141, 142

Baylay, Doreen 132

Beginnings of Changes and Reform 9, 19, 25, 27, 29-32, 36, 39, 45, 51, 54,

163

Beliefs in Origins Influences Concepts of Cause of Disease 20, 60, 77

bewitched 217, 224

Biblical Research Institute 86, 166, 167, 255

biochemical 96, 97, 113, 128, 140, 141, 207, 238

bioelectric energy 132, 238

biofeedback 39, 91, 188, 190-200, 238, 252

bioplasma 74, 238

bioresonance 174, 238

Bird, Christofer 220, 222

body therapy 131, 135, 238, 239, 250, 251

Bopp, Dr. 151, 156

Brint 149

Buddhist 50, 53, 54, 96, 246

Burke, Abbot George 167

C

Cabala 64, 65, 72, 241, 243

caduceus 170, 206, 238

calomel 98, 238

carcinosin 160

Carruthers, Drs. 197

causal body 76, 239

cell com system 175, 239

cerebro-spinal 135

ch'i, qi, ki 74, 111-113, 116-122, 127, 130, 131, 136, 137, 228, 230, 239

chakra 58, 75, 85, 87, 88, 90, 91, 93, 105-107, 130, 176, 211, 231-233, 237,
239, 251, 254

chakra balancing 58, 239

chakras—aura 85, 87, 237

channeler 59, 239, 247

channeling 58, 106, 150, 176, 178, 179

charmer 167, 210, 224

Chinese physiology 117, 120

ching 111, 118, 119, 239, 242, 247
 ching-mo 118, 239
 chiropractic 74, 161, 170, 173,
 choleric 239
 Chou En-lai, Premier 9
 clairvoyance 106, 186, 239
 color therapy 58, 88, 170, 176, 232, 239
 complementary 6, 8, 45, 105, 107, 191, 209, 239
 concepts 19, 20, 24, 25, 47, 56, 57, 60, 63, 66, 70, 79, 105, 127, 192, 194, 211,
 215, 216, 218, 231, 237-239
 contemplation 83, 239
 correspondence 49, 51-53, 56, 75, 120, 130, 131, 134, 208, 239
 correspondence—association—sympathy 51, 130, 134
 cosmos 22, 50-52, 72, 76, 81, 83, 95, 111, 112, 120, 130, 133, 134, 194, 198,
 199, 211, 233, 248, 254
 Cousens, Gabriel MD 88, 210, 211, 239
 Cranio-sacral 135
 Creation—Temptation—Fall—Deluge 46
 Creative Principle 48, 74, 80, 81, 83, 92, 108, 111, 240
 crystal healers 150, 240
 crystals 55, 58, 133, 149, 150, 178, 240

J

dark ages 25, 81, 240
 decubiti ulcer 138, 240
 deification 65, 240
 Deleuze, Jean Philippe Francois 185, 186
 deluge 46, 47, 240
 Di Mino, Dr. Alfonso 115, 116
 Disease Treatment Methods 112
 diuretic 98, 240
 divination 55, 145, 165, 167-171, 173, 174, 176-182, 203, 204, 209, 210, 223,
 224, 236, 238, 240, 248, 249
 divine 176, 221, 224, 240, 243, 248, 249, 252

diviner 150, 167, 178, 181, 220, 221, 224, 253, 254
 Does it work? 184
 dogma 57, 65, 70, 134, 205, 215, 217, 230, 240
 doshas 82, 99, 240
 dowse 88, 171, 172, 176, 178, 180, 181, 220, 221, 240
 dowsing 170-172, 179-181, 220, 222, 255
 dualism 48, 50, 51, 63, 64, 80, 111, 208, 240, 248

E

early reforms in medical care 27
 early reforms in Seventh-day Adventists 29
 East–West 67, 71, 79, 240
 East–West Journal 133
 eclectic 110, 155
 Ekron 20, 169, 235, 239
 empathy 186
 Emperor Fu Hsi 110
 Emperor Shen Nung 111
 enchanter 167, 210, 240
 enchantments 195, 201, 203, 209, 251
 energy medicine 6, 102, 104, 106, 121, 138, 161, 162, 174-176, 240, 251, 253
 Ephesians 181, 182
 Esdaile, James, M.D. 186
 esoteric 65, 68, 72, 106, 107, 141, 153, 163, 240, 252
 essence 58, 68, 73, 74, 83, 91, 98, 105, 114, 142, 158, 176, 218, 219, 232, 240, 241, 253
 essential oils 10, 58, 95, 96, 98, 142, 241
 etheric body 76, 154, 232, 241
 Evolutionary theory 12

F

Falun Gong 115, 137
 familiar spirit 150, 167, 178, 210, 224

fascia 131, 134, 241
 Fitzgerald, W. H., M.D. 132
 flower essences 58, 105, 142, 176, 232, 241, 253
 flower therapy 140, 141, 176, 241
 Freemason 65-67, 72, 152, 205
 Freemasonry 69, 205, 241

G

Galen 206, 208
 Gall, Franz Joseph, M.D. 187
 games of chance 48, 241
 Garden of Gethsemane 214
 General Conference 5, 30, 37, 166, 191, 217, 255
 geometry 48, 241
 ginseng root 113
 Gnosticism 65, 66, 71, 241
 Gnostics 65
 Greek 64, 74, 170, 195, 202-204, 206, 208, 237, 242, 244, 245
 Green, Alyce, MA 106, 188, 193, 200
 Green, Elmer, Ph.D. 90, 106, 188, 193, 196-200
 guided imagery 209, 241

H

Hahnemann, Samuel, M.D. 151-153, 155, 158
 Hall, Manley Palmer 204, 206, 208
 Hardinge, Mervyn, M.D. 42, 43, 141
 Hare Krishna 9
 Has Homeopathy Been Verified? 160
 hatha yoga 83, 91, 93, 139, 242
 Healthful foods produced 34, 35
 hellborus 159
 herbal medicine 108, 170, 242
 herbs 26, 54, 55, 80, 82, 83, 97, 99, 111-113, 120, 128, 140, 141, 146, 167,

202, 207, 208, 242, 255
 Herbs & Minerals 97
 Hermes 170, 195, 202, 206, 242, 245
 Hester, Ben 179, 180, 255
 higher consciousness 196, 198, 211, 234, 242
 Hindu 53, 54, 56, 57, 80-83, 85, 91, 92, 94, 96, 97, 130, 138, 195, 211, 236, 253
 Hinduism 11, 56, 57, 74, 82-84, 93, 94, 107, 109, 121, 153, 154, 194
 Hippocrates 56, 208
 holistic 6, 8, 70, 121, 131, 166, 170, 197, 216, 228, 229, 242, 255
 hologram 131, 133, 242
 homeopathy 58, 74, 105, 110, 151-154, 156-164, 166, 170, 176, 232, 233, 236, 242, 246, 247, 251
 Homo Vibra Ray 166, 234, 242
 Huang-ti-nei-ching 118, 242
 humors 208, 242
 Hunt, Dave 194, 195
 hydrotherapy 28, 32, 134, 242
 hypnotism 22, 23, 144, 184, 185, 187-189, 199, 242, 245

I

ida 92
 Ihori, Mr. 196, 197
 Ikido 114, 242
 illuminist 68, 242
 imprint 158, 159, 251
 inanimate 54, 85, 88, 174, 229, 243
 Ingham, Eunice 132
 innate 74, 217, 243
 integrative 108, 209, 210, 239
 intuition 106, 141, 218
 iridology 4, 10, 58, 145-149, 167, 170, 243
 iridology chart 147, 243
 Isis 167, 243

J

Jensen, Bernard 147, 148
Judo 114, 243, 245

K

Kabbala, Kabalah 64, 243
Kamiya, Joe, M.D. 192, 193
karate 114, 115, 243
Kellogg, John H., M.D. 33-38, 41, 250
kenpo 243
kinesiology 10, 131, 136, 142, 237, 243
Knights Templars 66, 243
Krieger, Delores 138
Kunz, Dora 138

L

laparoscope 243
laser puncture 243
latent forces 128, 243
laws of homeopathy 154
ley lines 244
Li Hongzhi 115
life force energy 76, 102, 130, 135, 244
Lockie, Andrew 159
lodestone 144, 244
Logos 74, 244
Loma Linda 24, 36, 38, 41, 42
Loma Linda University 38, 40-43, 141, 228
Lucas, George 74
Lucifer 14, 46, 47, 56, 66, 67, 214, 215, 244
Luciferian Occultism 66, 244
Luthe, Wolfgang, M.D. 192

Lymphatic 136

M

Macrocosm 50-52, 75, 81, 107, 111, 130, 144, 149, 185, 205, 244
 Magenta 87, 88, 244
 magician 65, 66, 71, 212, 224, 244
 magnetic fluid 144, 184, 185, 244, 253
 magnetic healer 57, 58, 129, 143, 145, 150, 171, 178, 209, 244
 magnetic therapy 104, 144, 167, 186, 244
 magnetism 55, 58, 74, 128, 144, 145, 150, 152, 185, 186, 199, 237, 244
 magnets 22, 58, 103, 104, 143-145, 171, 185, 186, 244, 246
 Maharishi Mahesh Yogi 10, 197
 Mana 74, 121
 mandala 52, 149, 244
 mantra 193, 194, 244
 marma point 58, 95, 96, 142, 244, 245
 martial arts 58, 112-114, 120, 131, 139, 179, 245, 249
 massage 11, 58, 94-96, 108, 131, 133-137, 187, 190, 238, 239, 245, 250, 251, 254
 massage, Swedish 133, 134, 136, 245
 massage, trigger points—marma points 58, 95, 134, 245
 Ma-wang-tui graves 118, 245
 maya 194
 McFarland, Wayne, M.D. 43
 Medical education instituted at health institute 6, 36, 110
 meditation 10, 55-58, 79, 80, 82-85, 87, 91, 94, 97, 107, 108, 114, 120, 172, 193, 196, 197, 209, 211, 212, 231, 245, 246, 249, 252-254
 medium 16, 17, 71, 152, 156, 157, 186, 188, 224, 245
 mediumistic 86, 186, 188, 245
 mediumistic trances 186, 245
 medorrhinum 160
 melancholic 245
 Menninger Foundation 193, 245
 Mercury 97, 170, 206, 245

mercury 26, 97, 98, 157, 159, 207, 236, 238, 245
 meridian 58, 105, 116-120, 122, 130, 136, 137, 174, 230, 232, 233, 240, 245
 meridian therapy 58, 176
 Mesmer, Franz Anton, M.D. 22, 103, 144, 152, 167, 178, 185, 186
 mesmerism 23, 152, 153, 167, 176, 186-188, 245
 Mesopotamia 25, 48, 206, 252
 Mesopotamian civilization 46, 245
 Metabolism 42, 78, 96, 98, 236, 245
 meta-analysis 161, 246
 metaphysics 89, 91, 106, 194, 246
 microcosm 50-52, 75, 81, 92, 107, 111, 112, 130, 133, 144, 149, 172, 185, 205, 246
 Miller, Harry, M.D. 36
 mind set 246
 Ming, Li Xiao, Dr 115.
 modality 137, 185, 246
 Monoism 246
 Moonies 246
 Morals and Dogma 65, 205
 mother tincture 151, 158, 159, 246
 moxibustion 55, 58, 110, 120, 176, 246
 MRI 103, 145, 246
 mucin 246
 mucoid plaque 246
 Mystical medicine 7, 8, 45, 62, 63, 65, 70, 192, 217, 246



nature worship 13, 65, 66, 72, 181, 247, 248
 naturopaths 10, 136, 146
 naturopathy 110, 170, 247
 necromancer 167, 210, 224, 247
 Nei Ching 111, 247
 Neo-paganism 19, 75, 217, 247
 Neuro-optic-reflex 146, 147

New Age Movement 7, 8, 10, 11, 38, 52, 67, 68, 70-72, 75, 76, 140, 162, 166,
191, 216, 247, 255
ninjutsu 114, 247
Nirvana 12, 211, 247
nitrosamines 27
numerics 48, 247

O

observer of times 167, 210, 247
occult 63, 72, 79, 117, 124, 135, 138, 141, 142, 149, 150, 152, 153, 156, 162,
163, 172, 174, 176, 177, 179, 185, 187, 246, 247, 250, 251, 255
occultist 136, 141, 152, 204, 247
odic force 74, 247
ojas 83
omega 38, 39, 247
omen 131, 168, 247
One2, 14, 49, 51, 60, 78, 80, 83, 205, 240, 246, 247, 249, 252
orenda 247
organon energy 247
origins 10, 63, 218, 248
orthomolecular medicine 58, 176
Oschman, James L. 103, 106, 161, 162
oscilloscope 190, 248
osteopath 110, 161
ouija board 74, 168, 177, 248

P

Pa Kua 57, 110, 207, 248
pagan 10-13, 25, 48, 53, 62, 63, 66, 68, 72, 85, 89, 93, 102, 107, 109, 121,
134, 140, 141, 167, 173, 176, 181, 194, 198, 204, 207, 210, 211, 217,
228, 230, 237, 246-248
Pagan religious theology 10, 11, 66, 176, 237, 247
palmistry 131, 248

- panchakarma or cleansing—purification 98, 100
- pantheism 37, 38, 54, 65, 66, 75, 78, 153, 215, 248, 251
- Pantheist's explanation for cause of disease 77
- Paracelsus 144, 152, 184, 248
- past life regression 58
- Pen Tsao 111
- pendulum 58, 88, 142, 156, 166, 167, 170-173, 176, 177, 179, 212, 234, 240, 248
- pendulum use 58, 88, 142, 156, 167, 170-172, 177, 179
- Peter 65
- phallic symbol 113, 248
- phlegmatic 248
- phrenology 22, 23, 187, 199, 248
- physiology 25, 26, 28, 36, 76, 79, 81, 89, 100, 117, 120, 122, 135, 160, 161, 163, 193, 198, 248, 250
- Pike, Albert 65, 67, 205
- pingala 92
- Pisces 56, 130, 248
- polarity 58, 131, 134, 143, 171, 172, 176, 248
- Polynesian 60
- Post deluge—Babylon—Dispersion 47
- potentizing 155, 248
- potion 128, 202, 207, 248
- prana 57, 59, 74, 83, 92, 95, 96, 98, 106, 121, 138, 139, 228, 248
- pranayama 82, 93, 249
- precepts 75, 115, 249
- Preparation of remedies 153, 157, 158
- primordial 228, 249
- Priessnetz, Vincent 26, 28
- prognosticator 224
- Prokojev, Andrew 7
- psychedelic 202, 205, 211, 249
- psychic 59, 77, 80, 90, 104, 106, 131, 134, 135, 141, 144, 147, 150, 152, 154, 156, 170, 172, 176, 178, 186, 188, 194, 195, 202, 230, 232, 233, 249, 250

psychic therapy 58, 249, 250
 psychology 22, 23, 171, 187, 249, 250
 psychometry 177, 249
 psychoneuroimmunology 195, 249
 psychophysiology 192, 249
 psychotronics radionics 249
 pulse diagnosis 112, 119, 229, 249
 Purer Consciousness 74, 249

Q

qi 74, 112-117, 121, 125, 230, 239
 qi gong 113-117, 120, 131, 137, 179, 211, 229, 245, 252

R

radionic pendulum 156
 radionics 58, 105, 154, 172-174, 176, 249
 Ragon 63
 raja 80, 96
 Raman, Dr. B. V. 80
 rational therapies 33, 89, 249
 reflexology 4, 58, 130-134, 170, 236, 149, 254
 Reich, Wilhelm 74
 reiki 58, 131, 134, 135, 250
 re-incarnation 10, 12, 76, 106, 147, 211, 215, 230, 234, 239, 250, 254
 Religion of Nature 141, 250
 re-pattern 138, 250
 Rife machine 175, 250
 Ritter, Johann Wilhelm 171, 172
 Robinson, D. E. 24, 40
 rod divining 169, 170, 172, 173, 179, 222
 rolfing 58, 131, 134, 160, 238, 250
 Rosicrucians 66, 72, 205, 250
 Russian Parapsychology 250

S

sanguine 250
 sanitarium 33, 35-41, 250
 Sanitariums started in California 24, 39, 107
 Schultz, Johannes, M.D. 192
 sciences 22, 33, 45, 65, 89, 100, 121, 187, 189, 204, 209, 250
 scientific medicine 12, 25, 98, 108, 110, 124, 128, 151, 216, 242, 250
 SDA 24, 35, 36, 41, 133, 218, 250, 252
 secret societies 65-67, 71, 72, 205, 243
 sensitive 86, 89, 90, 102-104, 116, 124, 172, 174, 176, 179, 250
 Sephat 64
 Seventh-day Adventist 6, 7, 24, 28-30, 32, 33, 38, 40-43, 62, 163, 166, 167,
 191, 216, 235, 250, 255
 Shaman 11, 55, 149, 247, 251
 shiatzu 131, 134, 251
 Shi-chi text 118, 251
 signature 113, 158, 159, 251
 Simon Magus 65, 66, 212
 soma body work 58, 251
 soma therapy 131, 251
 somatics 11
 sonopuncture 58, 176, 251
 soothsayer 224, 251
 sorcerer 65, 194, 195, 203, 204, 209, 225, 251
 sorceries 195, 203, 209, 212, 225, 251
 sound therapy 58, 232, 251
 Spangler, Pastor 43
 spiritualism 7, 18, 19, 21, 56, 68, 71, 94, 109, 185, 187, 191, 200, 209, 212,
 215, 216, 251, 255
 spiritualist 57, 136, 138, 145, 150, 178, 185, 187, 251
 stargazer 195, 225, 251
 Star Wars 74, 251
 subtle energy 143, 176, 196, 233, 234, 251, 254
 subtle energy medicine 251

Subtle teachings 37, 38
 Sufis 66, 251
 Sumerian 25, 131, 251
 sun worship 49, 56, 252
 supplements 215
 Supreme Ultimat 75, 252e
 Swedenburg, Emanuel 183
 sympathetic 55, 58, 128, 132, 146, 150, 152, 215, 252
 sympathetic remedy 252
 sympathy 22, 49, 51, 53, 75, 113, 130, 131, 134, 208, 239, 252

I

tae kwondo 114, 252
 tai chi chuan 114, 245
 talismans 55, 64, 252
 tamas 80
 Taoism 74, 111, 121, 252
 tarter emetic 252
 The Force 19, 74, 87, 121, 172, 197, 248, 251, 252
 The Great Wisdom From the East theology 79
 theosophy 7, 10, 11, 66, 68-71, 138, 176, 194, 229, 237, 252
 Therapeutic approaches 22, 26, 59, 132
 Therapeutic Touch 10, 58, 103, 137-140, 160, 162, 170, 176, 233, 252
 theta 193, 197, 233, 252
 theurgic 252
 Thompson, Walter, M.D. 6, 7, 252
 Three ABN 6, 7, 252
 times 14, 17, 18, 34, 37, 47, 53, 90, 153, 167, 195, 202, 210, 238, 247, 253
 toning 176
 Touch for Health 137
 Traditional Chinese Medicine 56, 58, 112, 115, 116
 Transcendental Meditation 176, 197, 253
 typhus 27

U

unified energy field 81, 83, 86, 253
 universal magnetic fluid 144, 185, 253
 usurp 63, 253

V

vascular 42, 119, 128, 136, 192
 Vasquez, Manuel, Ph.D. 255
 Vedas 56, 80, 131
 vibrational healing 176
 Vibrational Medicine 86, 105, 106, 173, 175, 176, 211, 228-233, 253
 vibrational therapies 89, 176, 253
 viscera 116, 253
 visualization 58, 193-195, 253
 visualize 53, 88, 115, 253
 Vita Florum 141, 253
 vital essence 114, 253
 Vogt, Oscar, M.D. 192
 volition 194, 200, 253
 von Reichenbach, Barron Karl 74
 von Schelling, Fredrick Wilhelm Joseph 172

W

Walters, Dale, Ph.D. 193
 wand 170, 253
 water witching 172, 222, 253
 Weil, Andrew 108, 152, 209, 253
 Weldon, John 150, 156, 170, 255
 Western Health Reform Institute 32, 36
 Western yoga 193
 White, E. G. 17, 18, 21, 22, 24, 29-31, 34, 37-41, 44, 45, 57, 68, 71, 78, 100,
 109, 128, 163, 169, 182, 187, 188, 198, 209, 211, 215, 216, 218, 255

White, James 30

Willis, Richard, M.D. 197, 255

winds 7, 9, 11, 112, 119, 120, 170

Winds—Qi Gong exercise—Tai Chi 116, 117, 211, 229

Winemiller, Mark, M.D. 144

Wisdom of the East 79, 109

Witch 167, 210, 220, 224, 254

witchcraft 168, 181, 182, 202, 203, 204, 209, 224, 254

wizard 150, 167, 178, 203, 210, 225, 254

Woodstock 9, 254

world influence 41

world view 6, 11-13, 20, 79, 94, 134, 136, 140, 152, 198, 216, 254

worldwide belief in energy balancing 55, 58, 120

Y

yang 48, 53, 54, 78, 80, 96, 99, 111-114, 120, 128, 215, 229, 233, 240, 242, 254

yellow Emperor Hwang Ti 111

yin 48, 53, 54, 78, 80, 96, 99, 111-114, 120, 128, 215, 229, 233, 240, 242, 254

yoga 10, 56-58, 78-80, 82-85, 88, 91-94, 108, 138, 139, 193, 195-197, 242, 252, 254

yoga exercises 91-95, 211, 254

yoga meditation 84, 85, 91, 211, 252, 254,

Z

zapping machine 175, 254

zodiac 51-53, 55, 56, 60, 63, 75, 88, 97, 99, 120, 130, 168, 237, 248, 254

zone therapy 131, 132, 254

Zoroastrianism 241

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